Multithreading Resource

Java

1. https://www.journaldev.com/1079/multithreading-in-java
This is a comprehensive and concise tutorial that covers both the basic way of using Thread and Runnable to do multithreading as well as the newer approach of using the Executor framework. It is well structured so that people can jump straight to the sections they need help in.

2. Java's official documentation is also quite informative:
https://docs.oracle.com/javase/8/docs/api/java/lang/Thread.html
https://docs.oracle.com/javase/8/docs/api/java/util/concurrent/ExecutorService.html

Python

Python3:
https://stackoverflow.com/a/2846695

Python2:
https://www.tutorialspoint.com/python/python_multithreading.htm