## **Health Report Summary**

## **Confidential Medical Document**

Language: English

Generated on: October 04, 2025

Test:	HEMOGLOBIN
Result:	16.2 gm%
Status:	HIGH
Reference:	N/A
Chart:	16.2
Meaning:	Hemoglobin carries oxygen in your blood. Low levels can cause fatigue and anemia.
Tips:	Eat iron-rich foods like spinach, beetroot, and jaggery. Combine with Vitamin C foods like citrus fruits.

Test:	Total RBC Count
Result:	5.35 mil/cumm
Status:	NORMAL
Reference:	N/A
Chart:	5.35
Meaning:	Red blood cells carry oxygen throughout your body.
Tips:	Maintain adequate iron, B12, and folate intake through green vegetables and lean meats.

Test:	н.ст
Result:	44.2 %
Status:	NORMAL
Reference:	N/A
Chart:	44.2
Meaning:	Hematocrit shows the percentage of blood made up of red blood cells.
Tips:	Stay hydrated and maintain a balanced diet rich in iron.

Test:	M.C.V
Result:	82.62 80 - 96
Status:	NORMAL
Reference:	N/A
Chart:	82.62
Meaning:	MCV indicates the average size of your red blood cells.

Tips:	Ensure adequate B12 and folate intake through fortified cereals and leafy greens.
Test:	M.C.H.
Result:	30.3 pg
Status:	NORMAL
Reference:	26 - 33
Chart:	30.3
Meaning:	This test measures m.c.h. levels in your body.
Tips:	Consult with your healthcare provider for specific recommendations based on your results.

Test:	M.C.H.C.
Result:	36.7 %
Status:	HIGH
Reference:	31 - 36
Chart:	36.7
Meaning:	This test measures m.c.h.c. levels in your body.
Tips:	Consult with your healthcare provider for specific recommendations based on your results.

Test:	R.D.W
Result:	11.8 %
Status:	NORMAL
Reference:	11.6 - 14.6
Chart:	11.8
Meaning:	This test measures r.d.w levels in your body.
Tips:	Consult with your healthcare provider for specific recommendations based on your results.

Test:	Total WBC Count (TLC)
Result:	6900 /cmm
Status:	NORMAL
Reference:	N/A
Chart:	

	6900
Meaning:	White blood cells help fight infections and diseases.
Tips:	Maintain good hygiene, eat immune-boosting foods, and get adequate rest.

Test:	Platelet Count
Result:	245000 /cmm
Status:	NORMAL
Reference:	N/A
Chart:	245000
Meaning:	Platelets help your blood clot and prevent bleeding.
Tips:	Eat foods rich in folate and B12. Avoid excessive alcohol consumption.

Test:	1 Hour ESR
Result:	12 mm
Status:	NORMAL
Reference:	N/A
Chart:	12
Meaning:	ESR indicates inflammation in your body. Higher values may suggest infection or inflammation.
Tips:	If elevated, follow up with your doctor. Maintain anti-inflammatory diet with turmeric and omega-3.

Test:	Polymorphs
Result:	51 %
Status:	NORMAL
Reference:	40 - 70
Chart:	51
Meaning:	This test measures polymorphs levels in your body.
Tips:	Consult with your healthcare provider for specific recommendations based on your results.

Test:	Lymphocytes
Result:	43 fL

Status:	HIGH
Reference:	20 - 40
Chart:	43
Meaning:	This test measures lymphocytes levels in your body.
Tips:	Consult with your healthcare provider for specific recommendations based on your results.

Test:	Eosinophils
Result:	02 %
Status:	NORMAL
Reference:	1 - 6
Chart:	02
Meaning:	This test measures eosinophils levels in your body.
Tips:	Consult with your healthcare provider for specific recommendations based on your results.

Test:	Monocytes
Result:	04 %
Status:	NORMAL
Reference:	2 - 10
Chart:	04
Meaning:	This test measures monocytes levels in your body.
Tips:	Consult with your healthcare provider for specific recommendations based on your results.

Test:	Basophils
Result:	00 %
Status:	NORMAL
Reference:	0 - 2
Chart:	00
Meaning:	This test measures basophils levels in your body.
Tips:	

Consult with your healthcare provider for specific recommendations based on your results.

Test:	Mean Blood Glucose
Result:	271.87 mg/dL
Status:	NORMAL
Reference:	N/A
Chart:	271.87
Meaning:	This test measures mean blood glucose levels in your body.
Tips:	Consult with your healthcare provider for specific recommendations based on your results.

Test:	HbsAg
Result:	Negative
Status:	NORMAL
Reference:	N/A
Chart:	N/A
Meaning:	This test measures hbsag levels in your body.
Tips:	Consult with your healthcare provider for specific recommendations based on your results.

Test:	HIV I
Result:	Non Reactive
Status:	NORMAL
Reference:	N/A
Chart:	N/A
Meaning:	This test measures hiv i levels in your body.
Tips:	Consult with your healthcare provider for specific recommendations based on your results.

Test:	HIV II
Result:	Non Reactive
Status:	NORMAL
Reference:	N/A

Chart:	N/A
Meaning:	This test measures hiv ii levels in your body.
Tips:	Consult with your healthcare provider for specific recommendations based on your results.

Test:	Urine Volume
Result:	20 ML
Status:	NORMAL
Reference:	N/A
Chart:	20
Meaning:	This test measures urine volume levels in your body.
Tips:	Consult with your healthcare provider for specific recommendations based on your results.

Test:	Urine Colour
Result:	Pale Yellow
Status:	NORMAL
Reference:	N/A
Chart:	N/A
Meaning:	This test measures urine colour levels in your body.
Tips:	Consult with your healthcare provider for specific recommendations based on your results.

Test:	Urine Appearance
Result:	Clear
Status:	NORMAL
Reference:	N/A
Chart:	N/A
Meaning:	This test measures urine appearance levels in your body.
Tips:	Consult with your healthcare provider for specific recommendations based on your results.

Test:
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Result:	Acidic
Status:	NORMAL
Reference:	N/A
Chart:	N/A
Meaning:	This test measures urine reaction levels in your body.
Tips:	Consult with your healthcare provider for specific recommendations based on your results.

Test:	Specific Gravity
Result:	1.015
Status:	NORMAL
Reference:	N/A
Chart:	1.015
Meaning:	This test measures specific gravity levels in your body.
Tips:	Consult with your healthcare provider for specific recommendations based on your results.

Test:	Urine Protein
Result:	Nil
Status:	NORMAL
Reference:	N/A
Chart:	N/A
Meaning:	This test measures urine protein levels in your body.
Tips:	Consult with your healthcare provider for specific recommendations based on your results.

Test:	Urine Glucose
Result:	Present (++)
Status:	ABNORMAL
Reference:	N/A
Chart:	N/A
Meaning:	This test measures urine glucose levels in your body.

Test:	Bile Salts	
Tips:	Consult with your healthcare provider for specific recommendations based on your results.	

Test:	Bile Salts
Result:	Absent
Status:	NORMAL
Reference:	N/A
Chart:	N/A
Meaning:	This test measures bile salts levels in your body.
Tips:	Consult with your healthcare provider for specific recommendations based on your results.

Test:	Bile Pigments
Result:	Absent
Status:	NORMAL
Reference:	N/A
Chart:	N/A
Meaning:	This test measures bile pigments levels in your body.
Tips:	Consult with your healthcare provider for specific recommendations based on your results.

Test:	Pus Cells
Result:	1-2
Status:	NORMAL
Reference:	N/A
Chart:	1-2
Meaning:	This test measures pus cells levels in your body.
Tips:	Consult with your healthcare provider for specific recommendations based on your results.

Test:	Red Cells
Result:	NIL
Status:	NORMAL
Reference:	N/A

Chart:	N/A
Meaning:	This test measures red cells levels in your body.
Tips:	Consult with your healthcare provider for specific recommendations based on your results.

Test:	Epithelial Cells
Result:	OCCASIONAL
Status:	NORMAL
Reference:	N/A
Chart:	N/A
Meaning:	This test measures epithelial cells levels in your body.
Tips:	Consult with your healthcare provider for specific recommendations based on your results.

Test:	Casts
Result:	Absent
Status:	NORMAL
Reference:	N/A
Chart:	N/A
Meaning:	This test measures casts levels in your body.
Tips:	Consult with your healthcare provider for specific recommendations based on your results.

Test:	Fungus
Result:	Absent
Status:	NORMAL
Reference:	N/A
Chart:	N/A
Meaning:	This test measures fungus levels in your body.
Tips:	Consult with your healthcare provider for specific recommendations based on your results.

Test:
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Result:	Absent
Status:	NORMAL
Reference:	N/A
Chart:	N/A
Meaning:	This test measures crystals levels in your body.
Tips:	Consult with your healthcare provider for specific recommendations based on your results.

Test:	Bacteria
Result:	Absent
Status:	NORMAL
Reference:	N/A
Chart:	N/A
Meaning:	This test measures bacteria levels in your body.
Tips:	Consult with your healthcare provider for specific recommendations based on your results.

End of Report