

Health Report Summary

Confidential Medical Document

Language: English

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| Test: | HEMOGLOBIN |
|------------|---|
| Result: | 16.2 gm% |
| Status: | HIGH |
| Reference: | N/A |
| Chart: | 16.2 |
| Meaning: | Hemoglobin carries oxygen in your blood. Low levels can cause fatigue and anemia. |
| Tips: | Eat iron-rich foods like spinach, beetroot, and jaggery. Combine with Vitamin C foods like citrus fruits. |

| Test: | Total RBC Count |
|------------|---|
| Result: | 5.35 mil/cumm |
| Status: | NORMAL |
| Reference: | N/A |
| Chart: | 5.35 |
| Meaning: | Red blood cells carry oxygen throughout your body. |
| Tips: | Maintain adequate iron, B12, and folate intake through green vegetables and lean meats. |

| Test: | H.CT |
|------------|--|
| Result: | 44.2 % |
| Status: | NORMAL |
| Reference: | N/A |
| Chart: | 44.2 |
| Meaning: | Hematocrit shows the percentage of blood made up of red blood cells. |
| Tips: | Stay hydrated and maintain a balanced diet rich in iron. |

| Test: | M.C.V |
|---------|---------------|
| Result: | 82.62 80 - 96 |



| Status: | NORMAL |
|------------|---|
| Reference: | N/A |
| Chart: | 82.62 |
| Meaning: | MCV indicates the average size of your red blood cells. |
| Tips: | Ensure adequate B12 and folate intake through fortified cereals and leafy greens. |

| Test: | M.C.H. |
|------------|---|
| Result: | 30.3 pg |
| Status: | NORMAL |
| Reference: | 26 - 33 |
| Chart: | 30.3 |
| Meaning: | This test measures m.c.h. levels in your body. |
| Tips: | Consult with your healthcare provider for specific recommendations based on your results. |

| Test: | M.C.H.C. |
|------------|---|
| Result: | 36.7 % |
| Status: | HIGH |
| Reference: | 31 - 36 |
| Chart: | 36.7 |
| Meaning: | This test measures m.c.h.c. levels in your body. |
| Tips: | Consult with your healthcare provider for specific recommendations based on your results. |

| Test: | R.D.W |
|------------|-------------|
| Result: | 11.8 % |
| Status: | NORMAL |
| Reference: | 11.6 - 14.6 |



| Chart: | 11.8 |
|----------|---|
| Meaning: | This test measures r.d.w levels in your body. |
| Tips: | Consult with your healthcare provider for specific recommendations based on your results. |

| Test: | Total WBC Count (TLC) |
|------------|--|
| Result: | 6900 /cmm |
| Status: | NORMAL |
| Reference: | N/A |
| Chart: | 6900 |
| Meaning: | White blood cells help fight infections and diseases. |
| Tips: | Maintain good hygiene, eat immune-boosting foods, and get adequate rest. |

| Test: | Platelet Count |
|------------|--|
| Result: | 245000 /cmm |
| Status: | NORMAL |
| Reference: | N/A |
| Chart: | 245000 |
| Meaning: | Platelets help your blood clot and prevent bleeding. |
| Tips: | Eat foods rich in folate and B12. Avoid excessive alcohol consumption. |

| Test: | 1 Hour ESR |
|------------|---|
| Result: | 12 mm |
| Status: | NORMAL |
| Reference: | N/A |
| Chart: | 12 |
| Meaning: | ESR indicates inflammation in your body. Higher values may suggest infection or inflammation. |



| Tips: If elevated, follow up with your doctor. Maintain anti-in omega-3. | nflammatory diet with turmeric and |
|---|------------------------------------|
|---|------------------------------------|

| Test: | Polymorphs |
|------------|---|
| Result: | 51 % |
| Status: | NORMAL |
| Reference: | 40 - 70 |
| Chart: | 51 |
| Meaning: | This test measures polymorphs levels in your body. |
| Tips: | Consult with your healthcare provider for specific recommendations based on your results. |

| Test: | Lymphocytes |
|------------|---|
| Result: | 43 fL |
| Status: | HIGH |
| Reference: | 20 - 40 |
| Chart: | 43 |
| Meaning: | This test measures lymphocytes levels in your body. |
| Tips: | Consult with your healthcare provider for specific recommendations based on your results. |

| Test: | Eosinophils |
|------------|---|
| Result: | 02 % |
| Status: | NORMAL |
| Reference: | 1 - 6 |
| Chart: | 02 |
| Meaning: | This test measures eosinophils levels in your body. |
| Tips: | Consult with your healthcare provider for specific recommendations based on your results. |

| Test: Monocytes |
|-----------------|
|-----------------|



| Result: | 04 % |
|------------|---|
| Status: | NORMAL |
| Reference: | 2 - 10 |
| Chart: | 04 |
| Meaning: | This test measures monocytes levels in your body. |
| Tips: | Consult with your healthcare provider for specific recommendations based on your results. |

| Test: | Basophils |
|------------|---|
| Result: | 00 % |
| Status: | NORMAL |
| Reference: | 0 - 2 |
| Chart: | 00 |
| Meaning: | This test measures basophils levels in your body. |
| Tips: | Consult with your healthcare provider for specific recommendations based on your results. |

| Test: | Mean Blood Glucose |
|------------|---|
| Result: | 271.87 mg/dL |
| Status: | NORMAL |
| Reference: | N/A |
| Chart: | 271.87 |
| Meaning: | This test measures mean blood glucose levels in your body. |
| Tips: | Consult with your healthcare provider for specific recommendations based on your results. |

| Test: | HbsAg |
|------------|----------|
| Result: | Negative |
| Status: | NORMAL |
| Reference: | N/A |



| Chart: | N/A |
|----------|---|
| Meaning: | This test measures hbsag levels in your body. |
| Tips: | Consult with your healthcare provider for specific recommendations based on your results. |

| Test: | HIV I |
|------------|---|
| Result: | Non Reactive |
| Status: | NORMAL |
| Reference: | N/A |
| Chart: | N/A |
| Meaning: | This test measures hiv i levels in your body. |
| Tips: | Consult with your healthcare provider for specific recommendations based on your results. |

| Test: | HIV II |
|------------|---|
| Result: | Non Reactive |
| Status: | NORMAL |
| Reference: | N/A |
| Chart: | N/A |
| Meaning: | This test measures hiv ii levels in your body. |
| Tips: | Consult with your healthcare provider for specific recommendations based on your results. |

| Test: | Urine Volume |
|------------|--|
| Result: | 20 ML |
| Status: | NORMAL |
| Reference: | N/A |
| Chart: | 20 |
| Meaning: | This test measures urine volume levels in your body. |



| Tips: | Consult with your healthcare provider for specific recommendations based on your results. |
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| Test: | Urine Colour |
|------------|---|
| Result: | Pale Yellow |
| Status: | NORMAL |
| Reference: | N/A |
| Chart: | N/A |
| Meaning: | This test measures urine colour levels in your body. |
| Tips: | Consult with your healthcare provider for specific recommendations based on your results. |

| Test: | Urine Appearance |
|------------|---|
| Result: | Clear |
| Status: | NORMAL |
| Reference: | N/A |
| Chart: | N/A |
| Meaning: | This test measures urine appearance levels in your body. |
| Tips: | Consult with your healthcare provider for specific recommendations based on your results. |

| Test: | Urine Reaction |
|------------|---|
| Result: | Acidic |
| Status: | NORMAL |
| Reference: | N/A |
| Chart: | N/A |
| Meaning: | This test measures urine reaction levels in your body. |
| Tips: | Consult with your healthcare provider for specific recommendations based on your results. |

| Test: Specific Gravity | |
|------------------------|--|
|------------------------|--|



| Result: | 1.015 |
|------------|---|
| Status: | NORMAL |
| Reference: | N/A |
| Chart: | 1.015 |
| Meaning: | This test measures specific gravity levels in your body. |
| Tips: | Consult with your healthcare provider for specific recommendations based on your results. |

| Test: | Urine Protein |
|------------|---|
| Result: | Nil |
| Status: | NORMAL |
| Reference: | N/A |
| Chart: | N/A |
| Meaning: | This test measures urine protein levels in your body. |
| Tips: | Consult with your healthcare provider for specific recommendations based on your results. |

| Test: | Urine Glucose |
|------------|---|
| Result: | Present (++) |
| Status: | ABNORMAL |
| Reference: | N/A |
| Chart: | N/A |
| Meaning: | This test measures urine glucose levels in your body. |
| Tips: | Consult with your healthcare provider for specific recommendations based on your results. |

| Test: | Bile Salts |
|------------|------------|
| Result: | Absent |
| Status: | NORMAL |
| Reference: | N/A |



| Chart: | N/A |
|----------|---|
| Meaning: | This test measures bile salts levels in your body. |
| Tips: | Consult with your healthcare provider for specific recommendations based on your results. |

| Test: | Bile Pigments |
|------------|---|
| Result: | Absent |
| Status: | NORMAL |
| Reference: | N/A |
| Chart: | N/A |
| Meaning: | This test measures bile pigments levels in your body. |
| Tips: | Consult with your healthcare provider for specific recommendations based on your results. |

| Test: | Pus Cells |
|------------|---|
| Result: | 1-2 |
| Status: | NORMAL |
| Reference: | N/A |
| Chart: | 1-2 |
| Meaning: | This test measures pus cells levels in your body. |
| Tips: | Consult with your healthcare provider for specific recommendations based on your results. |

| Test: | Red Cells |
|------------|---|
| Result: | NIL |
| Status: | NORMAL |
| Reference: | N/A |
| Chart: | N/A |
| Meaning: | This test measures red cells levels in your body. |



| Tips: | Consult with your healthcare provider for specific recommendations based on your results. |
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| Test: | Epithelial Cells |
|------------|---|
| Result: | OCCASIONAL |
| Status: | NORMAL |
| Reference: | N/A |
| Chart: | N/A |
| Meaning: | This test measures epithelial cells levels in your body. |
| Tips: | Consult with your healthcare provider for specific recommendations based on your results. |

| Test: | Casts |
|------------|---|
| Result: | Absent |
| Status: | NORMAL |
| Reference: | N/A |
| Chart: | N/A |
| Meaning: | This test measures casts levels in your body. |
| Tips: | Consult with your healthcare provider for specific recommendations based on your results. |

| Test: | Fungus |
|------------|---|
| Result: | Absent |
| Status: | NORMAL |
| Reference: | N/A |
| Chart: | N/A |
| Meaning: | This test measures fungus levels in your body. |
| Tips: | Consult with your healthcare provider for specific recommendations based on your results. |

| Test: | Crystals |
|-------|----------|
| | |



| Result: | Absent |
|------------|---|
| Status: | NORMAL |
| Reference: | N/A |
| Chart: | N/A |
| Meaning: | This test measures crystals levels in your body. |
| Tips: | Consult with your healthcare provider for specific recommendations based on your results. |

| Test: | Bacteria |
|------------|---|
| Result: | Absent |
| Status: | NORMAL |
| Reference: | N/A |
| Chart: | N/A |
| Meaning: | This test measures bacteria levels in your body. |
| Tips: | Consult with your healthcare provider for specific recommendations based on your results. |

End of Report