Kubernetes Attack Simulation: The Definitive Guide

Adversary Village, DEF CON 32





whoami

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Purple Teams / Threat Simulation

Presented at ROOTCON, BSides



We need to measure our Attack Detection capability for this {Windows, Linux, On-prem, Cloud, Kubernetes} environment



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Agenda

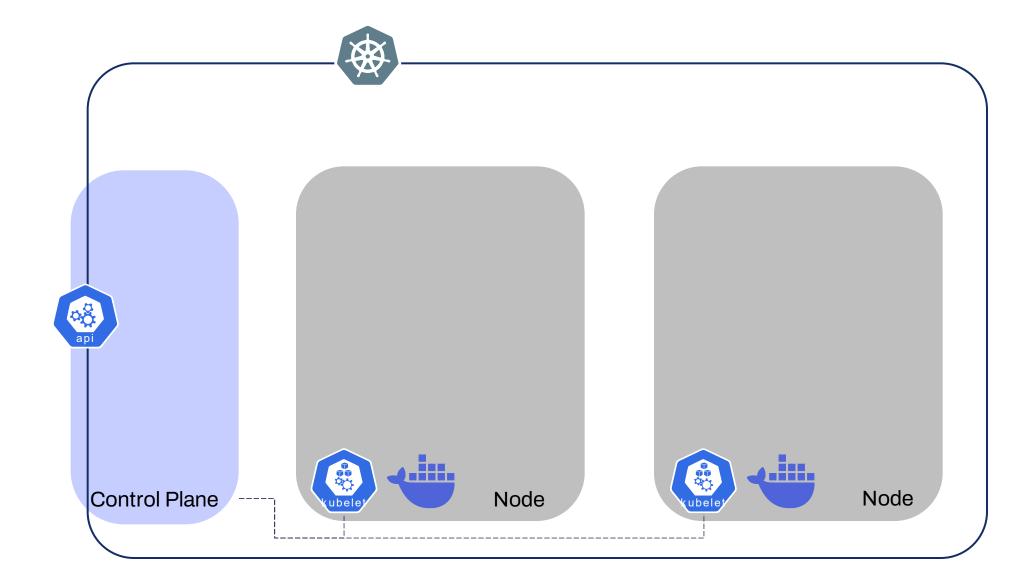
- (1) Kubernetes Introduction
- 2 Threat Modelling
- (3) K8S Attack Simulation
- 4 K8S Attack Detection
- (5) Demo

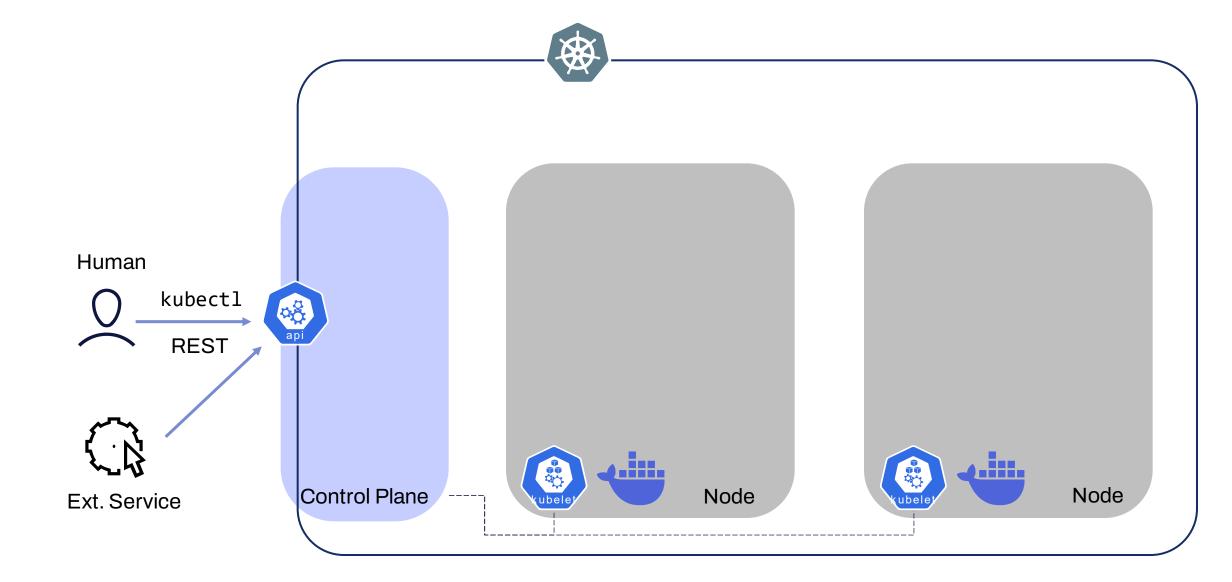


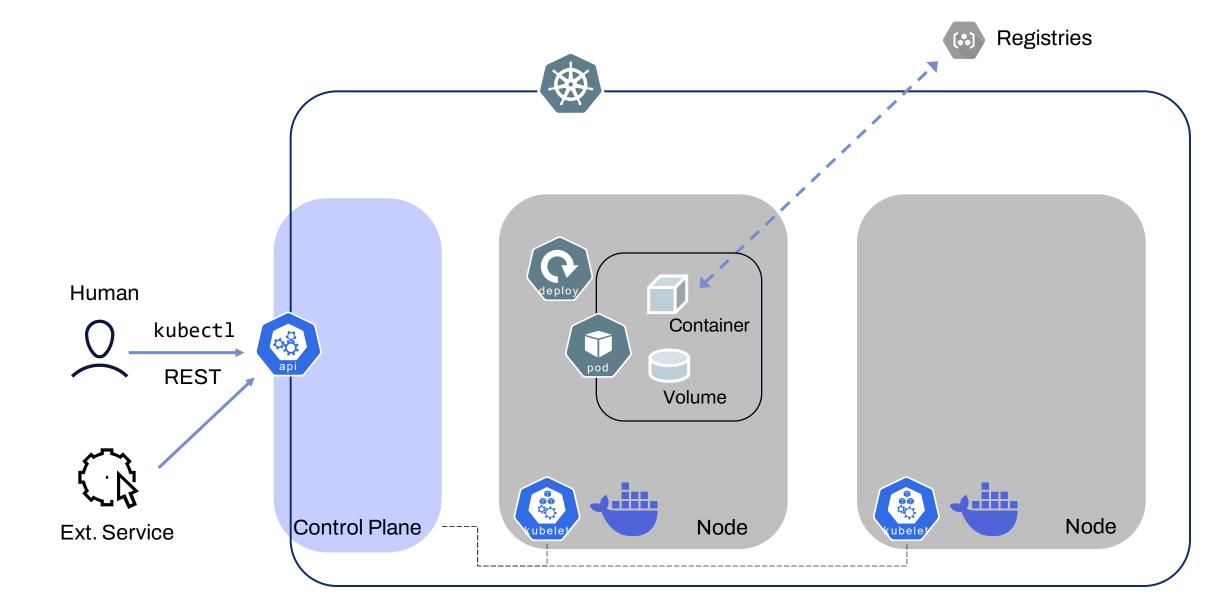
Intro to Kubernetes

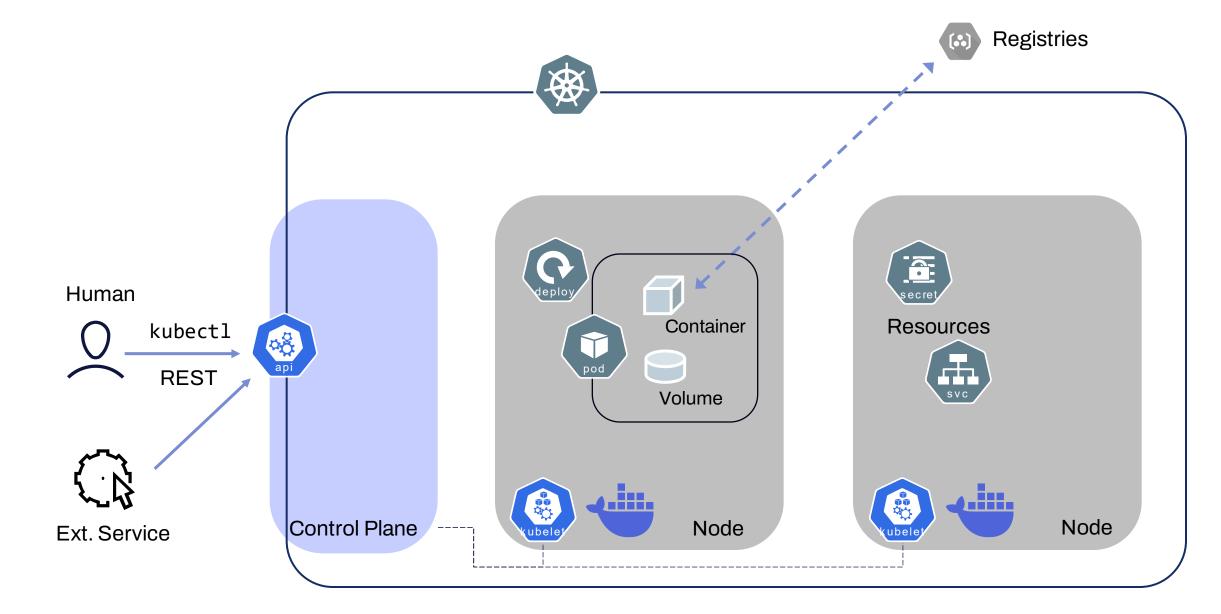


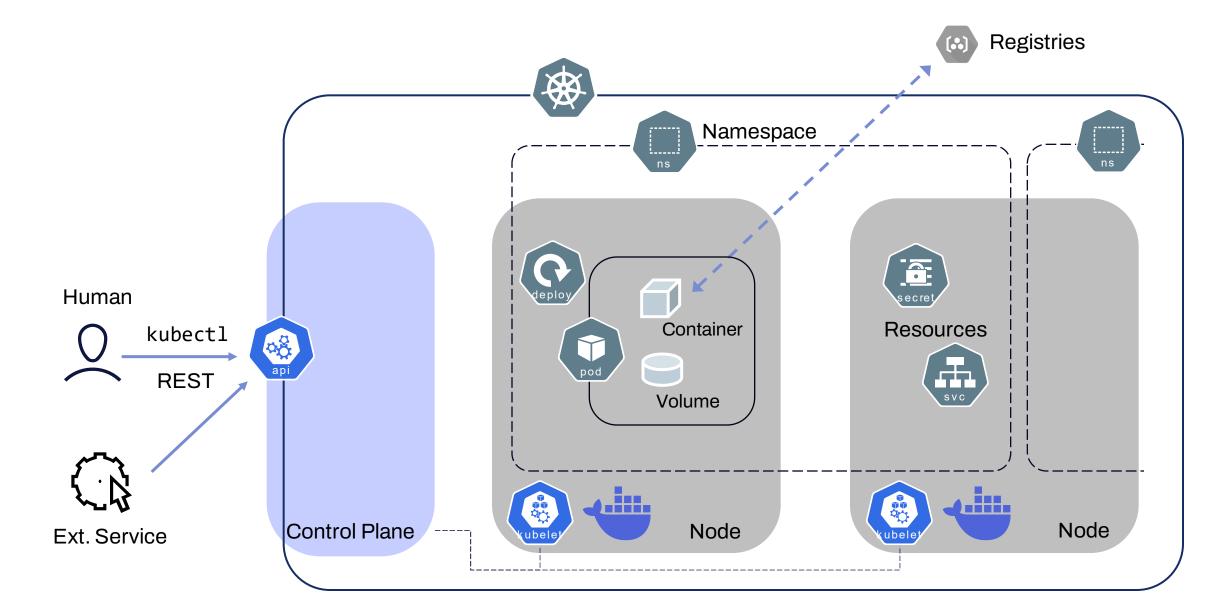


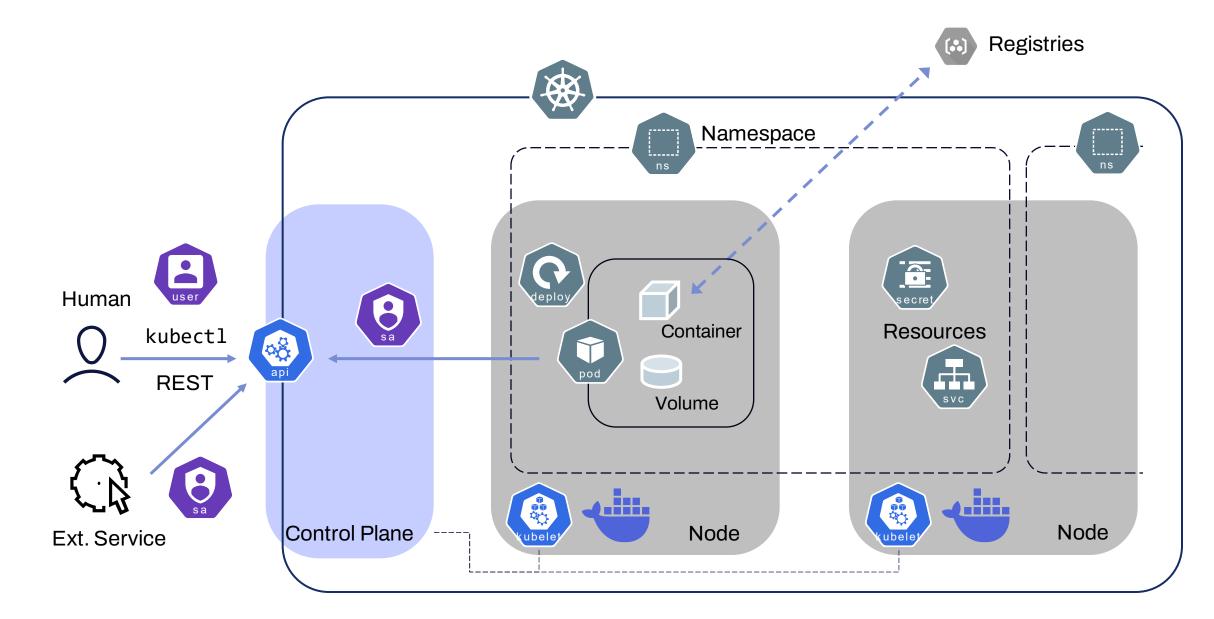




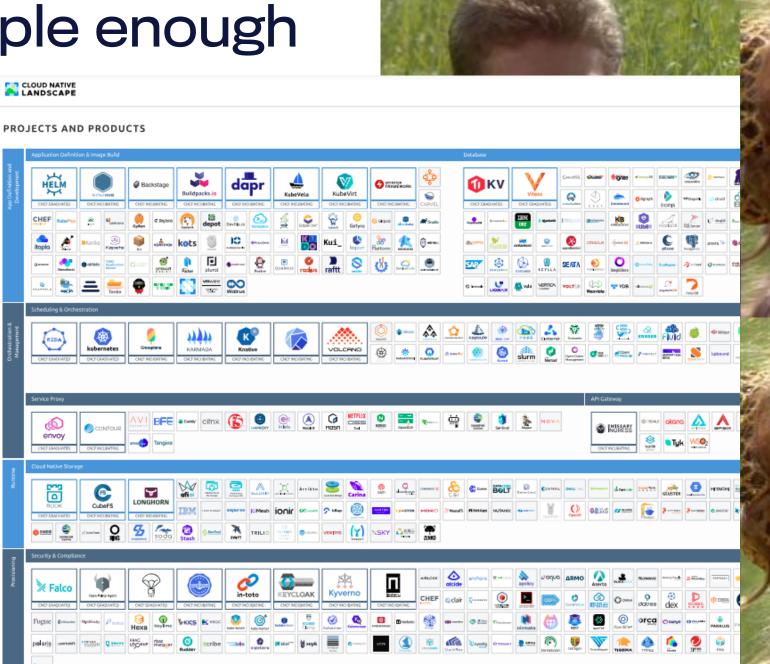








Simple enough



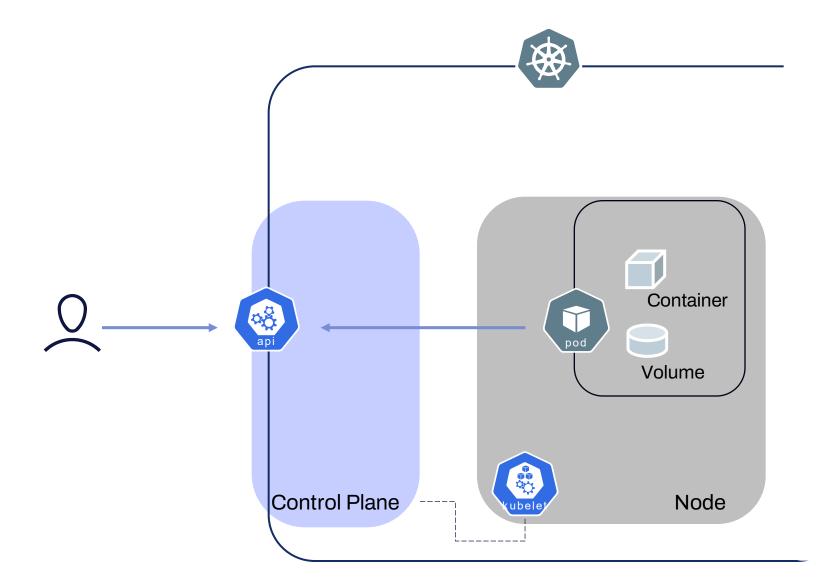


Threat Modelling

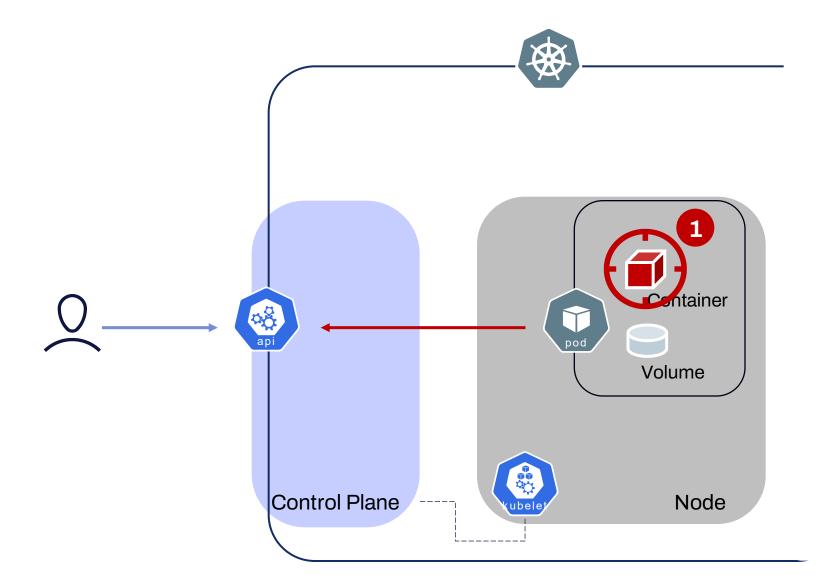
Kubernetes Attack Simulation

> Kubernetes Attack Detection

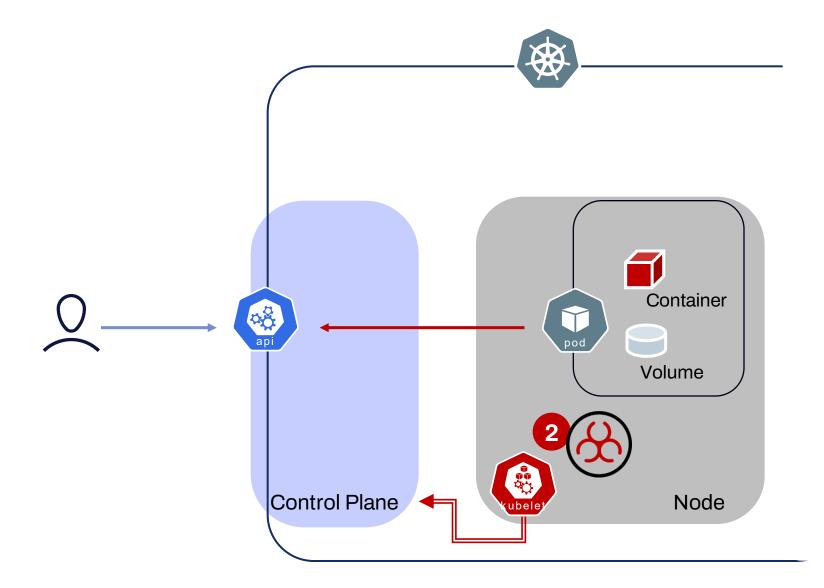




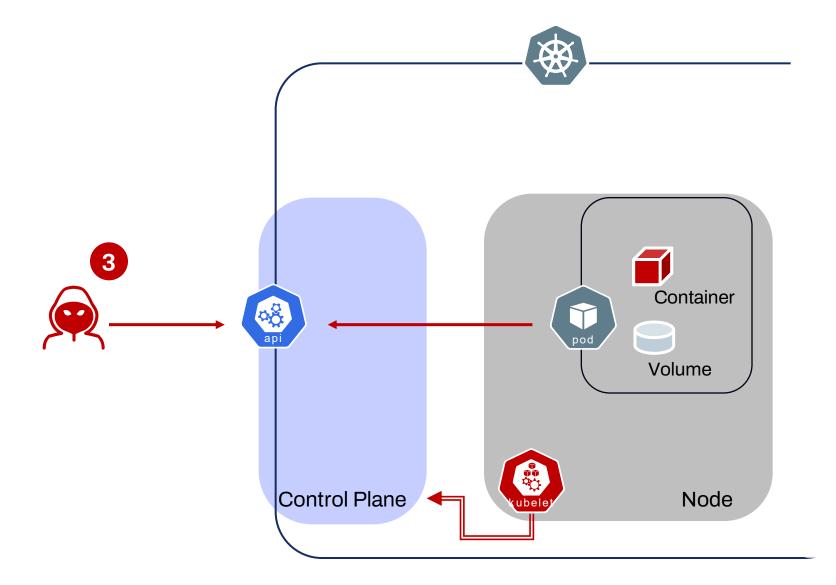








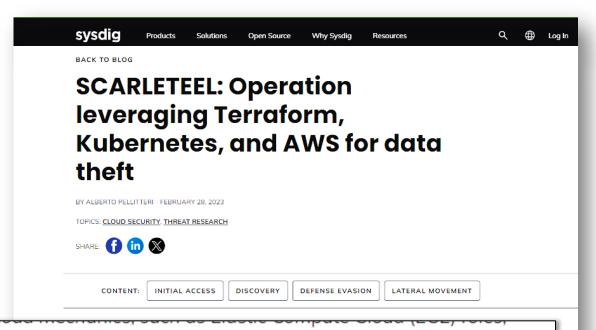








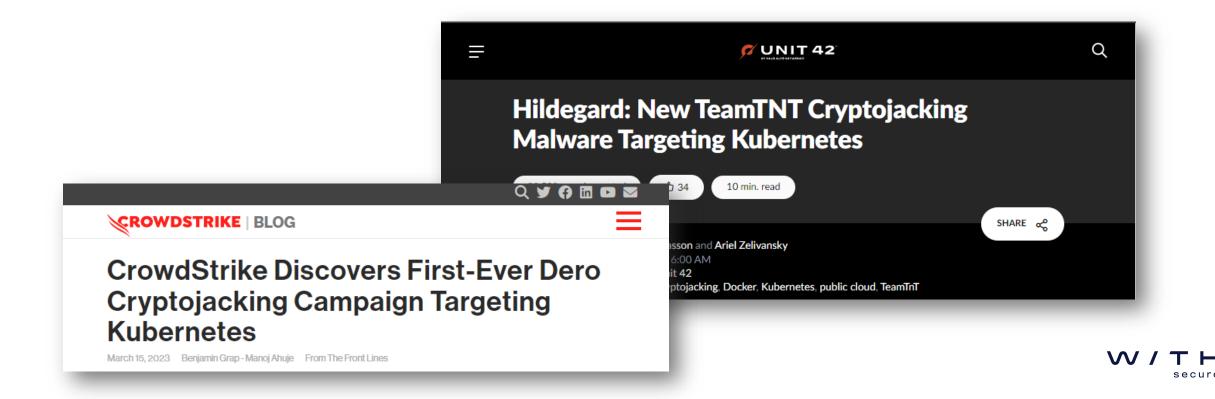
Orchestration Platform = Application Infrastructure



Lambda serverless functions, and Terraform. The end result wasn't just a typical cryptojacking attack. The attacker had other, more malicious motives: the theft of proprietary software.



- Orchestration Platform = Application Infrastructure
- Compute Resources = Hardware for Mining



- Orchestration Platform = Application Infrastructure
- Compute Resources = Hardware for Mining
- Entrypoint to Cloud





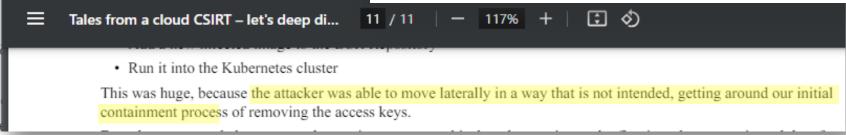
- Orchestration Platform = Application Infrastructure
- Compute Resources = Hardware for Mining
- Entrypoint to Cloud
- Persistent access for Espionage





- Orchestration Platform = Application Infrastructure
- Compute Resources = Hardware for Mining
- Entrypoint to Cloud
- Persistent access for Espionage
- Hiding place to Evade Containment





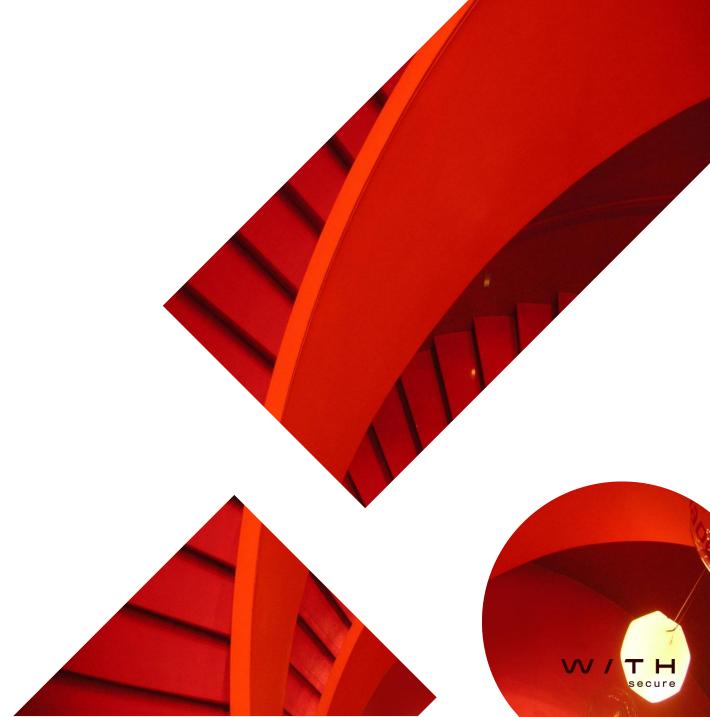


Threat Modelling

Kubernetes Attack Simulation

Kubernetes Attack Detection

Demo



What is Purple Teaming?

- Collaboration between Offense (Red) and Defense (Blue).
- Increase familiarity with or understanding of adversary TTP.
- Self-evaluation of existing security posture.
- Improving an organizations security posture or defenses.
 - Preventative Controls
 - Detective Controls
 - Response Procedures

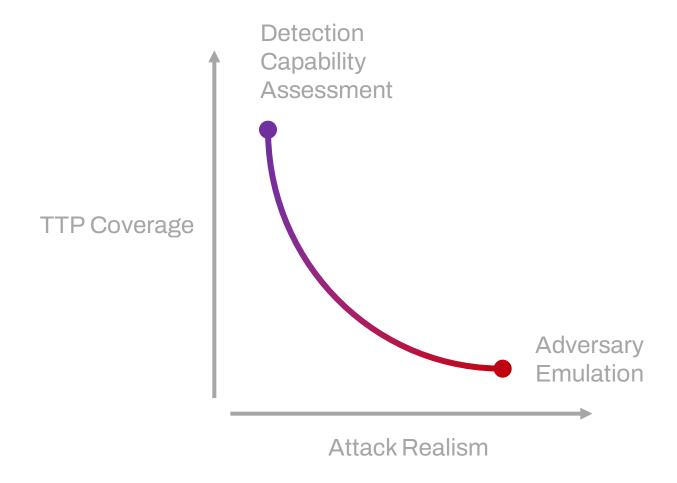


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Specter Ops | Purple Teaming (Black Hat USA 2023 Booth Talk)

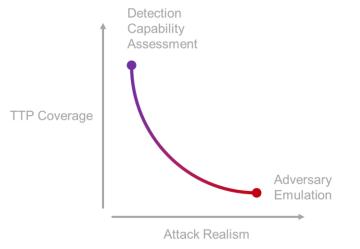


Shades of Purple





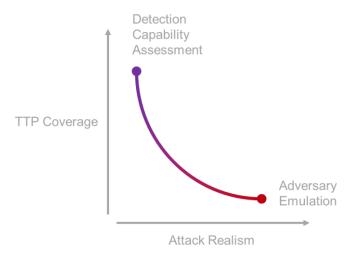
TI-driven



TI-driven

Select Campaign of interest



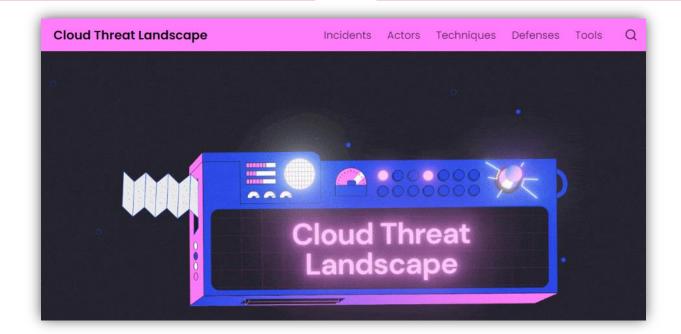


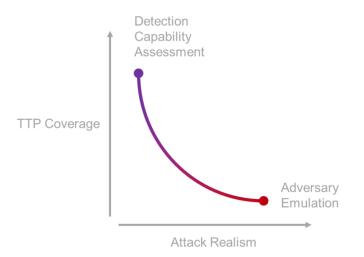


TI-driven

Select Campaign of interest

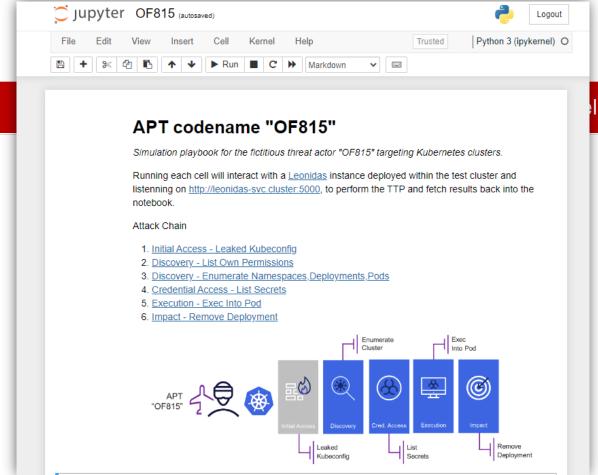
Gather Threat Intelligence

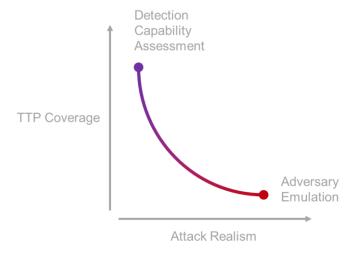






TI-driven



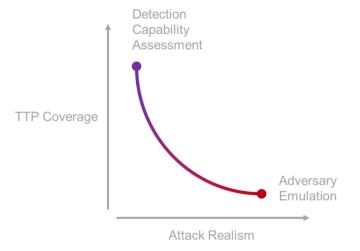


lligence

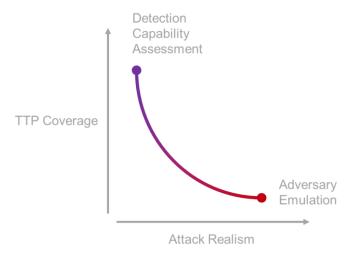
Re-produce Attack Chain



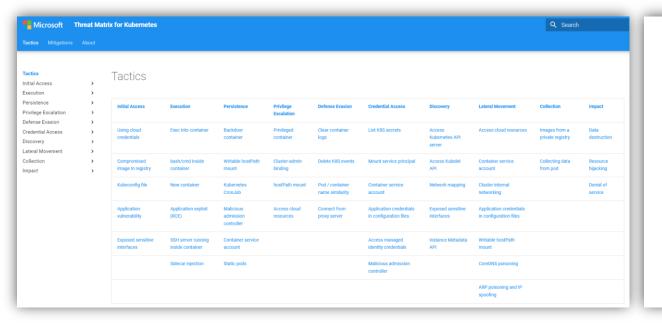
Breadth-first



Breadth-first



Select TTPs





All articles

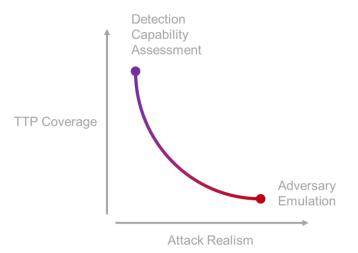
- KHV002 Kubernetes version disclosure
- KHV003 Azure Metadata Exposure
- KHV004 Azure SPN Exposure
- KHV005 Access to Kubernetes API
- KHV006 Insecure (HTTP) access to Kubernetes API
- KHV007 Specific Access to Kubernetes API
- KHV020 Possible Arp Spoof
- KHV021 Certificate Includes Email Address
- KHV022 Critical Privilege Escalation CVE
- KHV023 Denial of Service to Kubernetes API Server
- KHV024 Possible Ping Flood Attack

Breadth-first

Select TTPs

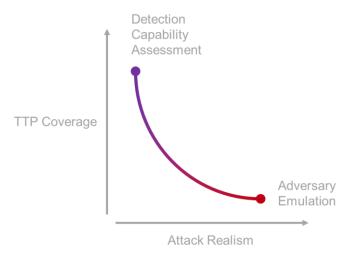
Design Test Cases







Breadth-first



Select TTPs

Design Test Cases

Maintain, Expand, Repeat

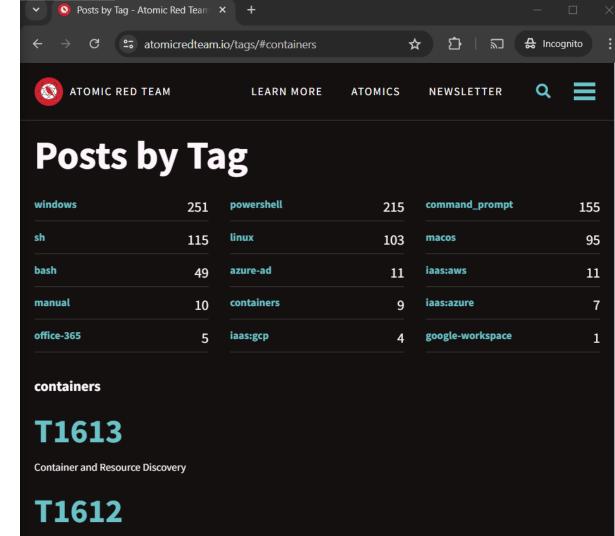
```
On branch master
Your branch is ahead of 'origin/master' by 57 commits.
 (use "git push" to publish your local commits)
Changes to be committed:
 (use "git restore --staged <file>..." to unstage)
       modified: definitions/credential-access/access-secrets-api-server.yml
                  definitions/credential-access/access-secrets-pod-filesystem.yml
                   definitions/credential-access/app-creds-configmaps.yml
                  definitions/credential-access/app-creds-env.yml
       modified:
       modified:
                   definitions/defense-evasion/delete-kubernetes-events.yml
                   definitions/defense-evasion/pod-name-similarity.yml
                   definitions/discovery/enumerate-nodes.yml
                   definitions/discovery/enumerate-pods.yml
                   definitions/discovery/enumerate-rbac-permissions.yml
                   definitions/execution/create-pod-public-image.yml
       modified:
                   definitions/execution/exec-into-container.yml
                   definitions/execution/settofail.vml
       modified:
                   definitions/execution/sidecar-injection.yml
                   definitions/impact/delete-pod.yml
                   definitions/impact/delete-serviceaccount.yml
                   definitions/persistence/create-serviceaccount.yml
```

Execution

• K8S Attack Simulation Tools / Frameworks



- K8S Attack Simulation Tools / Frameworks
 - 1. Atomic Red Team



Build Image on Host

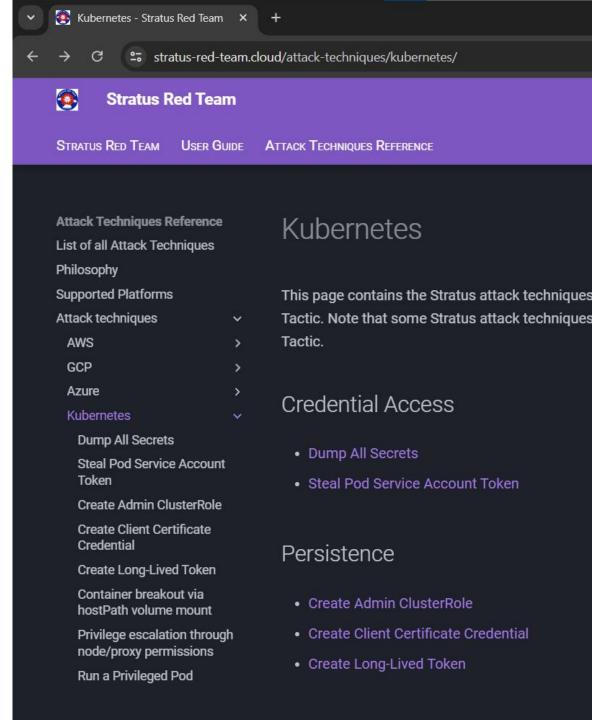
T1611

T1610

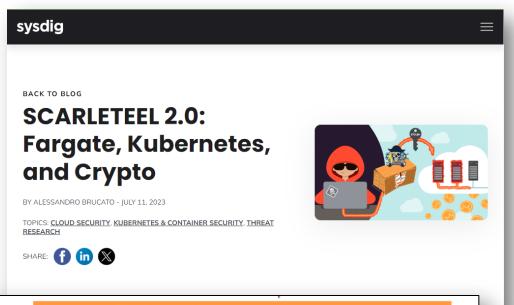
Deploy a container

Escape to Host

- K8S Attack Simulation Tools / Frameworks
 - 1. Atomic Red Team
 - 2. Stratus Red Team



- K8S Attack Simulation Tools / Frameworks
 - 1. Atomic Red Team
 - 2. Stratus Red Team
 - 3. Peirates

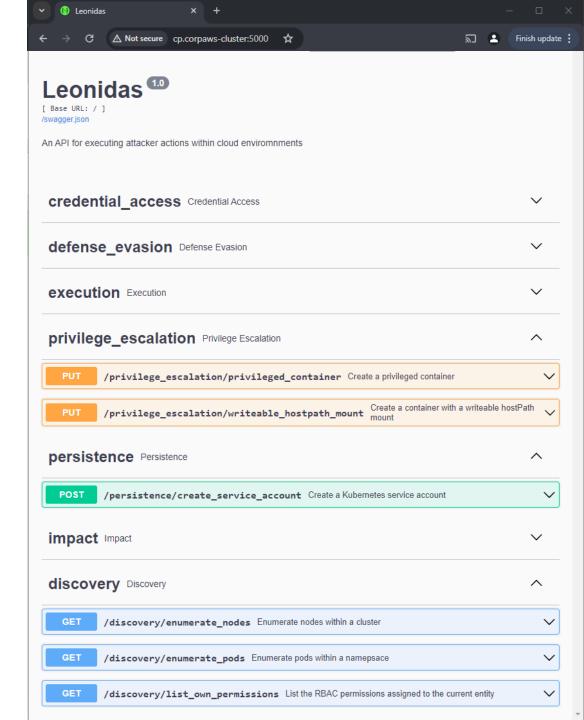


including targeting Kubernetes. In particular, they also leveraged peirates, a tool to further exploit Kubernetes. The "get secrets", "get pods" and "get namespaces" APIs

called in the screenshot below are part of the execution of peirates. This shows that the attackers are aware of Kubernetes in their attack chains and will attempt to exploit the environment.

```
=IIIIIIII...,~~~~~~~~...IIIIIIIII..,,
    ..IIIII...+...,++.+++:+.++...IIII..,,
  ,,.+IIII...+..,+++++....+,.+...IIIII..,,
 Peirates v1.1.22 by InGuardians and Peirates Open Source Developers
   https://www.inguardians.com/peirates
  +] IP address for eth0
                                                : 192.168.117.147
                                                : -- Public Cloud Provider not detected --
  +] Cloud provider metadata API
  Namespaces, Service Accounts and Roles |
 [1] List, maintain, or switch service account contexts [sa-menu] (try: list-sa *, switch-s
 [2] List and/or change namespaces [ns-menu] (try: list-ns, switch-ns, get-ns)
[3] Get list of pods in current namespace [list-pods, get-pods]
[4] Get complete info on all pods (json) [dump-pod-info]
[5] Check all pods for volume mounts [find-volume-mounts]
  [6] Enter AWS IAM credentials manually [enter-aws-credentials]
  [7] Attempt to Assume a Different AWS Role [aws-assume-role]
  8] Deactivate assumed AWS role [aws-empty-assumed-role]
  [9] Switch certificate-based authentication (kubelet or manually-entered) [cert-menu]
  Steal Service Accounts
 [10] List secrets in this namespace from API server [list-secrets, get-secrets]
[11] Get a service account token from a secret [secret-to-sa]
 [12] Request IAM credentials from AWS Metadata API [get-aws-token] *
[13] Request IAM credentiass from GCP Metadata API [get-us-coken] *
[14] Request kube-env from GCP Metadata API [attack-kube-env-gcp]
[15] Pull Kubernetes service account tokens from kops' GCS bucket (Google Cloud only) [atta
 [16] Pull Kubernetes service account tokens from kops' S3 bucket (AWS only) [attack-kops-aw
 Interrogate/Abuse Cloud API's
  [17] List AWS S3 Buckets accessible (Make sure to get credentials via get-aws-token or ente
 [18] List contents of an AWS S3 Bucket (Make sure to get credentials via get-aws-token or e
  [20] Gain a reverse rootshell on a node by launching a hostPath-mounting pod [attack-pod-ho
 [21] Run command in one or all pods in this namespace via the API Server [exec-via-api]
[22] Run a token-dumping command in all pods via Kubelets (authorization permitting) [exec-
 [23] Use CVE-2024-21626 (Leaky Vessels) to get a shell on the host (runc versions <1.12) [l
 Node Attacks
 [30] Steal secrets from the node filesystem [nodefs-steal-secrets]
  [90] Run a kubectl command using the current authorization context [kubectl [arguments]]
 [] Run a kubectl command using EVERY authorization context until one works [kubectl-try-all 
[] Run a kubectl command using EVERY authorization context [kubectl-try-all [arguments]] 
[91] Make an HTTP request (GET or POST) to a user-specified URL [curl] 
[92] Deactivate "auth can-i" checking before attempting actions [set-auth-can-i]
 [93] Run a simple all-ports TCP port scan against an IP address [tcpscan]
  [94] Enumerate services via DNS [enumerate-dns] *
 [] Run a shell command [shell <command and arguments>]
  [short] Reduce the set of visible commands in this menu
  outputfile ] Write all kubectl output to a file **ALPHA** [outputfile [filename]]
 [exit] Exit Peirates
 Peirates:>#
```

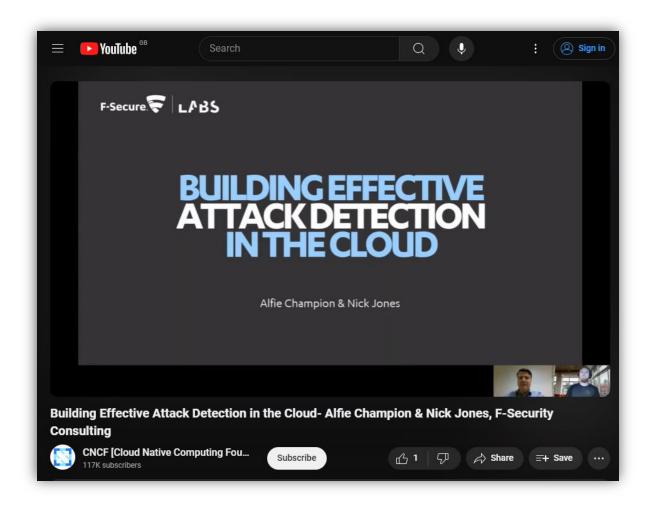
- K8S Attack Simulation Tools / Frameworks
 - 1. Atomic Red Team
 - 2. Stratus Red Team
 - 3. Peirates
 - 4. Leonidas for K8S



Leonidas

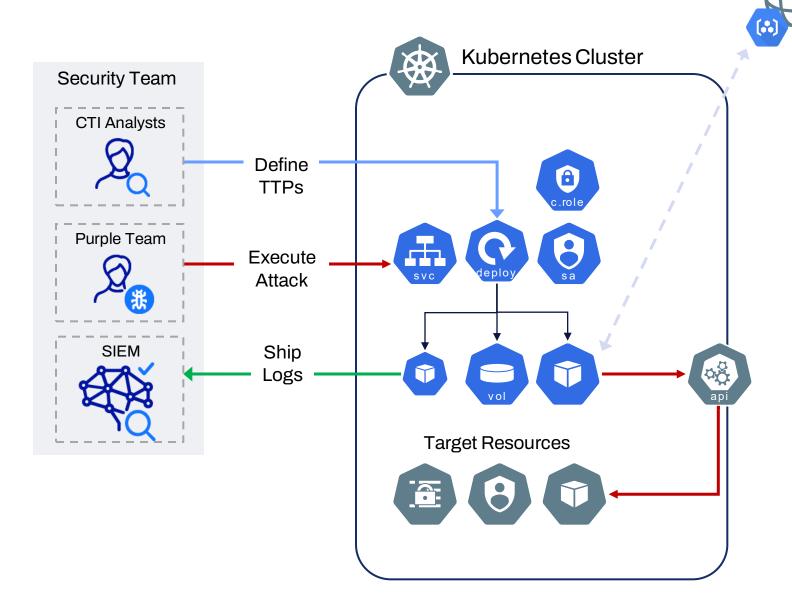
https://github.com/WithSecureLabs/leonidas

- Extensible
- Easy to write attack test cases
- Attacks- & Detections-as-Code
- Permission management
- REST API / Scripting-friendly





Leonidas for Kubernetes







Leonidas for Kubernetes

Initial Access	Execution	Persistence	Privilege Escalation	Defense Evasion	Credential Access	Discovery	Lateral Movement	Collection	Impact	kubectl delete events
Cloud Credentials	Exec into container	Backdoor Container	Privileged container	Clear container logs	List K8S secrets	Access the K8S API server	Access cloud resources	Imag from privat registry	Data Destruction	find /var/run/secrets/
Compromised image in registry	bash/cmd inside container	Writeable hostPath mount	Cluster-admin binding	Delete K8S events	Mount service principal	Access Kubelet API	Container service account	Collect g data from d	Resource Hijacking	kubectl -f /tmp/custom.yml a
Kubeconfig file	New container	Kubernetes CronJob	Hostpath mount	Pod / container name similarity	Access container service account	Network mapping	Cluster internal networking		service	
Application Vulnerability	Application Exploit (RCE)	Malicious admission controller	Access cloud resources	Connect from proxy server	Application credentials in configuration files	Access Kubernetes dashboard	Application credentials in configuration files			
Exposed Dashboard	SSH server running inside container	Container service account			illes	Instance Metadata API	Writeable volume mounts on the host			
	Sidecar Injection	Static pods					Access dashboard			
							Access tiller endpoint			
							CoreDNS poisoning			
							ARP poisoning and IP spoofing			



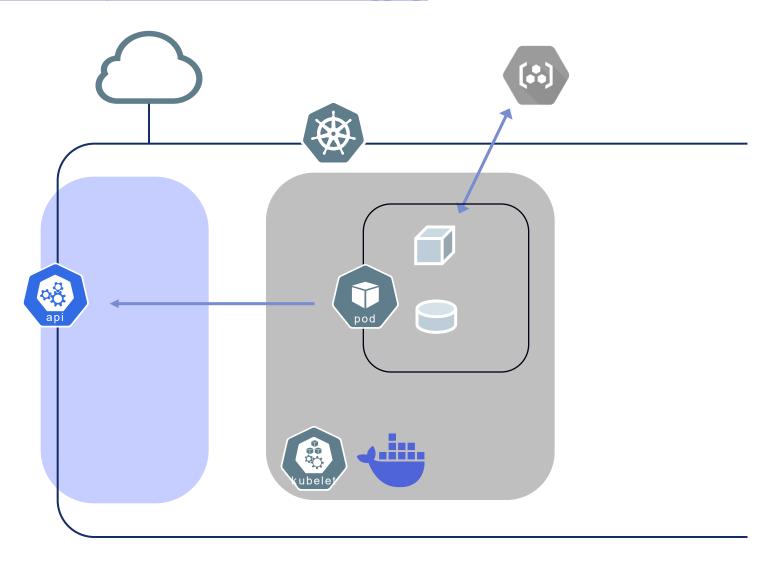
Threat Modelling

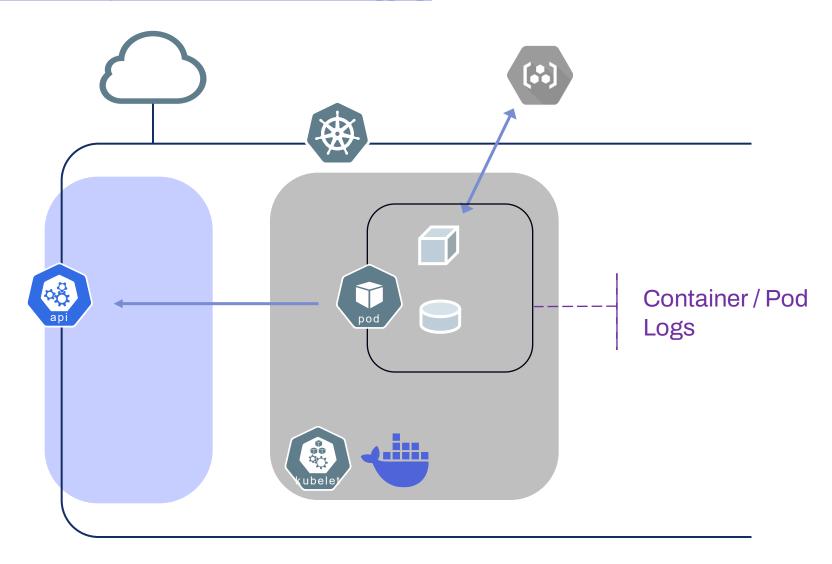
Kubernetes Attack Simulation

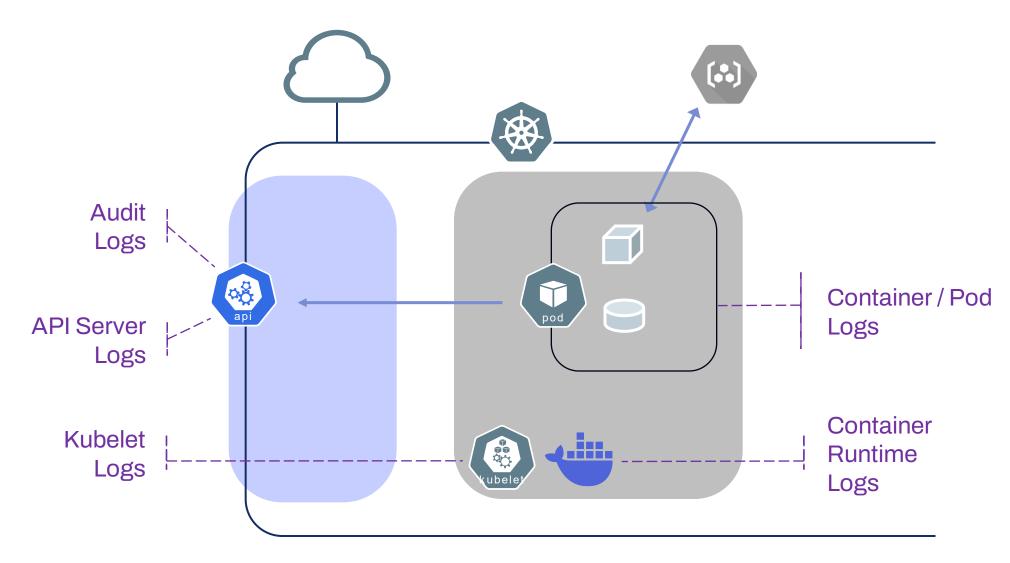
Kubernetes Attack Detection

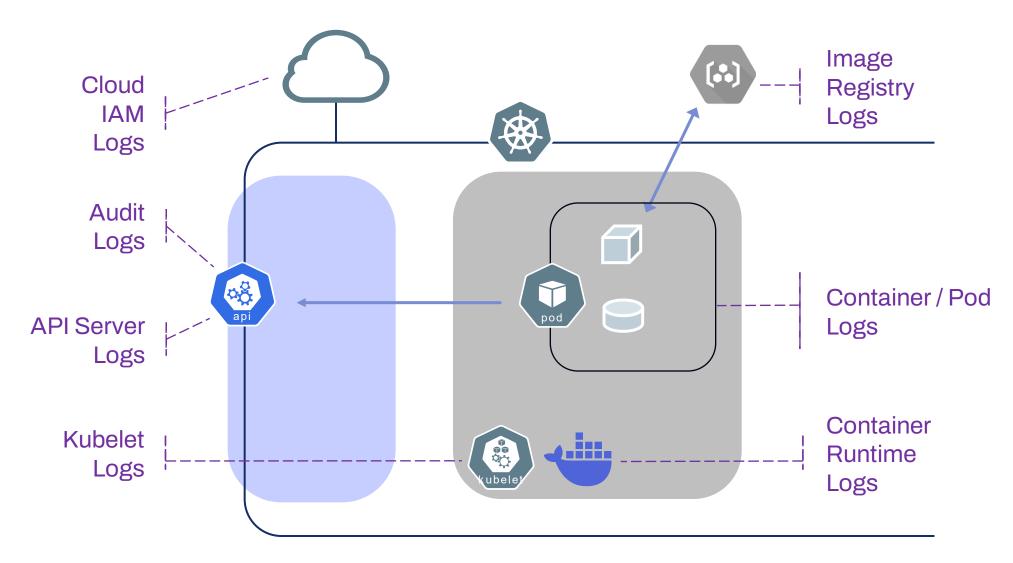
Demo

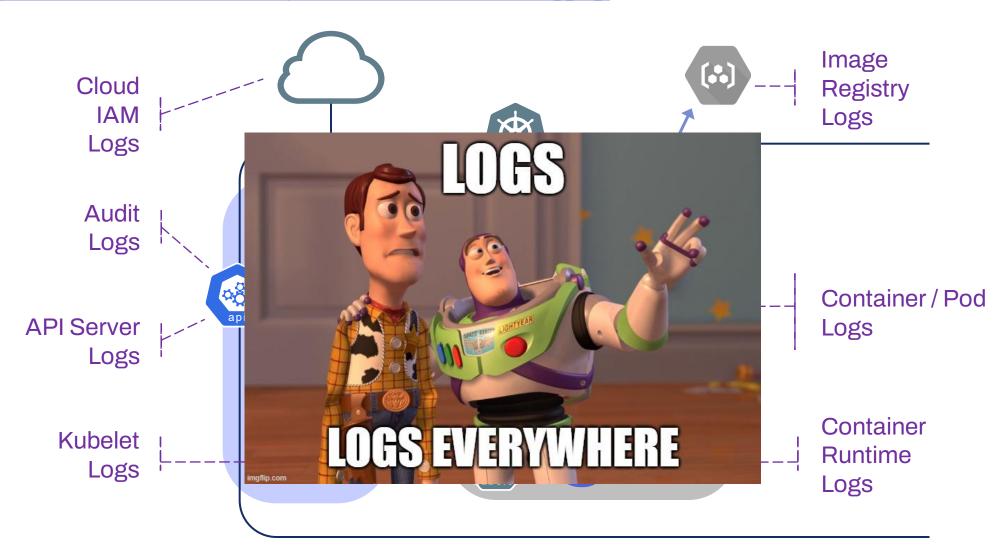




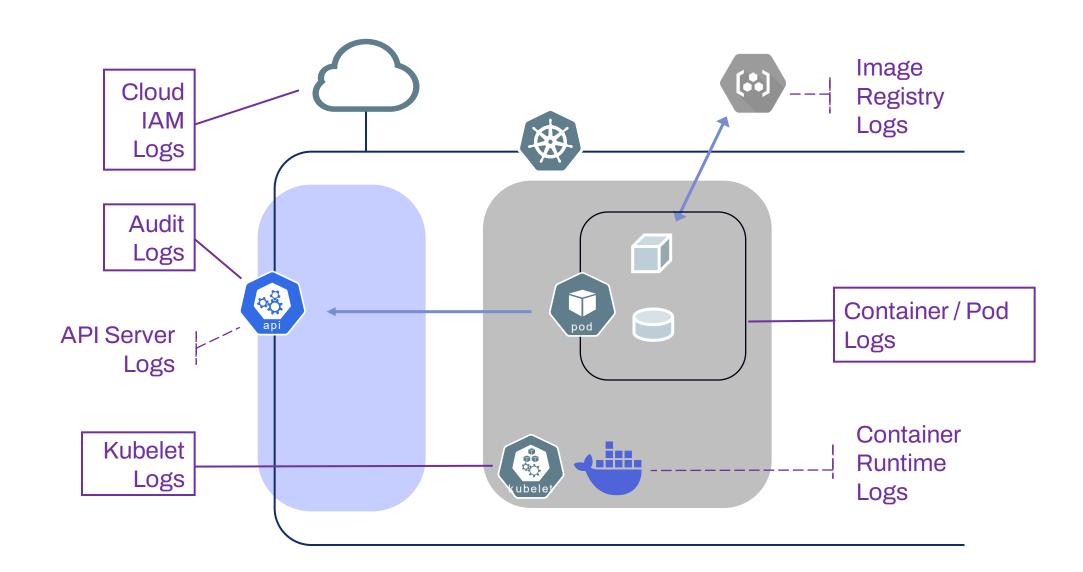








Security-relevant Logs



K8S Audit Logs

when

what

who

result

where from

- "Access Logs" of API Server
- Not enabled by default
- There are ways to evade them

```
"kind": "Event",
    "apiVersion": "audit.k8s.io/v1",
    "level": "RequestResponse",
    "requestReceivedTimestamp": "2024-06-21T09:40:53.077026Z",
    "auditID": "e3702320-1fd9-4d8e-8318-e3c881e1c266",
    "stage": "ResponseComplete",
    "verb": "create",
    "requestURI": "/api/v1/namespaces/kube-system/pods",
    "user": {
        "username": "system:node:cp",
        groups: [
            "system:nodes",
            "system:authenticated"
    "sourceIPs": [ "172.31.17.236" ],
    "userAgent": "kubelet/v1.30.0 (linux/amd64)
kubernetes/7c48c2b",
    "objectRef":
        "resource": "pods",
        "namespace": "kube-system",
        "name": "kube-apiserver-cp",
        "apiVersion": "v1"
    "responseStatus": {
        "metadata": {},
        "code": 201
    "requestObject": {
        "kind": "Pod",
        "apiVersion": "v1",
        "metadata": { ... },
        "spec": {
            "volumes": [ ... ],
            "containers": [ ... ],
        },
    "responseObject": { ... },
```

K8S Audit Logs

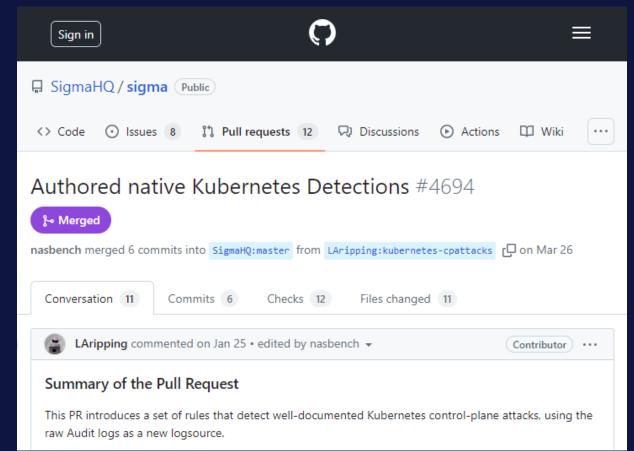
- Audit Policy YAML
- Configurable Verbosity level per Event
 - 1. None
 - 2. Metadata
 - 3. Request
 - 4. RequestResponse
- File / Webhook Backend
 - Agents like Filebeat can then pipe them into the SIEM
- Caveat: Not customizable in managed clusters!

```
apiVersion: audit.k8s.io/v1
kind: Policy
rules:
  # Don't log these read-only URLs
  - level: None
    nonResourceURLs
      - /healthz*
      - /version
      - /swagger*
  # Secrets, ConfigMaps, TokenRequest and TokenReviews
can contain sensitive & binary data,
  - level: Request
    resources:
      - group: ""
        resources: ["secrets", "configmaps",
"serviceaccounts/token"]
      - group: authentication.k8s.io
        resources: ["tokenreviews"]
    omitStages:
      - "RequestReceived"
  # Default level for all other requests.
  - level: Metadata
    omitStages:
      - "RequestReceived"
```

K8S Detection Engineering: Control Plane



```
title: Kubernetes Secrets Enumeration
description: Detects enumeration of Kubernetes secrets.
tags:
    - attack.t1552.007
logsource:
    category: application
    product: kubernetes
   service: audit
detection:
   level: low
   condition: selection
    selection:
        verb: 'list'
        objectRef.resource: 'secrets'
```



K8S Detection Engineering: Kernel Level

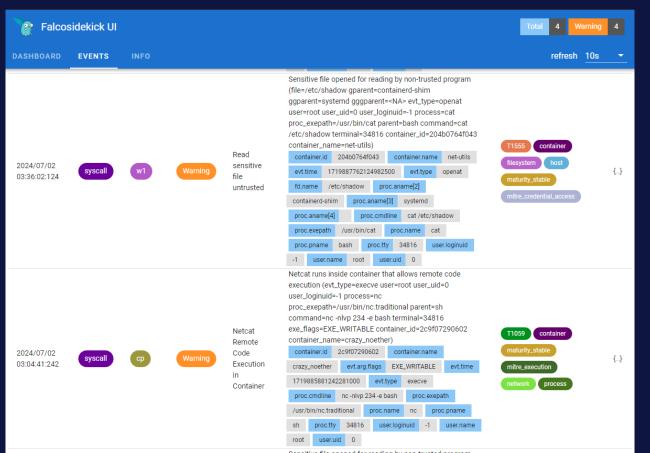


```
- rule: Netcat Remote Code Execution in Container

desc: >
    Netcat Program runs inside container that allows remote
    code execution and may be utilized as a part of a variety
    of reverse shell payloads
    https://github.com/swisskyrepo/PayloadsAllTheThings/.

condition: >
    spawned_process
    and container
    and ((proc.name = "nc" and (proc.cmdline contains " -e"))

priority: WARNING
tags: [T1059, mitre_execution, container, network, process]
```



Kubernetes Attack Simulation

Kubernetes Attack Detection

Demo K8S Attack Simulation with Leonidas



Takeaways

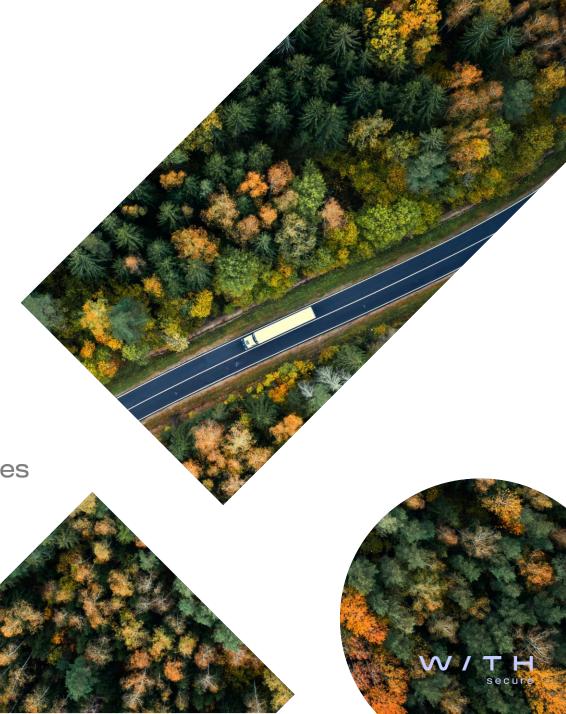
- Understand the threats to your cluster
- Simulate adversaries proactively
- Build defences collaboratively

Contributions

Simulation Framework Leonidas for Kubernetes

Attack Definitions 17 Kubernetes Test Cases

Detection Signatures Sigma support



Thank You



@LAripping

@WithSecure



References

