

TABLE: STUDY_SESSION

Field Name	Data Type	Description
_id	ObjectId	Unique identifier
userId	ObjectId	Reference to User
subject	String	Subject studied
topic	String	Specific topic covered
duration	Number	Actual duration in hours
plannedDuration	Number	Planned duration in minutes
startTime	String	Session start time (ISO)
notes	String	Session notes/reflections
createdAt	Date	Record creation timestamp