

BIOGRAPHIC INFORMATION

PROFILE

Title:	—	Materials Under Another Name:	Yes
First Name:	John	Nickname:	JJ
Middle Name:	Joseph	Alternate First Name:	John
Last Name:	Zavalydriga	Alternate Middle Name:	—
Suffix:	—	Alternate Last Name:	Zavalydriga
Gender or Sex:	MALE		

BIRTH INFORMATION

Date of Birth:	09-22-1995
City:	Bossier City
County:	Bossier Parish
State:	Louisiana
Country:	United States

CONTACT INFORMATION

Address Type:	Current	Address Type:	Permanent
Address:	815 Wemple Rd Bossier City, Louisiana 71111-2078	Address:	815 Wemple Road Bossier City, Louisiana 71111
County:	Bossier Parish	County:	Bossier Parish
Country:	United States	Country:	United States
Valid Until Date:			
Phone:	+13187803280	Type:	Mobile
Email:	jjzavalydriga@yahoo.com	Type:	Home

CITIZENSHIP STATUS AND RESIDENCY INFORMATION

CITIZENSHIP STATUS

Citizenship Status:	U.S. Citizen	State of Residence:	Louisiana
Country of Citizenship:	United States	County of Residence:	Bossier Parish
Other Citizenship:	—	Length of Residence:	More than 10 years
Length of stay in US:	—		

RACE/ETHNICITY

Do you consider yourself to be of Hispanic/Latino Origin?	American Indian or Alaska Native	—
Answer: No	Asian	—
	Black or African American	—
	Native Hawaiian or other Pacific Islander	—
	White	Yes

OTHER INFORMATION

Native Language:	English
Military Status:	Not a member of the military
Service Branch:	N/A

BIOGRAPHIC INFORMATION CONTINUED

OTHER INFORMATION

Does your academic record accurately reflect your capabilities?

Answer: Yes

Your parent's family income falls within the table's guidelines and you are considered to have met the criteria for economically disadvantaged:

Answer: No

What is your geographic area?

Answer: Mid-Size City(population 50,000 to 99,999 population)

Have you ever been disciplined for student conduct violations (e.g. academic probation, dismissal, suspension, disqualification, etc.) by any college or school?

Answer: No

Have you ever been disciplined for academic performance (e.g. academic probation, dismissal, suspension, disqualification, etc.) by any college or school?

Answer: No

Have you ever been convicted of a Felony?

Answer: No

Have you ever had any certification, registration, license or clinical privileges revoked, suspended or in any way restricted by an institution, state or locality?

Answer: No

ACADEMIC HISTORY

STANDARDIZED TESTS

UNOFFICIAL GRE

Date	ETS Registration Code	Verbal		Quantitative		Analytical Writing	
12-01-2017	2356820	152	56%	151	43%	4.0	60%

COLLEGES ATTENDED

002008 LOUISIANA TECH UNIVERSITY

Start Date:	09-2014	Still Current:	No
End Date:	08-2018	Primary:	Yes
State:	Louisiana	Regionally Accredited:	Yes
		Accredited By:	Southern Association of Colleges and Schools, Commission on Colleges

Major	2nd Major/Minor	Status	Degree Verified	Degree Name	Degree Date
Kinesiology	— / —	Degree Awarded	No	Bachelor of Science	08-2018

012033 BOSSIER PARISH COMMUNITY COLLEGE

Start Date:	01-2014	Still Current:	No
End Date:	05-2014	Primary:	No
State:	Louisiana	Regionally Accredited:	Yes
		Accredited By:	Southern Association of Colleges and Schools, Commission on Colleges

Major	2nd Major/Minor	Status	Degree Verified	Degree Name	Degree Date
No Degree Defined					

COURSEWORK

012033 BOSSIER PARISH COMMUNITY COLLEGE

Prefix	Course Title	Subject	Special Class	Course Type	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
Freshman Semester	Fall 2014:	Completed	✗ Unverified						
MATH 102	College Algebra	Mathematics	Not Applicable	Not Applicable	3.0		A	A	

002008 LOUISIANA TECH UNIVERSITY

Prefix	Course Title	Subject	Special Class	Course Type	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
Freshman Quarter	Fall 2014:	Completed	✗ Unverified						
BISC 130	Biological Principles	Biology	Not Applicable	Lecture Only	3.0		B	B	
BISC 131	Biological Principles Lab	Biology	Not Applicable	Lab Only	1.0		A	A	
CHEM 100	General Chemistry	Chemistry	Not Applicable	Lecture Only	2.0		B	B	
UNIV 100	University Seminar	Orientation	Not Applicable	Not Applicable	1.0		A	A	

ACADEMIC HISTORY CONTINUED

COURSEWORK

002008 LOUISIANA TECH UNIVERSITY

Prefix	Course Title	Subject	Special Class	Course Type	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
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Freshman Quarter Fall 2014: Completed X Unverified

PSYC 102	General Psychology	Psychology	Not Applicable	Not Applicable	3.0		A	A	
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Freshman Quarter Winter 2015: Completed X Unverified

CHEM 101	General Chemistry	Chemistry	Not Applicable	Lecture Only	2.0		A	A	
ENGL 101	Freshman Composition I	English	Not Applicable	Not Applicable	3.0		A	A	
HIST 102	World History Since 1500	History	Not Applicable	Not Applicable	3.0		A	A	

Freshman Quarter Spring 2015: Completed X Unverified

BUSN 110	Introduction To Business	Business	Not Applicable	Not Applicable	3.0		B	B	
ENGL 102	Freshman Composition II	English	Not Applicable	Not Applicable	3.0		A	A	
FNU 203	Basic Human Nutrition	Nutrition	Not Applicable	Lecture Only	3.0		B	B	
EDUC 389	Special Topics Working With Teens	Special Topics	Not Applicable	Not Applicable	1.0		A	A	

Sophomore Quarter Fall 2015: Completed X Unverified

CHEM 103	General Chemistry Lab	Chemistry	Not Applicable	Lab Only	1.0		A	A	
KINE 128	Golf	Kinesiology	Not Applicable	Lecture Only	2.0		A	A	
KINE 280	Dance Appreciation	Kinesiology	Not Applicable	Lecture Only	3.0		A	A	
KINE 290	Personal And Community Health	Kinesiology	Not Applicable	Lecture Only	3.0		A	A	

Sophomore Quarter Winter 2016: Completed X Unverified

BISC 132	Biological Diversity	Biology	Not Applicable	Lecture Only	3.0		B	B	
COMM 110	Fundamentals Of Public Speaking	Communications	Not Applicable	Not Applicable	3.0		B	B	
PSYC 208	Developmental Psychology	Psychology	Not Applicable	Not Applicable	3.0		A	A	
SOC 201	Introduction To Sociology	Sociology	Not Applicable	Not Applicable	3.0		A	A	

Sophomore Quarter Spring 2016: Completed X Unverified

BISC 225	Human Anatomy and Physiology I	Anatomy	Not Applicable	Lecture Only	3.0		B	B	
KINE 292	Preventative Health And Wellness	Kinesiology	Not Applicable	Lecture Only	3.0		A	A	

ACADEMIC HISTORY CONTINUED

COURSEWORK

Sophomore Quarter Spring 2016: Completed X Unverified

HIM 103	Intro To Medical Terminology	Medical Terminology	Not Applicable	Not Applicable	3.0	W	None
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Sophomore Quarter Summer 1 2016: Completed X Unverified

BISC 133	Biological Diversity Lab	Biology	Not Applicable	Lab Only	1.0	A	A
MATH 112	Trigonometry	Trigonometry	Not Applicable	Not Applicable	3.0	B	B

Junior Quarter Fall 2016: Completed X Unverified

ENGL 212	Intro To American Literature	English	Not Applicable	Not Applicable	3.0	A	A
KINE 202	Foundations of Fitness/Wellness & Sports Science	Kinesiology	Not Applicable	Lecture Only	3.0	A	A
HIM 103	Intro To Medical Terminology	Medical Terminology	Not Applicable	Not Applicable	3.0	A	A
PSYC 300	Stat Methods In Social Sciences	Statistics	Not Applicable	Not Applicable	3.0	A	A

Junior Quarter Winter 2017: Completed X Unverified

KINE 333	Motor Learning	Kinesiology	Not Applicable	Lecture Only	3.0	A	A
KINE 408	Physiology of Exercise	Kinesiology	Not Applicable	Lecture Only	3.0	A	A
PHYS 209	General Physics I	Physics	Not Applicable	Lecture Only	3.0	A	A
PHYS 261	General Physics Lab	Physics	Not Applicable	Lab Only	1.0	A	A

Junior Quarter Spring 2017: Completed X Unverified

BISC 226	Human Anatomy & Physiology Lab	Anatomy	Not Applicable	Lab Only	1.0	A	A
KINE 326	Applied Anatomy & Kinesiology	Kinesiology	Not Applicable	Lecture Only	3.0	A	A
KINE 406	Health Aspects Of Aging	Kinesiology	Not Applicable	Lecture Only	3.0	A	A
KINE 407	Exercise Prescription	Kinesiology	Not Applicable	Lecture Only	3.0	A	A

Junior Quarter Summer 2 2017: Completed X Unverified

BISC 227	Human Anatomy and Physiology II	Physiology	Not Applicable	Lecture Only	3.0	A	A
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Senior Quarter Fall 2017: Completed X Unverified

CHEM 104	General Chemistry Lab	Chemistry	Not Applicable	Lab Only	1.0	A	A
KINE 409	Measurement of Physiology Variables	Kinesiology	Not Applicable	Lab Only	1.0	A	A
PHYS 210	General Physics II	Physics	Not Applicable	Lecture Only	3.0	A	A

ACADEMIC HISTORY CONTINUED

COURSEWORK

Senior Quarter Fall 2017: Completed X Unverified

PHYS 262	General Physics II Lab	Physics	Not Applicable	Lab Only	1.0	A	A
CHEM 102	General Chemistry	Chemistry	Not Applicable	Lecture Only	2.0	W	None

Senior Quarter Winter 2018: Completed X Unverified

BISC 315	Cell Biology	Biology	Not Applicable	Lecture Only	3.0	B	B
KINE 405	Sports Medicine and First Aid	Kinesiology	Not Applicable	Lecture Only	2.0	A	A
KINE 416	Adult Fitness Programming	Kinesiology	Not Applicable	Lecture Only	3.0	A	A
KINE 425	Practicum: Senior Adults	Kinesiology	Not Applicable	Lecture Only	1.0	A	A

Senior Quarter Spring 2018: Completed X Unverified

CHEM 102	General Chemistry	Chemistry	Not Applicable	Lecture Only	2.0	A	A
KINE 415	Internship - Off Campus	Kinesiology	Not Applicable	Lecture Only	6.0	A	A
KINE 418	Strength & Conditioning	Kinesiology	Not Applicable	Lecture Only	3.0	B	B
MKTG 348	Leadership - Strategies Sports Marketing & Admin	Marketing	Not Applicable	Not Applicable	3.0	A	A

Senior Quarter Summer 1 2018: Completed X Unverified

ENGL 303	Technical Writing	English	Not Applicable	Not Applicable	3.0	A	A
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Senior Quarter Summer 2 2018: Completed X Unverified

BISC 228	Human Anatomy & Physiology Lab II	Physiology	Not Applicable	Lab Only	1.0	A	A
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SUPPORTING INFORMATION

EXPERIENCE

EXTRACURRICULAR ACTIVITIES

TOTAL HOURS: 1147

Experience Type: Extracurricular Activities
 Recognition Type: Volunteer
 Title: Vice President
 Employer: Omicron Delta Kappa National Honor Society
 Louisiana
 United States
 Supervisor: Bruce Magee
 Chapter Advisor
 BMagee@latech.edu

Experience Dates: 05-16-2017/05-14-2018
 Status: Temporary
 Hours per Week: 1
 Total Weeks: 52
 Total Hours: 52
 Experience Details: In reference to the national organization's website, this society was created in order to "recognize and encourage superior leadership and exemplary character." The main points of focus for the society are scholarship, athletics, service, communication, and arts. I was elected Vice President of the society, where my main responsibilities were potential membership outreach, maintenance of society induction materials, and collaboration with the President in order to provide our members with service opportunities and information on ODK's membership benefits.
 Permit to Contact: Yes

Experience Type: Extracurricular Activities
 Recognition Type: Volunteer
 Title: Formal Chairman
 Employer: Pi Kappa Phi Fraternity
 Louisiana
 United States
 Supervisor: Dr. Barry Morales
 Chapter Advisor
 bmorales@latech.edu

Experience Dates: 01-01-2017/01-07-2018
 Status: Part-time
 Hours per Week: 5
 Total Weeks: 52
 Total Hours: 260
 Experience Details: As Formal Chairman of the fraternity, my main responsibility was organizing our Roseball Formal. In order to accomplish this, I had to meet with past formal chairman, coordinate with different venues, collaborate with the executive council, budget funds, keep in contact with hotel management, and keep the whole of the chapter informed weekly if not daily.
 Permit to Contact: Yes

SUPPORTING INFORMATION CONTINUED

EXPERIENCE

EXTRACURRICULAR ACTIVITIES

TOTAL HOURS: 1147

Experience Type: Extracurricular Activities
 Recognition Type: Volunteer
 Title: Society Member
 Employer: National Society of Leadership and Success
 Louisiana
 United States
 Supervisor:

Experience Dates: 03-06-2016/ Current
 Status: Part-time
 Hours per Week: 1
 Total Weeks: 129
 Total Hours: 129
 Experience Details: In reference to the organization's website, this society "helps people discover and achieve their goals." As a member, I was required to attend an orientation, attend a leadership training day, interact and report on speaker broadcasts from successful individuals, and meet with a "success group" of peers to set goals for our short-term and long-term success.
 Permit to Contact: Yes

Experience Type: Extracurricular Activities
 Recognition Type: Received Academic Credit
 Volunteer
 Title: Society Member
 Employer: Tech Leadership Council
 Louisiana
 United States
 Supervisor:

Experience Dates: 03-12-2015/03-10-2016
 Status: Part-time
 Hours per Week: 3
 Total Weeks: 10
 Total Hours: 30
 Experience Details: Tech Leadership Council is an on-campus organization aimed at influencing young students to reach full potential on-campus by hosting speeches from leaders of different organizations that the students should join. We also participated in a group retreat where we spend part of a weekend camping with our TLC group in order to perform tasks and games to better our leadership skills and bond with our TLC group. When the academic term for the class quarter was over, we still participated in activities and returned for the next class's retreat.
 Permit to Contact: Yes

Experience Type: Extracurricular Activities
 Recognition Type: Volunteer
 Title: Social Chairman
 Employer: Pi Kappa Phi Fraternity
 Louisiana 71270
 United States
 Supervisor: Dr. Barry Morales
 Chapter Advisor
 bmorales@latech.edu

Experience Dates: 01-04-2015/01-01-2017
 Status: Part-time
 Hours per Week: 5
 Total Weeks: 104
 Total Hours: 520
 Experience Details: As Social Chairman of the fraternity, my main responsibility was the planning and execution of our social events, excluding our formal. I was also in charge of marketing of these social events on social media, and collaborating with the Sorority Relation Chairman to inform the sorority organizations about each of the events.
 Permit to Contact: Yes

SUPPORTING INFORMATION CONTINUED

EXPERIENCE

EXTRACURRICULAR ACTIVITIES

TOTAL HOURS: 1147

Experience Type: Extracurricular Activities
 Recognition Type: Volunteer
 Title: Memorabilia Chairman
 Employer: Pi Kappa Phi Fraternity
 Louisiana
 United States
 Supervisor: Dr. Barry Morales
 Chapter Advisor
 bmorales@latech.edu

Experience Dates: 01-04-2015/01-03-2016
 Status: Part-time
 Hours per Week: 3
 Total Weeks: 52
 Total Hours: 156
 Experience Details: As Memorabilia Chairman, I was responsible for design, order, and distribution of all of our memorabilia. In order to accomplish these tasks, I collaborated with different companies in order to design and order shirts, koozies, etc. I had to make sure the chapter liked the designs, completed their orders, and retrieved them at meetings.
 Permit to Contact: Yes

EMPLOYMENT

TOTAL HOURS: 429

Experience Type: Employment
 Recognition Type: Compensated
 Title: Sales Associate
 Employer: Better Living Market
 301 North Monroe Street
 Ruston
 Louisiana 71270
 United States
 Supervisor: Laura Maggio
 Manager
 +13186554948
 laura.cook1185@gmail.com

Experience Dates: 11-29-2017/02-28-2018
 Status: Part-time
 Hours per Week: 33
 Total Weeks: 13
 Total Hours: 429
 Experience Details: Better Living Market is a health food store in Ruston, designed to encourage healthier lifestyles for the community
 Permit to Contact: Yes

SUPPORTING INFORMATION CONTINUED

EXPERIENCE

VOLUNTEER/COMMUNITY ENRICHMENT

TOTAL HOURS: 28

Experience Type: Volunteer
Recognition Type: Volunteer
Title: Volunteer
Employer: Special Olympics
Louisiana
United States
Supervisor:

Experience Dates: 04-27-2018/04-27-2018
Status: Temporary
Hours per Week: 2
Total Weeks: 1
Total Hours: 2
Experience Details: This organization gets special needs children together with volunteers to give them an olympic event experience. The kids compete in different olympic games and bond with other children. Since I only had 2 hours open for volunteering, I was responsible for coordinating with other volunteers who had similar availability hours to transport supplies to the field, set up event and observation stations, set up food and beverage tables, and greet kids and their group leaders.
Permit to Contact: Yes

Experience Type: Volunteer
Recognition Type: Volunteer
Title: Big Event of Ruston Volunteer
Employer: Louisiana Tech SGA
Ruston
Louisiana 71270
United States
Supervisor:

Experience Dates: 04-18-2015/04-14-2018
Status: Part-time
Hours per Week: 4
Total Weeks: 2
Total Hours: 8
Experience Details: For Big Event, one day every year after gathering in the morning, Louisiana Tech University students divide out among the city of Ruston to neighborhoods and local businesses in order to volunteer time to complete yardwork, exterior washing, painting, and the like. The yardwork is the main focus for the event, but if other chores are needed, the volunteers are more than willing to help.
Permit to Contact: Yes

SUPPORTING INFORMATION CONTINUED

EXPERIENCE

VOLUNTEER/COMMUNITY ENRICHMENT

TOTAL HOURS: 28

Experience Type: Volunteer
 Recognition Type: Volunteer
 Title: Bikeathon Volunteer
 Employer: Ability Experience
 Louisiana
 United States
 Supervisor:

Experience Dates: 04-06-2015/04-13-2018
 Status: Part-time
 Hours per Week: 3
 Total Weeks: 4
 Total Hours: 12
 Experience Details:

This philanthropy is owned and run through the same fraternity that I was apart of. The bikeathon event was held one week out of each year. Each member volunteered for 2 or more hours during the week on the bike. so that we are on the bike 24 hours, for 7 days out of the week. This is in order to raise awareness and money for children with disabilities, which is where 100 percent of the proceeds goes to.

Permit to Contact: Yes

Experience Type: Volunteer
 Recognition Type: Volunteer
 Title: Empathy Dinner Volunteer
 Employer: Ability Experience
 Louisiana
 United States
 Supervisor:

Experience Dates: 04-06-2015/04-13-2018
 Status: Part-time
 Hours per Week: 2
 Total Weeks: 2
 Total Hours: 4
 Experience Details:

For the Empathy Dinner I was tasked with helping hand out food and showing my table's guests how to participate. This event is held the same week as the Bikeathon, but it is a more hands on approach of showing others how difficult even small tasks such as eating can become when you have a disability. We are trying to show others how to empathize by placing them in the shoes of someone with a disability, hence the event's name. Each person is randomly assigned a disability such as being blind, deaf, or an amputee. So we give them a blindfold, earplugs, or told not to use one of their hands.

Permit to Contact: Yes

SUPPORTING INFORMATION CONTINUED

EXPERIENCE

VOLUNTEER/COMMUNITY ENRICHMENT

TOTAL HOURS: 28

Experience Type:	Volunteer	Experience Dates:	10-04-2014/10-04-2014
Recognition Type:	Volunteer	Status:	Temporary
Title:	Volunteer Buddy	Hours per Week:	2
Employer:	Buddy Ball of Ruston	Total Weeks:	1
	Ruston	Total Hours:	2
	Louisiana 71270	Experience Details:	The main goal of Buddy Ball of Ruston is to assist special needs children with playing softball, making sure that they have fun and build bonds with volunteers as well as fellow teammates. As a volunteer for the organization my freshman year, I helped for a day in the outfield. I spent most of my time encouraging the buddy I was paired with to do their best and have fun in the outfield position.
Supervisor:	United States	Permit to Contact:	Yes

ACHIEVEMENTS

HONORS

Name:	Dean's List	Description:
Organization:	Louisiana Tech University	Honors students with a GPA of 3.5 or higher from the previous quarter.
Date:	08-22-2018	

HONORS

Name:	Magna Cum Laude	Description:
Organization:	Louisiana Tech University	Awarded to students with a cumulative average GPA of 3.70 on all hours pursued.
Date:	08-16-2018	

HONORS

Name:	Dean's List	Description:
Organization:	Louisiana Tech University	Honors students with a GPA of 3.5 or higher from the previous quarter, with minimum of 9 hours completed.
Date:	05-29-2018	

HONORS

Name:	Dean's List	Description:
Organization:	Louisiana Tech University	Honors students with a GPA of 3.5 or higher from the previous quarter, with minimum of 9 hours completed.
Date:	06-02-2017	

HONORS

Name:	President's List	Description:
Organization:	Louisiana Tech University	Honors students with a GPA of 3.8 or higher from the previous quarter, with minimum of 9 hours completed.
Date:	06-01-2017	

SUPPORTING INFORMATION CONTINUED

ACHIEVEMENTS

HONORS

Name:	Dean's List	Description:
Organization:	Louisiana Tech University	Honors students with a GPA of 3.5 or higher from the previous quarter, with minimum of 9 hours completed.
Date:	04-18-2017	

HONORS

Name:	President's List	Description:
Organization:	Louisiana Tech University	Honors students with a GPA of 3.8 or higher from the previous quarter, with minimum of 9 hours completed.
Date:	03-08-2017	

HONORS

Name:	President's List	Description:
Organization:	Louisiana Tech University	Honors students with a GPA of 3.8 or higher from the previous quarter, with minimum of 9 hours completed.
Date:	11-30-2016	

HONORS

Name:	Dean's List	Description:
Organization:	Louisiana Tech University	Honors students with a GPA of 3.5 or higher from the previous quarter, with minimum of 9 hours completed.
Date:	03-15-2016	

HONORS

Name:	President's List	Description:
Organization:	Louisiana Tech University	Honors students with a GPA of 3.8 or higher from the previous quarter, with minimum of 9 hours completed.
Date:	12-03-2015	

SCHOLARSHIPS

Name:	Outstanding Student	Description:
Organization:	Louisiana Tech University	This scholarship is awarded to those who score a 23 or higher on the ACT and are attending Louisiana Tech University.
Date:	08-01-2014	

PERSONAL STATEMENT

When reflecting on meaningful experiences in my life that affected personal growth, the first that comes to mind is a group hike that I went on with three friends and our youth leader during my senior year of high school. I learned a lot of important life lessons on this trip that have helped me thus far. We knew each other through our youth group at church, and we knew our youth leader, Bobby, was an adventure enthusiast. We wanted one more grand experience before going our separate ways to different colleges. We chose the 28.2-mile Eagle Rock Loop in Arkansas, the longest trail in the state, which took us 3 days to complete. This was an adjustment to us students, who were only used to daylong hikes. We carpoled in a tightly packed truck, with my friend Ian and I cramped in the back. Three and a half hours later, we finally pulled into the small gravel lot housing other hiker's vehicles.

We unpacked the truck, threw our trekking gear on, and began on our way following the trail markings. Although the entire journey proved to be a difficult task, the first day and night of the hike held the most tribulations. After hours of hiking and taking in the beauty of the Natural State, we decided to make camp to eat. At this point, I realized all my canned food was left on the floorboard of the truck, and that all I really had were the snacks I had brought for between meals. These snacks included a 14 pack of snack size Slim Jims and a 12 pack of breakfast bars. At first I was distraught by the fact that I had to budget out such little sustenance over a long period, but after a good talk with Bobby I realized I was grateful to at least have that much, as there were people less fortunate who were not having fun on a hike and were struggling to even obtain a small amount of food. This was one important lesson that I took with me; to be grateful for the little things I have, even when I do not think life is going my way. After eating we continued to hike for a bit more and settled down where someone had previously made camp and we pitched our tents. One of my friends, Ian, forgot his sleeping bag at home, so since we were in the same tent I figured we would turn mine into a makeshift mattress so he would

SUPPORTING INFORMATION CONTINUED

PERSONAL STATEMENT

not have to sleep on a rough plastic surface. This sacrificed warm cover, so we decided to use old shirts from the day and backpacks for blankets. We heard some drops coming from above, but we had checked the weather and everything was supposed to be clear for the hike so we did not worry too much. When we made ourselves as comfortable as we could, though, the rain began immensely pouring down. The temperature was also dropping quite low after sunset, so when it began flooding our tents it felt like being in a freezer. Needless to say, we didn't get any sleep that night, save maybe one or two hours. This taught me that helping others can involve you sacrificing your own comfort, but it was worth it to suffer alongside a friend than have him be freezing by himself on the ground, only separated by plastic.

The second day, some of us were in low spirits seeing as we were sleep deprived, everything we had was soaking wet, and some of us had dwindling supplies of food. As we trekked on, I began to observe Bobby and how he would pick spirits up, even though he may not be having the best time himself. While crossing fast-flowing, difficult rivers, he would chime in and say, "Well at least our stuff's already wet, huh guys? It's not like we have to worry about keeping it dry!" This was an important lesson that being negative only harbors more negativity for others. Realizing this, I began to do the same, and eventually, we were all back to being cheerful, taking in the sights and company, instead of retreating into negativity.

On the shorter last day Bobby hurt his knee trying to cross one of the more slippery, rock-filled streams. We took turns acting as a crutch for him. Still, he maintained good spirits, cracking jokes and admiring the beauty of the trail. This taught me that even the strongest people need help sometimes. It taught me how to be humble, and no matter how good I think I am at something, not to be afraid to ask for help.

Although this is not the classic story of a clinic experience, I use all of these life lessons when I am with patients, coworkers, and bosses. This experience has allowed me to effect positive change to others and I am grateful for it, though it may not have gone as planned.

LICENSES AND CERTIFICATIONS

Title:	Adult CPR and AED	Issue Date:	11-30-2017
Certification Number:	—	Valid Until:	11-30-2019
Type:	Certifications	Description:	—
Organization:	Emergency Care & Safety Institute		
State:	Louisiana		

Type	Document Requested	Uploaded	File Name	Uploaded Date
Certifications	Adult CPR and AED	Yes	Certifications	08-09-2018



JJ ZAVALYDRIGA

has successfully completed the knowledge and skill evaluations for the
Emergency Care & Safety Institute Course
Adult CPR and AED

Completion Date:
11/30/2017

Recommended Renewal Date:
11/30/2019

Educational Center:
La Tech

Phone:
3182575459

Instructor:
CS Reeves

SUPPORTING INFORMATION CONTINUED

OBSERVATION HOURS

JOHNSON PHYSICAL THERAPY

Facility Address: 1102 Cooktown Road Suite A
Ruston
Louisiana 71270
United States

Experience Dates: 03-08-2018/05-11-2018
Recognition Type: Volunteer

Status: Completed
Verification Status: Verified

PT Also Evaluator: Yes
Signature Type: Electronic Signature

Settings and Hours of Experience	HRS Completed	HRS Planned/IP
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INPATIENT Settings

Acute Care Hospital	0	0
Nursing Home/Skilled Nursing Facility/Extended Care Facility	0	0
Other Inpatient Facility	0	0
Rehabilitation/Sub-acute Rehabilitation	0	0

OUTPATIENT Settings

Free-standing PT or Hospital Clinic	180	0
Home Health	0	0
Industrial/Occupational Health	0	0
Other Outpatient Facility	0	0
School/Pre-school	0	0
Wellness/Prevention/Fitness	0	0

Total Hours for All Settings	180	0
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Patient Diagnoses/Populations Observed

General Orthopedic (musculoskeletal)
Integumentary (wound management)
Geriatrics
Pediatrics
Sports

PT Supervisor

Name: Jereme Johnson
Phone: +13182249148
Email: johnsonptla@gmail.com

License Number: —
License State: —

DOCUMENTS

Document Requested	Uploaded	File Name	Uploaded Date
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CUSTOM QUESTIONS

PTA EDUCATION

- * 1. Have you graduated from a CAPTE-accredited physical therapist assistant (PTA) program?

Answer: No

PREVIOUS PHYSICAL THERAPIST EDUCATION

- * 1. Have you previously enrolled in a professional physical therapist (PT) program? If yes, you MUST list the institution in the Colleges Attended section of the application, enter all attempted and completed PT courses in the Transcript Entry section of the application and have an official transcript sent to PTCAS. Failure to report this institution and associated coursework may jeopardize your application.

Answer: No

GENDER IDENTITY

- * 1. How do you describe your current gender identity?

Answer: Male/Man

PTCAS CERTIFICATION AND AUTHORIZATION STATEMENT

- * 1. I certify, as required in the application, that I have read and understand all application instructions, including the provisions which note that I am responsible for monitoring and ensuring the progress of my application.
I certify that I have read and will abide by all program-specific instructions for my designated physical therapist programs.
I certify that I have read and understand the American Council of Academic Physical Therapy (ACAPT) Admissions Traffic Rules for Applicants.
I certify that all the information and statements I have provided in this application are current, correct, and complete to the best of my knowledge.
I certify that my personal essay and the information on my application represent my own work.
I understand that withholding information requested on the PTCAS application, or giving false information, may be grounds for denial of admission to a program participating in PTCAS or may be grounds for expulsion from the institution after I have been admitted.
I acknowledge that a program that makes an offer of acceptance to me will also know the number of offers I have received and accepted at other programs in PTCAS. While the admissions cycle is open, my designated programs will not know the total number of programs I selected on the application or other (non-acceptance) admission decisions made by other programs in PTCAS.
I acknowledge that if I start classes at a PT program, my other designated programs in which my application is still under consideration will be able to view matriculation status, if reported to PTCAS.
I acknowledge that in October after the end of the PTCAS admissions cycle, only my designated programs will be able to view to what other programs I applied via PTCAS and the final admission decision reported by each program.
I agree, understand and consent to PTCAS and the American Physical Therapy Association (APTA) releasing my de-identified application data that does not contain personally identifiable information, as set forth in the PTCAS privacy statement, and admission decisions submitted to PTCAS by my designated PT programs to third party health and education organizations for educational research purposes (including surveys). Such educational research is conducted for the purpose of improving PT education and admissions.
I acknowledge and agree that my sole remedy in the event of any proven errors or omissions related to the handling or processing of my application by PTCAS is to obtain a refund of my PTCAS application fee.

Answer: Indicate your understanding and acceptance of the terms described above by checking this box. Your certification of this statement serves the same purpose as a legal signature, and is binding.

DESIGNATIONS

DOCTOR OF PHYSICAL THERAPY - RESIDENTIAL (MIAMI CAMPUS)

Organization:	University of St. Augustine - Residential Program	Program Start Date:	09/09/2019
Department:	—	Submitted Date:	09-06-2018
Program Level:	—	Completed Date:	09-06-2018
Enrollment:	Fall 2019	Verified Date:	—
Campus:	—	Application Status:	Complete
		Academic Update Status:	—
		Last Updated:	09-06-2018

SUPPLEMENTAL QUESTIONS

RE-APPLICANT QUESTIONS

- * 1 Have you previously applied to this education program?
Answer: No
- 2 If you are reapplying to this program, how have you strengthened your application?
Answer:

CAMPUS AND TERM

- * 1 Applicants are allowed only one application to be reviewed by Admissions. Please select one campus and term.
Answer: Miami, FL - Summer 2019

SECONDARY CAMPUS CHOICE

- * 1 Should your campus choice reach capacity, are you open to attending a different USAHS location?
Answer: Austin, TX

AGREEING TO TERMS OF APPLICATION

- * 1 By selecting "I Agree" you are acknowledging that you understand (1) only one application is allowed to be evaluated, (2) after submission through PTCAS you must follow through with an Enrollment Advisor to have your application reviewed as your application is not submitted automatically and (3) you have completed our required one-page online supplemental form. For any questions, please email us at enroll@usa.edu.
Answer: I Agree

PREREQUISITES

Prerequisite:	Chemistry	Prereq Description:	General or Upper Level Chemistry. 1 of 2 Required.						
Minimum Credits:	3								
Minimum Grade:	2.0								
College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
002008 LOUISIANA TECH UNIVERSITY	CHEM 101	General Chemistry	Chemistry	Not Applicable	2.0		A	A	
002008 LOUISIANA TECH UNIVERSITY	CHEM 103	General Chemistry Lab	Chemistry	Not Applicable	1.0		A	A	
Prerequisite:	Medical Terminology	Prereq Description:	Not Acceptable: Certifications or non-credit classes, or CEUs. Must have transcript showing a minimum of 1 semester credit/1.5 quarter credits in Medical Terminology.						
Minimum Credits:	3								
Minimum Grade:	2.0								

DESIGNATIONS CONTINUED

DOCTOR OF PHYSICAL THERAPY - RESIDENTIAL (MIAMI CAMPUS)

PREREQUISITES

College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
002008 LOUISIANA TECH UNIVERSITY	HIM 103	Intro To Medical Terminology	Medical Terminology	Not Applicable	3.0		A	A	
Prerequisite:		Anatomy & Physiology II		Prereq Description:		Knowledge of human body, structure and function. 2 of 2 courses required			
Minimum Credits:		3							
Minimum Grade:		2.0							
College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
002008 LOUISIANA TECH UNIVERSITY	BISC 227	Human Anatomy and Physiology II	Physiology	Not Applicable	3.0		A	A	
002008 LOUISIANA TECH UNIVERSITY	BISC 228	Human Anatomy & Physiology Lab II	Physiology	Not Applicable	1.0		A	A	
Prerequisite:		Human Growth and Development over Lifespan		Prereq Description:		Human or lifespan development course that includes physical and psycho-social development from birth through end of life. Not Acceptable: Classes that are solely based on psychological/mental, or solely based on motor control.			
Minimum Credits:		3							
Minimum Grade:		2.0							
College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
002008 LOUISIANA TECH UNIVERSITY	PSYC 208	Developmental Psychology	Psychology	Not Applicable	3.0		A	A	
Prerequisite:		Biology / Biological Science		Prereq Description:		General or Upper Level Biology Must be Human Based Biology; knowledge of human body, structure and function. Exercise Physiology can be substituted for one course. 2 of 2 courses required.			
Minimum Credits:		3							
Minimum Grade:		2.0							
College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
002008 LOUISIANA TECH UNIVERSITY	BISC 130	Biological Principles	Biology	Not Applicable	3.0		B	B	
002008 LOUISIANA TECH UNIVERSITY	BISC 131	Biological Principles Lab	Biology	Not Applicable	1.0		A	A	
Prerequisite:		Biology / Biological Science		Prereq Description:		General or Upper Level Biology Must be Human Based Biology; knowledge of human body, structure and function. Exercise Physiology can be substituted for one course. 1 of 2 courses required.			
Minimum Credits:		3							
Minimum Grade:		2.0							
College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
002008 LOUISIANA TECH UNIVERSITY	BISC 132	Biological Diversity	Biology	Not Applicable	3.0		B	B	
002008 LOUISIANA TECH UNIVERSITY	BISC 133	Biological Diversity Lab	Biology	Not Applicable	1.0		A	A	

DESIGNATIONS CONTINUED

DOCTOR OF PHYSICAL THERAPY - RESIDENTIAL (MIAMI CAMPUS)

PREREQUISITES

Prerequisite:	Chemistry	Prereq Description:	General or Upper Level Chemistry. 2 of 2 Required.
Minimum Credits:	3		
Minimum Grade:	2.0		

College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
002008 LOUISIANA TECH UNIVERSITY	CHEM 102	General Chemistry	Chemistry	Not Applicable	2.0		A	A	
002008 LOUISIANA TECH UNIVERSITY	CHEM 104	General Chemistry Lab	Chemistry	Not Applicable	1.0		A	A	

Prerequisite:	Social/Behavioral Science	Prereq Description:	Any combination of Psychology, Sociology, Sociocultural/Socioeconomic, Anthropology, Human Behavior and Development, Public Health, Humanities (must show human relationships), Ethnicity or Gender Studies courses can...
Minimum Credits:	3		See Directory of more information.
Minimum Grade:	2.0		

College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
002008 LOUISIANA TECH UNIVERSITY	SOC 201	Introduction To Sociology	Sociology	Not Applicable	3.0		A	A	

Prerequisite:	Social/Behavioral Science	Prereq Description:	Any combination of Psychology, Sociology, Sociocultural/Socioeconomic, Anthropology, Human Behavior and Development, Public Health, Humanities (must show human relationships), Ethnicity or Gender Studies courses can...
Minimum Credits:	3		See Directory of more information.
Minimum Grade:	2.0		

College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
002008 LOUISIANA TECH UNIVERSITY	PSYC 300	Stat Methods In Social Sciences	Statistics	Not Applicable	3.0		A	A	

Prerequisite:	Anatomy & Physiology I	Prereq Description:	Knowledge of human body, structure and function. 1 of 2 courses required
Minimum Credits:	3		
Minimum Grade:	2.0		

College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
002008 LOUISIANA TECH UNIVERSITY	BISC 225	Human Anatomy and Physiology I	Anatomy	Not Applicable	3.0		B	B	
002008 LOUISIANA TECH UNIVERSITY	BISC 226	Human Anatomy & Physiology Lab	Anatomy	Not Applicable	1.0		A	A	

Prerequisite:	Physics	Prereq Description:	General or Upper Level Physics Biomechanics or Anatomical Kinesiology can be substituted for one course. 1 of 2 courses required.
Minimum Credits:	3		
Minimum Grade:	2.0		

University of St. Augustine - Residential Program

DESIGNATIONS CONTINUED

DOCTOR OF PHYSICAL THERAPY - RESIDENTIAL (MIAMI CAMPUS)

PREREQUISITES

College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
002008 LOUISIANA TECH UNIVERSITY	PHYS 209	General Physics I	Physics	Not Applicable	3.0		A	A	
002008 LOUISIANA TECH UNIVERSITY	PHYS 261	General Physics Lab	Physics	Not Applicable	1.0		A	A	
Prerequisite:			Physics	Prereq Description:		General or Upper Level Physics Biomechanics or Anatomical Kinesiology can be substituted for one course. 2 of 2 courses required.			
Minimum Credits:			3						
Minimum Grade:			2.0						
College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
002008 LOUISIANA TECH UNIVERSITY	PHYS 210	General Physics II	Physics	Not Applicable	3.0		A	A	
002008 LOUISIANA TECH UNIVERSITY	PHYS 262	General Physics II Lab	Physics	Not Applicable	1.0		A	A	

DOCUMENTS

Document Requested	Uploaded	File Name	Uploaded Date
Other	Yes	Other	08-29-2018
Other	Yes	Other	09-04-2018

Objective

I am a driven student eager to continue pursuing my education at your school so that I can further build upon my skills and knowledge to work toward becoming a Physical Therapist that will be fine-tuned for serving the community around me.

Education

Louisiana Tech University	Ruston, LA
<i>Bachelor of Kinesiology, Clinical Concentration</i>	GPA: 3.777
Graduation Date: August 16, 2018	
Honors: Magna Cum Laude, Outstanding Student Scholarship	

Experience

Better Living Market	Ruston Health Food Store
Sales Associate	2017 - 2018
Employer: Kim Belue	
Johnson Physical Therapy	Physical Therapy Clinic
Intern (Physical Therapy Technician)	March 2018 - May 2018
Employer: Jereme Johnson, DPT, MTC	180 Observation Hours

Extracurricular Activities

Pi Kappa Phi Fraternity, Theta Phi Chapter	2014 - 2018
<i>Social Chairman</i>	2015 - 2017
<i>Memorabilia Chairman</i>	2015 - 2016
<i>Formal Chairman</i>	2017 - 2018
Omicron Delta Kappa "The Circle" National Honor Society	2017 - 2018
<i>Vice President</i>	2017 - 2018
The National Society of Leadership and Success	2016 - present
Tech Leadership Council	2015 - 2016

Volunteer Experience

Buddy Ball of Ruston Volunteer	2014
Ability Experience Volunteer	2015 - 2018
Big Event of Ruston Volunteer	2015 - 2018
Special Olympics Volunteer	2018

Skills

Sociable	Adaptable	Leader
Fast Learner	Level Headed	Creative
Team Player	Self-motivated	Ability to Work Under Pressure

JJ Zavalydriga

University of St. Augustine
Residential program – Miami Campus

Statement of Purpose

At first, what motivated me to become a Physical Therapist was the general wellbeing of those in the community. However, as I started volunteering more in college and working an internship in a clinic I began to see the little things that make the realm of physical therapy so appealing to me. The intrigue in biology and a medical future arose in high school, and the desire to become a physical therapist and help those around me originated in college. I became interested in applying to St. Augustine's Miami Campus mainly because of my boss, Jereme Johnson, who had nothing but great things to say about the education and the professors he had while attending.

In high school, our athletic trainer for soccer was the one who peaked my interest in a medical career. I sprained my ankle at the beginning of my senior year of high school when I was still a starter for the team, so I was in terrible spirits. I was told I would have to go to the trainer during every practice, and that I was only allowed to watch drills and games until it healed. It was a long 3-week process of standing on the sidelines, watching everyone else play. Though it was a difficult time, the important notion that I acquired from the experience was how well the trainer cared for my injury and how he encouraged me to keep my spirits up and not let the injury get me down just because I missed a couple games. He was a great influence and I remember wanting to be like him, to be able to help people recover, keep their spirits up, and help them to return to whatever their passion may be.

College was a time of further growth in passion for a medical future, and it is where I came to realize that physical therapy was my ultimate goal for a medical career. This is also where I realized even more that helping around the community could be a positive influence and rewarding experience. For lack of a better word and in a general sense, I have come to realize that I am a "people-pleaser." What makes me happy is making others happy. Community service for local residents, businesses, and the disabled across different platforms furthered this concept, and helped build the background of where the enjoyment of being a Physical Therapist would stem from. During this time I also took on a number of leadership roles in different organizations such as the multiple chairmanship positions in my fraternity and the vice presidency of a national honor society. This helped to teach me that I had potential to lead, which a physical therapist must do in a clinic throughout the day. The biggest inspiration and reassurance that I had for the desire to become a Physical Therapist was my internship and my boss. My boss, Jereme, is a huge influence on the kind of Physical Therapist I hope to be. He is also an alumnus of St. Augustine's Miami Campus, and one of the main reasons I am applying to this school. He runs his clinic very well, treats his employees with the utmost respect, and most importantly, he provides patients with the best possible care, all while making sure to keep everyone in the clinic lighthearted and in great spirits. Many of

our patients would come to the clinic with a rough injury that would take a long time to rehabilitate, and Jereme would lead the staff in making them feel welcome and comfortable. As long as they felt comfortable where they were, it was easier for them to attend the sessions in confident moods, ready to take on their therapeutic tasks.

There are two main reasons that I want to pursue my physical therapy education at St. Augustine's Miami campus. One was my boss, who I mentioned before, and the experience that he had receiving his education from the school. He explained that the professors there are top-notch and extremely knowledgeable and helpful in the program. Jereme also suggested going out of state to expand my experience and meet all new groups of people to form bonds and network with. The second reason involves a close friend of mine who attended a masters program for biological science at a different school in the Miami area. He explained that graduate school was a very stressful and crazy time, but that being in that area with so much to do, and so many people to meet allowed him to keep his sanity. I know without a doubt from my motivational origins, experiences, and observations of Physical Therapists that I will love being a Physical Therapist in the future. This career will absolutely fit into the cliché "doing what you like means you never work a day in your life." I cannot wait to continue on this journey, and I am confident that St. Augustine is a great place for my next step.

ADVISOR RELEASE STATEMENT

By answering Yes, you authorize PTCAS to release selected information regarding your PTCAS application and admission status to the health professions advisor and the health professions advisory committee of the post-secondary institution(s) that you have attended. By releasing your information, your advisor is better able to assist you in the admissions process, as well as better guide other students in the future. You cannot make changes to this item after you submit your application to PTCAS.

Advisor Release Statement Answer: Yes

University of St. Augustine - Residential Program

PRESUBMISSION RELEASE

By answering Yes, you authorize PTCAS to release your name and contact information to your designated programs BEFORE you submit your final application. This will allow your designated programs to send you important information about the local admissions process before you complete your application.

Presubmission Release Answer: Yes

EVALUATIONS

EVALUATOR INFORMATION

Jereme Johnson

Title:	Owner	Daytime Phone:	318-224-9148
Occupation:	Physical Therapist/Owner	Date Completed:	09/06/2018
Organization:	JB JT Services, LLC dba Johnson Physical Therapy	Status:	Completed
Email:	Johnsonptla@gmail.com		

I waive my right of access to this evaluation:	YES
How long have you known the applicant?	1-2 years
Are you a licensed Physical Therapist?	Yes
How well do you know the applicant?	Very Well
If you are a physical therapist, please indicate the physical therapy institution from which you graduated	University of St. Augustine (Florida Campus 2011)
Select the role that best describes your primary interaction with the applicant:	Academic
If you are a physical therapist, please indicate in which state you are licensed	Louisiana
If you selected "Professor" or "Professor in Major"; above, list all courses in which you have had the applicant (for example: Intro to Chemistry, Chem 101)	—
If you are a physical therapist, please enter your PT licensure number.	08028
Approximately how many references do you submit on behalf of physical therapy applicants each year?	2-3

REFERENCE RATINGS

	Not Observed	Poor (1)	Below Average (2)	Average (3)	Good (4)	Excellent (5)
Commitment to Learning						✓
Critical Thinking						✓
Empathy						✓
Ethics						✓
Interpersonal Skills						✓
Leadership					✓	
Oral Communication						✓
Professional Demeanor						✓
Response to Criticism						✓
Responsibility						✓
Stress Management					✓	
Team Skills						✓
Time Management						✓
Written Communication						✓

RECOMMENDATION CONCERNING ADMISSION

I highly recommend this applicant

To Whom It May Concern,

This letter is written is hopes to better describe the applicant and allow for the institution to appropriately gage whether John Zavalydriga is a correct fit for both the institution and profession of physical therapy. John, also know as JJ, came to be known to me as both an observation student and intern through Louisiana Tech's Kinesiology Internship program. I had the distinct pleasure to get to know JJ from both a personal and professional level as he completed these duties in my clinic for graduation and the graduate level application processes. While interacting with JJ I came to know him to be a kind, determined and enthusiastic academic who seemed to be both focused on completing his professional goals and eager to get started in the career of physical therapy. I would have to say his excitement toward the profession is what seemed to catch my eye the most. He has always been one to question "way" and "how" treatments where both chosen and applied, which is most interesting since most interns seem to just take what they see to be "the way it goes", and not really understand or question the true reason the specific treatment approach is being applied. I would say that in my eight years of treatment experience that JJ fits in the top twenty five percent of the students I have encountered that most fit the personality, work ethic and enthusiam for the physical therapy profession.

I know that JJ is destined for success in any institution, treatment setting and professional layouts he chooses to apply himself because of these qualities and characteristics. I truly believe that one day JJ will make an excellent therapist, as well as become a great example of what the profession of physical therapy is all about "Improving quality of life through hands-on treatments for those individuals with movement dysfunction".

Sincerely,

Jereme Johnson DPT, MTC

EVALUATIONS CONTINUED

EVALUATOR INFORMATION

Laura Maggio

Title: —

Daytime Phone: —

Occupation: —

Date Completed: 09/10/2018

Organization: —

Status: Completed

Email: laura.cook1185@gmail.com

I waive my right of access to this evaluation: YES

Are you a licensed Physical Therapist? No

How long have you known the applicant? Less than 1 year

If you are a physical therapist, please indicate the physical therapy institution from which you graduated —

How well do you know the applicant? Very Well

If you are a physical therapist, please indicate in which state you are licensed —

Select the role that best describes your primary interaction with the applicant: Co-Worker

If you are a physical therapist, please enter your PT licensure number. —

If you selected "Professor" or "Professor in Major"; above, list all courses in which you have had the applicant (for example: Intro to Chemistry, Chem 101) —

Approximately how many references do you submit on behalf of physical therapy applicants each year? 1-2

REFERENCE RATINGS

	Not Observed	Poor (1)	Below Average (2)	Average (3)	Good (4)	Excellent (5)
Commitment to Learning						✓
Critical Thinking						✓
Empathy						✓
Ethics						✓
Interpersonal Skills						✓
Leadership						✓
Oral Communication						✓
Professional Demeanor						✓
Response to Criticism						✓
Responsibility						✓
Stress Management						✓
Team Skills						✓
Time Management						✓
Written Communication						✓

RECOMMENDATION CONCERNING ADMISSION

I highly recommend this applicant

Recommendation letter for:
John. J. Zavaldriga

Hello, my name is Laura Maggio, I was John J. Zavaldriga's former manager at a health and nutrition/ vitamin and supplement store. J.J. -as I know him has always been extremely dependable, very hard working, and driven to succeed. I remember talking with J.J. about his passion for physical therapy. While J.J. worked for me, he displayed great leadership skills, was always extremely positive, and was always enthusiastic to help our customers. Being that we worked at a health and nutrition store, we had medically fragile people that would frequent our store. Because J.J. has a background in kinesiology, he was able to help our customers better than most of my other employees. I noticed how patient and happy he truly was to help these individuals.

I highly recommend John J. Zivaldriga, as I have no doubt he will do an exceedingly wonderful job.

-Kind regards,
Laura Maggio

P.s. I had a lot of trouble getting my file to upload to your site, I also tried a voice recording, as well as a video recording. Because we are all busy, I certainly did not want to miss the deadline for this recommendation letter, however, multiple attempts have been made since September 3rd to try and get this to work correctly. I contacted your support team, whom were all very kind and helpful- yet it may be worth looking into making the file uploads a bit user friendly so people such as myself can get this email back to you in a timely manner. Please contact me if there is an issue regarding the time frame in which you have received this email.

laura.cook1185@gmail.com

EVALUATIONS CONTINUED

EVALUATOR INFORMATION

Barry Morales

Title:	Director	Daytime Phone:	3182573031
Occupation:	Educator	Date Completed:	09/06/2018
Organization:	University	Status:	Completed
Email:	bmorales@latech.edu		

I waive my right of access to this evaluation:	YES
How long have you known the applicant?	3-5 years
Are you a licensed Physical Therapist?	No
How well do you know the applicant?	Very Well
If you are a physical therapist, please indicate the physical therapy institution from which you graduated	—
Select the role that best describes your primary interaction with the applicant:	Friend
If you are a physical therapist, please indicate in which state you are licensed	—
If you selected "Professor" or "Professor in Major"; above, list all courses in which you have had the applicant (for example: Intro to Chemistry, Chem 101)	—
If you are a physical therapist, please enter your PT licensure number.	—
Approximately how many references do you submit on behalf of physical therapy applicants each year?	one

REFERENCE RATINGS

	Not Observed	Poor (1)	Below Average (2)	Average (3)	Good (4)	Excellent (5)
Commitment to Learning						✓
Critical Thinking						✓
Empathy					✓	
Ethics						✓
Interpersonal Skills					✓	
Leadership						✓
Oral Communication						✓
Professional Demeanor					✓	
Response to Criticism						✓
Responsibility						✓
Stress Management						✓
Team Skills						✓
Time Management					✓	
Written Communication					✓	

RECOMMENDATION CONCERNING ADMISSION

I highly recommend this applicant

September 6, 2018

Re: Letter of Recommendation for John Zavalydriga

From: Dr. Barry J. Morales
Director of Student Development

To: PTCAS Committee

Writing a letter of recommendation for John Zavalydriga is not only an honor, but also a privilege for me. I have been fortunate to have had the opportunity to meet many fine individuals in my current position, and very few of those fall into the category of John's. I have come to know John from both a professional and a personal perspective, and I can say without hesitation that he excels in both areas.

From a professional level, John has accomplished much during his time at Louisiana Tech University. One can find him involved in many organizations and clubs on campus, but not just through a passive membership. John is a leader in those areas in which he is a member. For example, John is extremely involved in both Pi Kappa Phi, the National Society of Leadership and Success, Omicron Delta Kappa Honor Society, and the Tech Leadership Council, where he has been active in providing service to the students in a number of ways. For instance, he also provided leadership and guidance in working with people with disabilities, an area in which he showed great passion. John's professional skills, time management abilities, and creative problem solving techniques have aided him tremendously in both his educational and professional career.

From a personal perspective, I have seen John grow and mature into a respectful and reliable individual who continues to go out of his way in helping others become the best they can be. John tackles problems and situations that come along, and is instrumental in developing solutions when needed. John's leadership and example provide the guidance and structure that are needed for programs and events to be successful. And I am confident and assured of his commitment and dedication to the medical field, where he will be dedicated to providing tremendous assistance and care to those with whom he meets. His personal skills have truly been a benefit when he plans and implements various events and functions on campus.

It is with much admiration and pride that I recommend John Zavalydriga, for he is not only a professional, but also a personable individual who has a lot of talents and gifts to offer to the field of medicine and beyond.

