

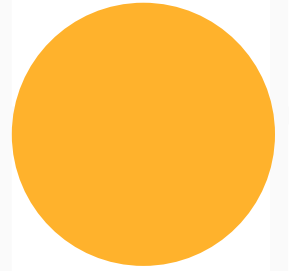
# COMMUNICATION MISTAKES THAT KILL FIRST IMPRESSIONS

You might be confident...  
but one small mistake can break it.

*Because in the first 30  
seconds **your words,  
tone, and posture** speak  
louder than your  
introduction.*



# WE ALL MAKE THESE MISTAKES UNCONSCIOUSLY



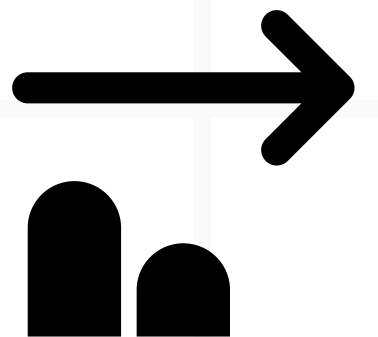
until someone points them out.

## The good news?

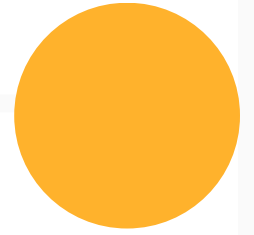
*Once you spot them, you can fix them instantly.*



Here are **5 common communication mistakes** to avoid.



# SPEAKING TOO FAST



**When we're nervous, speed replaces clarity.  
Result?**

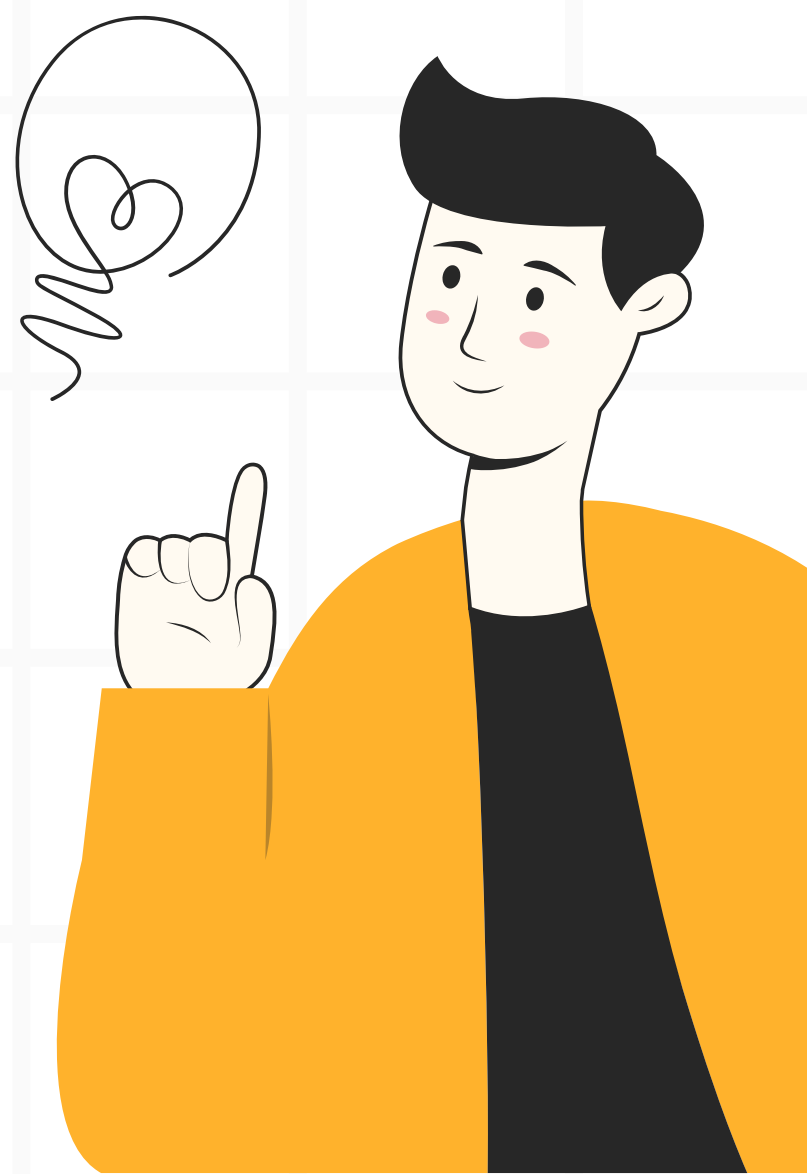
The listener hears *blur*, not *brilliance*.

## Tip:

Slow down, breathe between thoughts, and pause after key points.

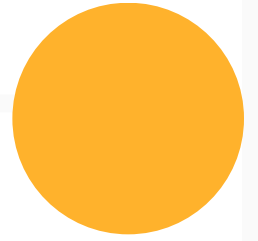
## Example:

*Ever explained a project and realized they didn't get a word?  
That's why pacing matters.*



@reallygreatsite

# INTERRUPTING OTHERS



Cutting someone off shows impatience even if you didn't mean it.

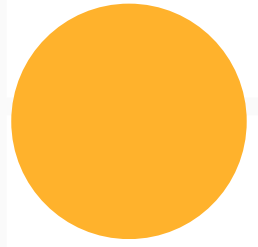
**Wait** for a small pause before replying.

## Example:

*In group discussions, let the speaker finish it reflects confidence, not silence.*



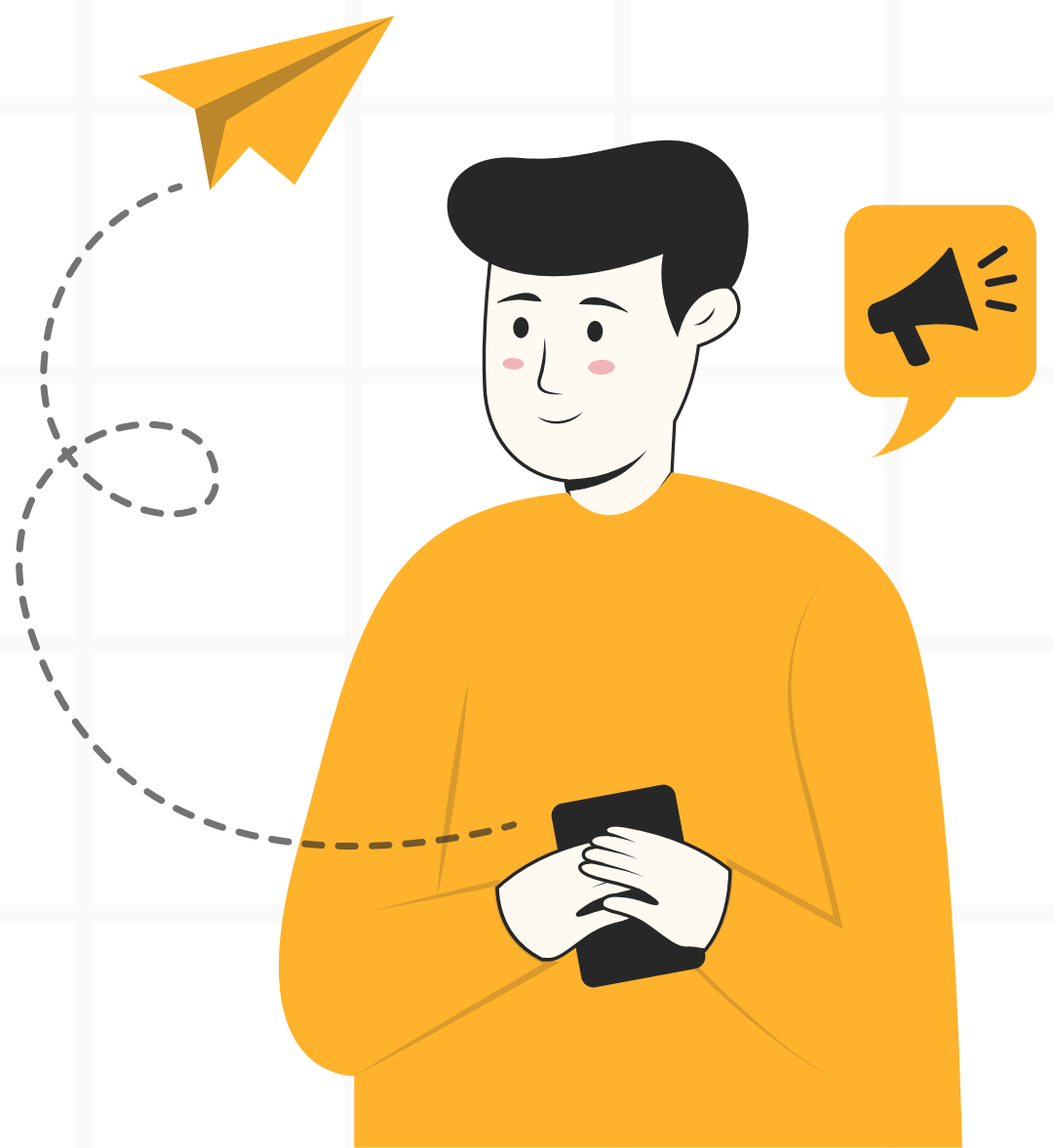
# OVERUSING “ACTUALLY”, “LIKE”, “UMM”



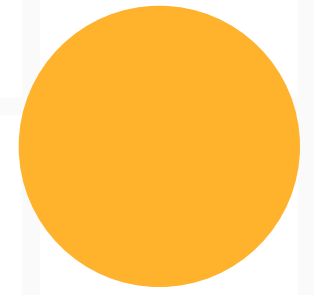
**These filler words make your speech sound unsure.**

**Replace** *them with short pauses silence sounds smarter than “umm.”*

**Try** *recording yourself once you’ll spot your verbal habits instantly.*



# WEAK HANDSHAKE OR SLOUCHING

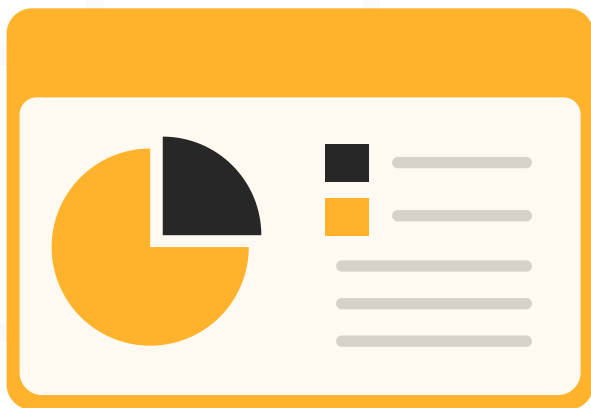


Body language speaks before words.

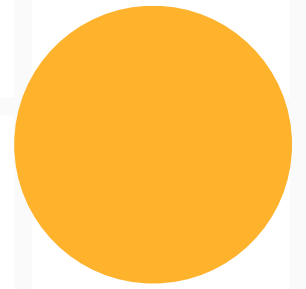
A limp handshake or drooped shoulders whisper, **"low confidence."**

**Stand straight**, smile gently, and keep your handshake firm – not forceful.

**First** impressions are visual before they're verbal.



# NOT LISTENING FULLY BEFORE REPLYING

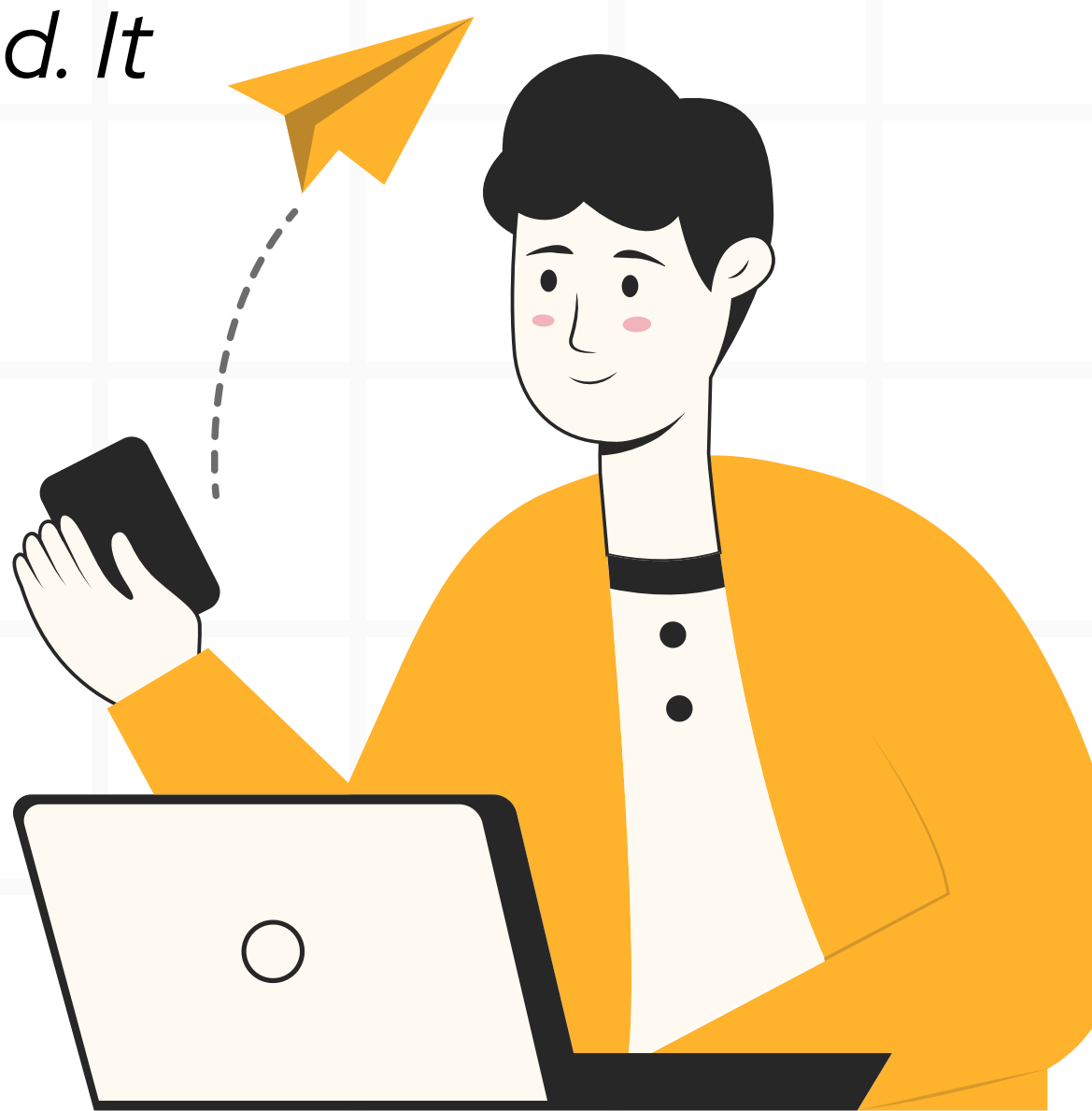


We often wait to *respond*, not to *understand*.  
And that's where connections fail.

**Listen** to grasp, not to reply.

## Example:

*In interviews, don't rush into  
answers – clarify if needed. It  
shows thought, not  
hesitation.*





FIRST IMPRESSIONS AREN'T  
MADE BY FANCY WORDS,  
BUT BY **POLISHED PRESENCE.**

Save this for your next interview or first meeting  
and walk in with awareness + confidence.

