

# COMMUNICATION MISTAKES THAT KILL FIRST IMPRESSIONS

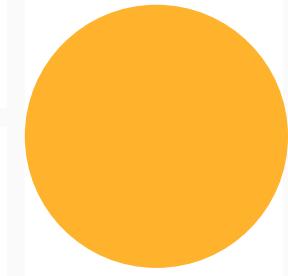
You might be confident...  
but one small mistake can break it.

*Because in the first 30  
seconds **your words,**  
**tone, and posture** speak  
louder than your  
introduction.*



# WE ALL MAKE THESE MISTAKES UNCONSCIOUSLY

until someone points them out.

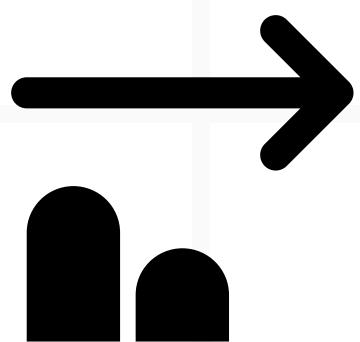


**The good news?**

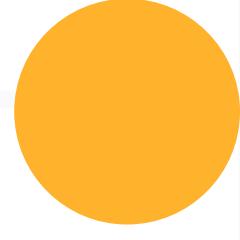
Once you spot them, you can fix them *instantly*.



Here are **5 common communication mistakes** to avoid.



# SPEAKING TOO FAST



**When we're nervous, speed replaces clarity.  
Result?**

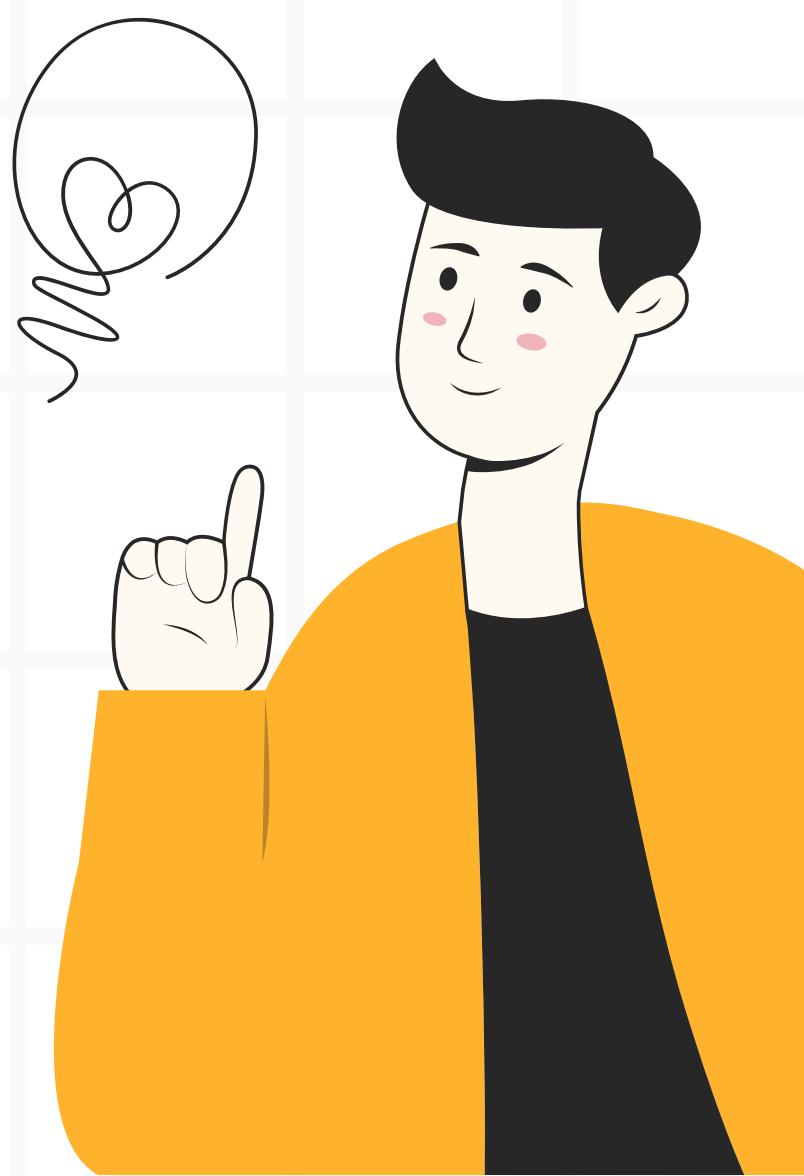
The listener hears *blur*, not *brilliance*.

## Tip:

Slow down, breathe between thoughts, and pause after key points.

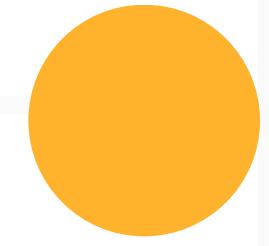
## Example:

*Ever explained a project and  
realized they didn't get a word?  
That's why pacing matters.*



@reallygreatsite

# INTERRUPTING OTHERS

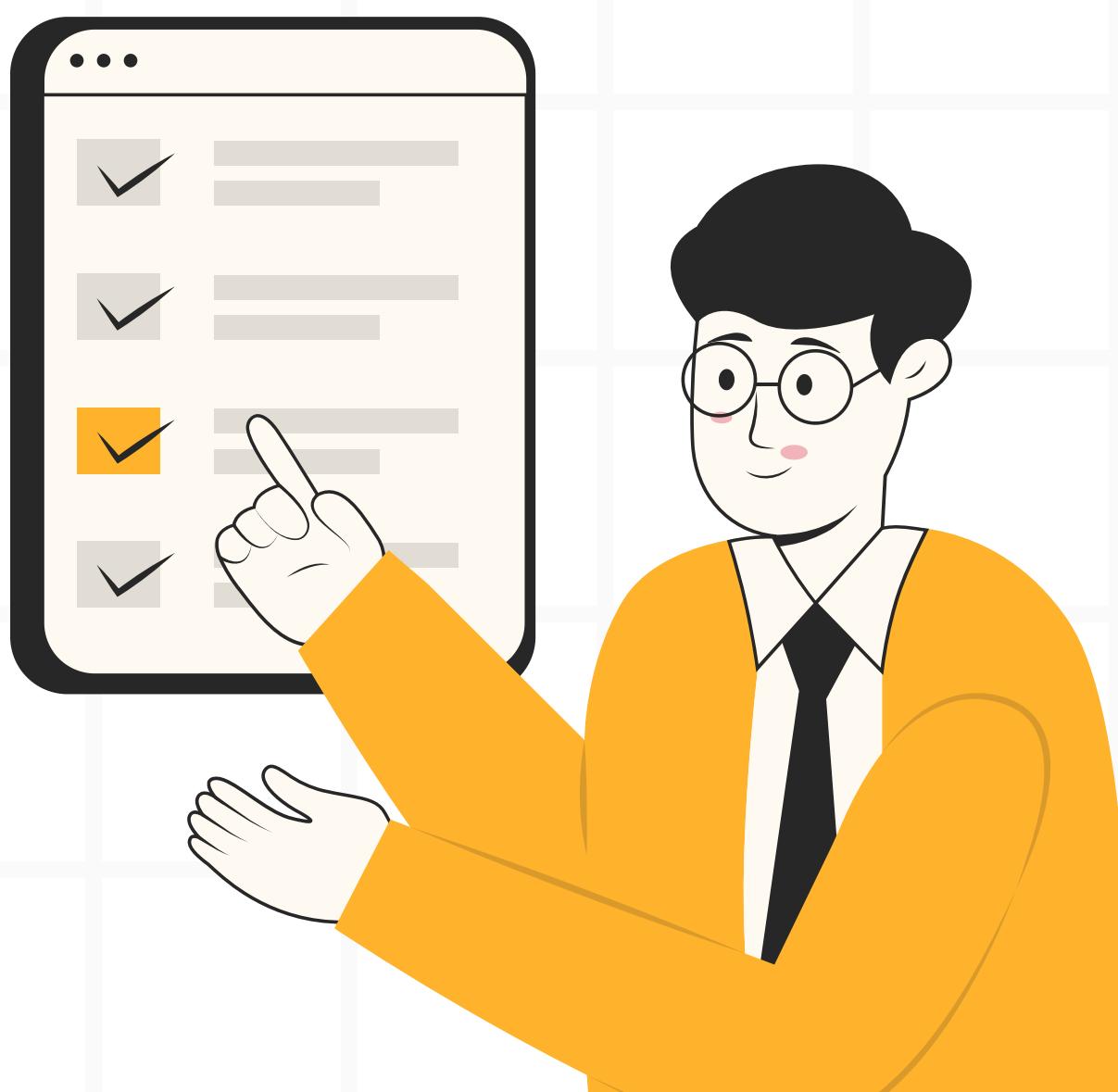


Cutting someone off shows impatience even if you didn't mean it.

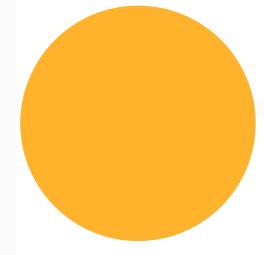
**Wait** for a small pause before replying.

## Example:

*In group discussions, let the speaker finish it reflects confidence, not silence.*



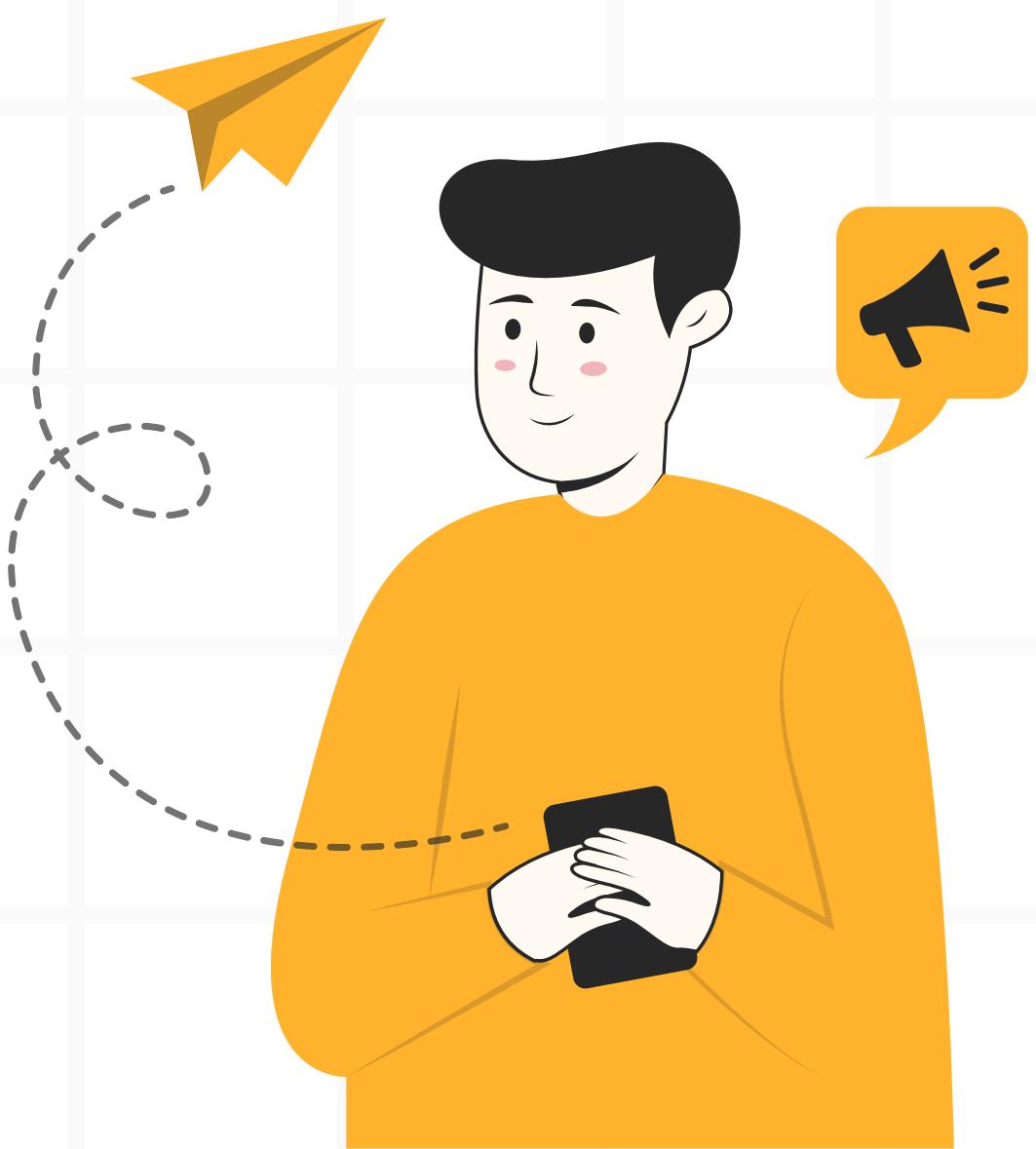
# OVERUSING “ACTUALLY”, “LIKE”, “UMM”



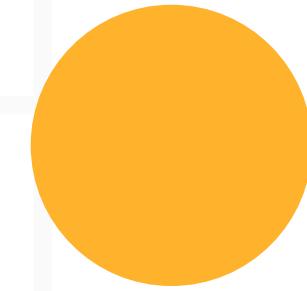
These filler words make your speech sound unsure.

Replace them with short pauses silence sounds smarter than “umm.”

Try recording yourself once you'll spot your verbal habits instantly.



# WEAK HANDSHAKE OR SLOUCHING



Body language speaks before words.

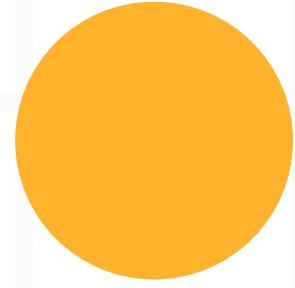
A limp handshake or drooped shoulders whisper,  
**"low confidence."**

**Stand straight**, smile gently, and keep your  
handshake firm – not forceful.

**First** impressions are visual before they're verbal.



# NOT LISTENING FULLY BEFORE REPLYING



We often wait to *respond*, not to *understand*.  
And that's where connections fail.

**Listen** to grasp, not to reply.

## Example:

*In interviews, don't rush into answers – clarify if needed. It shows thought, not hesitation.*



FIRST IMPRESSIONS AREN'T  
MADE BY FANCY WORDS,  
**BUT BY POLISHED PRESENCE.**

Save this for your next interview or first meeting  
and walk in with awareness + confidence.

