



BENATURAL
FERTILITY WELLNESS

26/8/19

double entry #71 #149

Couple's Fertility Awareness

Basic Information

	Wife	Husband
Name	Grace Lim	TAN SWEE TECK
Age	29	30
Address	365B upper serangoon rd #05-1066 spore 532365	365B UPPER SERANGGON ROAD, #05-1066, S'PORE 532365
Mobile No.	93222549	97772143
Email	gracelim219@gmail.com	priceteck@gmail.com
Race / Religion	Chinese / Free thinker	Chinese / Free thinker
Nationality	Sporean	SINGAPOREAN
Occupation	Customer Service Executive	CIVIL SERVANT
Number of hours worked / day	10 hrs	9 hrs
Relaxation Time hours / day	2 hrs	2 hrs
We have been married for	0 years 9 months	
We have been trying for	0 years 2 months	
How often do you have sexual intercourse per week?	1-2 times	



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Wife

Physical details		
Height	m	
Weight	42 kg	
BMI = (Weight) / (Height) ²	17	
Blood Pressure	97/69 mmHg	
Pulse	69 bpm	
Drug allergies	<input checked="" type="checkbox"/> Not known	<input type="checkbox"/> Yes
- If yes, what type of allergy and reaction?		
Pregnancy history		
Number of previous abortions	na	
Number of previous miscarriages	na	
Number of previous full-term pregnancies	non	
Menstruation		
Age of first menstruation	14 years old	
Is your menstruation regular?	<input type="checkbox"/> No	<input checked="" type="checkbox"/> Yes
Cycle length	30	Flowing for 7 days
	for every days	
Are your menstruations painful?	<input type="checkbox"/> No	<input type="checkbox"/> Mild
	<input type="checkbox"/> Moderate	<input type="checkbox"/> Severe
Do you have heavy menstruation (soaked pad change hourly)?	<input type="checkbox"/> No	<input checked="" type="checkbox"/> Yes D2 -
Which day of your cycle is it the heaviest?	day	
Do you have any bleeding between periods?	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Do you miss your period regularly?	<input type="checkbox"/> No	<input type="checkbox"/> Yes
2 months didn't get menses before marriage		
Sexual intercourse		
Do you experience pain during intercourse?	<input type="checkbox"/> No	<input checked="" type="checkbox"/> Yes

wt blood
clots