```html
<!DOCTYPE html>
<html lang="en">
<head>
    <meta charset="UTF-8">
    <meta name="viewport" content="width=device-width, initial-scale=1.0">
    <title>Writer's Assistant</title>
    <style>
        body {
            font-family: Arial, sans-serif;
            background-color: #f0f0f0;
            margin: 0;
            padding: 0;
        }

        .container {
            width: 100%;
            max-width: 1200px;
            margin: 20px auto;
        }

        h1 {
            color: #5c6bc0; /* Calm blue */
            text-align: center;
        }

        #auth-page {
            display: block;
        }

        #main-page {
            display: none;
        }

        #login-form, #signup-form {
            background: #fff;
            padding: 20px;
            border-radius: 8px;
            box-shadow: 0 0 10px rgba(0, 0, 0, 0.1);
            max-width: 400px;
            margin: 0 auto;
        }

        input[type="text"], input[type="password"], textarea {
            width: 100%;
```

```css
    padding: 10px;
    margin: 8px 0;
    border: 1px solid #ccc;
    border-radius: 4px;
    box-sizing: border-box;
}

button {
    background-color: #5c6bc0; /* Calm blue */
    color: white;
    padding: 10px;
    border: none;
    border-radius: 4px;
    cursor: pointer;
    width: 100%;
}

button:hover {
    background-color: #3f51b5;
}

.distraction-free textarea {
    font-size: 18px;
    line-height: 1.8;
    border: none;
    background: #f0f0f0;
    color: #333;
    padding: 20px;
    width: 100%;
    height: 80vh;
}

.mood-board {
    display: flex;
    flex-wrap: wrap;
}

.mood-board-image {
    max-width: 100px;
    margin: 10px;
}

#word-count {
    margin: 20px 0;
```

```html
      }
    </style>
</head>
<body>
    <div class="container">
        <!-- Authentication Page -->
        <div id="auth-page">
            <h1>Writer's Assistant</h1>
            <!-- Signup Form -->
            <form id="signup-form">
                <h2>Signup</h2>
                <input type="text" id="signup-username" placeholder="Username" required>
                <input type="password" id="signup-password" placeholder="Password" required>
                <button type="submit">Signup</button>
            </form>

            <!-- Login Form -->
            <form id="login-form">
                <h2>Login</h2>
                <input type="text" id="login-username" placeholder="Username" required>
                <input type="password" id="login-password" placeholder="Password" required>
                <button type="submit">Login</button>
                <p id="status"></p>
            </form>
        </div>

        <!-- Main Writing Page -->
        <div id="main-page">
            <h1>Welcome Back, <span id="user-name"></span></h1>

            <button id="distraction-toggle">Toggle Distraction-Free Mode</button>

            <div>
                <textarea id="writing-input" placeholder="Start Writing Here..."></textarea>
                <p id="word-count">Words: 0</p>
                <button id="save-btn">Save Progress</button>
                <button id="export-btn">Export as PDF</button>
            </div>

            <section id="plot-outline">
                <h2>Plot Outline</h2>
                <textarea id="plot-outline-input" placeholder="Outline your plot here..."></textarea>
            </section>
```

```html
        <section id="plot-development">
            <h2>Plot Development</h2>
            <textarea id="plot-development-input" placeholder="Develop your plot
here..."></textarea>
        </section>

        <section id="writing-goals">
            <h2>Writing Goals</h2>
            <input type="number" id="writing-goals-input" placeholder="Set word count goal" />
        </section>

        <section id="prompts">
            <h2>Writing Prompts</h2>
            <button id="generate-prompt">Generate Prompt</button>
            <p id="prompt-output"></p>
        </section>

        <section id="character-settings">
            <h2>Character Mood Board</h2>
            <div id="character-mood-board" class="mood-board"></div>
            <input type="file" id="character-upload" accept="image/*">
        </section>

        <section id="setting-settings">
            <h2>Setting Mood Board</h2>
            <div id="setting-mood-board" class="mood-board"></div>
            <input type="file" id="setting-upload" accept="image/*">
        </section>

        <footer>
            <p>&copy; 2025 Writer's Assistant. All Rights Reserved.</p>
        </footer>
    </div>
  </div>

  <script>
    document.addEventListener("DOMContentLoaded", () => {
        const signupForm = document.getElementById('signup-form');
        const loginForm = document.getElementById('login-form');
        const mainPage = document.getElementById('main-page');
        const authPage = document.getElementById('auth-page');
        const writingInput = document.getElementById('writing-input');
        const wordCount = document.getElementById('word-count');
        const saveBtn = document.getElementById('save-btn');
```

```javascript
const exportBtn = document.getElementById('export-btn');
const generatePromptBtn = document.getElementById('generate-prompt');
const promptOutput = document.getElementById('prompt-output');
const status = document.getElementById('status');
const characterMoodBoard = document.getElementById('character-mood-board');
const settingMoodBoard = document.getElementById('setting-mood-board');
const characterUpload = document.getElementById('character-upload');
const settingUpload = document.getElementById('setting-upload');
const plotOutlineInput = document.getElementById('plot-outline-input');
const plotDevelopmentInput = document.getElementById('plot-development-input');
const writingGoalsInput = document.getElementById('writing-goals-input');
let distractionMode = false;

// Check if the user is logged in
const currentUser = localStorage.getItem('currentUser');
if (currentUser) {
    showMainPage();  // Show main writing page
    loadUserProgress();
} else {
    // Show login/signup page if no user is logged in
    authPage.style.display = 'block';
    mainPage.style.display = 'none';
}

// Handle login form submission
loginForm.addEventListener('submit', (e) => {
    e.preventDefault(); // Prevent page reload
    const username = document.getElementById('login-username').value;
    const password = document.getElementById('login-password').value;

    // Check if the username exists in localStorage
    const savedPassword = localStorage.getItem(username);

    if (savedPassword && savedPassword === password) {
        localStorage.setItem('currentUser', username);
        showMainPage();
    } else {
        status.textContent = 'Invalid username or password.';
        setTimeout(() => { status.textContent = ''; }, 2000);
    }
});

// Handle signup form submission
signupForm.addEventListener('submit', (e) => {
```

```javascript
        e.preventDefault(); // Prevent page reload
        const username = document.getElementById('signup-username').value;
        const password = document.getElementById('signup-password').value;

        // Save user to localStorage
        localStorage.setItem(username, password);
        localStorage.setItem('currentUser', username);
        showMainPage();
    });

    // Function to display main page after login/signup
    function showMainPage() {
        authPage.style.display = 'none';  // Hide login/signup page
        mainPage.style.display = 'block'; // Show main writing page
        const username = localStorage.getItem('currentUser');
        document.getElementById('user-name').textContent = username;
    }

    // Load user progress
    function loadUserProgress() {
        const userProgress = localStorage.getItem(`${currentUser}-writingProgress`);
        if (userProgress) {
            writingInput.value = userProgress;
        }

        const plotOutline = localStorage.getItem(`${currentUser}-plotOutline`);
        if (plotOutline) {
            plotOutlineInput.value = plotOutline;
        }

        const plotDevelopment = localStorage.getItem(`${currentUser}-plotDevelopment`);
        if (plotDevelopment) {
            plotDevelopmentInput.value = plotDevelopment;
        }

        const writingGoals = localStorage.getItem(`${currentUser}-writingGoals`);
        if (writingGoals) {
            writingGoalsInput.value = writingGoals;
        }
    }

    // Functionality for writing tools, prompts, mood boards, and save/export remains the
same...
    });
```

```
    </script>
</body>
</html>
```