

## BIOGRAPHIC INFORMATION

## PROFILE

Title:	—	Materials Under Another Name:	No
First Name:	Josh	Nickname:	—
Middle Name:	—	Alternate First Name:	—
Last Name:	Sutker	Alternate Middle Name:	—
Suffix:	—	Alternate Last Name:	—
Gender or Sex:	MALE		

## BIRTH INFORMATION

Date of Birth:	11-02-1994
City:	Berwyn
County:	Chester County
State:	Pennsylvania
Country:	United States

## CONTACT INFORMATION

Address Type:	Current	Address Type:	Permanent
Address:	917 pinecroft rd Berwyn, Pennsylvania 19312	Address:	917 pinecroft rd Berwyn, Pennsylvania 19312
County:	Chester County	County:	Chester County
Country:	United States	Country:	United States
Valid Until Date:			
Phone:	+16102963138	Type:	Home
	+16107871498	Type:	Mobile
Email:	josh.sutker@gmail.com	Type:	Home

## CITIZENSHIP STATUS AND RESIDENCY INFORMATION

## CITIZENSHIP STATUS

Citizenship Status:	U.S. Citizen	State of Residence:	Pennsylvania
Country of Citizenship:	United States	County of Residence:	Chester County
Other Citizenship:	—	Length of Residence:	More than 10 years
Length of stay in US:	—		

## RACE/ETHNICITY

Do you consider yourself to be of Hispanic/Latino Origin?	American Indian or Alaska Native	—
Answer: No	Asian	—
	Black or African American	—
	Native Hawaiian or other Pacific Islander	—
	White	Yes

## OTHER INFORMATION

Native Language:	English, Old
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## BIOGRAPHIC INFORMATION CONTINUED

## OTHER INFORMATION

**Military Status:** Not a member of the military  
**Service Branch:** N/A

**Does your academic record accurately reflect your capabilities?**  
**Answer:** Yes

**Your parent's family income falls within the table's guidelines and you are considered to have met the criteria for economically disadvantaged:**  
**Answer:** No

**What is your geographic area?**  
**Answer:** Urban(1,000,000 population)

**Have you ever been disciplined for student conduct violations (e.g. academic probation, dismissal, suspension, disqualification, etc.) by any college or school?**  
**Answer:** No

**Have you ever been disciplined for academic performance (e.g. academic probation, dismissal, suspension, disqualification, etc.) by any college or school?**  
**Answer:** No

**Have you ever been convicted of a Felony?**  
**Answer:** No

**Have you ever had any certification, registration, license or clinical privileges revoked, suspended or in any way restricted by an institution, state or locality?**  
**Answer:** No

## ACADEMIC HISTORY

## STANDARDIZED TESTS

## UNOFFICIAL GRE

Date	ETS Registration Code	Verbal		Quantitative		Analytical Writing	
08-05-2018	3908422	149	42%	150	38%	4.0	59%

## COLLEGES ATTENDED

## 003380 UNIVERSITY OF PITTSBURGH - PITTSBURGH

Start Date:	09-2013	Still Current:	No
End Date:	05-2017	Primary:	Yes
State:	Pennsylvania	Regionally Accredited:	Yes
		Accredited By:	Middle States Commission on Higher Education

Major	2nd Major/Minor	Status	Degree Verified	Degree Name	Degree Date
Exercise Science	— / None	Degree Awarded	Yes	Bachelor of Science	04-2017

## 004051 COMMUNITY COLLEGE OF ALLEGHENY COUNTY - ALLEGHENY

Start Date:	06-2016	Still Current:	No
End Date:	07-2016	Primary:	No
State:	Pennsylvania	Regionally Accredited:	Yes
		Accredited By:	Middle States Commission on Higher Education

Major	2nd Major/Minor	Status	Degree Verified	Degree Name	Degree Date
No Degree Defined					

## 007110 DELAWARE COUNTY COMMUNITY COLLEGE

Start Date:	09-2017	Still Current:	No
End Date:	05-2018	Primary:	No
State:	Pennsylvania	Regionally Accredited:	Yes
		Accredited By:	Middle States Commission on Higher Education

Major	2nd Major/Minor	Status	Degree Verified	Degree Name	Degree Date
No Degree Defined					

## COURSEWORK

## 003380 UNIVERSITY OF PITTSBURGH - PITTSBURGH

Prefix	Course Title	Subject	Special Class	Course Type	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
Freshman Semester Fall 2013: Completed ✓ Verified									
ENGCOMP 0200	Seminar in Composition	Composition	Not Applicable	Not Applicable	3.0		C	C	
FP 0001	Introduction to the Arts and Sciences	Orientation	Not Applicable	Not Applicable	1.0		S	None	
HAA 0040	Introduction to Western Architecture	Architecture	Not Applicable	Not Applicable	3.0		C	C	

## ACADEMIC HISTORY CONTINUED

## COURSEWORK

## 003380 UNIVERSITY OF PITTSBURGH - PITTSBURGH

Prefix	Course Title	Subject	Special Class	Course Type	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
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## Freshman Semester Fall 2013: Completed ✓ Verified

NROSCI 0080	Brain and Behavior	Brain and Behavior	Not Applicable	Not Applicable	3.0		B	B	
PSY 0010	Introduction to Psychology	Psychology	Not Applicable	Not Applicable	3.0		B	B	
SOC 0010	Introduction to Sociology	Sociology	Not Applicable	Not Applicable	3.0		B	B	

## Freshman Semester Spring 2014: Completed ✓ Verified

CS 0007	Introduction to Computer Programming	Computer Science	Not Applicable	Not Applicable	3.0		A-	A-	
INFSCI 0010	Introduction to Information Systems and Society	Information Systems	Not Applicable	Not Applicable	3.0		A	A	
MATH 0220	Analytic Geometry and Calculus 1	Calculus	Not Applicable	Not Applicable	0.0	4.0	W	None	
MUSIC 0311	Introduction to World Music	Music	Not Applicable	Not Applicable	3.0		A	A	
PSY 0310	Developmental Psychology	Developmental Psychology	Not Applicable	Not Applicable	3.0		B	B	

## Sophomore Semester Fall 2014: Completed ✓ Verified

CHEM 0110	General Chemistry 1	Chemistry	Not Applicable	Lab And Lecture Combined	4.0		B-	B-	
ECON 0110	Introduction to Macroeconomic Theory	Economics	Not Applicable	Not Applicable	0.0	3.0	W	None	
INFSCI 1044	Human Factors in System Design	Information Technology	Not Applicable	Not Applicable	3.0		A-	A-	
RELGST 1240	Jews and the City	Religion	Not Applicable	Not Applicable	3.0		B+	B+	
STAT 0200	Basic Applied Statistics	Statistics	Not Applicable	Not Applicable	4.0		B	B	

## Sophomore Semester Spring 2015: Completed ✓ Verified

BIOSC 0050	Foundations of Biology Lab 1	Biology	Not Applicable	Lab Only	1.0		C-	C-	
BIOSC 0150	Foundations of Biology 1	Biology	Not Applicable	Lecture Only	3.0		C-	C-	
ENGCOMP 0610	Composing Digital Media	Composition	Not Applicable	Not Applicable	3.0		B+	B+	
HRS 1018	Survey of Health and Rehab Professions	Rehabilitation	Not Applicable	Lecture Only	3.0		S	None	
PEDC 0193	Personal Fitness	Physical Education	Not Applicable	Lecture Only	1.0		A	A	
PHYS 0110	Introduction to Physics 1	Physics	Not Applicable	Lecture Only	3.0		B-	B-	

## Junior Semester Fall 2015: Completed ✓ Verified

HPA 0196	First Aid and CPR	CPR	Not Applicable	Not Applicable	2.0		A	A	
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## ACADEMIC HISTORY CONTINUED

## COURSEWORK

## Junior Semester Fall 2015: Completed ✓ Verified

HPA 0474	Lifetime Activities 1	Health	Not Applicable	Not Applicable	1.0	A	A
HPA 0475	Lifetime Activities 2	Health	Not Applicable	Not Applicable	1.0	A	A
HPA 1011	Applied Human Anatomy	Anatomy	Not Applicable	Lecture Only	3.0	B	B
HPA 1012	Applied Human Anatomy Lab	Anatomy	Not Applicable	Lab Only	1.0	B	B
HPA 1031	Research In Sports Science	Sports Sciences	Not Applicable	Lecture Only	3.0	B	B
HPA 1033	Human Physiology	Physiology	Not Applicable	Lecture Only	3.0	B	B
HPA 1485	Nutrition and Health	Nutrition	Not Applicable	Lecture Only	3.0	B	B

## Junior Semester Spring 2016: Completed ✓ Verified

HPA 1042	Physiology of Exercise	Exercise Physiology	Not Applicable	Lab And Lecture Combined	3.0	C	C
HPA 1044	Biomechanics	Biomechanics	Not Applicable	Lecture Only	3.0	B-	B-
HPA 1171	Resistance Training Instructor	Exercise Science	Not Applicable	Lecture Only	1.0	B+	B+
HPA 1174	Yoga and Pilates Instructor	Exercise Science	Not Applicable	Lecture Only	1.0	A	A
HPA 1224	Fitness Assessment and Exercise Prescription	Exercise Science	Not Applicable	Lab And Lecture Combined	3.0	B	B
HPA 1233	Principles of Strength and Conditioning	Exercise Science	Not Applicable	Lecture Only	2.0	A	A
HPA 1486	Behavior Change Strategies	Behavioral Sciences	Not Applicable	Not Applicable	3.0	A-	A-

## 004051 COMMUNITY COLLEGE OF ALLEGHENY COUNTY - ALLEGHENY

Prefix	Course Title	Subject	Special Class	Course Type	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
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## Junior Semester Summer 1 2016: Completed ✓ Verified

PHIL 101	Introduction to Philosophy	Philosophy	Not Applicable	Not Applicable	3.0	B	B
BIO 152	Introduction to Biology 2	Biology	Not Applicable	Lab And Lecture Combined	4.0	A	A

## 003380 UNIVERSITY OF PITTSBURGH - PITTSBURGH

Prefix	Course Title	Subject	Special Class	Course Type	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
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## Senior Semester Fall 2016: Completed ✓ Verified

COMMRC 0520	Public Speaking	Public Speaking	Not Applicable	Not Applicable	3.0	B	B
HPA 1035	Exercise Science Seminar 2	Exercise Science	Not Applicable	Lecture Only	1.0	B	B

## ACADEMIC HISTORY CONTINUED

## COURSEWORK

## 003380 UNIVERSITY OF PITTSBURGH - PITTSBURGH

Prefix	Course Title	Subject	Special Class	Course Type	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
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## Senior Semester Fall 2016: Completed ✓ Verified

HPA 1170	Health Fitness Practicum	Exercise Science	Not Applicable	Lecture Only	1.0		S	None	
HPA 1226	Fitness Assessment and Prescription for Special Populations	Exercise Science	Not Applicable	Lab And Lecture Combined	3.0		B	B	
HPA 1487	Chronic Disease and Obsity	Health Education	Not Applicable	Not Applicable	3.0		B+	B+	
HPA 1995	Special Topics	Health Education	Not Applicable	Not Applicable	3.0		B	B	

## Senior Semester Spring 2017: Completed ✓ Verified

HPA 1170	Health Fitness Practicum	Exercise Science	Honors	Lecture Only	1.0		NG	None	
HPA 1996	Clinical Internship	Exercise Science	Not Applicable	Lecture Only	12.0		A-	A-	

## 007110 DELAWARE COUNTY COMMUNITY COLLEGE

Prefix	Course Title	Subject	Special Class	Course Type	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
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## Post-Baccalaureate Semester Fall 2017: Completed ✓ Verified

BIO 110	General Biology 1	Biology	Not Applicable	Lab And Lecture Combined	4.0		A	A	
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## Post-Baccalaureate Semester Spring 2018: Completed ✓ Verified

CHE 111	General Chemistry 2	Chemistry	Not Applicable	Lab And Lecture Combined	4.0		B	B	
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University of St. Augustine - Residential Program

## ACADEMIC HISTORY CONTINUED

## CALCULATED GPA

Title	Type	Quality Points	Graded Hours	GPA Score
GPA by School - COMMUNITY COLLEGE OF ALLEGHENY COUNTY - ALLEGHENY	School	25.0	7.00	3.57
GPA by School - DELAWARE COUNTY COMMUNITY COLLEGE	School	28.0	8.00	3.50
GPA by School - UNIVERSITY OF PITTSBURGH - PITTSBURGH	School	344.5	110.00	3.13
Anatomy & Physiology	Subject	21.0	7.00	3.00
Biology	Subject	38.8	12.00	3.23
Chemistry	Subject	22.8	8.00	2.85
English	Subject	15.9	6.00	2.65
Mathematics	Subject	12.0	4.00	3.00
Movement Science	Subject	103.8	32.00	3.24
Other Course	Subject	99.9	30.00	3.33
Other Sciences	Subject	28.1	8.00	3.51
Physics	Subject	8.1	3.00	2.70
Psychology	Subject	27.0	9.00	3.00
Social/Behavioral Science	Subject	20.1	6.00	3.35
Science	Subject	90.7	30.00	3.02
Science and Math	Subject	102.7	34.00	3.02
Cumulative Undergraduate	Year	397.5	125.00	3.18
Post-Baccalaureate	Year	28.0	8.00	3.50
Graduate	Year	0.0	0.00	0.00
Overall	Year	397.5	125.00	3.18

## SUPPORTING INFORMATION

## EXPERIENCE

## EXTRACURRICULAR ACTIVITIES

TOTAL HOURS: 536

Experience Type: Extracurricular Activities  
 Recognition Type: Received Academic Credit  
 Title: HEALTH FITNESS PRACTICUM  
 Employer: University Club Gym  
 123 University Pl  
 Pittsburgh  
 Pennsylvania 15260  
 United States

Supervisor: Ashley Broderick  
 Assistant Manager  
 aeb90@pitt.edu

Experience Dates: 09-05-2016/04-13-2017  
 Status: Part-time  
 Hours per Week: 2  
 Total Weeks: 28  
 Total Hours: 56  
 Experience Details: Worked 1 on 1 with faculty assisting them with their workouts and taught an abs class every other week.

Permit to Contact: Yes

Experience Type: Extracurricular Activities  
 Recognition Type: Volunteer  
 Title: Club Tennis Player  
 Employer: University of Pittsburgh Club Tennis Team  
 4200 Fifth Avenue Pittsburgh, PA 15260  
 Pittsburgh  
 Pennsylvania 15260  
 United States

Supervisor: Andrew Friedman  
 +14848867042

Experience Dates: 09-03-2013/04-18-2017  
 Status: Part-time  
 Hours per Week: 4  
 Total Weeks: 120  
 Total Hours: 480  
 Experience Details: I was a part of the University of Pittsburgh club tennis team for 4 years, participating in weekly practices and attending tournaments occasionally on the weekend. I was the club tennis tournament coordinator my sophomore year which entailed organizing who would participate in the tournament and the location of the tournament.

Permit to Contact: Yes



## SUPPORTING INFORMATION CONTINUED

## EXPERIENCE

## EMPLOYMENT

TOTAL HOURS: 1710

Experience Type: Employment  
 Recognition Type: Compensated  
 Title: Camp Counselor  
 Employer: University of Pittsburgh Kids Camp  
 140 Trees Hall  
 Pittsburgh  
 Pennsylvania 15261  
 United States  
 Supervisor: Kyle Kenia  
 Recreational Director  
 +14126488278  
 krk77@Pitt.edu

Experience Dates: 06-13-2016/07-31-2016  
 Status: Part-time  
 Hours per Week: 24  
 Total Weeks: 6  
 Total Hours: 144  
 Experience Details: Taught kids aged 7-8 on how to be active and how to eat healthy  
 Permit to Contact: Yes

Experience Type: Employment  
 Recognition Type: Compensated  
 Title: Assistant Tennis Professional  
 Employer: Martins Dam Tennis  
 1045 Croton Rd  
 Wayne  
 Pennsylvania 19087  
 United States  
 Supervisor: Cam Hopkins  
 Tennis Professional  
 hopkinsC@tesd.net

Experience Dates: 06-01-2015/07-24-2015  
 Status: Full-time  
 Hours per Week: 32  
 Total Weeks: 8  
 Total Hours: 256  
 Experience Details: Run the kids tennis camp, instruct kids how to play tennis, teach new drills for the kids.  
 Permit to Contact: Yes

Experience Type: Employment  
 Recognition Type: Compensated  
 Title: Customer Sales Service Associate  
 Employer: Wawa  
 52 W Lancaster Avenue  
 Paoli  
 Pennsylvania 19301  
 United States  
 Supervisor: Amber Baer  
 General Manager

Experience Dates: 05-05-2015/08-25-2015  
 Status: Part-time  
 Hours per Week: 25  
 Total Weeks: 15  
 Total Hours: 375  
 Experience Details: As a customer Sales Service Associate you complete various tasks such as making sandwiches behind the deli, brewing the coffee, making breakfast sandwiches and snacks, greeting customers at the cash register, stocking the drinks in the cold box, or stocking the food throughout the store.  
 Permit to Contact: Yes

## SUPPORTING INFORMATION CONTINUED

## EXPERIENCE

## EMPLOYMENT

TOTAL HOURS: 1710

Experience Type: Employment  
 Recognition Type: Compensated  
 Title: Pool Service Technician  
 Employer: American Pool Service  
 210 N Aberdeen Ave Wayne, PA 19087  
 Wayne  
 Pennsylvania 19087  
 United States  
 Supervisor: Mark Miller  
 Owner

Experience Dates: 04-30-2014/08-20-2014  
 Status: Full-time  
 Hours per Week: 34  
 Total Weeks: 15  
 Total Hours: 510  
 Experience Details: Routinely maintain pools throughout the week, sell customer service, manage heavy equipment and chemicals in the truck  
 \*No longer an operating business\*  
 Permit to Contact: No

Experience Type: Employment  
 Recognition Type: Compensated  
 Title: Assistant Tennis Professional  
 Employer: Llanerch Country Club  
 950 West Chester Pike  
 Havertown  
 Pennsylvania 19083  
 United States  
 Supervisor: Carlos Girola  
 Tennis Professional  
 +16108426289

Experience Dates: 04-15-2013/08-25-2013  
 Status: Part-time  
 Hours per Week: 25  
 Total Weeks: 17  
 Total Hours: 425  
 Experience Details: Running tennis camp for kids, Maintaining tennis courts, stringing raquets, organizing member events, work in tennis Pro Shop  
 Permit to Contact: Yes

## VOLUNTEER/COMMUNITY ENRICHMENT

TOTAL HOURS: 40

Experience Type: Volunteer  
 Recognition Type: Received Academic Credit  
 Title: Miscellaneous Volunteering  
 Employer: Phi Sigma Pi Honors Fraternity  
 University of Pittsburgh  
 4200 Fifth Avenue  
 Pittsburgh  
 Pennsylvania 15260  
 United States  
 Supervisor: Sarah Ebner  
 President  
 sne3@pitt.edu

Experience Dates: 10-14-2014/04-01-2016  
 Status: Temporary  
 Hours per Week: 4  
 Total Weeks: 10  
 Total Hours: 40  
 Experience Details: Various volunteering activities through Pi Sigma Phi honor fraternity. Activities included creating care packages for local homeless population, working at local Habitat for Humanity: Project ReStore, making cards for veterans, and cleaning up local parks.  
 Permit to Contact: Yes

## ACHIEVEMENTS

## AWARDS

Name: Conestoga High Boys Tennis  
 Organization: 2011 PIAAA State Boys Tennis Champion  
 Date: 05-10-2018

Description: PA State Tennis Champion, I played 2nd Doubles on the team.

## SUPPORTING INFORMATION CONTINUED

## ACHIEVEMENTS

## AWARDS

Name:	Founding Father	Description:
Organization:	Alpha Epsilon Pi	After the previous chapter got kicked off campus, I was involved in reconstructing a new Chapter (Phi Delta) at University of Pittsburgh.
Date:	10-10-2015	

## AWARDS

Name:	Conestoga High Boys Tennis	Description:
Organization:	2012 PIAAA State Boys Tennis Champion	State PA Boys Champion - I played 1st Doubles on the team.
Date:	05-10-2012	

## AWARDS

Name:	Conestoga High Boys Tennis	Description:
Organization:	2013 PIAAA State Boys Tennis Champion	PA State Tennis Champion - I played 1st doubles on the team.
Date:	05-10-2012	

## AWARDS

Name:	Divison 5 Squash National Champion	Description:
Organization:	U.S. High School Squash Championships	Played number 1 singles for Conestoga Squash B team
Date:	02-04-2012	

## PERSONAL STATEMENT

All kinds of people can end up in a physical therapy clinic, many unintentionally.

At first, I was one of those people. I was there under the doctor's orders, and after a few sessions, I was hoping to leave. But, hundreds of tennis lessons and matches put significant stress on my glenohumeral joint. Not only did I continue physical therapy, but from then on, I have made it an essential part of my daily life.

Just like any other 12-year old kid, I was focused on playing tennis without worrying about the toll it was taking on my body. As I endured years of extensive fitness exercise through competitive tennis and squash, the continued stress on my adolescent body resulted in a variety of physical injuries that still affect me to this day. During the height of my competitive career, I had established growing ambitions of competing on a national level. Unfortunately, it was at this time that I was diagnosed with shoulder instability.

I was absolutely devastated. The only thing on my mind at the time was tennis, so I immediately got to work by bringing my little green "Theraband" with me, on and off the court. With certain exercises, I aimed to strengthen the joint and strengthen the surrounding muscles in order to eliminate my pain. Evidently, I found that by performing these exercises before stepping on the court could alleviate my pain. I continually pursued a regular training routine in the hopes of playing tennis alongside my twin brother, Jason. As a Division 1 tennis player at Lehigh University, his success always motivated me to keep improving with my recovery. Despite my renewed vigor to return to a competitive atmosphere, I soon realized that my goals and aspirations to play at a collegiate level were no longer a reality.

Although my shoulder instability is still something I must continue to live with, the numerous medical treatments and sessions of physical therapy during high school allowed me to successfully compete on a three-time state champion tennis team. While the injury may have partially closed a meaningful door in my life, it simultaneously opened another door that I look forward to entering with the same enthusiasm. In retrospect, if the trajectory of my life hadn't been drastically altered, I may not be applying to physical therapy schools today.

My past experiences as a physical therapy patient have taught me that the amount of effort you put into your recovery directly correlates to how quickly you can reach your goals. For the past 14 months, I have worked as a physical therapy aide at Premier Orthopedics, an outpatient clinic outside of Philadelphia. As I help patients recover from their injuries, I am continually reminded of the same strenuous process I endured as a 12-year old.

Many patients are easily frustrated and often lose hope of recovering altogether when they realize there is no quick fix. It's hard for patients to accept this harsh reality, and it's within these struggles that I've found the most rewarding part of physical therapy as a whole. Patients often look

## SUPPORTING INFORMATION CONTINUED

## PERSONAL STATEMENT

up to their physical therapists during their time of need and it will be extraordinarily humbling to improve another person's life.

I have seen many cases, from tibia fractures to neck pain. A fundamental aspect of physical therapy is the complexity of the human body. I would be naive to think that I have seen it all. There is still so much to learn. The field is always expanding in proficiency with new research and there will be a high demand for physical therapists in the years to come. I am excited for the opportunity to expand my knowledge in this industry.

Growing up, my strength and conditioning coach would say, "You can never truly understand something unless it happens to you". Reflecting back on this time, I have learned that physical therapists must be empathetic. As a physical therapist, if you are not compassionate, it may be difficult to find satisfaction in what you do. I have found that my experience recovering from a serious injury has given me the opportunity to better relate to each of my patients.

Physical therapists work to restore the highest standard of living possible for each patient. Pursuing a graduate education in physical therapy will give me the opportunity to work in this therapeutic and restorative field, allowing me to assist patients in similar situations I once found myself in.

## SUPPORTING INFORMATION CONTINUED

## OBSERVATION HOURS

## PREMIER PHYSICAL THERAPY

Facility Address: 4 Industrial Blvd.  
Suite 150  
Paoli  
Pennsylvania 19301  
United States

Experience Dates: 06-12-2017/12-31-2018  
Recognition Type: Paid

Status: —  
Verification Status: Verified

PT Also Evaluator: Yes  
Signature Type: Document Upload

## Settings and Hours of Experience

## HRS Completed

## HRS Planned/IP

## INPATIENT Settings

Acute Care Hospital  
Nursing Home/Skilled Nursing Facility/Extended Care Facility  
Other Inpatient Facility  
Rehabilitation/Sub-acute Rehabilitation

0  
0  
0  
0

## OUTPATIENT Settings

Free-standing PT or Hospital Clinic  
Home Health  
Industrial/Occupational Health  
Other Outpatient Facility  
School/Pre-school  
Wellness/Prevention/Fitness

1361  
0  
0  
0  
0  
0

## Total Hours for All Settings

1361  
1800

## Patient Diagnoses/Populations Observed

General Orthopedic (musculoskeletal)  
Geriatrics  
Pediatrics  
Sports

## PT Supervisor

Name: Tim Corker  
Phone: +16106404133  
Email: tcorker@premierortho.com

License Number: —  
License State: Pennsylvania

## SUPPORTING INFORMATION CONTINUED

## OBSERVATION HOURS

## DAYLESFORD CROSSING- MOVE FOR LIFE PT

Facility Address: 1450 Lancaster Ave  
Paoli  
Pennsylvania 19301  
United States

Experience Dates: 08-22-2018/10-01-2018  
Recognition Type: Volunteer

Status: Completed  
Verification Status: Verified

PT Also Evaluator: No  
Signature Type: Electronic Signature

## Settings and Hours of Experience

## HRS Completed

## HRS Planned/IP

## INPATIENT Settings

Acute Care Hospital	0	0
Nursing Home/Skilled Nursing Facility/Extended Care Facility	6	50
Other Inpatient Facility	0	0
Rehabilitation/Sub-acute Rehabilitation	0	0

## OUTPATIENT Settings

Free-standing PT or Hospital Clinic	0	0
Home Health	0	0
Industrial/Occupational Health	0	0
Other Outpatient Facility	0	0
School/Pre-school	0	0
Wellness/Prevention/Fitness	0	0

<b>Total Hours for All Settings</b>	<b>6</b>	<b>50</b>
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## Patient Diagnoses/Populations Observed

Neurological (neuromuscular)  
Cardiovascular / Pulmonary  
Geriatrics

## PT Supervisor

Name: Danielle Nields  
Phone: +14849477991  
Email: dniels@moveforlifept.com

License Number: PT022698  
License State: Pennsylvania

## SUPPORTING INFORMATION CONTINUED

## OBSERVATION HOURS

## UPMC CENTER FOR REHAB

Facility Address: 5750 Centre Ave.  
Suite 450  
Pittsburgh  
Pennsylvania 15206  
United States

Experience Dates: 01-13-2017/04-25-2017  
Recognition Type: Volunteer

Status: —  
Verification Status: Verified

PT Also Evaluator: No  
Signature Type: Document Upload

## Settings and Hours of Experience

HRS Completed

HRS Planned/IP

## INPATIENT Settings

Acute Care Hospital  
Nursing Home/Skilled Nursing Facility/Extended Care Facility  
Other Inpatient Facility  
Rehabilitation/Sub-acute Rehabilitation

0  
0  
0  
0

0  
0  
0  
0

## OUTPATIENT Settings

Free-standing PT or Hospital Clinic  
Home Health  
Industrial/Occupational Health  
Other Outpatient Facility  
School/Pre-school  
Wellness/Prevention/Fitness

0  
0  
29  
0  
0  
0

0  
0  
0  
0  
0  
0

## Total Hours for All Settings

29  
0

0

## Patient Diagnoses/Populations Observed

General Orthopedic (musculoskeletal)  
Geriatrics

## PT Supervisor

Name: Aimee Fogarty  
Phone: —  
Email: fogartyaj@upmc.edu

License Number: Volunteer Coordinator  
License State: Pennsylvania

## Document Requested

## Uploaded

## File Name

## Uploaded Date

Observation Hours  
Observation Hours

Yes  
Yes

Observation Hours  
Observation Hours

2018-08-20  
2018-08-30



ORTHOPAEDIC & SPORTS MEDICINE

PAOLI PHYSICAL THERAPY

Timothy R Corker, PT, DPT, A.R.T.  
Paoli Physical Therapy  
4 Industrial Blvd. Suite 150 Paoli, PA 19301  
P: 610-640-4133 ||| F: 610-640-0630  
e-mail: Tcorker@premierortho.com

Employee	Regular	Overtime	SICK	VACATION	PERSONAL	HOLIDAY	Jury Duty	Salary	UNPAID	Bereave	Cont Ed	Totals
Sutker, Josh M	1361.25	0	0	0	0	0	33.50	0	0	0	0	1394.75

Please call with any questions/concerns

Kind regards,

Timothy R Corker, DPT, ART  
Clinic Manager  
Director of Education

Date: 8/17/18



## Volunteer Service Details

January 2014 to July 2017

UPMC Shadyside

Volunteer	Service From Date	Service To Date	Service Assignment	Hours	Merit Hours
Sutker, Joshua	01-13-2017	01-13-2017	New Volunteer Orientation	4:00	4:00
	01-30-2017	01-30-2017	Rehab Volunteer	0:01	0:01
	01-31-2017	01-31-2017	Rehab Volunteer	2:42	2:42
	02-07-2017	02-07-2017	Rehab Volunteer	3:04	3:04
	02-14-2017	02-14-2017	Rehab Volunteer	3:00	3:00
	02-28-2017	02-28-2017	Rehab Volunteer	2:20	2:20
	03-14-2017	03-14-2017	Rehab Volunteer	2:20	2:20
	03-28-2017	03-28-2017	Rehab Volunteer	2:16	2:16
	04-04-2017	04-04-2017	Rehab Volunteer	2:15	2:15
	04-11-2017	04-11-2017	Rehab Volunteer	2:23	2:23
	04-18-2017	04-18-2017	Rehab Volunteer	2:18	2:18
	04-25-2017	04-25-2017	Rehab Volunteer	2:23	2:23
				<b>29:02</b>	<b>29:02</b>
Grand total				<b>29:02</b>	<b>29:02</b>

Aimee J. Fogarty  
Volunteer Coordinator

## CUSTOM QUESTIONS

## PTA EDUCATION

- \* 1. Have you graduated from a CAPTE-accredited physical therapist assistant (PTA) program?

Answer: No

## PREVIOUS PHYSICAL THERAPIST EDUCATION

- \* 1. Have you previously enrolled in a professional physical therapist (PT) program? If yes, you MUST list the institution in the Colleges Attended section of the application, enter all attempted and completed PT courses in the Transcript Entry section of the application and have an official transcript sent to PTCAS. Failure to report this institution and associated coursework may jeopardize your application.

Answer: No

## GENDER IDENTITY

- \* 1. How do you describe your current gender identity?

Answer: Male/Man

## PTCAS CERTIFICATION AND AUTHORIZATION STATEMENT

- \* 1. I certify, as required in the application, that I have read and understand all application instructions, including the provisions which note that I am responsible for monitoring and ensuring the progress of my application.  
I certify that I have read and will abide by all program-specific instructions for my designated physical therapist programs.  
I certify that I have read and understand the American Council of Academic Physical Therapy (ACAPT) Admissions Traffic Rules for Applicants.  
I certify that all the information and statements I have provided in this application are current, correct, and complete to the best of my knowledge.  
I certify that my personal essay and the information on my application represent my own work.  
I understand that withholding information requested on the PTCAS application, or giving false information, may be grounds for denial of admission to a program participating in PTCAS or may be grounds for expulsion from the institution after I have been admitted.  
I acknowledge that a program that makes an offer of acceptance to me will also know the number of offers I have received and accepted at other programs in PTCAS. While the admissions cycle is open, my designated programs will not know the total number of programs I selected on the application or other (non-acceptance) admission decisions made by other programs in PTCAS.  
I acknowledge that if I start classes at a PT program, my other designated programs in which my application is still under consideration will be able to view matriculation status, if reported to PTCAS.  
I acknowledge that in October after the end of the PTCAS admissions cycle, only my designated programs will be able to view to what other programs I applied via PTCAS and the final admission decision reported by each program.  
I agree, understand and consent to PTCAS and the American Physical Therapy Association (APTA) releasing my de-identified application data that does not contain personally identifiable information, as set forth in the PTCAS privacy statement, and admission decisions submitted to PTCAS by my designated PT programs to third party health and education organizations for educational research purposes (including surveys). Such educational research is conducted for the purpose of improving PT education and admissions.  
I acknowledge and agree that my sole remedy in the event of any proven errors or omissions related to the handling or processing of my application by PTCAS is to obtain a refund of my PTCAS application fee.

Answer: Indicate your understanding and acceptance of the terms described above by checking this box. Your certification of this statement serves the same purpose as a legal signature, and is binding.

## DESIGNATIONS

## DOCTOR OF PHYSICAL THERAPY - RESIDENTIAL (MIAMI CAMPUS)

Organization:	University of St. Augustine - Residential Program	Program Start Date:	09/09/2019
Department:	—	Submitted Date:	08-30-2018
Program Level:	—	Completed Date:	08-30-2018
Enrollment:	Fall 2019	Verified Date:	09-03-2018
Campus:	—	Application Status:	Verified
		Academic Update Status:	—
		Last Updated:	09-03-2018

## SUPPLEMENTAL QUESTIONS

## RE-APPLICANT QUESTIONS

- \* 1 Have you previously applied to this education program?  
Answer: No
- 2 If you are reapplying to this program, how have you strengthened your application?  
Answer: —

## CAMPUS AND TERM

- \* 1 Applicants are allowed only one application to be reviewed by Admissions. Please select one campus and term.  
Answer: Miami, FL - Summer 2019

## SECONDARY CAMPUS CHOICE

- \* 1 Should your campus choice reach capacity, are you open to attending a different USAHS location?  
Answer:
- San Marcos, CA
  - Austin, TX
  - St. Augustine, FL

## AGREEING TO TERMS OF APPLICATION

- \* 1 By selecting "I Agree" you are acknowledging that you understand (1) only one application is allowed to be evaluated, (2) after submission through PTCAS you must follow through with an Enrollment Advisor to have your application reviewed as your application is not submitted automatically and (3) you have completed our required one-page online supplemental form. For any questions, please email us at enroll@usa.edu.  
Answer: I Agree

## PREREQUISITES

Prerequisite:	Chemistry			Prereq Description:	General or Upper Level Chemistry. 1 of 2 Required.				
Minimum Credits:	3								
Minimum Grade:	2.0								
College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
003380 UNIVERSITY OF PITTSBURGH - PITTSBURGH	CHEM 0110	General Chemistry 1	Chemistry	Not Applicable	4.0		B-	B-	
Prerequisite:	Medical Terminology			Prereq Description:	Not Acceptable: Certifications or non-credit classes, or CEUs. Must have transcript showing a minimum of 1 semester credit/1.5 quarter credits in Medical Terminology.				
Minimum Credits:	3								
Minimum Grade:	2.0								

No Courses have been matched to this prerequisite.

## DESIGNATIONS CONTINUED

## DOCTOR OF PHYSICAL THERAPY - RESIDENTIAL (MIAMI CAMPUS)

## PREREQUISITES

<b>Prerequisite:</b>	Anatomy & Physiology II	<b>Prereq Description:</b>	Knowledge of human body, structure and function. 2 of 2 courses required
<b>Minimum Credits:</b>	3		
<b>Minimum Grade:</b>	2.0		

College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
003380 UNIVERSITY OF PITTSBURGH - PITTSBURGH	HPA 1033	Human Physiology	Physiology	Not Applicable	3.0		B	B	

<b>Prerequisite:</b>	Human Growth and Development over Lifespan	<b>Prereq Description:</b>	Human or lifespan development course that includes physical and psycho-social development from birth through end of life. Not Acceptable: Classes that are solely based on psychological/mental, or solely based on motor control.
<b>Minimum Credits:</b>	3		
<b>Minimum Grade:</b>	2.0		

College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
003380 UNIVERSITY OF PITTSBURGH - PITTSBURGH	PSY 0310	Developmental Psychology	Developmental Psychology	Not Applicable	3.0		B	B	

<b>Prerequisite:</b>	Biology / Biological Science	<b>Prereq Description:</b>	General or Upper Level Biology Must be Human Based Biology; knowledge of human body, structure and function. Exercise Physiology can be substituted for one course. 2 of 2 courses required.
<b>Minimum Credits:</b>	3		
<b>Minimum Grade:</b>	2.0		

College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
007110 DELAWARE COUNTY COMMUNITY COLLEGE	BIO 110	General Biology 1	Biology	Not Applicable	4.0		A	A	

<b>Prerequisite:</b>	Biology / Biological Science	<b>Prereq Description:</b>	General or Upper Level Biology Must be Human Based Biology; knowledge of human body, structure and function. Exercise Physiology can be substituted for one course. 1 of 2 courses required.
<b>Minimum Credits:</b>	3		
<b>Minimum Grade:</b>	2.0		

College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
004051 COMMUNITY COLLEGE OF ALLEGHENY COUNTY - ALLEGHENY	BIO 152	Introduction to Biology 2	Biology	Not Applicable	4.0		A	A	

<b>Prerequisite:</b>	Chemistry	<b>Prereq Description:</b>	General or Upper Level Chemistry. 2 of 2 Required.
<b>Minimum Credits:</b>	3		
<b>Minimum Grade:</b>	2.0		

College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
007110 DELAWARE COUNTY COMMUNITY COLLEGE	CHE 111	General Chemistry 2	Chemistry	Not Applicable	4.0		B	B	

## DESIGNATIONS CONTINUED

## DOCTOR OF PHYSICAL THERAPY - RESIDENTIAL (MIAMI CAMPUS)

## PREREQUISITES

<b>Prerequisite:</b>	Social/Behavioral Science	<b>Prereq Description:</b>	Any combination of Psychology, Sociology, Sociocultural/Socioeconomic, Anthropology, Human Behavior and Development, Public Health, Humanities (must show human relationships), Ethnicity or Gender Studies courses can...
<b>Minimum Credits:</b>	3		
<b>Minimum Grade:</b>	2.0		See Directory of more information.

College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
003380 UNIVERSITY OF PITTSBURGH - PITTSBURGH	HPA 1486	Behavior Change Strategies	Behavioral Sciences	Not Applicable	3.0		A-	A-	

<b>Prerequisite:</b>	Social/Behavioral Science	<b>Prereq Description:</b>	Any combination of Psychology, Sociology, Sociocultural/Socioeconomic, Anthropology, Human Behavior and Development, Public Health, Humanities (must show human relationships), Ethnicity or Gender Studies courses can...
<b>Minimum Credits:</b>	3		
<b>Minimum Grade:</b>	2.0		See Directory of more information.

College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
003380 UNIVERSITY OF PITTSBURGH - PITTSBURGH	PSY 0310	Developmental Psychology	Developmental Psychology	Not Applicable	3.0		B	B	

<b>Prerequisite:</b>	Anatomy & Physiology I	<b>Prereq Description:</b>	Knowledge of human body, structure and function. 1 of 2 courses required
<b>Minimum Credits:</b>	3		
<b>Minimum Grade:</b>	2.0		

College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
003380 UNIVERSITY OF PITTSBURGH - PITTSBURGH	HPA 1011	Applied Human Anatomy	Anatomy	Not Applicable	3.0		B	B	
003380 UNIVERSITY OF PITTSBURGH - PITTSBURGH	HPA 1012	Applied Human Anatomy Lab	Anatomy	Not Applicable	1.0		B	B	

<b>Prerequisite:</b>	Physics	<b>Prereq Description:</b>	General or Upper Level Physics Biomechanics or Anatomical Kinesiology can be substituted for one course. 1 of 2 courses required.
<b>Minimum Credits:</b>	3		
<b>Minimum Grade:</b>	2.0		

College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
003380 UNIVERSITY OF PITTSBURGH - PITTSBURGH	PHYS 0110	Introduction to Physics 1	Physics	Not Applicable	3.0		B-	B-	

<b>Prerequisite:</b>	Physics	<b>Prereq Description:</b>	General or Upper Level Physics Biomechanics or Anatomical Kinesiology can be substituted for one course. 2 of 2 courses required.
<b>Minimum Credits:</b>	3		
<b>Minimum Grade:</b>	2.0		

University of St. Augustine - Residential Program

DESIGNATIONS CONTINUED

DOCTOR OF PHYSICAL THERAPY - RESIDENTIAL (MIAMI CAMPUS)

PREREQUISITES

College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
003380 UNIVERSITY OF PITTSBURGH - PITTSBURGH	HPA 1044	Biomechanics	Biomechanics	Not Applicable	3.0		B-	B-	

DOCUMENTS

Document Requested	Uploaded	File Name	Uploaded Date
Other	Yes	Other	08-30-2018
Other	Yes	Other	08-30-2018

# Joshua Sutker

josh.sutker@gmail.com

(610) 787-1498

## EDUCATION

University of Pittsburgh, PA

Graduation- May 2017

Bachelor of Science in Exercise Science

**Relevant Coursework:** Chemistry, Biology, Physics, Developmental Psychology, Statistics, Psychology, Human Anatomy, Human Physiology, Biomechanics, Nutrition and Health

## WORK EXPERIENCE

### **Premier Orthopedics –Physical Therapy Aide**

May 2017 –Present

Guide, instruct and motivate patients on how to reach their maximum performance  
Provide kinesthetic knowledge and emotional support to ensure patients are engaged and have proper technique  
Assist patient coordination with front desk, answering phone, scheduling appointments, and filing the Medicare insurance information  
Keep the clinic clean and ready to go for the next patient  
Print out and walk through home exercise programs with the patient if anything is uncertain

### **University of Pittsburgh Neuromuscular Lab**

Spring 2017

Assist with various military combat studies  
Run body composition tests- BodPod and various metabolic tests such as VO2 max, wingate and RMR tests. Tests were performed with professionals- Pittsburgh Steelers  
Collaborating on Muscle Fatigue ultrasound study where participants underwent running protocols, Biodex evaluations, and muscle ultrasound readings  
Completion of instruction manual on how to use Ultrasound system and how to use those images to interpret the amount of muscle glycogen present

### **University Club gym**

Worked 1 on 1 with Pitt faculty assisting workouts  
Taught an abs class to various members

Fall 2016-Spring 2017

### **University of Pittsburgh Center for Rehab PT clinic**

Volunteer position- shadow Physical Therapists and perform various tasks

Spring 2017

Taught kids aged 7-8 on how to be active and how to eat healthy

LEADERSHIP & ACTIVITIES

University of Pittsburgh Club Tennis Team

Phi Sigma Pi- Honor Society

Alpha Epsilon National Jewish Fraternity



## Statement of Purpose

Whether observing patients in different settings or performing exercises on your own, becoming a physical therapist does not simply happen overnight. Impacting patients' progress and seeing a positive change at work has made me want to work towards becoming a physical therapist. I believe the skills I have acquired by working as a physical therapy aide over the past year will provide me with a distinct advantage as I learn to become a physical therapist at St. Augustine.

I was first introduced to this extraordinary field during the second semester of my senior year of college. I chose to intern at the Neuromuscular Research Lab at the University of Pittsburgh. After browsing through various research articles, I quickly realized that reading about neuromuscular rehab, human physiology, and injury prevention captured my attention the most. Additionally, I was able to witness live experiments, including two different demonstrations in which I served as the active participant. These live presentations sparked my interest in a career that would allow me to experience the same captivated feeling every day.

The first demonstration was a functional movement analysis test in a biomechanical motion analysis capture system. The company, DARI, uses a marker less motion analytic program to return objective results of one's own body after 20 movements. Utilizing kinetics and kinematics, the results display varying amounts of muscle use, joint angles or any asymmetries and recommendations to correct them. The future of physical therapy can benefit from such technological advancements. I hope to gain a better understanding of biomechanics and how it can transform the field.

The second demonstration was a presentation in which the tester placed markers on my quadriceps muscle while I wore a brain stimulation helmet. The tester voluntarily contracted my muscle to a higher degree through my own neurotransmitters while I performed an isometric squat exercise. The marker measured the muscle's energy output, and upon involuntarily stimulation, the output had increased.

While the neural stimulation was physically unpleasant, it simultaneously opened my mind to an exciting new world. After my internship, I continued to think of how these futuristic practices can be related to physical therapy, and I hope to foster my interest in the neurological component of physical therapy throughout my training.

For the past 15 months, I have worked at an outpatient orthopedic clinic, where I have assisted in the rehabilitation of a myriad of conditions. While many companies see patients as a quantitative value, I prefer to view my patients as a qualitative entity in the care that they receive. I enjoy building a relationship with each patient and doing every exercise possible to accelerate his or her recovery.

My supervisor, a DPT, frequently introduces new techniques to a clinic that has been consistent in therapeutic care for the past 20 years. These innovative techniques have led to improvements in patient care. While the exercises and modalities performed in the past may not be outdated, new research on the field of physical therapy is helping it grow tremendously and improving quality of life for the general population.

I recently joined a startup company that is developing a smartphone application called TeamMate. TeamMate is a social media platform that identifies compatible training partners according to each user's preferences, progress, and athletic evolution. Instead of one large corporation, the TeamMate platform creates an ecosystem where the data is monetized and controlled by the users themselves. My input has prompted the creators to add a physical therapy component to the platform. Because our society is becoming increasingly dependent on mobile technology, it is important to adapt to those changes. While therapeutic modalities and human interaction can never be replaced, the app will hopefully organize the data with a more user-friendly interface.

As a fitness and exercise enthusiast, TeamMate provides me with the perfect platform to test my knowledge and understanding of physical therapy as a whole. When I worked to integrate the physical therapy option for Teammate, I was reminded of how my position at work is providing me with crucial background information that surrounds the industry. In time, I hope to utilize my graduate school training to advance my understanding and knowledge of how physical therapy will evolve over the course of the next few years.

St. Augustine is undoubtedly my top choice in PT schools. Its many attractive locations and largest enrollments in the world present itself with a growing alumni network for connections all across the country. The core values make me feel welcomed as a prospective student. A student first mentality and collaboration with students or faculty will create an engaging environment. Promoting excellence and innovation in education is necessary for DPT programs. It is beneficial for an educational program to keep up with the changing technology in such a growing field, which St. Augustine embodies with the SafeGait 360 and simulation

laboratories. A combination of 30 weeks of clinical rotations and time in the simulation laboratory will adequately prepare me to become a Doctorate of Physical Therapy.

Thank you for your consideration, and I would be honored to be a part of the next class in St. Augustine's DPT program.

ADVISOR RELEASE STATEMENT

By answering Yes, you authorize PTCAS to release selected information regarding your PTCAS application and admission status to the health professions advisor and the health professions advisory committee of the post-secondary institution(s) that you have attended. By releasing your information, your advisor is better able to assist you in the admissions process, as well as better guide other students in the future. You cannot make changes to this item after you submit your application to PTCAS.

Advisor Release Statement Answer:    Yes

PRESUBMISSION RELEASE

By answering Yes, you authorize PTCAS to release your name and contact information to your designated programs BEFORE you submit your final application. This will allow your designated programs to send you important information about the local admissions process before you complete your application.

Presubmission Release Answer:    Yes

## EVALUATIONS

## EVALUATOR INFORMATION

Timothy Corker

Title:	Clinic Manager, Director of Education	Daytime Phone:	610-640-4133
Occupation:	Doctor of Physical Therapy	Date Completed:	08/14/2018
Organization:	Premier Orthopaedic and Sports Medicine	Status:	Completed
Email:	tcorker@premierortho.com		

I waive my right of access to this evaluation:	YES
Are you a licensed Physical Therapist?	Yes
How long have you known the applicant?	1-2 years
If you are a physical therapist, please indicate the physical therapy institution from which you graduated	University of Scranton DPT Program
How well do you know the applicant?	Moderately
If you are a physical therapist, please indicate in which state you are licensed	Pennsylvania
Select the role that best describes your primary interaction with the applicant:	Supervisor/Employer
If you are a physical therapist, please enter your PT licensure number.	PT024471
If you selected "Professor" or "Professor in Major"; above, list all courses in which you have had the applicant (for example: Intro to Chemistry, Chem 101)	—
Approximately how many references do you submit on behalf of physical therapy applicants each year?	3-4

## REFERENCE RATINGS

	Not Observed	Poor (1)	Below Average (2)	Average (3)	Good (4)	Excellent (5)
Commitment to Learning					✓	
Critical Thinking					✓	
Empathy						✓
Ethics						✓
Interpersonal Skills					✓	
Leadership				✓		
Oral Communication					✓	
Professional Demeanor						✓
Response to Criticism					✓	
Responsibility					✓	
Stress Management					✓	
Team Skills						✓
Time Management					✓	
Written Communication					✓	

## RECOMMENDATION CONCERNING ADMISSION

I highly recommend this applicant



PAOLI PHYSICAL THERAPY

Timothy R Corker, PT, DPT, A.R.T.  
Paoli Physical Therapy  
4 Industrial Blvd. Suite 150 Paoli, PA 19301  
P: 610-640-4133 ||| F: 610-640-0630  
e-mail: Tcorker@premierortho.com

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To whom it may concern:

My name is Timothy Corker, I am a Doctor of Physical Therapy with Premier Orthopaedic and Sports Medicine in Pennsylvania. I am the Clinic Director of one of our 17 facilities as well as the Director of Education for the entire rehabilitation staff of our company, consisting of roughly 90 PTs/OTs/PTAs/OTAs.

I am writing this on behalf of Josh Sutker. I have had the pleasure of knowing Josh for the past year and a half as his Manager/Supervisor. When Josh and I first met, he had a very basic understanding of the PT field, having attended for his own shoulder instabilities when he was 12. Over the time we have spent together I watched Josh become more and more interested in the field. There was a period of time where Josh was very uncertain if this was the field for him and questioned if he wanted to continue working as an Aide for my team. I told him to give it a month and if he wanted to leave I would support him. During that time, he dove into the clinic; he got to know the patients, took an interest in their rehab, and I watched him get swept up in the good we can do for people. He took the opportunity to ask questions, understand the anatomy, and took an interest in applying the dysfunction to the exercise being performed. It was great to see.

Since that time, Josh has become a staple in my clinic. He is always around making people smile, whether it is a joke or his goofy nature being the cause. I have endless patients ask me where Josh is and when he will be in; he has become a part of the life of this clinic. Currently, Josh is trying to find multiple clinics, in multiple settings, to shadow and become an aide in. He wants to experience it all so that he has a feel for everything once he starts PT school. It is because of these reasons that I know Josh will be an excellent Doctor in our field one day. He still has a lot to learn, but he will get there, and he will be an excellent addition to our growing and ever-changing field of physical medicine.

Kind regards,

Timothy R Corker  
Doctor of Physical Therapy

## EVALUATIONS CONTINUED

## EVALUATOR INFORMATION

John Behler

Title: Staff Physical Therapist  
 Occupation: Physical Therapist  
 Organization: Premier Physical Therapy  
 Email: jaybehler@gmail.com

Daytime Phone: 484-343-4417  
 Date Completed: 08/16/2018  
 Status: Completed

I waive my right of access to this evaluation: YES  
 Are you a licensed Physical Therapist? Yes  
 How long have you known the applicant? 1-2 years  
 If you are a physical therapist, please indicate the physical therapy institution from which you graduated Old Dominion University  
 How well do you know the applicant? Very Well  
 If you are a physical therapist, please indicate in which state you are licensed Pennsylvania  
 Select the role that best describes your primary interaction with the applicant: Physical Therapist  
 If you are a physical therapist, please enter your PT licensure number. PT002678E  
 If you selected "Professor" or "Professor in Major"; above, list all courses in which you have had the applicant (for example: Intro to Chemistry, Chem 101) —  
 Approximately how many references do you submit on behalf of physical therapy applicants each year? 0

## REFERENCE RATINGS

	Not Observed	Poor (1)	Below Average (2)	Average (3)	Good (4)	Excellent (5)
Commitment to Learning						✓
Critical Thinking						✓
Empathy					✓	
Ethics						✓
Interpersonal Skills					✓	
Leadership	✓					
Oral Communication					✓	
Professional Demeanor						✓
Response to Criticism						✓
Responsibility					✓	
Stress Management						✓
Team Skills						✓
Time Management					✓	
Written Communication	✓					

## RECOMMENDATION CONCERNING ADMISSION

I highly recommend this applicant



Dear PCTAS:

I have been asked and am honored to write this letter of recommendation for Joshua Sutker. I am approaching 30 years as a physical therapist; I have worked in acute care, skilled nursing facilities and outpatient orthopedics. During this period of time I have worked with a number of physical therapy aides with aspirations of going to physical therapy school. I hope my view and opinion of Josh Sutker will be helpful to the admissions committee. He would be an excellent selection to attend any physical therapy program.

I have worked with Josh since he was hired as a physical therapy aide in June of 2017. He learned his job responsibilities quickly and adapted well to our busy physical therapy practice. Josh is a very dependable co-worker; he is on time for work and can be relied on to be present during his scheduled hours. He has also been very willing to work additional shifts during the summer when his co-workers have scheduled vacations.

Some of Josh's strengths include being very personable and his ability to comfortably communicate with both young and older patients. He is engaging and concerned when dealing with people that are often in pain and find themselves discouraged because of their injuries.

Josh has grown with our department since he was first hired. In addition to his core responsibilities as an aide, he is capable of covering the front office duties. This includes first contact with the patient as they arrive for therapy, handling calls, ordering supplies and scheduling patients.

One of Josh's strongest attributes is his desire to learn. He is not hesitant to ask questions. As a result of his 13 month employment with Premier Physical Therapy and his strong education from the University of Pittsburgh, Josh has appeared confident initiating conversation and offering suggestions to aid in the care of our patients.

Joshua Sutker is a caring, dependable, education seeking individual that would be an excellent addition to any physical therapy program. Please feel free to contact me if you need any further information.

Sincerely,  
John A Behler, MSPT  
484-343-4417

## EVALUATIONS CONTINUED

## EVALUATOR INFORMATION

carma repcheck

Title: Asst. Professor  
 Occupation: Professor  
 Organization: Univ of Pittsburg  
 Email: crs24@pitt.edu

Daytime Phone: 412 648 3186  
 Date Completed: 09/10/2018  
 Status: Completed

I waive my right of access to this evaluation: YES

Are you a licensed Physical Therapist? No

How long have you known the applicant? 2-3 years

If you are a physical therapist, please indicate the physical therapy institution from which you graduated —

How well do you know the applicant? Moderately

If you are a physical therapist, please indicate in which state you are licensed —

Select the role that best describes your primary interaction with the applicant: Professor in Major

If you are a physical therapist, please enter your PT licensure number. —

If you selected "Professor" or "Professor in Major"; above, list all courses in which you have had the applicant (for example: Intro to Chemistry, Chem 101) fitness assessment &amp;RX, Assessments &amp; RX for Special Pops, internship, seminar

Approximately how many references do you submit on behalf of physical therapy applicants each year? 15

## REFERENCE RATINGS

	Not Observed	Poor (1)	Below Average (2)	Average (3)	Good (4)	Excellent (5)
Commitment to Learning					✓	
Critical Thinking					✓	
Empathy						✓
Ethics					✓	
Interpersonal Skills						✓
Leadership						✓
Oral Communication					✓	
Professional Demeanor						✓
Response to Criticism						✓
Responsibility						✓
Stress Management						✓
Team Skills						✓
Time Management						✓
Written Communication						✓

## RECOMMENDATION CONCERNING ADMISSION

I highly recommend this applicant



# University of Pittsburgh

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140 Trees Hall

University of Pittsburgh

Pittsburgh, PA 15261

## Letter of Recommendation for Josh Sutker

Josh is a graduate of the Health and Physical Activity Department at the University of Pittsburgh. He earned a Bachelor of Science degree in 2017 and, also a minor in engineering. It is with great pleasure that I am writing a letter of recommendation for him. I have known Josh for approximately 3 years. He is an honest and approachable young person. He is also a very outgoing student that takes the time to get to know his teachers and advisors. He is quite comfortable approaching new people and new situations.

Josh is a very bright student that is always prepared and turns in assignments on time. In class he asks questions and gives responses. He is well liked and respected by his peers. I have had the chance to observe Josh working with clients while doing fitness assessments and exercise prescriptions. He is very professional and comfortable working with a variety of populations. He is able to communicate well with his prospective clients and provide knowledgeable directions. His optimistic personality is obvious through all of these activities.

Josh is interested in pursuing a career that helps him combine his passion for exercise science with engineering. Combining these two fields would be beneficial to his interest in the Physical Therapy Field. He is excited about the prospect of working with clients and using his knowledge. Professionally, he is very patient and calm and presents himself as approachable and knowledgeable. Probably one of his best assets is his ability to work with individuals with special needs or challenges. He performs all of these activities with ease, and a calm exterior.

I hope that you will consider Josh for your program. He is a very bright student with a great education, experience and personality for just such a profession.

Thank you,

Dr. Repcheck

Asst Professor, and Clinical Internship Coordinator, HPA Dept.

University of Pittsburgh, Pittsburgh PA