

FRASES	Classe real	BERT-Large	mBERT	AlBERT	RoBERTa	Copilot-Azure	Gemini-1.5-flash	DeepSeek-Manual	ChatGPT-4o	Mental-RoBERTa
sometimes life can be too much we can often feel like sharing how depressed we are is being burdensome to those we love but all of the people who care about you would much rather hear about how unwell youve been feeling instead of seeing you crack or break down or have to go to your funeral it may not be comfortable but we have to be bold in our sharing with our friends because at the end of the day our people are all we have please if you need to talk dont keep it in find someone to talk to	0	1	0	0	0	0	0	0	1	0
i really am having hard time with life nothing in my life seems worth achieving or working im emotionally filled with self hatred to the point where i just want to end it all i harm myself fairly often and it does little to quell my disgust in myself i am barely holding on i would have done it earlier but i couldnt find any blades	1	1	1	0	1	1	1	1	1	1
i guess you could say its to the point where its affecting my attendance at work so far i have the days off but im about to run out has anyone ever been treated fatigue and it helped their depression maybe the fatigue is what causes the depression	0	0	0	0	0	0	0	0	0	0
ive been depressed and i seem to be getting increasingly depressed each day i want to die so this can stop but i dont want to die because i know that it hurts and would cause my family pain specifically my sister because i was the one who was able to talk her out midattempt and my father because when he was around my age he lost close cousin to suicide i want to know if theres any other ways of solving this because im aware of how final suicide is but i know if i try talking to someone about this in real life i will just say things to be considered fine so i dont have to cost my parents money therapy ive recently started keeping journal of my thoughts which has helped little but i have clue what else i would be able to	1	1	0	1	0	1	1	1	1	1
i make this type of post like every weeks but seriously fuck my fucking life man i hate having independence or freedom im not and i know my dreams of having freedom arent even that unrealistic thats why im suicidal just let walk to fucking circle k you dumb cunt thats the least you can fuck if running away wasnt illegal id have done it years ago im trapped in house with narcissistic asshole grandma and grandpa who just sits there and takes it i hate it here i fucking hate my whole family and myself and i promised myself i wouldnt cut anymore but who gives shit anymore at least itll give something to why not sneak some of my grandpas pain pills while im at it fuck	0	1	1	0	1	1	1	1	1	0

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so pretty much ive been dealing with depression amp anxiety quite number of years but ive going through real low rough patch at the moment my self hatred has been growing rapidly amp to top it off and my now ex girlfriend broke up the other day i was just wondering if any of you could just comment some positive things like inspiration and whatnot thank you all in advance i hope everyone thats reading this right now are coping alright youre never alone	0	0	0	0	0	0	0	0	0	0
i hate myself so much it hurts i hate my body life is suffering i feel deprressed and angry and there is person i hate so much i fucking hate him omgg	0	1	1	0	1	1	1	0	0	0
i have made small effort in trying to fix my self esteem but its so hard and it feels impossible because i believe all my negative thoughts i think im ugly huge boring and unfunny person i put up good front when i talk to people that i dont even think anyone knows how much i just want to stop living i havent made any suicide attempts but some nights i start thinking about how lonely i am one in high school liked very much lots of rumors would be spread about so after i graduated i didnt keep many friends i get it though im boring i dont even daydream anymore about living in better mental state surrounded by fun loving people i thought it was stupid to live inside my head so i stopped but that was one of the things that would help fall asleep better i used to be hopeless romantic but now i am convinced one will ever love i dont have crushes anymore because thinking about relationships sucks because i always put myself under microscope and find everything wrong about i am alone i cant even bring up conservations about my mental health to my mom because she thinks im doing it attention i subconsciously probably am i just dont want to be here anymore why did i have to be born if i was really depressed i would have killed myself already i dont know why i feel like this i dont think ill get better its been this way almost years its so unfortunate that i exist and cant disappear from peoples minds have any of you seen eternal sunshine the spotless mind you know how you can be erased from someones memory in that movie if that were real i would of erased my sisters memory and my aunts so they dont have to feel pain when i kill myself	0	0	0	0	0	0	1	1	1	0
i hate my fucking job i hate the people i work with i hate feeling so frustrated and angry and sad and hopeless i hate being fucking minority in world where you work so hard and put in so much work just to be overlooked and shitted on people will probably vote this post down just because i put that i hate everything its like im not even allowed to have my feelings without them being wrong or being critiqued them nothing is ever enough it literally feels like there is point but yay black girl magic	0	0	1	0	1	1	0	0	0	0

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i tried to hang myself today it didnt work i dont know where to go from here or what to i guess ill try again some other way	1	1	1	1	1	1	1	1	1	1
hey everyone this is so weird that reddit board exists this but hey it does im year old who generally has lot going him on paper good job partner lots of friends supportive family health etc with the job there is one caveat i dont know what im doing context purposes im an accountant and have been one almost decade now i was the kid who studied his butt off in school with the expectation that would pay off in the form of good job success etc i was also one of those people that thought he was better than others where deep down i wasnt really everybody is special and unique in their own ways anyways what im getting at is i feel ive put lot of bad energy out there and its all culminating into one big disaster over the past few months that disaster being the realization that the skills that i say i have on paper i dont actually have in real life somehow miraculously i got by the past years and now i dont know what to over the past few months i havent been sleeping barely getting anything done at work and overall feel like the end is near ive had suicide ideation since i was coupled with worrying about death in general anyways not sure what i expect to get out of posting this but just wanted to share my situation i want to live deep down there are just so many uncertainties and realizations about myself that scare the living shit out of	1	0	0	0	0	1	1	1	1	1
im literally not good at anything i have skills whatsoever im and i still live off my parents money i have job i dont go to school everytime i try to better myself i give up halfway im the biggest disappointment ever i just fucking hate it i wish i were just dead already	0	1	1	1	1	1	1	1	1	0
eating healthy exercising socializing cleaning meditating getting sunlight talking to therapist etc none of them have made noticeable difference in how i feel and im tired of trying to them all when its just more adding to my struggle	0	0	0	1	0	0	1	0	1	0

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so this is getting straight out of fucking hand im young male studying and i feel like whatevers this feeling anxiety depression stress i have fucking clue is catching up with now supposedly i have loving family friends all that shit you already know but i dont want to talk to them not even my gf in whom id trust almost anything grades are fucking reverse skyrocketing i cant get myself to sit down and study shit im probably going to fail music even although i have been taught music in music school about years i just dont understand some subjects and probably wont at all worst part is we are having trip to ireland before the summer break and you are automatically chosen out if you fail or more subjects i will probably fail french music spanish math and most likely physics and chemistry now of all of those i just used to struggle with math btw so just recently ive started cutting myself again not serious wounds straight in the veins but cuts in my left hand and arm which stay there quite while i will most likely continue doing so my grades keep coming in i will most likely get any source of music taken away from pc mp phone and this wont help at all with the situation also recently i started going out with girl i liked since years ago and she has liked the same time this is the first relationship both of us none of us has ever kissed made out with anyone etc and we are both really shy and i have had friends since the start of the relationship weve been together months now trying to pressure both of us into making out i the coward i am obviously couldnt make it happen despite her fucking telling she wants to and ive also had quite high number of suicidal thoughts lately mostly think of how could i it think of hanging myself od to death find gun somewhere not common at all in my country and blow my head off cut myself tie rope around my neck and stretch it so hard i die sealing my swimming pool while turning on the water it to slowly rise and drown put toaster with in the bath im quite creative really also ive been finding it hard to find reasons to stay alive i feel like burden my gf and family only see myself weight they must lift to carry on and never ever feel like doing something useful that someone would be thankful	1	0	0	0	0	1	1	1	1	1
ive tried to fight this battle too long im causing people i love to suffer and they dont need this crap ive given up on trying to get better i want my life to end i live in the united kingdom so any suggestions on what i can to end my life is appreciated i dont care how leathal or painful it is long its relatively quick and clean	1	1	1	1	1	0	1	1	1	1
emptypost	1	1	1	1	1	0	0	0	0	1

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i suffer from asthma bronchopulmonary dysplasia and heart condition my lungs only function at ive suffered from pneumonia multiple times in the past and had to be placed on oxygen if i were to contract the coronavirus id likely die my family is generally healthy so theyd likely be alright and only experience mild case of the virus i think id rather die from the virus than suicide since itll spare my family the guilt		1	1	1	0	1	1	0	1	1
im not sure if its just but you guys ever have the thought that maybe youre just faking all this and overreacting and youve worried everyone nothing		0	0	1	0	1	0	0	0	0
i feel the depression crawling back right how i could feel my heart getting heavier by the day im feelin stressed tired sick and sleepy all at the same time im having more bad days then good and it doesnt feel fun to wake up im not looking forward to the day like i did while ago need ideas inspiration advice anything to help get out of this funk stopped seeing my therapist last month due to moneyfunding ive been going on and off years the past years have been consecutive is it normal to feel like this after you stop therapy		0	0	0	0	0	0	1	0	0
i can feel it taking my breath away its all coming back to fucking haunt i didnt see it coming everythings in disarray this was sign you to get your act together but instead you decided to park your ass like stray		0	1	0	0	0	1	0	0	0
i was in relationship where my gf had severe anxiety and depression i tried to help her but she had to go to the hospital because of it once she came back i went into depression i think i mightve picked it up off of her but i dont know she didnt tell she was stressed or how she was feeling and she broke up with while i had idea what the fuck was going on she had feelings someone else the last week we were together she doesnt want to talk to right now and says she wants break from when she claims that i was hardly the cause her stress if im hardly the cause then why am i the only thing being shut out of her life i still want to try to repair my relationship with her but i dont know what to at this point reddit please give advice im not doing well mentally or physically right now and i need it		0	0	0	0	0	1	0	0	0
ive been struggling with depression s h since before my teen years and just started to barely get hold of myself like just today morning my brain was like life is meaningless i want to die lets it again wrist then forearm because were doomed and i was like bad brain then i realise even if the situations triggering you are longer present even if everything is running smooth by others standards your brain still relies on its default thought pattern the only thing one could is to bypass these thought patterns until it becomes the default therapy finally made sense		0	1	0	0	0	1	1	1	0

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hello everyone i just want to tell u about my depression loneliness and general feeling of wanting to end this life good i dont even know why im doing this idk what im looking by posting so im very ashamed of my problems to the point where i feel ashamed writing this to the strangers that i wont ever see in my life since like years ago my problem has been bad breath and i really mean bad cant erase it even directly after i brushed my teeth i have been trying to heal this sickness long time now with little success been to many doctors free health care i dont live in the us obviously im unemployed and cant afford to pay the doctor i stopped trying to go to the doctors after one of the doctor just laughed at and my sickness not literally but i could just feel how he didnt care at all and gave vibe of its not sickness go home so imagine struggling to even talk openly to the doctor about it and receiving the ur nuts not sick threatment from him im sure people that dont have this problem its hard to understand why is it so hard let put it like that how would u feel if u stepped in shit and couldnt wipe it offwould u be comfortable walking around standing next to someone talking to someone obviously i dont even need to talk someone to smell it breathing thru nose is like same result i got anxiety just by standing to someone going to the shop is like climbing mount everest i will achieve nothing in this life none will want to have anything to with person who smells none will ever take serious someone like that i just want to be able to interact with people	1	1	0	0	0	1	1	1	1	1
just little insight about my life years ago i lost the last vehicle i would ever own years ago i lost the i only place i had to live ive lost at least jobs in year span years ago i lost the girl i loved year ago i lost career i was failing in months ago i was eating good showering daily i got job and started fixing my life made plans fo get another car pay some debt today i am jobless homeless hungry dont shower often dont eat much isolate my self because i miss life i miss going out and being able to socialize and i miss like dating and stuff and wearing clean clothes paying bills on time and not being behind miss having drivers license and not being in fear everytime i get behind the wheel miss having the apartment having girls just come over when ever they want i miss eating good i miss shopping things im barely living and have been doing that the past years everytime i get job i try and fix my credit and i can never seem to keep with it i have to live my life with zero payments and buy everything with cash because i clearly can not keep up with them things really get better with time	0	0	1	0	1	0	1	0	0	0

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im feeling so good and wouldnt even think about suicide and then hours go by and i dont remember what really happens but i feel like i cant take it anymore i dont really know how i got from point to b but i did and i feel so awful and suicide becomes realistic feeling and temptation	1	1	0	0	0	1	1	1	1	1
im usually ok now but still hate myself too often fantasize about death in detailed ways anyone else	1	1	0	1	0	1	1	1	1	1
im posting here because its anonymous and frankly i just wanted to speak my piece before i end it i feel awful inside everyday trying to mask the pain with busy work or arrogance and charm towards others to distract myself ive felt empty quite some time i finally opened up to my wife about these thoughts year ago and she blamed how that made her feel knowing i want to kill myself she left some short time after since then ive had about months of time to really digest my thoughts and feeling i feel an incredible depression each day and then feel even worse when i think about my children having to deal with my death long time that deterred from suicide now it seems more like valid solution to my pain and way everyone to move on i dont want anyone to find my body which clearly describes suicide on the contrary id like to frame my death so the narrative suggests noble death and therefore easier on my family of course my children love but its been an incredibly long time since ive felt love or purpose i feel like paycheck slave to everyone elses needs pawn in someone elses game im happy that i experienced love excitement danger success but i feel now at the age of the good days of ignorant bliss are behind anyway just figured id put this out here to people that wouldnt tell how selfish i am or how this doesnt help anyone i just want the pain to end	1	1	0	0	0	1	1	1	1	1
i dont wanna try and go another doctors appointment nothing came out my last one and it just feels like too much effort felt so anxious the entire time after i booked it and it wasnt nice i also just want someone to hug the entire night platonically but have one to so with and i feel numb when it comes to sadness like i cant cry or anything or if i its just few tears and i have clue why it fucking sucks but i just wanna stay in my bed all day and sleep being un educated and teen has its perks and i have so fucking many more issues like how my teeth are so bad fillings and tooth removed but when it gets to the point of too much pain im hoping the pain will drive to kill myself and go to peace	0	0	0	0	0	1	1	1	1	0

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with so many posts on here like almost per minute im not really expecting or even asking response i just felt some unexplainable obligation to post somewhere that ive finally started taking real action towards the end shaved my head so if i decide to put bullet through my skull there wont be hair everywhere i also wrote my first letter to my child and continue to write dont know when sure but im pretty set on soon not looking advice or dont its this is my only active community online so i felt i should leave something here thanks reading	0	1	0	0	0	0	1	1	1	0
we have been together almost four years and i had never been happier in my life than i have been since i met him he has helped and encouraged to improve and grow so much he has never insulted never yelled at and while weve had disagreements weve never fought there has always been so much love here i want to spend the rest of my life with him i thought he wanted the same he says that he does however he also says that he cant be satisfied sexually with just he wants an open relationship so he can fool around with cis men im transgender and its killing that he wants the one body part that i dont have more than he wants to be happy with he doesnt believe our relationship is sustainable and he cant promise he wont one day be tempted to cheat if he doesnt have this outlet he wont marry unless i can agree to the open relationship im deeply monogamous person and just cant it i cant i never believed that anyone could love i have multiple sclerosis and am trans along with ton of other issues he has made so happy and i felt so loved and secure just to learn that he isnt satisfied with and never will be i always feared im just not good enough were in couples counseling he wants to make things work somehow but i cant see any possible solution even though i want nothing more than him i hate my body more than ever before i hate myself ive struggled with depression and suicidal thoughts the past years i believe this was my last chance and it is failing horribly and i just dont have it in to keep trying	1	0	1	0	1	0	1	1	1	1
he left us and it caused us to lose our house which was my ptsd coping mechanism i just want to give up this abandonment pain is deep heavy shit i should just give up and die cause my own father left to this horrible fate god it fucking hurts i cant stop crying my chest hurts why i deserve this fate fuck	1	1	1	0	1	1	1	1	1	1



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i mean yes never feeling happiness always feeling tired and all that other shit that comes with depression wouldve contributed to this but i think im just using depression an excuse to hide the fact that im terrible person ive had depression since at least the age of im now and until about year or two ago my depression was never huge problem i was passing school i had friends and i had hobbies but one day after my suicide attempt i got random boost in motivation and i felt happiness the first time in years feeling happiness only made realize how miserable i am all the time which led to figuring out that i have depression ever since i became aware of this i started doing things like failing school ghosting friends and dropping out of hobbies whenever i smile or laugh i hide it and try my best to make myself sad i fetishized my sadness sadness was my happy place and being happy was painful i feel like im just putting on play myself to hide the fact that im just selfish ass who does nothing but play videogames all day now heres good confession i dont have suicide attempt yeah when the the day came i was to lazy to get out of bed and walk to the railway so i just didnt yet everyone ive told my story to has heard talk about my suicide attempt i told myself this so much that i actually forgot i never even tried while but its all lie just an excuse to make look more broken then i already am some days i think of actually going there and reenacting that moment to see if ill actually it or not but im to lazy to get out of bed so if id that i fear that my therapist will find out that if i get cured from my depression that im still going to be just shitty always and that it was just all along if thats true then that means theres curing and that im just going to be like this forever	1	0	0	0	0	0	1	1	1	1
i was going to doctor who just wanted to prescribe medication but none of it seemed to really help and my previous doctor was the same i tried with luck to self refer to some mental health places but nothing panned out i changed insurance recently and had to switch doctors they referred to place which both and my doctor were under the impression would handle medication and therapy so i scheduled needs assessment and thought finally but after the needs assessment they just wanted to refer to more places i tried calling most of them and they were either full with long wait lists longer existedmaybe wrong number provided or answer i called my doctor back and they sent referral to another place and told i should get call within the week its been weeks now and call im starting to think finding treatment is hopeless and jumping through hoops just to find potential match is just draining	0	0	0	0	0	1	0	0	0	0

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im and still have terrible acne i used to not hate the way i looked up until high school but then i got hit with the acne huge cystic acne that left scars all over my face and is super painful i used to look at myself in high school the mirror and say i hate myself and want to die mantra i was holding onto the hope that it was just teenage phase and that i would get on with my life after now its been years and years and i still get new zits and cysts every day its painful and they pop and bleed everywhere ive tried all of the acne treatments except accutaine which my doctor recommended against reasons in my medical history to offset the acne i grew my hair long and made it my main feature to distract from the disgusting acne it became such large part of my personality that all my friends at the time called goldilocks then recently ago i started balding really quickly my hairline is going way back and im starting to lose hair on my crown looking at old pictures of my dad its all gonna be gone in few years i cant stand to look at myself in the mirror my face is red and pocked and covered in acne and the one and only thing that i liked about my appearance is slowly falling away im some sort of freakish middle age man greasy teen hybrid i used to have moderate luck is the relationship department back when i had my hair but noone will even look at now my hair was the only thing i was ever complimented on now im treated like some monster that noone wants in their pictures or their life ive been trying to not off myself while now my family would be devastated and thats the only thing that is keeping from doing it my brother is getting his firearms licence and wanted to come with him but i had to refuse because i know if i had weapon it would just be matter of time what can be done to make the pain stop to stop caring about how awful i look and how much i hate myself because of it	1	0	0	0	0	1	1	1	1	1
i have borderline personality disorder and during an episode i counted out and took pills of mg ibuprofen should i be worried	1	1	0	1	0	1	1	1	0	1
i feel like one understands that suicidal thoughts dont go away like im not gonna kill myself but its not like i never think of it my psychiatrist knows and says its common people who have survived traumas and suffer from multitude of mental and physical problems im always afraid to tell anyone though or my therapist bc every time i talk about people get concerned i dont know maybe i am alone in this but the best way to describe it is like fly in contained room youll always hear the buzz and sometimes it constant and droning in your ear but other times you can barely hear like soft quick buzz i mean its never gone away i am only but i have never had time where i didnt think about killing myself im okay now the fly is rather quiet but like is this normal	1	1	0	0	0	0	1	1	1	1

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since i started college my life has gone downhill because of my health im only but i have multiple illnesses that will only make life miserable on top of depression and anxiety i also have chronic fatigue syndrome chronic pelvic pain syndrome migraines and porninduced erectile dysfunction i hate my life and just want to die	0	1	0	0	0	1	1	1	1	0
told my mum this morning that i cant this anymore when she saw in hysterical tears before school i explained that im not getting the help i need and i have suicidal thoughts all the time she said she knows ive been through so much shit but im doing so well and im entitled to feel sad amp like i need break im not coping its like everything is going too fast and i need time ive been mentally ill most of my life and ive only been here little less than years ive only had one depression break from school once before and that was because i took sleeping pills the night before and couldnt wake up my mum just thought i was super tired so i was off sick ive still never told anyone about that i was hoping to fall asleep and never wake up i feel like burden to people so i find it hard to ask support thats why i often resort to cries help i feel trapped in my own mind life is exhausting and i cant control my emotions i want to be happy but my own fucking brain gets in the way of everything	1	0	0	0	0	1	1	1	1	1
let start of by saying im not diagnosed i havent really experienced any traumatic incidents in my life and i have intention of harming myself however due to events in recent months i feel so empty like i dont give fuck about doing anything even feeding myself has become something i try to avoid i dont take care of my appearance i the minimal work i need to get by and i rarely socialize with the few friends i have these are part in part to belief that has formed in my head life is meaningless what is the point of doing anything we slave away through school to get place at university then we slave away through uni to get good degree then we slave away in job we will probably hate to make sure we dont end up on the streets all this all this pointless cycle and in the grand scheme if things it makes difference i think lot of times to myself if i were to disappear now would anything be affected have i had any impact at all on the world will i even be remembered the answers are always this has produced an emptiness inside the emptiness leads to lack of people activities and more which in turn leave feeling lonely and unfulfilled respectively yet i again feel lack of desire to anything i dont know what this is or why i think like this but i would appreciate it if anyone could give some sort of method or exercise to break this cycle	0	0	0	0	0	1	1	0	0	0

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she told she doesnt have the energy to deal with anymore im such shitty daughter and if shes had enough idek what else to say i just really dont see point anymore	0	0	1	1	1	1	1	1	1	0
alright im done real im deleting this account sick of people ignoring	1	1	1	1	1	1	0	0	0	1



[illegible]

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ive been doing the only thing im capable of to hold myself in place at this point which is doing everything i can to ignore it all my feelings my life the dread that comes every single fucking night ive been overeating to the point of getting sick ive been spending days and more days barely taking care of myself and just existing in my home from which i barely leave days on end ive been avoiding this conclusion forever mostly because im so scared of it i dont think i want to exist every single night i try really hard to dream and fantasize about my deepest desires in desperate attempt to find reason to pull myself up and keep going but lately ive been giving up so easily i feel like nothings is really worth it and that includes myself the thought of just ending it keeps coming over and over again and its getting harder and harder to fight back im scared i feel cold and worthless but whats worse is that i know tomorrow will be exactly the same i know there are people who love and so much and i appreciate every single second they invest on but ive been really afraid of the idea that even tho they try to they cant really change things or help in the ways that really matter in the end like my mental condition my traumas and the inescapable barrier that is my social class its like im locked and always will be and it doesnt seem very hard at the moment to believe that ill end up dying by my own hands at some point	1	0	1	1	1	1	1	1	1	1
i dont know why but ever since the breakup with my ex months ago ive been feeling more alone more suicidal i was by means not suicidal before the relationship or during the relationship but now im out of it i feel cold alone and suicidal lot more something about being held and comforted by someone who i actually loved was peaceful im very heavy guy stone heavy so ive always found bad luck in relationships due to this and the countless bullying i suffered due to my weight ive been very depressed and suicidal and when person comes into my life i just get attached to them easily i just feel like im worthless like i dont deserve the happiness i want to have in times like this i just want someone to lay down with cuddle with and reassure they wont leave and wont hurt i fucking hate the way i am i want to think normally i want to be normal but i cant fit in anywhere	1	0	0	0	0	0	1	1	1	1
having this constant feeling of being judged mocked persecuted against glared at being the one in others way being talked about i just want it to stop its ground right down i cant take it anymore why wont anyone even speak to they just want to suffer	1	1	0	1	0	1	1	1	1	1

FRASES	Classe real	BERT-Large	mBERT	AlBERT	RoBERTa	Copilot-Azure	Gemini-1.5-flash	DeepSeek-Manual	ChatGPT-4o	Mental-RoBERTa
i hate myself and am gonna kill myself probably i say that lot to people i know and im always serious but never it because im scared amd want it to be better its not gonna be better im hurting the people i like amd love every day by existing so ill stop this i hit my best friend kinda on accident and he hates now i dont have any friends anymore my family is shit just laughing at failing life im failing at life and school its not gonna change anything people who know if i die now goodbye hopefully	1	1	1	0	1	0	1	1	1	1
tldr only i can make myself happy again and i know fact ill never that im hopeless im only making myself feel worse because i have so many things to and im not doing any of them because im lazy and want to lie in bed all day then the stress of it all just builds up and the stress paralyzes into inaction even more and then more stress piles up and so on im digging myself hole im making myself worse off and ruining my own life and at the end of the day its up to to fix myself its up to to get things done and to get my life in order to make myself happy again but i know fact i cant that im too lazy too tired cant focus on anything or anyone other than myself im pathetic ill never be able to find the will to fix myself so why am i even still here just to stay miserable until i inevitably kill myself down the road because im incapable of helping myself nothing will ever be able to fix its all up to its up to and thats scary because ill never be able to help myself i cant i know fact i cant and i wont im wasting so many peoples time by reaching out because i dont believe single kind word they say and dont follow any of their advice because im too lazy to try it was over before it even started ive been seeing now total of therapists but i feel like none of them are helping with my depression actually whats been working out is to generally try to have healthy mindset about life and not fall into the trap of negative thoughts i feel like all my progress has been made without professional help i bounce back from my lows from the reassuring support i get from my friends and family is it normal to find medication or therapy not effective or necessary at all in fighting my depression	1	0	1	0	1	1	1	1	1	1
my sadness has been dragging weeks and today im too lazy to the things i normally even the things that i want to i wasnt able to go to school today because it was really hard to get out of my bed im not even in the mood to play games every minor thing that bums out affects drastically i havent tried going to the hospital regarding my mental health and i am not sure if this is all just in my head or i really have depression	0	0	0	1	0	1	1	0	0	0



FRASES	Classe real	BERT-Large	mBERT	AlBERT	RoBERTa	Copilot-Azure	Gemini-1.5-flash	DeepSeek-Manual	ChatGPT-4o	Mental-RoBERTa
<p>i am in my early s transgender mtf and my life is in ruins i have friends and i dont mean that figuratively i mean it in literal sense nobody cares about i used to have decent life until some bad decisions and mistakes ive never taken drugs or been addicted to anything not that it matters just trusted some of the wrong people including my parents about four years ago i moved back home to be with my sick mother in doing so i fucked myself over she died about year later and i became stuck in the middle of nowhere with transportation and now surviving off of the generosity of some very religious family i am living alone in small mobile home on my familys property i am unable to have guests i am unable to find work because i dont have transportation and other reasons i have severe depression and social anxiety i have mild ocd i havent been able to be on hormones the past years i am not myself please forgive the rambling nature of this post im just typing it comes to my head i have future i have viable possibility of getting out of this and starting my life over i live in mobile home infested with bed bugs ive slept on the floor four years without even changing my sheets or blankets i havent had laundry detergent in four years i wash my underwear in the bathtub the heater has been messed up all winter so ive been freezing i have one blanket and one sheet pillows after they got infested with bed bugs all ive eaten the past three years are potatoes macaroni and cheese and balogne sandwiches i havent been able to even leave the house in years and the last time was my moms funeral i cant even shave my face or legs because i havent had razers shaving cream or anything in three years i havent had face wash ive had the same bottle of shampoo three years ive had four bars of soap the past three years my kitchen sink doesnt work i wash my one plastic bowl in the bathroom sink i dont speak to anyone im essentially already dead although i doubt i get calories day the type of foods ive eat have made gain at least pounds and so none of my clothes fit i have one pair of stretchy pajama pants and two tshirts that fit it could be worse i could be homeless so ive kept this inside this long but im tired my life is really already over im exhausted after this month i wont have internet and i am fairly certain with nothing to at all music etc i will go insane so ive made peace with my fate and i guess this is the last month of my life i dont remember what happiness is i cant even think of anything that could change my life at this point there isnt even dream there just isnt point to go on at this point i feel like failure i feel sad and hurt i found one of my moms journals recently she mentions she was raped by her father when she was kid so that is the energy surrounding im stuck here isolated and treated like an animal basically if i were to die nobody would care or probably even notice so thats it i cant think of anything else to say but i needed to get it off my chest thank you</p>	1	1	0	0	0	1	1	1	1	1

FRASES	Classe real	BERT-Large	mBERT	AlBERT	RoBERTa	Copilot-Azure	Gemini-1.5-flash	DeepSeek-Manual	ChatGPT-4o	Mental-RoBERTa
another shitty summer another christmas i cant it i lost my job most friends are gone parents dont speak to most recent humiliation was guy from my past noone loves i wanna go	1	1	1	1	1	1	1	1	1	1
i wish i couldve done something with myself like become stronger and stop myself becoming problem i wish i couldve done alot of stuff but now im here contemplating if i should end it all so i have nothing to lose now then later and i know my family would be sad but they already talk about behind my back about how much of pain i am and there is way i am going to let them know about how i feel on the inside right now im at my breaking point and all i wish is to be left alone to perish i know its selfish but i never asked to be here in the first place	1	1	1	0	1	0	1	1	1	1
been coming off venlafaxine its been weeks now been getting weird zaps down mood sex problems and headaches does anybody know when these withdrawals will endexperiences or any advice on how to help probably worth mentioning ive done mdma few times in the past month well which seems to get rid of the vena withdrawls couple of days but they keep coming back with vengeance	0	0	0	0	0	1	0	0	0	0
depression is real ampxb ampxb ampxb playlist	0	1	1	1	1	0	0	0	0	0

FRASES	Classe real	BERT-Large	mBERT	AlBERT	RoBERTa	Copilot-Azure	Gemini-1.5-flash	DeepSeek-Manual	ChatGPT-4o	Mental-RoBERTa
<p>ones really gonna read this but yeah im years old and got diagnosed with depression when i was i strongly dislike talking about my negative feelings partially because of trauma partially because im afraid people will look at differently when i finally did open up about it it didnt really go well and got immediately dragged to doctor to see whats wrong with im afraid to open up again once i got into therapy literally before the second appointment i send the therapist an email saying i feel much better now and dont need therapy because i thought it wouldnt work i know bottling up my emotions isnt healthy but its all ive been doing my entire life i sometimes talk about it online but thats all and even then i just feel awkward and like burden to the people that have to listen to i got held back last year because i didnt feel like going which is what i told everyone when i couldnt get out of bed and tried really hard to not kill myself i had my second suicide attempt that year i didnt want to tell anyone like my teachers friends or trusted ones because people know happy bubbly dumb and annoying or something like that anyway i feel like fucking failure i thought my mindset would change over time but it never did this year im doing tiny bit better im less absent but im still not doing great at school its not really that its hard i just dont have any motivation at all i always thought i wouldnt make it past or would just end up killing myself anyways so whats the point but i want to stay alive some of my family and friends so suicide isnt an option anymore what will i know i want to live but i have motivation at all its like everythings just big joke i know i should care but i dont does anyone have any advice</p>	1	0	0	0	0	1	1	1	1	1
<p>i got abused when i was and i thought it could only get better now everyone either laughs at and says im ugly and disappointment even my parents say that today i got made fun of got called that i look like an ugly horse and loner by my so called friends i hate school i hate being alive whats even purpose just to fucking suffer idk how much longer i can hold out</p>	0	1	1	0	1	1	1	1	1	0

FRASES	Classe real	BERT-Large	mBERT	AlBERT	RoBERTa	Copilot-Azure	Gemini-1.5-flash	DeepSeek-Manual	ChatGPT-4o	Mental-RoBERTa
some reason my insecurities have been super intense lately i lay here these words keep repeating fat useless uneducated lazy ive never felt this empty and emotionless today i didnt even smile once all i could feel was im exhausted and kept staring off into blank space i dont understand why my brain has decided i dont deserve dopamine or serotonin what the fuck have i done to deserve to be this fucking empty i dont even feel good enough to call myself hot i feel physically sick just thinking about someone else having to touch i havent wanted to drink alcohol so bad until today my past addictions or vices i should say are trying to creep inside again the only reason why i think im strong enough to say to it is because i have someone important to keeping very grounded	0	0	0	0	0	0	1	1	0	0
very painfully over the past few months ive lost my best friend despite my trying to make things better i couldnt salvage things weve gone from really good friendship to barely talking at the end of the day mostly because of routine i still care about this person greatly but its pretty clear thats not the case this person over that time period my mental state has just gone down the drain this person was really my only reason to get out of bed in the morning and be the best version of that i can be ive gone from an student to b student to c student and now im having trouble bringing myself to any schoolwork at all i just want to lay down and sleep even though im getting less than hours night ive been having suicidal thoughts the past month and i honestly dont know how much longer i can hold out with the loneliness and the stress given being an academic student canadian system ive always been more of lonely kid but over this friendship i was shown how much greener the grass is when you have someone to talk to someone that seems to enjoy your company and can make you smile	0	0	0	0	0	0	1	1	1	0



[illegible]

FRASES	Classe real	BERT-Large	mBERT	AlBERT	RoBERTa	Copilot-Azure	Gemini-1.5-flash	DeepSeek-Manual	ChatGPT-4o	Mental-RoBERTa
all my friends live out of town i had to go contact with my mom again usually the only person i speak to on the day to day is my yr old im and dont know how to make friends occasionally someone moe extroverted will make friends with but it always ends with them taking advantage of my kindness so i have to drop them from my life im tired of being alone im tired of being disabled im tired of all my mental illnesses im tired of wanting to die i need to be held so bad judge once told my mom she shouldnt have had kids he was right i didnt ask this im in therapy and on antidepressants but its not enough i just want it to be over	0	1	0	0	0	1	1	1	1	0
yo i thought i had enough ive always had noose in the woods to yeet myself with so like i walked there sat there like minutes tried it didnt fully commit and like i threw up so yeah now my shirt has throw up on it and now instead of the police cleaning it i have to ffs	1	1	0	0	0	0	1	1	1	1
let start off by saying that i hate my best friend sometimes not all the time the basic reason is because shes so perfect and i feel like such waste and piece of shit when i see her im and sophomore in high school we met last year freshmen and i had never had any friends before so i immediately just accepted her she was when we met so she started kindergarten early and skipped grade then theres whos two years older but nothing compared to her she gets straight takes all ap and honors classes made varsity softball freshman age of th grader got the lead roles in all the theatre shows and just has perfect life then theres who doesnt have the best home life ive tried telling her i cant sleep over because i need my meds and other reasons but then she just tells oh everyone feels sad sometimes you dont need those stupid pills or if i tell her that its my anxiety and adhd pills she is like everyone has some form of adhd have you seen everyone who cant pay attention those pills dont anything im very reluctant to end our friendship because i dont have any other friends also my mom has gotten really close with their family and i cant end the friendship beacuse that would be awkward i feel like this is toxic though idk maybe its just cause im not good enough i feel like shit im here again posting waiting someone to tell something good bc nobody does it and im getting sick of it suddenly in the middle of the day i just start crying i dont know why or maybe yes but i cant deal with the fact that its always the same shit every time i stop what i am doing and i start crying thinking about my life getting afraid of the future will i ever be loved why my friends dont call why they hang out without why everyone think that i am shit the things i like i and i want just write something nice please	0	0	0	0	0	1	0	0	0	0
	0	0	0	0	0	0	1	0	0	0

FRASES	Classe real	BERT-Large	mBERT	AlBERT	RoBERTa	Copilot-Azure	Gemini-1.5-flash	DeepSeek-Manual	ChatGPT-4o	Mental-RoBERTa
my father passed away last year i feel incredibly alone now he was my goto person whenever i had problem i left my job to take some time off after he passed ive left two more jobs since then i just cant handle any of it any more my gf who ive been staying with wants to leave so she can find herself i cant blame her really my fathers gf whom he was with at the time of his passing and the previous years or so has already moved on and started dating guy that i dont think dad would approve of either i dont know who to turn to or what to i have little bit of money saved up so im not in immediate danger and i think ive worked it out with my gf to stay here until i find job i just dont hold out ton of hope whenever i think of getting another job most likely in field i hate anyway recruiting i just think whats the point like i really dont have ton to live at this juncture i dont want it to be this way and i just cant seem to figure way out of it that would give good quality of life it all just feels pointless ive tried to look up free or low cost therapists in the area i have couple numbers but trying to read about state funded mental health care and i couldnt make heads or tails of the webpage way too complex	1	0	0	0	0	1	1	1	1	1
my bf lives on th floor i kinda want to jump out of the window yes i know you little shit that youre stalking my posts and enjoy my suffering have blask cause i may be dead soon i cant take it anymore! just wish everything would end	1	1	1	0	1	0	1	1	1	1
hahaha so sad that even when im not suicidal i know that its must to to die because i dont see myself getting back up wow my life is over at just i wish disease snatches away before i something that i might regret	1	1	1	0	1	1	1	1	1	1
i was in mentally abusive relationship with lot of cheating and even my dreams act out getting revenge how can i overcome these thoughts before i act upon them any advice would be helpful	0	0	0	0	0	0	1	0	0	0
sometimes i just cant even i hate school so much i hate everything about it i hate all kinds of work too im so fucking tired of all off it having to work hard and try all the time and its still fucking useless i still cant jack shit and im completely useless piece of human garbage i hate life i wanna fucking die seriously	0	1	1	0	1	1	1	1	1	0



FRASES	Classe real	BERT-Large	mBERT	AlBERT	RoBERTa	Copilot-Azure	Gemini-1.5-flash	DeepSeek-Manual	ChatGPT-4o	Mental-RoBERTa
<p>trans girl years old ive sat on my ass and done practically nothing the past years got withdrawn at from school due to mom worried that id get bullied being trans tried homeschooling but fell out of it i always said that im not true dropout because i plan on getting into college at some point but right now i dont even know if thats possible my body is worthless feet tall and lbs nobody wants to date skeleton and if they maybe there is something wrong with them i can get skinny people but ones who are bony to the point of concern i cant get why anyone would be attracted to yet i somehow have boyfriend my jawline and brow ridge make look like fucking neanderthal and yet ive been told that id pass fine with estrogen theyre all just being nice they know the crushing suicidal feeling it is if youre ever told that you cant pass and they simply dont want to get pushed over the edge and end it theyre only being nice havent gotten job havent even gotten license and havent done anything school related much either i just sit on my ass and play video games watch youtube anime listen to music i just my hobbies i think about getting off my ass and getting my life back on track but the lack of motivation i have is weighing down like an anvil tied to my ankles i just feel need to im joke and one with mediocre punchline too somebody respectable would have done something by now ive been emotionally abused by my stepfather few years but i got over it so i really cant use that reason or excuse i could have had job had license and be in college right now but i cant because i lack any motivation because i dont want my license to say male or my dead name because i dont want to be discriminated or humiliated at any public workplaces being trans maybe if i wasnt such lazy pussy i could have gotten somewhere but nah i havent and its all because of laziness lack of motivation and fear months to recover fair enough year maybe if its that serious but years sigh if there is one word anyone can describe it would be failure im sorry that i let everyone down and im sorry that ive disappointed you</p>	0	0	0	0	0	1	1	1	1	0

FRASES	Classe real	BERT-Large	mBERT	AlBERT	RoBERTa	Copilot-Azure	Gemini-1.5-flash	DeepSeek-Manual	ChatGPT-4o	Mental-RoBERTa
over the past few months my depression and social anxiety have spiraled out of control at the end of my junior year of high school i had really bad breakup and lost all my friends causing to start self harming and isolating myself from everyone thankfully this acquaintance i had took time out of his day to make music with at lunch it really meant lot to he was the only friend i really had at the time i had hung out with his friends couple times before throughout high school so i started playing video games with some of them eventually during the summer i got really close to them and i became part of their friend group they really brought out of that dark hole of depression and i had never loved group of friends more in my entire life i had and still am going through extreme social anxiety but helped become more confident in myself and alleviated that bunch in the beginning of senior year i hung out with them afterschool basically everyday and it was the happiest id ever been i dont want to get into details but then something changed bunch of the group dynamics changed that made felt inferior i thought they thought i wasnt funny anymore and was more weird and awkward i reverted back to the state i was in with my previous girlfriend and i started to worry incessantly that i would be abandoned by them my mindset about the group also changed i felt like i had to constantly meet their standards and entertain them or else they would abandon this has made socializing with them more of grueling chore than fun experience ive isolated myself from them lot and i even feel bit of anger towards them there are these events that happen that make feel like they think im weird awkward unfunny and annoying so i constantly try to change myself i try to be less talkative and apply tight filter to what i say i hate who i am i cant live with myself i feel like everyone i interact with thinks im all of those things and i cant stand it i hate everything about myself my voice the way i pronounce things my mannerisms my sense of humor my conversations with people everything i cant take it anymore right now im on mg zolofit tonight im going to trip on mg robotussin gels theres possibility i could experience extreme even fatal side effects due to serotonin syndrome but i dont care anymore i just want to be taken out of this reality while its not even that im suicidal im not trying to kill myself but if thats what ends up happening i dont care i just dont want to be here	0	0	0	0	0	1	1	1	1	0
am i wasting my life everyday is the same i only leave my house work and sometime food i get older and everything is the same im now but i feel more depressed than i did when i was will i ever get better does it stop or i just waste away	0	0	0	0	0	1	1	0	0	0

FRASES	Classe real	BERT-Large	mBERT	AlBERT	RoBERTa	Copilot-Azure	Gemini-1.5-flash	DeepSeek-Manual	ChatGPT-4o	Mental-RoBERTa
hi everyone this is my first time posting in this thread so bare with so ive been suffering from depression on and off years im currently in an off cycle but feel kind of downlow energy but not enough to call it depressed anyway i somehow completely forgot about music and havent listened to it months i commute on the bus and i usually just sit and browse reddit and when my bf drives the radio is usually off because i get sensory overload if he tries to talk while the radio is on so we usually just keep it off anyway yesterday when i went in the car the bluetooth function was on i guess my bf was listening to his music on his way home from work and it automatically connected to my phone and started playing my music it was song by the jonas brothers embarrassing from like and it just made so so happy and i started vibing so hard before i had to start work i seriously forgot about music i told him now that every time he drives to work i should play my music to give quick happy boost before work has anyone else just forgot about something that would give them joy	0	0	0	0	0	0	0	0	0	0
i cant tell genuinely i think about it like every day now and i want it in lot of ways but not really i know that im not satisfied and i have this strong sense that i will never be everyone around is telling i have reason to feel the way i i dont know if im victimizing myself to get attention because i cant tell at this point everyday im just floating and not really paying attention and not really living i dont really ever plan anything but i think about it lot i think about the ways id it and what the people around would think it just feels like there isnt much here and that its best to rest forever im just always tired now so i cant tell	1	0	0	0	0	1	1	1	1	1
ive been single over year now after year relationship i accept ill probably be single the rest of my life i care about someone i accept i am only an option them im not appreciated at work ive accepted that and it makes it just slightly more bearable im depressed i accept that ive decided that if its not better by the time im im done i accept im not important to anyone and thats okay ill find loving home my cat and then ill be gone people will say oh she was so loved they are lying and i accept that they will this to make themselves feel better i accept that this is my life and ill manage until its over	0	1	1	0	1	0	1	1	1	0

FRASES	Classe real	BERT-Large	mBERT	AlBERT	RoBERTa	Copilot-Azure	Gemini-1.5-flash	DeepSeek-Manual	ChatGPT-4o	Mental-RoBERTa
ever since my little sister was in the rd grade shes been extremely unhappy and alone she had strange rituals where she would obsess over locking the doors pointing to the ocd she has today and was the unspoken black sheep of the family my older sister and i already were aware of her depression and took her to counselor who didnt much her we saw her cutting herself but were too afraid to approach my parents they are african it wasnt until last year my little sister of eight years old walked into the bedroom and saw my sister hnging herself on the back of the door luckily we got her in time and she was admitted in the hospital after week or so she came back beaming and happy she has therapist who she adores and is on medication everything was going smooth until she relapsed into her ways and i caught her in another attempt shes attempted around times now my mom has had to quit her job to watch her my sister claims she is doing fine but just the other day i checked her phone and she was searching suicide methods i have many afterschool activities and one can watch her around the clock someone please help im beyond the point of stressed and i have determination my grades have decreased this year because i spend so much time looking after her yet she ignores and complains how people bother her im scared to go to sleep because sometimes she roams around looking ways to hurt herself again how am i supposed to help teen who doesnt want to help themselves im in my junior year of high school my most important year and i am completely hopeless i love my sister so much i cant even imagine not having her if someone could offer advice on how to help her i would really love it thank you	1	1	0	0	0	0	1	1	1	1
i fell into deep dark place months ago and havent made much progress the only thing holding together is meds so how you make your days more bearable	0	0	1	1	1	0	1	1	1	0
youre people through screen im never going to interact with you dont know and i dont know you how can any of you say you care when you dont even know my name this world absolutely sucks i cant even talk to anyone anymore because everyone walks around with those goddamn airpods and it makes everyone so unapproachable fucks sake im so tired of living in todays world i have friends i only have my two dogs i swear the day my parents and my two dogs pass away im offing myself from this insufferable miserable planet	0	1	1	0	1	1	1	1	1	0

FRASES	Classe real	BERT-Large	mBERT	AlBERT	RoBERTa	Copilot-Azure	Gemini-1.5-flash	DeepSeek-Manual	ChatGPT-4o	Mental-RoBERTa
i literally feel like im just waiting to die i dont see any hope myself or the future ive given up on the basic things that most people would say makes life worth living like meaningful relationships stability hobbies and quite frankly just living nothing has any meaning any more im just on repeat until the day comes when my body decides its done trying to keep itself alive im only living so other people dont feel bad about when im gone what shitty way to spend the rest of my existence	0	1	0	0	0	1	1	1	1	0
so i was at party and got drunk not i cant walk drunk but drunk enough to make my metabolism fast enough to get rid of all the meds in my blood i guess i just finished high school and at this party were all my classmates and the people i once called friends i thought i could go there and talk to them and try to befriend them again i miss them so much ive always been very shy and i thought i would drink because that makes all bubbly and stuff but this time it just did not work i went right past the bubbly and the very drunk and mess straight to i feel like i wanna die this had never happened to before so there i was kinda off my meds and feeling depressed and there was pool so in place one would notice too fast i started getting in slowly then i just jumped i tried to it but my body wouldnt all i wanted to was sink to the bottom and numb everything out and then justgo i guess but my body wouldnt i couldnt physically it my parents came and people tried to help only one of which i would have expected and its not like i didnt like them i just didnt think they liked definatly not enough to help and im sure they will dissapear now except the one but he cant take care of like i need it i need someone to be there all the time and i guess thats not fair i guess thats not fair because thats how i lost my friends they didnt understand i needed someone to be there and i tried to open up but i also need checkups because i will convince myself im just bothering i wanted one of my friends to help the most the one id known the longest the one i had always been able to come back to but i didnt get that she just didnt have the time or the will to help like i needed anymore now i dont wanna take the meds because i truly thought i was better turns out i was just drugged all the time and it feels so fake now i thought i was happy and out of it and that soon enough my doctor would take off them slowly that i was starting to understand how not to be depressed but now i think the only way to that is to feel it and fight it not take drugs and make it disappear ive always been able to fight its harder yes but i think i can make it	0	0	0	0	0	0	1	1	1	0
please help	1	1	1	1	1	0	0	0	0	1

FRASES	Classe real	BERT-Large	mBERT	AlBERT	RoBERTa	Copilot-Azure	Gemini-1.5-flash	DeepSeek-Manual	ChatGPT-4o	Mental-RoBERTa
i havent been sleeping much lately i wake up with heavy drowsiness despite not being able to fall asleep i dont want to continue like this i dont want to live if this is what life is my daily thoughts are riddled with shame regret disappointment anger and worry there is so much i wish i had done differently or not at all i dont talk to anyone about it because one would quite understand it is much easier said than done to not compare oneself to others forgive or move on from the past i havent lived day of my life at the age of because of my circumstances and poor decision making i feel helpless and powerless the world is hostile overly competitive and parasitic the deluded turn to their illusions of grandeur via religion but loving god would allow this atrocity of world i dont feel i have place that i belong i wish i had made friends sooner i dont have anyone now and i feel that i am just burden i wish i had gotten job instead of letting myself be pressured into post secondary education i have money or direction now and i feel that i am failure i wish i had stood up myself in bad relationships i dont have any self respect now and i feel that i am weak loser i wish i had matured sooner i am very far behind in life and i feel that i cannot catch up i wish i had any confidence in myself i am convinced that it is too late to make anything worthwhile because the foundations of my life are rotten and building on rotten foundation is recipe disaster i wish i had better family better community better world to live in and i wish i was better person matter what anyone says i dont believe much can change im not like others i wish i was i cant use social media at all because it floors to see others doing things i wanted to and seeing the results of the better choices they made i wish life were easier people were kinder mistakes could be undone and i wish i didnt feel so down all the time ive long since learned that it doesnt matter what i think or want i have power influence or real drive left to change	0	1	0	0	0	0	1	1	1	0
throwaway account obvious reasons about two weeks ago my mom took all my meds away u know just in case recently ive been feeling better and i asked them back but i cant help but feel weird about it like i dont trust myself enough to have them next to does that sound weird does anyone else know what i mean you guys trust yourselves	1	0	0	0	0	1	1	1	1	1



FRASES	Classe real	BERT-Large	mBERT	AlBERT	RoBERTa	Copilot-Azure	Gemini-1.5-flash	DeepSeek-Manual	ChatGPT-4o	Mental-RoBERTa
my bedroom and bathroom look like hurricane struck them and i cant even eat normally if at all i can barely move thats not an exaggeration just doing simple tasks feels like agony i havent selfharmd in almost year yet i feel like relapsing i just want to give myself alcohol poisoning or jump off of bridge over an interstate i feel like burden on my fiance i know he loves and that hes concerned but he has his own problems and im only adding to his i dont recognize myself anymore i dont know who the fuck i am i dread the future watching my boomer parents suffer from addiction depression and loneliness and struggle to afford retirement doesnt give high hopes i despise the fucking world i want part of any of this cruel selfish violent disgusting place i dont have the energy to partake in this rat race just to survive if youve read this far thanks taking the time sometimes all someone needs is to vent and not hold back their real thoughts and feelings		1	0	0	0	0	1	1	1	1
feeling this way isnt bad thing something that is said to much in our society is that feeling suicidal if bad thing the whole dont it line is just rewording of our society sentiment towards suicide you should just know that feeling suicidal even to the point of writing notes and making plans isnt bad thing there is shame in falling when youve been beaten feeling suicidal is perfectly natural response to abuse depression psychosis or any other horrible thing you cant go near fire without getting hot there is nothing wrong with you feeling suicidal feeling like you hate yourself maybe the reason you hate yourself is because youve never been loved so you see proof that you are worthy of any maybe its because you have been abusedv so thoroughly youve been programmed to hate yourself matter the cause i cannot stress this enough it is not bad thing the bad thing is whatever caused you to feel this way		1	1	0	0	0	1	1	0	1
TOTAL DE RESPOSTAS INCORRETAS		36	43	40	43	46	41	30	32	0
TOTAL DE RESPOSTAS CORRETAS		64	57	60	57	54	59	70	68	100
Mental-RoBERTa	100									
ChatGPT4o	68									
DeepSeek-Manual	70									
BERT-Large	64									
AlBERT	60									
Gemini-1.5-flash	59									
mBERT	57									
RoBERTa	57									
Copilot-Azure	54									

Comparação entre Modelos



[illegible]