

1) What activity do you like during leisure time?

I do not get any time for hobbies since I have a very hectic job in which I need to work even on weekends. I get no leisure time

2) Do you face stress at work/college? If yes, what kind of stress?

Mainly completion of work before the designated deadline and my boss is also not very employee-friendly. I am always worried about getting fired.

3) What are your thoughts on consumption of alcohol?

:It really helps a person calm down and is the best way to relax and get some time off stress.

4) If you consume alcohol, what quantity do you consume?

Around 4-5 glasses

5) Tell me about your sleeping patterns

I sleep for around 4 hrs daily. However, many a times I end up watching tv in the middle of the night due to lack of sound sleep.