

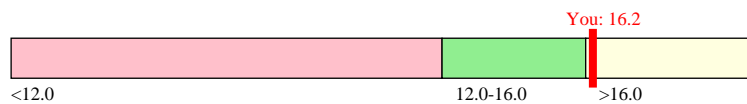
Health Report Summary

Generated on: September 16, 2025

HEMOGLOBIN

Result: 16.2 gm%

Status: HIGH



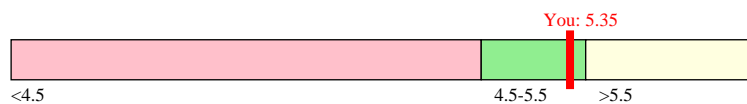
Meaning: Hemoglobin carries oxygen in your blood. Low levels can cause fatigue and anemia.

Tips: Eat iron-rich foods like spinach, beetroot, and jaggery. Combine with Vitamin C foods like citrus fruits.

Total RBC Count

Result: 5.35 mil/cumm

Status: NORMAL



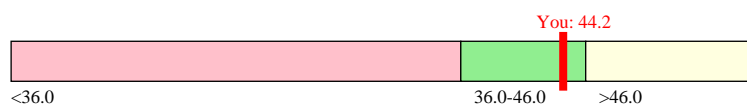
Meaning: Red blood cells carry oxygen throughout your body.

Tips: Maintain adequate iron, B12, and folate intake through green vegetables and lean meats.

H.CT

Result: 44.2 %

Status: NORMAL



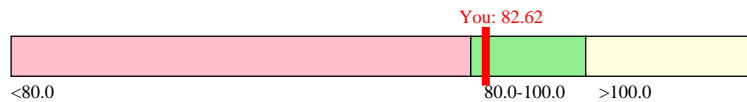
Meaning: Hematocrit shows the percentage of blood made up of red blood cells.

Tips: Stay hydrated and maintain a balanced diet rich in iron.

M.C.V

Result: 82.62 80 - 96

Status: NORMAL



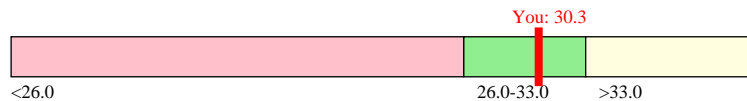
Meaning: MCV indicates the average size of your red blood cells.

Tips: Ensure adequate B12 and folate intake through fortified cereals and leafy greens.

M.C.H.

Result: 30.3 pg

Status: NORMAL



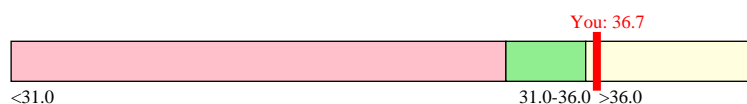
Meaning: This test measures m.c.h. levels in your body.

Tips: Consult with your healthcare provider for specific recommendations based on your results.

M.C.H.C.

Result: 36.7 %

Status: HIGH



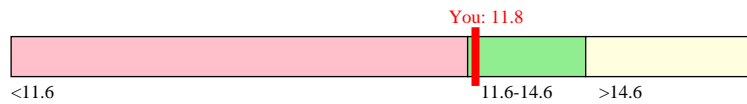
Meaning: This test measures m.c.h.c. levels in your body.

Tips: Consult with your healthcare provider for specific recommendations based on your results.

R.D.W

Result: 11.8 %

Status: NORMAL



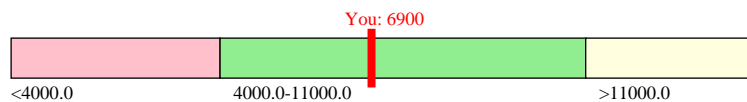
Meaning: This test measures r.d.w levels in your body.

Tips: Consult with your healthcare provider for specific recommendations based on your results.

Total WBC Count (TLC)

Result: 6900 /cmm

Status: NORMAL



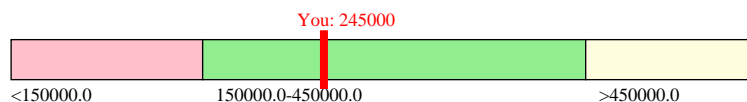
Meaning: White blood cells help fight infections and diseases.

Tips: Maintain good hygiene, eat immune-boosting foods, and get adequate rest.

Platelet Count

Result: 245000 /cmm

Status: NORMAL

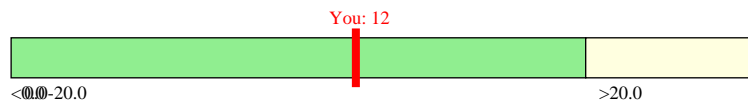


Meaning: Platelets help your blood clot and prevent bleeding.

Tips: Eat foods rich in folate and B12. Avoid excessive alcohol consumption.

1 Hour ESR

Result: 12 mm
Status: NORMAL

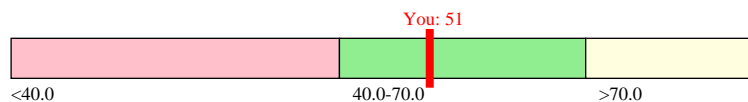


Meaning: ESR indicates inflammation in your body. Higher values may suggest infection or inflammation.

Tips: If elevated, follow up with your doctor. Maintain anti-inflammatory diet with turmeric and omega-3.

Polymorphs

Result: 51 %
Status: NORMAL

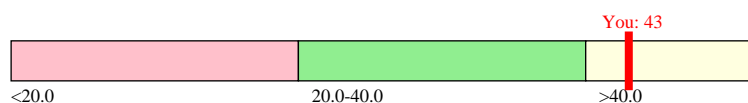


Meaning: This test measures polymorphs levels in your body.

Tips: Consult with your healthcare provider for specific recommendations based on your results.

Lymphocytes

Result: 43 fL
Status: HIGH

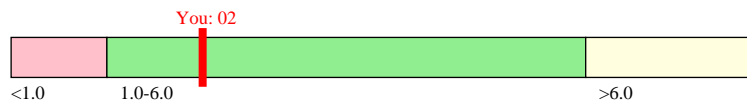


Meaning: This test measures lymphocytes levels in your body.

Tips: Consult with your healthcare provider for specific recommendations based on your results.

Eosinophils

Result: 02 %
Status: NORMAL



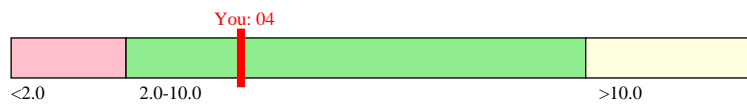
Meaning: This test measures eosinophils levels in your body.

Tips: Consult with your healthcare provider for specific recommendations based on your results.

Monocytes

Result: 04 %

Status: NORMAL



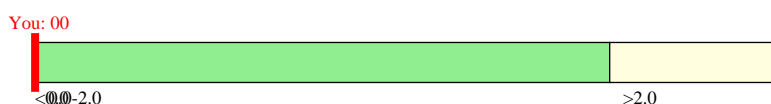
Meaning: This test measures monocytes levels in your body.

Tips: Consult with your healthcare provider for specific recommendations based on your results.

Basophils

Result: 00 %

Status: NORMAL



Meaning: This test measures basophils levels in your body.

Tips: Consult with your healthcare provider for specific recommendations based on your results.

Mean Blood Glucose

Result: 271.87 mg/dL

Status: NORMAL

Meaning: This test measures mean blood glucose levels in your body.

Tips: Consult with your healthcare provider for specific recommendations based on your results.

HbsAg

Result: Negative

Status: NORMAL

Meaning: This test measures hbsag levels in your body.

Tips: Consult with your healthcare provider for specific recommendations based on your results.

HIV I

Result: Non Reactive

Status: NORMAL

Meaning: This test measures hiv i levels in your body.

Tips: Consult with your healthcare provider for specific recommendations based on your results.

HIV II

Result: Non Reactive

Status: NORMAL

Meaning: This test measures hiv ii levels in your body.

Tips: Consult with your healthcare provider for specific recommendations based on your results.

Urine Volume

Result: 20 ML

Status: NORMAL

Meaning: This test measures urine volume levels in your body.

Tips: Consult with your healthcare provider for specific recommendations based on your results.

Urine Colour

Result: Pale Yellow

Status: **NORMAL**

Meaning: This test measures urine colour levels in your body.

Tips: Consult with your healthcare provider for specific recommendations based on your results.

Urine Appearance

Result: Clear

Status: **NORMAL**

Meaning: This test measures urine appearance levels in your body.

Tips: Consult with your healthcare provider for specific recommendations based on your results.

Urine Reaction

Result: Acidic

Status: **NORMAL**

Meaning: This test measures urine reaction levels in your body.

Tips: Consult with your healthcare provider for specific recommendations based on your results.

Specific Gravity

Result: 1.015

Status: **NORMAL**

Meaning: This test measures specific gravity levels in your body.

Tips: Consult with your healthcare provider for specific recommendations based on your results.

Urine Protein

Result: Nil

Status: **NORMAL**

Meaning: This test measures urine protein levels in your body.

Tips: Consult with your healthcare provider for specific recommendations based on your results.

Urine Glucose

Result: Present (++)

Status: **ABNORMAL**

Meaning: This test measures urine glucose levels in your body.

Tips: Consult with your healthcare provider for specific recommendations based on your results.

Bile Salts

Result: Absent

Status: **NORMAL**

Meaning: This test measures bile salts levels in your body.

Tips: Consult with your healthcare provider for specific recommendations based on your results.

Bile Pigments

Result: Absent

Status: **NORMAL**

Meaning: This test measures bile pigments levels in your body.

Tips: Consult with your healthcare provider for specific recommendations based on your results.

Pus Cells

Result: 1-2

Status: **NORMAL**

Meaning: This test measures pus cells levels in your body.

Tips: Consult with your healthcare provider for specific recommendations based on your results.

Red Cells

Result: NIL

Status: NORMAL

Meaning: This test measures red cells levels in your body.

Tips: Consult with your healthcare provider for specific recommendations based on your results.

Epithelial Cells

Result: OCCASIONAL

Status: NORMAL

Meaning: This test measures epithelial cells levels in your body.

Tips: Consult with your healthcare provider for specific recommendations based on your results.

Casts

Result: Absent

Status: NORMAL

Meaning: This test measures casts levels in your body.

Tips: Consult with your healthcare provider for specific recommendations based on your results.

Fungus

Result: Absent

Status: NORMAL

Meaning: This test measures fungus levels in your body.

Tips: Consult with your healthcare provider for specific recommendations based on your results.

Crystals

Result: Absent

Status: NORMAL

Meaning: This test measures crystals levels in your body.

Tips: Consult with your healthcare provider for specific recommendations based on your results.

Bacteria

Result: Absent

Status: NORMAL

Meaning: This test measures bacteria levels in your body.

Tips: Consult with your healthcare provider for specific recommendations based on your results.