

## The Hygge Life: Embracing the Nordic Art of Coziness Through Recipes, Entertaining, Decorating, Simple Rituals, and Family Traditions (Hardback)



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### Reviews

*This pdf will not be simple to start on reading through but extremely enjoyable to see. I have read and i also am sure that i will planning to read through again once more in the foreseeable future. You wont really feel monotony at whenever you want of the time (that's what catalogues are for relating to if you request me).*

**(Mallory Kertzmann V)**

## THE HYGGE LIFE: EMBRACING THE NORDIC ART OF COZINESS THROUGH RECIPES, ENTERTAINING, DECORATING, SIMPLE RITUALS, AND FAMILY TRADITIONS (HARDBACK)



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TEN SPEED PRESS, United States, 2017. Hardback. Condition: New. Language: English. Brand new Book. Equal parts cookbook and lifestyle guide, this cozy little book shows you how to cultivate comfort and contentment and embrace life's small pleasures with the Danish practice of hygge. Hygge (loosely translated as "coziness") is centered around the idea of inviting comforting elements into day-to-day life while creating warmth, community, and intimacy. The Hygge Life teaches you how small gestures (putting wool blankets and warm cider out for guests) or larger undertakings (building bonfires and making campfire bread to celebrate solstice) can warm the psyche and foster hygge, with more than 30 recipes for cozy and comforting food and drinks.



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