



SportyHQ

Squash Ladder

In the ladder there are normally 5 players (including yourself). The goal is to play all players in your ladder once within the dates Start and End Date. Ladder cycles are approximately 6 weeks long depending on the time of year.

Ladder Registration

To join the ladder (for FREE) please **Whatsapp**  or **Email**  Ade (club sec.) at: apbmole@gmail.com / **07949077329** the following details:

- **Email Address**
- **Full Name**
- **Mobile Number**

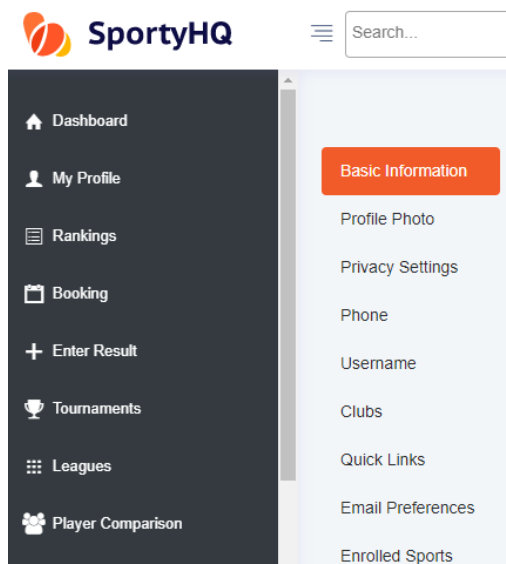
Once your details have been received by our club secretary, you will be added to **SportyHQ** and you will receive an **Activation Email** to confirm joining the club.

Opt-In

Once you are a registered club member, you will be able to choose to “**Opt In**” to the ladder for the next cycle.

Profile

We recommend that you initially manage your profile to get the best from **SportyHQ**. It can be found here:



Playing Time Preferences


Players can enter a preferred playing time which is visible as a clock against each person's name within the ladder.

Shown to organizers and captains who may provide food as part of a tournament or league.

Playing Time Preferences:

e.g. Evenings & Weekends. Shown to other people in any box leagues you might participant in.

[Save Profile](#)

Adrian Brace 

Phone

Under “**Phone**”, please tick “**Other members at any club I belong to**” so that your number is shared to other ladder participants.

Basic Information	Contact Preferences
Profile Photo	
Privacy Settings	
Phone	<p>Who can view your phone number(s)?:</p> <p><input type="radio"/> Anyone</p> <p><input checked="" type="radio"/> Limit it to...</p> <p><input type="radio"/> Keep it private</p> <p><input type="checkbox"/> Other people who play in the same league as me.</p> <p><input checked="" type="checkbox"/> Other members at any club I belong to</p> <p>Submit</p>
Username	
Clubs	
Quick Links	
Email Preferences	

Email Preferences

Under “**Email Preferences**”, we recommend that you subscribe to at least **Result Confirmations** and **Club Announcements**

Basic Information	Email Preferences
Profile Photo	
Privacy Settings	
Phone	
Username	
Clubs	
Quick Links	
Email Preferences	<p>General</p> <p><input checked="" type="checkbox"/> ON Result Confrmations</p> <p><input type="checkbox"/> OFF SportyHQ News & Announcements</p> <p>Facilities</p> <p><input checked="" type="checkbox"/> ON Llantrisant Squash & Racketball Club Announcements</p> <p>Submit</p>

Enrolled Sports

You can enrol for both sports if you play both.

Basic Information	Sports & Rankings			
Profile Photo	Sport	Current Rating	Provisional	
Privacy Settings	Racquetball (Squash 57)			Remove Sport
Phone	Squash (Singles)	678	No	Remove Sport
Username				
Clubs	Enroll in another sport...			
Quick Links				

Points System

Best of 5 games. Players must agree scoring system. Generally, you should play Point A Rally to 11 or 15. If no agreement then PAR to 15.



You get 2 points per appearance included below. The league points system is as follows:

- If you win 3-0 7
- If you win 3-1 6
- If you win 3-2 5
- If you lose 2-3 4
- If you lose 1-3 3
- If you lose 0-3 2
- If you run out of time, please replay the fixture before the end of the cycle.

The above is based on a 2points per appearance, regardless of whether you win or lose.

Entering Results

When you enter scores, you only need to enter the number of **games**

Players	Par 15	1	2	3	4	5	POINTS	GAMES
 Richard Timms								
 Josh Davies								

When a result is submitted, both players will receive a confirmation email. If there are any disputes over results, please email the club secretary at apbmole@gmail.com.

Promotion/Relegation

- If you win your ladder you will be promoted up 2 divisions.
- If you finish second in your ladder you will be promoted up 1 division.
- If you finish second to last in your ladder you will be relegated down 1 division.
- If you finish last in your ladder you will be relegated down 2 divisions.
- Only exception is – 3rd place in Division 1 is relegated 1 division

NOTE: Failure to play any fixtures over a successive period of ladder cycles can result in you being removed from the ladder entirely.