Estes, Savannah Applicant ID 9869071700

Alternate Middle Name:

Application Status Verified

University of St. Augustine - Residential Program

BIOGRAPHIC INFORMATION

PROFILE

Title:

First Name: Savannah Middle Name: Leigh Last Name: **Estes** Suffix: **FEMALE**

Materials Under Another Name:

Nickname: Alternate First Name:

No

Alternate Last Name:

BIRTH INFORMATION

Gender or Sex:

Date of Birth: 10-02-1996 City: San Jose

County: Santa Clara County

State: California **United States** Country:

CONTACT INFORMATION

Address Type: Current

9599 Nicole Lane Address:

Elk Grove, California 95758

Sacramento County County:

Country: **United States**

Valid Until Date: 09-15-2019

+19166904562 Mobile Phone: Type: Email: savannahlestes@gmail.com Type: Home

Address Type: Permanent

Address: 9599 Nicole Lane

Elk Grove, California 95758

Sacramento County County:

Country: **United States**

CITIZENSHIP STATUS AND RESIDENCY INFORMATION

CITIZENSHIP STATUS

Citizenship Status: U.S. Citizen State of Residence: California

Country of Citizenship: **United States** County of Residence: Sacramento County Other Citizenship: Length of Residence: More than 10 years

Length of stay in US:

RACE/ETHNICITY

Do you consider yourself to be of Hispanic/Latino Origin? American Indian or Alaska Native

Asian Answer: Nο

> Black or African American Native Hawaiian or other Pacific Islander

White Yes

OTHER INFORMATION

Native Language: **English**

Military Status: Not a member of the military

1

Estes, Savannah Applicant ID 9869071700

Application Status Verified

BIOGRAPHIC INFORMATION CONTIN	JED
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OTHER INFORMATION	
Does your academic record	accurately reflect your capabilities?
Answer:	Yes
Your parent's family income	e falls within the table's guidelines and you are considered to have met the criteria for economically disadvantaged:
Answer:	No
What is your geographic ar	ea?
Answer:	Large City(population 100,000 to 1,000,000 population)
Have you ever been disciplin school?	ned for student conduct violations (e.g. academic probation, dismissal, suspension, disqualification, etc.) by any college or
Answer:	No
Have you ever been disciplin school?	ned for academic performance (e.g. academic probation, dismissal, suspension, disqualification, etc.) by any college or
Answer:	No
Have you ever been convicte	ed of a Felony?
Answer:	No
Have you ever had any certif locality?	fication, registration, license or clinical privileges revoked, suspended or in any way restricted by an institution, state or
Answer:	No

University of St. Augustine - Residential Program

ACADEMIC HISTORY

STANDARDIZED TESTS

UNG	OFF	ICIAL	GRE
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Date	ETS Registration Code	Verbal	Quantitative	Analytical Writing
07-22-2017	1908789	159 83%	162 81%	4.0 60%
08-12-2017	1908789	163 93%	158 69%	4.5 82%

COLLEGES ATTENDED

001199 FOOTHILL COLLEGE

Start Date: 06-2015
End Date: 08-2018
State: California

Still Current: No
Primary: No
Regionally Accredited: Yes

Accredited By: Western Association of Schools and

Colleges, Accrediting Commission for Community and Junior Colleges

Major 2nd Major/Minor Status Degree Verified Degree Name Degree Date

No Degree Defined

001192 CUESTA COLLEGE

 Start Date:
 06-2017

 End Date:
 07-2017

 State:
 California

Still Current: No
Primary: No
Regionally Accredited: Yes

Accredited By: Western Association of Schools and

Colleges, Accrediting Commission for Community and Junior Colleges

Major 2nd Major/Minor Status Degree Verified Degree Name Degree Date

No Degree Defined

001143 CALIFORNIA POLYTECHNIC STATE UNIVERSITY - SAN LUIS OBISPO

Start Date: 09-2014
End Date: 03-2018
State: California

Still Current: No
Primary: Yes
Regionally Accredited: Yes

Accredited By: Western Association of Schools and

Colleges, Senior College and University

Commission

Major2nd Major/MinorStatusDegree VerifiedDegree NameDegree DateBiological Sciences- / NoneDegree AwardedYesBachelor of Science03-2018

University of St. Augustine - Residential Program

ACADEMIC HISTORY CONTINUED

COLLEGES ATTENDED

012907 LAKE TAHOE COMMUNITY COLLEGE

Start Date: 04-2015 End Date: 04-2018 State: California Still Current: No Primary: No

Regionally Accredited: Yes

Accredited By: Western Association of Schools and

Colleges, Accrediting Commission for Community and Junior Colleges

Major 2nd Major/Minor Status Degree Verified Degree Name Degree Date

No Degree Defined

666280 FOLSOM LAKE COLLEGE

Start Date: 06-2018
End Date: 08-2018
State: California

Still Current: No
Primary: No
Regionally Accredited: Yes

Accredited By: Western Association of Schools and

Colleges, Accrediting Commission for Community and Junior Colleges

Major 2nd Major/Minor Status Degree Verified Degree Name Degree Date

No Degree Defined

COURSEWORK

001143 CA	LIFORNIA POLYTECHNIC STATE	UNIVERSITY - SA	AN LUIS OBI	SPO					
Prefix	Course Title	Subject	Special Class	Course Type	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
Freshman C	Quarter Fall 2014: Completed	✓ Verified							
BIO 160	Diversity and History of Life	Biodiversity	Not Applicable	Lab And Lecture Combined	4.0		B+	B+	
COMS 102	Prin of Oral Communication	Communications	Not Applicable	Not Applicable	4.0		В	В	
PSY 202	General Psychology	Psychology	Not Applicable	Not Applicable	4.0		B+	B+	
SCM 150	Supplemental Workshops in Sci	Special Topics	Not Applicable	Not Applicable	1.0		CR	None	
ОТ	Test Credits	Test Credit - No Subject	Other Tests	Not Applicable	59.0		CR	None	
Freshman Q	Quarter Winter 2015: Complet	ted Verified	ĺ						
BIO 161	Intro:Cell & Molecular Biology	Cellular & Molecular Biology	Not Applicable	Lab And Lecture Combined	4.0		B+	B+	
CHEM 127	General Chemistry I	Chemistry	Not Applicable	Lab And Lecture Combined	4.0		B-	B-	
MU 101	Introduction to Music Theory	Music	Not Applicable	Not Applicable	4.0		B-	B-	

ACADEMIC HIS	STORY CONTINUED								
COURSEWO	DRK								
Freshman C	uarter Winter 2015: Complet	ed Verified							
ENGL 145	Reasoning/Argumentatn/Writing	Writing	Not Applicable	Not Applicable	4.0		C+	C+	
Freshman C	uarter Spring 2015: Complete	ed Verified							
BIO 162	Intro:Organismal Form & Funct	Anatomy & Physiology	Not Applicable	Lab And Lecture Combined	4.0		В	В	
MATH 162	Calculus for the Life Sci II	Calculus	Not Applicable	Not Applicable	4.0		B+	B+	
MATH 172	Calculus for the Life Sci Wrkshp II	Calculus	Not Applicable	Not Applicable	4.0		CR	None	
CHEM 128	General Chemistry II	Chemistry	Not Applicable	Lab And Lecture Combined	4.0		В	В	
012907 LA	KE TAHOE COMMUNITY COLLEC	GE .							
Prefix	Course Title	Subject	Special Class	Course Type	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
Freshman C	uarter Spring 2015: Complete	ed Verified							
SPA 101	Elementary Spanish I	Foreign Languages	Not Applicable	Not Applicable	5.0		Р	None	
Sophomore	Quarter Summer 1 2015: Con	npleted 🗸 Ver	ified						
PSY 202	Abnormal Psychology	Abnormal Psychology	Not Applicable	Not Applicable	4.0		Α	Α	
SPA 102	Elementary Spanish II	Foreign Languages	Not Applicable	Not Applicable	5.0		Р	None	
001199 FO	OTHILL COLLEGE								
Prefix	Course Title	Subject	Special Class	Course Type	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
Sophomore	Quarter Summer 1 2015: Con	npleted 🗸 Ver	ified						
MDIA 001	Intro to Film Studies	Film/Media	Not Applicable	Not Applicable	4.0		Α	Α	
001143 CA	LIFORNIA POLYTECHNIC STATE	UNIVERSITY - SA	N LUIS OBI	SPO					
Prefix	Course Title	Subject	Special Class	Course Type	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
Sophomore	Quarter Fall 2015: Completed	d ✓ Verified							
CHEM 129	Gen Chem: Agric & Life Sci III	Chemistry	Not Applicable	Lab And Lecture Combined	4.0		В	В	
BIO 263	Intro: Ecology and Evolution	Evolution	Not Applicable	Lab And Lecture Combined	4.0		A-	A-	
POLS 111	Calif Constitution / Government	Government	Not Applicable	Not Applicable	1.0		Α	Α	
PHYS 121	College Physics I	Physics	Not Applicable	Lecture Only	4.0		A-	A-	

ACADEMIC HISTORY CONTINUED

COURSEWO	DRK								
001143 CALIFORNIA POLYTECHNIC STATE UNIVERSITY - SAN LUIS OBISPO									
Prefix	Course Title	Subject	Special Class	Course Type	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
Sophomore	Quarter Fall 2015: Completed	d 🗸 Verified							
SCM 150	Supplemental Workshops in Sci	Special Topics	Not Applicable	Not Applicable	1.0		CR	None	
Sophomore	Quarter Winter 2016: Comple	eted 🗸 Verifie	ed						
KINE 324	Sport/Media/American Pop Cultu	Cultural Studies	Not Applicable	Not Applicable	4.0		Α	Α	
CHEM 312	Survey of Organic Chemistry	Organic Chemistry	Not Applicable	Lab And Lecture Combined	5.0		B+	B+	
PHYS 122	College Physics II	Physics	Not Applicable	Lab And Lecture Combined	4.0		В	В	
SCM 150	Supplemental Workshops in Sci	Special Topics	Not Applicable	Not Applicable	1.0		CR	None	
STAT 218	Applied Stats for Life Science	Statistics	Not Applicable	Not Applicable	4.0		B+	B+	
Sophomore	Quarter Spring 2016: Comple	eted 🗸 Verifie	d						
BIO 351	Principles of Genetics	Genetics	Not Applicable	Lab And Lecture Combined	5.0		B+	B+	
PHIL 339	Biomedical Ethics	Medical Ethics	Not Applicable	Not Applicable	4.0		Α	Α	
PHYS 200	Special Problems for Undergrad	Physics	Not Applicable	Lab Only	2.0		A-	A-	
BIO 361	Principles of Physiology	Physiology	Not Applicable	Lab And Lecture Combined	4.0		В	В	
Junior Quar	ter Fall 2016: Completed	✓ Verified							
BIO 232	Human Anatomy/Physiology II	Anatomy & Physiology	Not Applicable	Lab And Lecture Combined	5.0		A-	A-	
PSY 340	Biopsychology	Biological Psychology	Not Applicable	Not Applicable	4.0		Α	Α	
PHYS 123	College Physics III	Physics	Not Applicable	Lab And Lecture Combined	4.0		В	В	
Junior Quar	ter Winter 2017: Completed	✓ Verified							
BIO 231	Human Anatomy and Physiology	Anatomy & Physiology	Not Applicable	Lab And Lecture Combined	5.0		A-	A-	
BIO 414	Evolution	Evolution	Not Applicable	Lecture Only	4.0		B+	B+	
KINE 400	Special Problems for Adv Ugrds	Kinesiology	Not Applicable	Lecture Only	1.0		Α	Α	

Application Status **Verified**

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COURSEWO	ORK								
Junior Qua	rter Winter 2017: Completed	✓ Verified							
MCRO 224	General Microbiology I	Microbiology	Not Applicable	Lab And Lecture Combined	5.0		B+	B+	
Junior Qua	orter Spring 2017: Completed	✓ Verified							
PSY 405	Abnormal Psychology	Abnormal Psychology	Not Applicable	Not Applicable	4.0		Α	Α	
KINE 303	Physiology of Exercise	Exercise Physiology	Not Applicable	Lab And Lecture Combined	4.0		Α	Α	
KINE 400	Special Problems for Adv Ugrds	Kinesiology	Not Applicable	Lecture Only	2.0		Α	Α	
BIO 409	Muscle and Locomotion	Locomotion Studies	Not Applicable	Not Applicable	4.0		B+	B+	
001192 CU	JESTA COLLEGE								
Prefix	Course Title	Subject	Special Class	Course Type	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grad
Senior Sem	nester Summer 1 2017: Comple	ted 🗸 Verifie	d						
NDAD 000								_	
NRAD 222	Medical Terminology	Medical Terminology	Not Applicable	Not Applicable	3.0		Α	Α	
	Medical Terminology ALIFORNIA POLYTECHNIC STATE	Terminology	Applicable		3.0		A	Α	
		Terminology	Applicable		3.0	Ver. Credits	A App Grade	CAS Grade	Ver. Grad
001143 CA	ALIFORNIA POLYTECHNIC STATE Course Title	Terminology UNIVERSITY - SA	Applicable AN LUIS OBIS Special	SPO			Арр	CAS	
001143 CA	ALIFORNIA POLYTECHNIC STATE Course Title	Terminology UNIVERSITY - Sa Subject	Applicable AN LUIS OBIS Special Class Not	SPO			Арр	CAS	
001143 CA Prefix Senior Qua	ALIFORNIA POLYTECHNIC STATE Course Title arter Fall 2017: Completed	Terminology UNIVERSITY - So Subject Verified	Applicable AN LUIS OBIS Special Class	SPO Course Type	Credits		App Grade	CAS Grade	
O01143 CA Prefix Senior Qua KINE 301	ALIFORNIA POLYTECHNIC STATE Course Title arter Fall 2017: Completed Functional Anatomy	Terminology UNIVERSITY - So Subject Verified Anatomy	Applicable AN LUIS OBIS Special Class Not Applicable Not	Course Type Lecture Only Lecture Only Lab And Lecture	Credits		App Grade	CAS Grade	
O01143 CA Prefix Senior Qua KINE 301 BIO 415	ALIFORNIA POLYTECHNIC STATE Course Title arter Fall 2017: Completed Functional Anatomy Biogeography	Terminology UNIVERSITY - So Subject Verified Anatomy Biology	Applicable AN LUIS OBIS Special Class Not Applicable Not Applicable Not Not	Course Type Lecture Only Lecture Only Lab And	3.0 4.0		App Grade A- A-	CAS Grade A- A-	
OO1143 CA Prefix Senior Qua KINE 301 BIO 415 AEPS 329 BIO 406	ALIFORNIA POLYTECHNIC STATE Course Title arter Fall 2017: Completed Functional Anatomy Biogeography Plants, Food, & Biotechnology	Terminology UNIVERSITY - So Subject Verified Anatomy Biology Biotechnology	Applicable AN LUIS OBIS Special Class Not Applicable Not Applicable Not Applicable Not Applicable Not Applicable Not Applicable	Course Type Lecture Only Lecture Only Lab And Lecture Combined Lab And Lecture	3.0 4.0 4.0		App Grade A- A- A	CAS Grade A- A- A	
OO1143 CA Prefix Senior Qua KINE 301 BIO 415 AEPS 329 BIO 406	Course Title Arter Fall 2017: Completed Functional Anatomy Biogeography Plants, Food, & Biotechnology Advanced Anat & Phys: Neuroscience	Terminology UNIVERSITY - So Subject Verified Anatomy Biology Biotechnology Neurobiology	Applicable AN LUIS OBIS Special Class Not Applicable Not Applicable Not Applicable Not Applicable Not Applicable Not Applicable	Course Type Lecture Only Lecture Only Lab And Lecture Combined Lab And Lecture	3.0 4.0 4.0		App Grade A- A- A	CAS Grade A- A- A	
OO1143 CA Prefix Senior Qua KINE 301 BIO 415 AEPS 329 BIO 406 Senior Qua	Course Title Terrer Fall 2017: Completed Functional Anatomy Biogeography Plants, Food, & Biotechnology Advanced Anat & Phys: Neuroscience	Terminology UNIVERSITY - So Subject Verified Anatomy Biology Biotechnology Neurobiology Verified	Applicable AN LUIS OBIS Special Class Not Applicable Not Applicable Not Applicable Not Applicable Not Applicable	Course Type Lecture Only Lecture Only Lab And Lecture Combined Lab And Lecture Combined	3.0 4.0 4.0		App Grade A- A- A	CAS Grade A- A- A	
O01143 CA Prefix Senior Qua KINE 301 BIO 415 AEPS 329 BIO 406 Senior Qua BIO 401	ALIFORNIA POLYTECHNIC STATE Course Title Inter Fall 2017: Completed Functional Anatomy Biogeography Plants, Food, & Biotechnology Advanced Anat & Phys: Neuroscience Inter Winter 2018: Completed Principles of Conservation Biology	Terminology UNIVERSITY - So Subject Verified Anatomy Biology Biotechnology Neurobiology Verified Biology	Applicable AN LUIS OBIS Special Class Not Applicable	Course Type Lecture Only Lecture Only Lab And Lecture Combined Lab And Lecture Combined Lab Combined Lecture Combined	3.0 4.0 4.0 4.0		App Grade A- A- A	CAS Grade A- A- A	

ACADEMIC HIS	STORY CONTINUED								
COURSEWO	DRK								
012907 LA	KE TAHOE COMMUNITY COLLEG	iΕ							
Prefix	Course Title	Subject	Special Class	Course Type	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
Senior Quar	ter Spring 2018: Completed	✓ Verified							
ENG 101	Reading and Composition	Composition	Not Applicable	Not Applicable	5.0		Α	Α	
001199 FO	OTHILL COLLEGE								
Prefix	Course Title	Subject	Special Class	Course Type	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
Senior Quar	ter Spring 2018: Completed	✓ Verified							
MATH 010	ELEMENTARY Statistics	Statistics	Not Applicable	Not Applicable	5.0		Α	Α	
PSYC 040	Human Development	Human Development	Not Applicable	Not Applicable	5.0		A+	A+	
Post-Baccala	ureate Quarter Summer 2018:	Completed	✓ Verified						
PSYC 001	General Psychology	Psychology	Not Applicable	Not Applicable	5.0		A +	A +	
666280 FO	LSOM LAKE COLLEGE								
Prefix	Course Title	Subject	Special Class	Course Type	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
Post-Baccala	ureate Semester Summer 2018:	Completed	✓ Verified						
CHEM 400	General Chemistry I	Chemistry	Not Applicable	Lecture Only	5.0		Α	Α	

Application Status Verified

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CALCULATED GPA				
Title	Туре	Quality Points	Graded Hours	GPA Score
GPA by School - CALIFORNIA POLYTECHNIC STATE UNIVERSITY - SAN LUIS OBISPO	School	351.2	102.72	3.42
GPA by School - CUESTA COLLEGE	School	12.0	3.00	4.00
GPA by School - FOLSOM LAKE COLLEGE	School	20.0	5.00	4.00
GPA by School - FOOTHILL COLLEGE	School	50.7	12.67	4.00
GPA by School - LAKE TAHOE COMMUNITY COLLEGE	School	24.0	6.00	4.00
Anatomy & Physiology	Subject	48.1	14.01	3.43
Biology	Subject	93.5	26.68	3.51
Chemistry	Subject	54.2	16.34	3.32
English	Subject	19.5	6.00	3.24
Mathematics	Subject	30.9	8.67	3.57
Movement Science	Subject	35.5	10.01	3.55
Other Course	Subject	40.5	11.67	3.47
Other Sciences	Subject	26.7	6.67	4.00
Physics	Subject	30.8	9.34	3.30
Psychology	Subject	67.5	17.34	3.89
Social/Behavioral Science	Subject	10.7	2.67	4.00
Science	Subject	226.6	66.36	3.42
Science and Math	Subject	257.6	75.03	3.43
Cumulative Undergraduate	Year	457.9	129.39	3.54
Post-Baccalaureate	Year	33.3	8.34	4.00
Graduate	Year	0.0	0.00	0.00
Overall	Year	457.9	129.39	3.54

SUPPORTING INFORMATION

Employer:

Supervisor:

EXTRACURRICULAR ACTIVITIES	IOIAL HOURS: 790

02-18-2018/04-22-2018 Experience Type: **Extracurricular Activities Experience Dates:**

Part-time

Status: Recognition Type: Volunteer Hours per Week: 4 Title: Motivation Leader

Total Weeks: 10 San Luis Obispo Half Marathon-Training Group **Total Hours:**

> San Luis Obispo **Experience Details:** Organized and participated in training California 93401 regimens for athletes training for the San **United States** Luis Obispo Half-Marathon. Lead

workouts and encouraged athletes to **Emily Hoehenrieder** obtain 100% achievement for the goal of Club President running 13.1 miles under two and a half

+19162211660 hours.

emily.hoehenrieder@gmail.com Permit to Contact: Yes

12-21-2016/06-16-2017 Experience Type: **Extracurricular Activities Experience Dates:**

Recognition Type: Status: Part-time Received Academic Credit

Volunteer Hours per Week: 3

Title: Research Assistant **Total Weeks:** 30

Employer: **Total Hours:** 90 Cal Poly Kinesiology Research

1 Grand Ave **Experience Details:** Researched the effects of acute exercise Kinesiology on chemical and cellular changes in the San Luis Obispo brain. Developed, executed, and analyzed

the experiments to provide data on the California 93405 importance of exercise for the cognitive **United States** development of elementary school

Supervisor: Cory Greever children.

Ph.D., CSCS Permit to Contact: Yes +18057562103 greever@calpoly.edu

09-26-2016/06-16-2018 Experience Type: Extracurricular Activities **Experience Dates:**

Recognition Type: Status: Part-time Volunteer

Title: Bible Study Leader Hours per Week: 3

Total Weeks: 30 Employer: Kappa Kappa Gamma Bible Study 1716 Osos St **Total Hours:**

San Luis Obispo **Experience Details:** Organized bible study meetings, planned

California 93401 materials to go over, and promoted

> **United States** bonding and growth between the girls in the study.

Supervisor: Maddie Johnson

Permit to Contact: Yes Bible Study Co-leader

> +16263996354 madiej11@gmail.com

09-21-2015/06-16-2018

University of St. Augustine - Residential Program

SUPPORTING INFORMATION CONTINUED

EXTRACURRICULAR ACTIVITIES TOTAL HOURS: 790

Experience Type: **Extracurricular Activities Experience Dates:**

Part-time Recognition Type: Status: Volunteer Hours per Week: 1 Title: Club Member

Total Weeks: 20 Employer: California Polytechnic State University

Physical and Occupational Therapy Club **Total Hours:** 1 Grand Avenue **Experience Details:** Created a social network between San Luis Obipso students, faculty, alumni, and

California 93407 professionals interested in the field of **United States** Physical Therapy. Provided opportunities for Cal Poly SLO students to learn more Supervisor: Rachel Lindenauer

about the field, speak to DPT Admissions Club President councilors, and share advice and +19258993391 opportunities with other members.

rlindena@calpoly.edu Permit to Contact: Yes

Experience Type: Extracurricular Activities Experience Dates: 09-21-2015/06-16-2018

Recognition Type: Status: Part-time Volunteer 1 Hours per Week: Title: Lead Guitarist

Total Weeks: 270

Employer: Collaborative Music Sessions San Luis Obispo **Total Hours:** 270

California 93401 **Experience Details:** Played guitar and sang for a collaborative **United States**

group of musicians. Organized meetings Supervisor:

for jam sessions and taught guitar and Megan Wong vocal techniques to newer members Lead Vocalist resulting in a cohesive and skilled musical +15305745726

group. meganswong96@gmail.com Permit to Contact: Yes

Experience Type: **Extracurricular Activities Experience Dates:** 09-30-2014/06-16-2018

Recognition Type: Status: Part-time Volunteer Hours per Week: 2 Title: Club Member

90 **Total Weeks:** Employer: Cru Central Coast **Total Hours:** 1775 Calle Joaquin San Luis Obispo **Experience Details:** Attended weekly meetings for the club

> +18054032754 Crystal.Allstot@cru.org

California 93405 for personal growth, and to build **United States** relationships with like-minded people.

Permit to Contact: Supervisor: Yes Crvstal Allstot Cru Staff Member

SUPPORTING INFORMATION CONTINUED

EXPERIENCI

EXTRACURRICULAR ACTIVITIES TOTAL HOURS: 790

Experience Type: Extracurricular Activities

Recognition Type: Volunteer

Title: Member of Soccer Team
Employer: Intramural Sports, Cal Poly

1 Grand Ave San Luis Obispo California 93405 United States

Supervisor:

Intramural Sports +18057566044

imsports@calpoly.edu

Experience Type: Extracurricular Activities

Recognition Type: Volunteer
Title: Club Member

Employer: California Polytechnic State University

Hammock Club
1 Grand Avenue
San Luis Obispo
California 93407
United States
William Word

Supervisor: William Ward

Club President +15039912222 wjward@calpoly.edu Experience Dates:

09-29-2014/06-16-2018

Status: Part-time

Hours per Week: 1
Total Weeks: 70
Total Hours: 70

Experience Details: Participated in weekly soccer games as

part of an intramural team at Cal Poly.

Permit to Contact: Ye

Experience Dates: 09-21-2014/06-16-2018

Status: Part-time

Hours per Week: 1
Total Weeks: 30
Total Hours: 30

Experience Details: Furthered the mission of the Hammock

Club to unify students through the outdoors by using hiking, camping, and hammocking to connect with other members of the California Polytechnic State University community. Educated new members on how to hammock in a safe and eco-friendly way, and networked with product distributors to obtain

discounts for members purchasing

adventure gear.

Permit to Contact: Yes

SUPPORTING INFORMATION CONTINUED

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EMPLOYMENT TOTAL HOURS: 1350

Experience Type: Employment
Recognition Type: Compensated

Title: Study Session Leader

Employer: Student Academic Success Center, Cal

Poly San Luis Obispo 1 Grand Ave

San Luis Obipso
California 93405
United States

Supervisor: Nick Bryden

Study Session Coordinator

+18057567663 nbryden@calpoly.edu Experience Dates: 03-17-2016/06-16-2017

Status: Part-time

Hours per Week:10Total Weeks:30Total Hours:300

Experience Details: Facilitated study sessions for students in

Yes

Biology, Chemistry, and Physics classes. Lead group discussions and taught

students study skills.

Permit to Contact:

Experience Type: Employment

Recognition Type: Compensated

Title: Frontline Assistant

Employer: Associated Student Incorporation, Cal

Poly San Luis Obispo

1 Grand Ave San Luis Obispo California 93405 United States

Supervisor: Kay Pasillas

ASI Business Office Manager

+18057561198 kpasilla@calpoly.edu Experience Dates: 01-12-2015/03-25-2016

Status: Part-time Hours per Week: 10

Total Weeks: 33 Total Hours: 330

Experience Details: Processed purchase orders and contracts with performers, vendors, and clients for

events attended by over twenty thousand members of the community. Connected with prospective students to welcome them to the university and efficiently navigate their questions and concerns. Created educational outreach campaigns and compiled research data for a proposal of a new campus building worth \$180

million.

Permit to Contact: Yes

Experience Type: Employment
Recognition Type: Compensated
Title: Lifeguard

Employer: Lakeside Community Pool

3035 Maritime Dr

Elk Grove California 95758 United States

Supervisor: Alex Ruiz

Pool Manager +19167521808

alexanderruiz916@gmail.com

Experience Dates: 05-20-2014/09-04-2016

Status: Part-time

Hours per Week: 24
Total Weeks: 25
Total Hours: 600

Experience Details: Ensured the safety of all the guests,

worked the front desk to help people sign up for aquatic classes and rent out pool equipment, and kept the area clean and

orderly.

Permit to Contact: Yes

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Estes, Savannah Applicant ID 9869071700

Application Status Verified

University of St. Augustine - Residential Program

SUPPORTING INFORMATION CONTINUED

EXPERIENCE

Supervisor:

EMPLOYMENT TOTAL HOURS: 1350

Experience Type: Employment Experience Dates: 05-20-2014/09-04-2016

Recognition Type: Compensated Status: Part-time

Title:Swim InstructorHours per Week:4Employer:Lakeside Community PoolTotal Weeks:303035 Maritime DrTotal Hours:120

Elk Grove Experience Details: Educated pool guests about Swim Lesson opportunities and managed registration United States Educated pool guests about Swim Lesson opportunities and managed registration and scheduling for the lessons. Taught

United States and scheduling for the lessons. Taught

Alex Ruiz

Pool Manager

and scheduling for the lessons. Taught
safety skills and swim techniques at
varying levels for children ranging from

+19167521808 two to twelve years old.

alexanderruiz916@gmail.com

Permit to Contact: Yes

SUPPORTING INFORMATION CONTINUED

VOLUNTEER/COMMUNITY ENRICHMENT

TOTAL HOURS: 156

Experience Type: Volunteer Recognition Type: Volunteer

Title: Member of Philanthropy Committee Employer: Kappa Kappa Gamma Philanthropy

> Committee 1716 Osos St San Luis Obispo California 93401 **United States**

Supervisor: Cassidy Shevlin

Philanthropy Committee Chair

+13102275730

kkg.philanthropy.calpoly@gmail.com

10-04-2015/06-16-2018 **Experience Dates:**

Status: Part-time

Hours per Week: 1 **Total Weeks:** 60 **Total Hours:** 60

Experience Details: Member of philanthropy committee for

> the fraternity Kappa Kappa Gamma. Developed, executed, and organized events to raise money for Jack's Helping

Hand; a San Luis Obispo local

organization that provides assistance and programs to children with cancer and special needs. Fundraisers have included events such as 5k races and inner tube

water polo tournaments.

Permit to Contact: Yes

Experience Type: Volunteer Recognition Type: Volunteer Club Member

Employer: Reading is Fundamental Chapter, San Luis

Obispo

1 Grand Avenue San Luis Obispo California 93401 **United States**

Supervisor: Cassidy Shevlin

Philanthropy Committee Chair

+13102275730

kkg.philanthropy.calpoly@gmail.com

10-04-2015/06-16-2018 **Experience Dates:**

Status: Part-time

Hours per Week: Total Weeks: 18 **Total Hours:** 36

Experience Details: Organized events for national and local

> organizations such as Jack's Helping Hand, Reading is Fundamental, and other community service activities that raised over \$20.000, and earned the President's

Community Service Award for

Outstanding Greek Life Contribution.

Permit to Contact:

Yes

Experience Type: Volunteer Recognition Type: Volunteer

Title: Inter Housing Council Community

Representative

Employer: Inter Housing Council, Cal Poly

> 1 Grand Ave San Luis Obispo California 93405 **United States**

Supervisor:

Title:

Residential Outreach & Leadership Office

+18057566733 ihc@calpoly.edu

09-28-2014/06-11-2015 **Experience Dates:**

Status: Part-time

Hours per Week: 2 Total Weeks: 30 **Total Hours:**

Experience Details: Represented students living in Trinity Hall

at California Polytechnic State University, organized events for the dorm, and promoted healthy living for students transitioning in their first year of college.

Permit to Contact:

Yes

SUPPORTING INFORMATION CONTINUED

HONORS

Name: Dean's Honor List

Organization: California Polytechnic State University,

San Luis Obispo

Date: 03-23-2018

Description:

The Dean's Honors List recognizes undergraduate students who have completed 12 or more letter-graded units during the term with a GPA

of 3.50 or higher.

HONORS

Dean's Honor List Name:

Organization: California Polytechnic State University,

San Luis Obispo

Date: 12-08-2017

Description:

The Dean's Honors List recognizes undergraduate students who have completed 12 or more letter-graded units during the term with a GPA

of 3.50 or higher.

HONORS

Name: Dean's Honor List

California Polytechnic State University, Organization:

San Luis Obispo

06-16-2017 Date:

Description:

The Dean's Honors List recognizes undergraduate students who have completed 12 or more letter-graded units during the term with a GPA of 3.50 or higher.

HONORS

Dean's Honor List Name:

Organization: California Polytechnic State University,

San Luis Obispo

12-16-2016 Date:

Description:

The Dean's Honors List recognizes undergraduate students who have completed 12 or more letter-graded units during the term with a GPA of 3.50 or higher.

AWARDS

Name: Most Collaborative Study Session

Organization: Student Academic Success Center, Cal

Poly San Luis Obispo

11-17-2016 Date:

Description:

In keeping with Cal Poly's "Learn by Doing" motto, the goal of Study Sessions was not to facilitate team work and group learning in a way that allows students to work through the problems and come to their own conclusions. I was given this award because of the way I led a collaborative Study Session where students could learn and work together as a team.

AWARDS

Name: President's Community Service Award for

Outstanding Greek Li

Organization: California Polytechnic State University,

San Luis Obispo

Date: 05-12-2016

Description:

As a member of the Philanthropy Committee of the Fraternity of Kappa Kappa Gamma San Luis Obispo, we were selected for the President's Community Service Award for Outstanding Greek Life Contribution. We were selected due to our large scale events that raised funds for Jack's Hand, as well as smaller events such as donating blood, leading beach clean-ups, volunteering at the SLO Marathon, spending the weekend giving back at the Wildflower Triathlon and donating books and reading at local elementary schools during our Reading is Key events.

Estes, Savannah Applicant ID 9869071700

Application Status Verified

University of St. Augustine - Residential Program

SUPPORTING INFORMATION CONTINUED

ACHIEVEMENTS

AWARDS

Name: Best First Time Study Session Leader

Organization: Student Academic Success Center, Cal

Poly San Luis Obispo

Date: 05-05-2016

Description:

I facilitated study sessions for students in Biology, Chemistry, and Physics classes, lead discussion, and taught students study skills. After my first quarter of doing so, my supervisors gave me this award because of my ability to learn the job quickly, demonstrate excellent leadership ability in the sessions, and communicate clearly with the students.

HONORS

Name: Dean's Honor List

Organization: California Polytechnic State University,

San Luis Obispo

Date: 12-18-2015

Description:

The Dean's Honors List recognizes undergraduate students who have completed 12 or more letter-graded units during the term with a GPA of 3.50 or higher.

HONORS

Name: Salutatorian

Organization: Bradshaw Christian High School,

Sacramento, CA

Date: 06-05-2014

Description:

As the graduating senior with the second highest ranking GPA of 4.42, I was honored and given the opportunity to speak at graduation.

HONORS

Name: Soon-to-be published contributor of

Research Paper

Organization: Cal Poly Kinesiology Department

Date: -

Description:

The research question asked, "Are the acute cognitive benefits of moderate intensity exercise in preadolescent children related to neuroendocrine modulation?" Our team researched the effects of acute exercise on chemical and cellular changes in the brain. I helped design, develop, execute, and analyze the experiments. The study is still gathering data from a few more participants before it will be published.

PERSONAL STATEMENT

A large part of my childhood consisted of being dragged along for doctor appointments, helping my parents with home versions of occupational therapy treatments, and attempting to strike a delicate balance between love and chaos. My brother, Jack, was diagnosed with bipolar disorder and Asperger's syndrome at the age of five, and this changed my family forever. Bipolar disorder causes unusual shifts in energy and activity levels, and causes mood swings that include emotional highs and lows. Asperger's syndrome causes difficulty with social interaction, delayed motor development, repetitive behavior, and low displays of empathy.

This combination of symptoms makes Jack very difficult to interact with, and creates a complicated daily life for my family. There have been times when pills were forgotten, and the afternoon cycled between outbursts of crying and yelling. I remember making excuses not to invite friends over to my house because I was afraid of what they would think if they were caught in the fire of a manic episode. I even remember selfishly wishing I had a different brother. Now, however, I realize that experiencing the world through Jack's challenges has grown me into the person I am today and has driven me towards a career in physical therapy.

Living with Jack has taught me that you never know what another person is dealing with on the inside. Throughout my childhood, I witnessed Jack struggle to fit in at school with peers who didn't understand the mental challenges he had. I saw the pain he felt when he was misunderstood or ignored, and with a heavy heart I would try to cheer him up. These experiences have changed the way I view others, and I now find value in giving people the attention and encouragement they need and deserve. This perspective has shaped my approach to physical therapy as I have learned how to connect with people who are struggling, and to gently encourage them amidst their challenges. While working as a physical therapy aide, I asked a patient I was getting to know how she was doing. When she saw that I was genuinely interested, she started to tear up, and explained that she was frustrated with the way her back pain was not yet healing, keeping her out of work, and causing her to feel inadequate to take care of her family. Although there were dozens of other things going on in the office, pausing for a moment to listen to and reassure her made an incredible difference. Working to help my brother feel loved and understood has shaped me into an empathetic and perceptive person, and this outward focus allows me to encourage patients through their hardships.

My experience with Jack has also taught me how to make people feel comfortable and valued regardless of their status in society. A full year after

Application Status Verified

University of St. Augustine - Residential Program

SUPPORTING INFORMATION CONTINUED

PERSONAL STATEMEN

finishing high school, I was still helping Jack fix up his resume for job interviews that were consistently unsuccessful. Although he previously had been an active member of the youth group at our church, he became ashamed when he didn't know how to answer questions from peers about his work and school plans, and decided to stop attending. This experience showed me the way that shame and embarrassment can stall progress. I witnessed this in the clinic as well when a patient who had Parkinson's disease confessed to me that she might stop coming because she was embarrassed when she couldn't perform exercises very well. Thanks to my experiences with Jack, I recognized how critical this moment was. I assured her that she was doing a great job, and that a little progress each day adds up to big results. Because I understand and respect patients' feelings of vulnerability, I am committed to making them feel comfortable and valued so they can continue progressing toward their goals. You don't get to choose the family or circumstances you are born into, but you do have a choice in the way you respond. Witnessing Jack's struggle to overcome mental battles has allowed me to be perceptive and encouraging in patients' hardships. Realizing that shame and embarrassment can impede recovery has taught me the importance of motivating people to push forward to their goals. My relationship with my brother has, and will continue to have many challenges, but I am grateful for the love we share and the way he has influenced me to become an understanding, compassionate, and encouraging aspiring physical therapist.

LICENSES AND CERTIFICATIONS

Title: Adult and Pediatric First Aid/CPR/AED Issue Date: 07-25-2018

Certification Number: – Valid Until: 07-25-2020

Type: Certifications Description: –

American Red Cross

State: California

Organization:

TypeDocument RequestedUploadedFile NameUploaded DateCertificationsAdult and Pediatric First Aid/
CPR/AEDYesCertifications08-13-2018



Savannah Estes

has successfully completed requirements for

Adult and Pediatric First Aid/CPR/AED: valid 2 Years

Date Completed: 07/25/2018

conducted by: American Red Cross

Instructor: BRIDGET LEIGH FRASSRAND



ID: 136DXJ Scan code or visit: redcross.org/confirm

SUPPORTING INFORMATION CONTINUED

OBSERVATION HOURS

KAISER PERMANENTE SACRAMENTO

Facility Address: 2025 Morse Ave

Sacramento California 95825 United States Experience Dates:

07-03-2018/08-01-2018

Recognition Type:

Volunteer

Status: Completed PT Also Evaluator: No

Verification Status: Verified Signature Type: Electronic Signature

Settings and Hours of Experience	HRS Completed	HRS Planned/IP
INPATIENT Settings		
Acute Care Hospital	56	0
Nursing Home/Skilled Nursing Facility/Extended Care Facility	0	0
Other Inpatient Facility	0	0
Rehabilitation/Sub-acute Rehabilitation	0	0
OUTPATIENT Settings		
Free-standing PT or Hospital Clinic	0	0
Home Health	0	0
Industrial/Occupational Health	0	0
Other Outpatient Facility	0	0
School/Pre-school	0	0
Wellness/Prevention/Fitness	0	0
Total Hours for All Settings	56	0
D.: 1D: /D 1:: 01		

Patient Diagnoses/Populations Observed

General Orthopedic (musculoskeletal)

Neurological (neuromuscular)

Cardiovascular / Pulmonary

Geriatrics

Womens Health

PT Supervisor

Name: Bethany Lata
Phone: +19169737275
Email: bethany.p.lata@kp.org

License Number: License State: 30116 California

SUPPORTING INFORMATION CONTINUED

OBSERVATION HOURS

SPORTS & WELLNESS PHYSICAL THERAPY

Facility Address: 3440 S Higuera St #120

San Luis Obispo California 93401 United States Experience Dates:

08-27-2017/06-08-2018

Recognition Type:

Paid

Status: Completed PT Also Evaluator: Yes

Verification Status:VerifiedSignature Type:Electronic Signature

Settings and Hours of Experience	HRS Completed	HRS Planned/IP
INPATIENT Settings		
Acute Care Hospital	0	0
Nursing Home/Skilled Nursing Facility/Extended Care Facility	0	0
Other Inpatient Facility	0	0
Rehabilitation/Sub-acute Rehabilitation	0	0
OUTPATIENT Settings		
Free-standing PT or Hospital Clinic	560	0
Home Health	0	0
Industrial/Occupational Health	0	0
Other Outpatient Facility	0	0
School/Pre-school	0	0
Wellness/Prevention/Fitness	0	0
Total Hours for All Settings	560	0

20

Patient Diagnoses/Populations Observed

General Orthopedic (musculoskeletal)

Neurological (neuromuscular)

Integumentary (wound management)

Geriatrics Pediatrics

Sports

Womens Health

PT Supervisor

Name: Douglas Johnson
Phone: +18054392159
Email: swptslo@gmail.com

License Number: – License State: –

SUPPORTING INFORMATION CONTINUED

OBSERVATION HOURS

RESULTS PHYSICAL THERAPY AND TRAINING CENTER

Facility Address: 3727 Bradview Dr

#90

Sacramento
California 95827
United States

Experience Dates:

07-12-2016/08-23-2016

Application Status Verified

Recognition Type:

Volunteer

Status: Completed PT Also Evaluator: No

Verification Status: Verified Signature Type: Electronic Signature

Settings and Hours of Experience	HRS Completed	HRS Planned/IP
INPATIENT Settings		
Acute Care Hospital	0	0
Nursing Home/Skilled Nursing Facility/Extended Care Facility	0	0
Other Inpatient Facility	0	0
Rehabilitation/Sub-acute Rehabilitation	0	0
OUTPATIENT Settings		
Free-standing PT or Hospital Clinic	24	0
Home Health	0	0
Industrial/Occupational Health	0	0
Other Outpatient Facility	0	0
School/Pre-school	0	0
Wellness/Prevention/Fitness	0	0
Total Hours for All Settings	24	0
Patient Diagnocas/Panulations Observed		

Patient Diagnoses/Populations Observed

General Orthopedic (musculoskeletal)

Neurological (neuromuscular)

Pediatrics

Sports

PT Supervisor

Name: Dan MacLean Phone: +19163627962

Email: dan@resultstherapy.com

License Number: License State: 38932 California

SUPPORTING INFORMATION CONTINUED

OBSERVATION HOURS

SIERRA VISTA REGIONAL MEDICAL CENTER

Facility Address: 1010 Murray Ave

San Luis Obispo California 93405 United States Experience Dates:

10-05-2016/11-04-2016

Recognition Type:

Volunteer

Status: Completed PT Also Evaluator: No

Verification Status: Verified Signature Type: Electronic Signature

Settings and Hours of Experience	HRS Completed	HRS Planned/IP
INPATIENT Settings		
Acute Care Hospital	30	0
Nursing Home/Skilled Nursing Facility/Extended Care Facility	0	0
Other Inpatient Facility	0	0
Rehabilitation/Sub-acute Rehabilitation	0	0
OUTPATIENT Settings		
Free-standing PT or Hospital Clinic	0	0
Home Health	0	0
Industrial/Occupational Health	0	0
Other Outpatient Facility	0	0
School/Pre-school	0	0
Wellness/Prevention/Fitness	0	0
Total Hours for All Settings	30	0

Patient Diagnoses/Populations Observed

General Orthopedic (musculoskeletal)

Neurological (neuromuscular)

Cardiovascular / Pulmonary

Integumentary (wound management)

Geriatrics

PT Supervisor

 Name:
 Sue Dariz

 Phone:
 +18055467648

Email: sue.dariz@tenethealth.com

License Number: License State: 13673 California

SUPPORTING INFORMATION CONTINUED

OBSERVATION HOURS

BURGER PHYSICAL THERAPY

Facility Address: 9045 Bruceville Rd

#130 Elk Grove California 95758 United States Experience Dates:

07-11-2016/08-31-2016

Recognition Type: Volunteer

Status: Completed PT Also Evaluator: No

Verification Status:	Verified	Signature Type:	Electronic Signature	е
Settings and Hours of Experie	ence		HRS Completed	HRS Planned/IP
INPATIENT Settings				
Acute Care Hospital			0	0
Nursing Home/Skilled Nu	rsing Facility/Extended Care Facility		0	0
Other Inpatient Facility			0	0
Rehabilitation/Sub-acute	Rehabilitation		0	0
OUTPATIENT Settings				
Free-standing PT or Hospi	ital Clinic		88	0
Home Health			0	0
Industrial/Occupational H	lealth		0	0
Other Outpatient Facility			0	0
School/Pre-school			0	0
Wellness/Prevention/Fitn	ess		0	0
Total Hours for All Settings			88	0
Patient Diagnoses/Population	ns Observed			
General Orthopedic (musc	culoskeletal)			
Neurological (neuromuscu	ılar)			
Geriatrics				
Pediatrics				
Sports				
PT Supervisor				
Name:	Chris Bartkowski	License Number:	_	
Phone:	+19167043265	License State:	_	
Email:	cbartkowski@burgerrehab.com			

SUPPORTING INFORMATION CONTINUED

OBSERVATION HOURS

SPORTS & WELLNESS PHYSICAL THERAPY

Facility Address: 3440 S Higuera St

#120

San Luis Obispo California 93401 United States Experience Dates:

05-09-2017/08-27-2017

Recognition Type:

Paid

Yes

Status: Completed PT Also Evaluator:

Verification Status:VerifiedSignature Type:Electronic Signature

Settings and Hours of Experience	HRS Completed	HRS Planned/IP
INPATIENT Settings		
Acute Care Hospital	0	0
Nursing Home/Skilled Nursing Facility/Extended Care Facility	0	0
Other Inpatient Facility	0	0
Rehabilitation/Sub-acute Rehabilitation	0	0
OUTPATIENT Settings		
Free-standing PT or Hospital Clinic	355	96
Home Health	0	0
Industrial/Occupational Health	0	0
Other Outpatient Facility	0	0
School/Pre-school	0	0
Wellness/Prevention/Fitness	0	0
Total Hours for All Settings	355	96

Patient Diagnoses/Populations Observed

General Orthopedic (musculoskeletal)

Neurological (neuromuscular)

Integumentary (wound management)

Geriatrics

Pediatrics

Sports

Womens Health

PT Supervisor

Name: Douglas Johnson
Phone: +18054392159
Email: swptslo@gmail.com

License Number: License State: CA14568 California

DOCUMENTS

Document Requested Uploaded File Name Uploaded Date

CUSTOM QUESTIONS

PTA EDUCATION

* 1. Have you graduated from a CAPTE-accredited physical therapist assistant (PTA) program?

Answer: No

PREVIOUS PHYSICAL THERAPIST EDUCATION

* 1. Have you previously enrolled in a professional physical therapist (PT) program? If yes, you MUST list the institution in the Colleges Attended section of the application, enter all attempted and completed PT courses in the Transcript Entry section of the application and have an official transcript sent to PTCAS. Failure to report this institution and associated coursework may jeopardize your application.

Answer: No

GENDER IDENTITY

* 1. How do you describe your current gender identity?

Answer: Female/Woman

PTCAS CERTIFICATION AND AUTHORIZATION STATEMENT

* 1. I certify, as required in the application, that I have read and understand all application instructions, including the provisions which note that I am responsible for monitoring and ensuring the progress of my application.

I certify that I have read and will abide by all program-specific instructions for my designated physical therapist programs. I certify that I have read and understand the American Council of Academic Physical Therapy (ACAPT) Admissions Traffic Rules for Applicants.

I certify that all the information and statements I have provided in this application are current, correct, and complete to the best of my knowledge.

I certify that my personal essay and the information on my application represent my own work.

I understand that withholding information requested on the PTCAS application, or giving false information, may be grounds for denial of admission to a program participating in PTCAS or may be grounds for expulsion from the institution after I have been admitted.

I acknowledge that a program that makes an offer of acceptance to me will also know the number of offers I have received and accepted at other programs in PTCAS. While the admissions cycle is open, my designated programs will not know the total number of programs I selected on the application or other (non-acceptance) admission decisions made by other programs in PTCAS.

I acknowledge that if I start classes at a PT program, my other designated programs in which my application is still under consideration will be able to view matriculation status, if reported to PTCAS.

I acknowledge that in October after the end of the PTCAS admissions cycle, only my designated programs will be able to view to what other programs I applied via PTCAS and the final admission decision reported by each program.

I agree, understand and consent to PTCAS and the American Physical Therapy Association (APTA) releasing my de-identified application data that does not contain personally identifiable information, as set forth in the PTCAS privacy statement, and admission decisions submitted to PTCAS by my designated PT programs to third party health and education organizations for educational research purposes (including surveys). Such educational research is conducted for the purpose of improving PT education and admissions.

I acknowledge and agree that my sole remedy in the event of any proven errors or omissions related to the handling or processing of my application by PTCAS is to obtain a refund of my PTCAS application fee.

Answer: Indicate your understanding and acceptance of the terms described above by checking this box. Your certification of this statement serves the same purpose as a legal signature, and is binding.

Estes, Savannah Applicant ID 9869071700

Application Status Verified

University of St. Augustine - Residential Program

DESIGNATIONS

DOCTOR OF PHYSICAL THERAPY - RESIDENTIAL (CA CAMPUS)

Organization: University of St. Augustine - Residential

Program

Department: **Program Level:**

Enrollment: Fall 2019

Campus:

Program Start Date: 09/09/2019 Submitted Date: 09-10-2018 **Completed Date:** 09-10-2018

Verified Date: 09-10-2018 **Application Status:** Verified

Academic Update Status:

Last Updated: 09-10-2018

SUPPLEMENTAL QUESTIONS

RE-APPLICANT QUESTIONS

1 Have you previously applied to this education program?

2 If you are reapplying to this program, how have you strengthened your application?

Answer: Not Applicable

CAMPUS AND TERM

1 Applicants are allowed only one application to be reviewed by Admissions. Please select one campus and term.

Answer: San Marcos, CA - Summer 2019

SECONDARY CAMPUS CHOICE

1 Should your campus choice reach capacity, are you open to attending a different USAHS location?

and Physiology

Answer:

Austin, TX

San Marcos, CA

AGREEING TO TERMS OF APPLICATION

By selecting "I Agree" you are acknowledging that you understand (1) only one application is allowed to be evaluated, (2) after submission through PTCAS you must follow through with an Enrollment Advisor to have your application reviewed as your application is not submitted automatically and (3) you have completed our required one-page online supplemental form. For any questions, please email us at enroll@usa.edu.

Answer: I Agree

PREREQUISITES

1

Prerequisite: Anatomy & Physiology I Prereq Description: Knowledge of human body, structure and function. 1 of 2 courses required

Minimum Credits: 3 Minimum Grade: 2.0

Special CAS Ver. Ver. App College Prefix Course Title Subject Credits Class Credits Grade Grade Grade **BIO 231 Human Anatomy** Anatomy & 5.0 Not A-A-

Physiology

001143 CALIFORNIA **POLYTECHNIC STATE UNIVERSITY - SAN LUIS**

OBISPO

Prerequisite: Human Growth and Development over

Lifespan

Minimum Credits: 3 Minimum Grade: 2.0 **Prereq Description:** Human or lifespan development course that includes physical and psycho-social

Applicable

development from birth through end of life. Not Acceptable: Classes that are solely based on psychological/mental, or

solely based on motor control.

DESIGNATIONS CONTINU	JED								
DOCTOR OF PHYSICAL	L THERAPY - RES	IDENTIAL (CA CAN	MPUS)						
PREREQUISITES									
College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
001199 FOOTHILL COLLEG	E PSYC 040	Human Development	Human Developm	Not ent Applicable	5.0		A+	A+	
Prerequisite: Minimum Credits: Minimum Grade:	Social/Behaviora 3 2.0	l Science	Pre	ereq Description:	Any com Sociocult Anthropo Developi (must sho Ethnicity See Direc	tural/Soc ology, Hu ment, Pul ow huma or Gend	ioeconor man Beh olic Healt n relation er Studie	mic, lavior and th, Humai nships), es courses	l nities
College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
001143 CALIFORNIA POLYTECHNIC STATE UNIVERSITY - SAN LUIS OBISPO	PSY 405	Abnormal Psychology	Abnormal Psycholog		4.0		Α	Α	
Prerequisite: Minimum Credits: Minimum Grade:	Chemistry 3 2.0		Pre	ereq Description:	General o		Level Ch	emistry. í	1 of 2
College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
666280 FOLSOM LAKE COLLEGE	CHEM 400	General Chemistry	Chemistry	Not Applicable	5.0		Α	Α	
Prerequisite: Minimum Credits: Minimum Grade:	Physics 3 2.0		Pre	ereq Description:	General of Biomech can be su courses r	anics or A obstituted	Anatomic	al Kinesi	
College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
001143 CALIFORNIA POLYTECHNIC STATE UNIVERSITY - SAN LUIS OBISPO	KINE 301	Functional Anatomy	Anatomy	Not Applicable	3.0		A-	A-	
001143 CALIFORNIA POLYTECHNIC STATE UNIVERSITY - SAN LUIS OBISPO	PHYS 122	College Physics II	Physics	Not Applicable	4.0		В	В	
Prerequisite: Minimum Credits:	Biology / Biologio	cal Science	Pre	ereq Description:	General of Must be	Human B	ased Bio	logy;	į
Minimum Grade:	2.0				knowled function. substitut required	Exercise ed for on	Physiolo	gy can be	9
College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
001143 CALIFORNIA POLYTECHNIC STATE	KINE 303	Physiology of Exercise	Exercise Physiology	Not y Applicable	4.0		Α	Α	

DESIGNATIONS CONTINU	JED									
DOCTOR OF PHYSICAL	THERAPY - RES	IDENTIAL (CA CA	MPUS)							
PREREQUISITES College	Prefix	Course Title	Subject		Special	Credits	Ver.	Арр	CAS	Ver.
UNIVERSITY - SAN LUIS OBISPO	FIERX	Course Title	Subject	•	Class	Credits	Credits	Grade	Grade	Grade
Prerequisite: Minimum Credits: Minimum Grade:	Medical Termino 3 2.0	logy		Prereq Des	cription:	Not Acce credit cla transcrip semester Medical	sses, or 0 t showing credit/1	CEUs. Mu g a minim .5 quarte	ist have num of 1	
College	Prefix	Course Title	Subject	t	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
001192 CUESTA COLLEGE	NRAD 222	Medical Terminology	Medica Termin		Not Applicable	3.0	S. Cuito	A	A	S. duc
Prerequisite: Minimum Credits: Minimum Grade:	Anatomy & Phys 3 2.0	iology II		Prereq Des	cription:	Knowled function.				e and
College	Prefix	Course Title	Subject	t	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
001143 CALIFORNIA POLYTECHNIC STATE UNIVERSITY - SAN LUIS OBISPO	BIO 232	Human Anatomy/ Physiology II	Anaton Physiol	,	Not Applicable	5.0		A-	A-	
Prerequisite: Minimum Credits: Minimum Grade:	Biology / Biologic 3 2.0	cal Science		Prereq Des	cription:	General of Must be knowled; function, substitut	Human B ge of hum Exercise ed for on	ased Bio nan body Physiolo	logy; structur gy can be	9
College	Prefix	Course Title	Subject	t	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
001143 CALIFORNIA POLYTECHNIC STATE UNIVERSITY - SAN LUIS OBISPO	BIO 406	Advanced Anat & Phys: Neuroscience	Neurob	oiology	Not Applicable	4.0		Α	Α	
001143 CALIFORNIA POLYTECHNIC STATE UNIVERSITY - SAN LUIS OBISPO	BIO 202	Orientation to Biotechnology	Biotech	nnology	Not Applicable	2.0		Α	Α	
Prerequisite: Minimum Credits: Minimum Grade:	Social/Behaviora 3 2.0	Il Science		Prereq Des	cription:	Any composite Sociocult Anthropo Developi (must sho Ethnicity See Direct	cural/Soc blogy, Hu ment, Pul bw huma or Gend	ioeconor man Beh olic Healt n relation er Studie	nic, avior and h, Human hships), s courses	l nities

DESIGNATIONS CONTINU	IED								
DOCTOR OF PHYSICAL	THERAPY - RES	IDENTIAL (CA CAN	MPUS)						
PREREQUISITES									
College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
001199 FOOTHILL COLLEGE	PSYC 040	Human Development	Human Development	Not Applicable	5.0		A+	A+	
001199 FOOTHILL COLLEGE	PSYC 001	General Psychology	Psychology	Not Applicable	5.0		A+	A+	
Prerequisite: Minimum Credits: Minimum Grade:	Chemistry 3 2.0		Prereq Des	scription:	General o		Level Ch	emistry. 2	2 of 2
College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
001143 CALIFORNIA POLYTECHNIC STATE UNIVERSITY - SAN LUIS OBISPO	CHEM 312	Survey of Organic Chemistry	Organic Chemistry	Not Applicable	5.0		B+	B+	
Prerequisite: Minimum Credits: Minimum Grade:	Physics 3 2.0		Prereq De	scription:	General of Biomech can be su courses r	anics or A obstituted	Anatomio	al Kinesi	.
College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
001143 CALIFORNIA POLYTECHNIC STATE UNIVERSITY - SAN LUIS OBISPO	PHYS 121	College Physics I	Physics	Not Applicable	4.0		A-	A-	
001143 CALIFORNIA POLYTECHNIC STATE UNIVERSITY - SAN LUIS OBISPO	PHYS 200	Special Problems for Undergrad	Physics	Not Applicable	2.0		Α-	A-	
DOCUMENTS									
Document Requested	Upload	ed File Na	ame			U	ploaded	Date	
Other	Yes	Other				0	9-10-20:	18	
Other	Yes	Other				0	9-10-20	18	

SAVANNAH ESTES

savannahlestes@gmail.com | (916) 690-4562

A driven, passionate, and personable leader known for bringing positivity to dynamic team environments and going above and beyond to make patients of all backgrounds feel comfortable and valued. Her background in business administration allows her to effectively manage and take initiative in clerical and customer service roles, bringing a combination of organizational and relational skills crucial to a physical therapy team.

EDUCATION

Bachelor of Science in Biology California Polytechnic State University 2018

WORK EXPERIENCE

Sports and Wellness Physical Therapy

Physical Therapy Aide|San Luis Obispo, CA |May 2017 — June 2018 Outpatient physical therapy clinic focusing on rehabilitation and healthy living.

- Managed health information in order to efficiently coordinate with health care providers and insurance companies leading to increased patient enrollment.
- Worked collaboratively with Physical Therapists to instruct patient exercises in accordance with treatment plans resulting in their improved strength, flexibility, and function.
- Appointed by clinic director to train new employees in patient modality treatments such as electric stimulation, ultra sound, and ice and heat treatments.

Results Physical Therapy

Physical Therapy Intern|Sacramento, CA | June 2016 — September 2016 Outpatient physical therapy clinic specializing in sports medicine and performance training.

- Implemented workout programs for collegiate and recreational athletes to increase awareness about wellness and safe training.
- · Organized referrals and insurance documents to provide pertinent patient data for Physical Therapists.
- · Maintained and assembled physical therapy equipment to ensure safe and effective treatment.

Associated Student Incorporation, California Polytechnic State University

Frontline Assistant|San Luis Obispo | January 2015 — March 2016

ASI aims to enhance the quality of student life and to complement the educational mission of Cal Poly through cultural and recreational programs.

- Processed purchase orders and contracts with performers, vendors, and clients for events attended by over twenty thousand members of the community.
- Connected with prospective students to welcome them to the university and efficiently navigate their questions and concerns.
- Created educational outreach campaigns and compiled research data for a proposal of a new campus building worth \$180 million.

VOLUNTEER EXPERIENCE

Kaiser Permanente | June — August 2018

• Assisted Physical Therapists in assessing and rehabilitating hospitalized patients and developed interpersonal skills to clearly and compassionately interact with patients of diverse backgrounds and conditions.

Philanthropy Committee of Kappa Kappa Gamma | September 2015 — June 2018

• Organized events for national and local organizations such as Jack's Helping Hand, Reading is Fundamental, and other community service activities that raised over \$20,000, and earned the President's Community Service Award for Outstanding Greek Life Contribution.

Research Associate, California Polytechnic State University | December 2016 — June 2017

• Developed, executed, and analyzed experiments to provide data on the importance of exercise for the cognitive development of elementary school children.

RELEVENT COURSEWORK

Biomechanics, Anatomy, Exercise Physiology, CPR and First Aid Certified.

Statement of Purpose

The ability to effectively and compassionately interact with a diverse group of people is a key skill in physical therapy. My highest strength, as identified by an in-depth personality test required by California Polytechnic State University, is my ability to build relationships with many different types of people. My passion for learning about and understanding people has driven me to pursue a profession in physical therapy where I will be able to work with a wide variety of patients.

Throughout my life, I have had many unique experiences that have prepared me to relate to a diverse group of people. One of the most significant of these experiences is my relationship with my younger brother, Jack. Jack has bipolar disorder and Asperger's syndrome, which has affected many aspects of my family's life. I have seen the struggle he and my parents faced to get him the help he needed in school, and for him to develop friendships in spite of his differences. Understanding the difficulties of my brother's disability allows me to empathize with people facing similar challenges. I am sensitive to the frustrations of people who struggle to overcome social barriers, mental illness and physical limitations. This perspective informs my pursuit of a career in physical therapy, as it will allow me to help a wide range of people overcome challenges and to make a positive impact on their lives.

Another piece of my background that prepared me to interact effectively with diverse individuals was living in a multigenerational household. I watched my grandmother come to acceptance with retirement, sacrifice some of her independence when she moved in with us, and deal with memory loss. The geriatric patient population is expanding as the baby boomer generation ages, and many of these older adults will seek physical therapy. As I worked with these patients as a physical therapy aide, I was able to relate to their struggles and to understand

the impact injury rehabilitation can have on their lives due to my background growing up in a multigenerational home.

I acknowledge that I haven't experienced the kind of the discrimination many others have faced, but I have been treated differently on the basis of my gender, most notably when I entered the world of motorcycle riders. Last year I showed up to the first day of my motorcycle class to find that I was the only woman in a room full of thirty men. I found myself constantly being picked on by the class instructor, aggressively passed by other riders, and ridiculed for making simple mistakes. I learned what it is like to feel unwanted, underestimated, and misjudged by people who feel superior. This new perspective motivated me in the physical therapy clinic when coworkers were still using the previous gender name of a transgender patient. When I realized this discrepancy, I changed his name on the schedule and clarified with the staff to ensure the patient was addressed the way he wished to be. Soon after, everyone was greeting him by his preferred name and his appreciation was evident. This greater understanding of the effect of disrespect and bias lead me to put great effort into treating individuals with the respect and dignity they deserve. Although the gender discrimination I experienced was minor compared to what other people experience every day, it raised my awareness of the effects of marginalization, and I am now more intentional about making people feel valued and comfortable regardless of gender, race, sexual orientation, religion, age, or mental capabilities. I recognize that my relative privilege gives me a responsibility to advocate for those who feel excluded, and I strive to amplify their voices as they speak out for change.

My life experiences in the areas of disability, age, and gender have built upon my relational strengths and have shaped me into the person I am today. My empathy and respect for others will be core strengths as I interact with patients who are different than me in their social,

cultural, and economic background, and strive to make a difference in the lives of a diverse patient population. Through development of critical thinking, ethical and behavioral standards, and commitment to professionalism, University of St. Augustine's Doctor of Physical Therapy Program would excellently prepare me to achieve these goals and become a competent and compassionate physical therapist.

Estes, Savannah Applicant ID 9869071700

Application Status Verified

University of St. Augustine - Residential Program

ADVISOR RELEASE STATEMENT

By answering Yes, you authorize PTCAS to release selected information regarding your PTCAS application and admission status to the health professions advisor and the health professions advisory committee of the post-secondary institution(s) that you have attended. By releasing your information, your advisor is better able to assist you in the admissions process, as well as better guide other students in the future. You cannot make changes to this item after you submit your application to PTCAS.

Advisor Release Statement Answer: Yes

Estes, Savannah Applicant ID 9869071700

Application Status Verified

University of St. Augustine - Residential Program

PRESUBMISSION RELEASE

By answering Yes, you authorize PTCAS to release your name and contact information to your designated programs BEFORE you submit your final application. This will allow your designated programs to send you important information about the local admissions process before you complete your application.

Presubmission Release Answer: Yes

EVALUATIONS							
EVALUATOR INF	FORMATION						
Cory Greever							
Title: A Occupation: E Organization: C	Assistant Professor Exercise Physiologist California greever@calpoly.edu		Daytime Phone: Date Completed: Status:	7575727110 07/31/2018 Completed			
I waive my right of	access to this evaluation:	YES					
	Physical Therapist?	No					
How long have you	known the applicant?	1-2 years					
If you are a physica indicate the physic from which you gra	al therapy institution	-					
How well do you ki	now the applicant?	Very Well					
If you are a physica indicate in which st	al therapist, please tate you are licensed	_					
	t best describes your n with the applicant:	Professor					
If you are a physica your PT licensure r	al therapist, please enter number.	_					
Major"; above, list	ofessor" or "Professor in all courses in which you cant (for example: Intro n 101)	KINE 400					
	w many references do alf of physical therapy ar?	4-5					
REFERENCE RAT	TINGS						
			Not Po Observed (1		Average (3)	Good (4)	Excellent (5)
Commitment to Le	arning						•
Critical Thinking							✓
Empathy							~
Ethics							✓
Interpersonal Skills	s						~
Leadership							•
Oral Communication							•
Professional Deme							•
Response to Critic	ism						•
Responsibility							•
Stress Managemer	nt						•
Team Skills							•
Time Management							~
Written Communic	cation						-
	TION CONCERNING AD	OMISSION					
I highly recomme	end this applicant						

To whom it may concern,

Savannah Estes was a research assistant in my laboratory at California Polytechnic State University for the duration of the 2016-2017 school year. In the Human Performance Laboratory, we ask questions that are related to the impact of exercise and physical activity on physical health, mental health, and athletic performance. A particular area of interest in my research has been the acute effects of exercise on cognition and sleep in preadolescent children. Savannah, while not a student in our department of Kinesiology, came to me from her home in Biology asking me to get involved with my research. She had heard that we were looking into the potential roles of the hypothalamic-pituitary-adrenal axis and the sympathetic nervous system in augmenting cognition following exercise in preadolescents. The initial project was still in the conception phase when Savannah came into the lab, and she was heavily involved in the research design of this study. We met every week to discuss her reviews of the literature and she always came with a new thought or idea that would help improve the protocol or make us think more critically about the research question at-hand.

If you know anything of Cal Poly, you may know that our motto is "Learn By Doing". Savannah Estes is one of the finest examples of that motto I have come across in my time here. Not only did she demonstrate abilities to take preadolescent children through a laboratory exercise protocol, administer batteries of cognitive tests, and collect salivary samples for hormonal analysis; she was also critical in recruiting participants. Savannah actual did a gorilla marketing campaign at sever local events where she would just show up with stacks of fliers and recruit by word of mouth. I was impressed that an undergraduate student would take that initiative on her own (I didn't instruct her to do this). In my estimation, although I am not a Physical Therapist, the field of Physical Therapy seems to be about solving problems. Addressing the unique challenges each patient faces on the path to recovery may be scientifically different than cold recruiting in a community, but it represents the same set of personal skills that can't be taught in a laboratory. She saw that our biggest problem was not in our protocol, it was getting participants in this hard to reach age group. She did not hesitate to carry out anything that needed to be done to solve that problem, which is also a reflection of her commitment and tenacity. Any school of Physical Therapy who decides to admit this student will see exactly what I am talking about from the moment you meet Savannah. Her energy and her smile bring light to all those around her and I couldn't be more excited to see where she ends up. If you have any questions regarding this applicant, do not hesitate to contact me.

Sincerely,

Cory Greever, Ph.D, CSCS

Cory J. Greever

Assistant Professor

Human Performance Laboratory

Department of Kinesiology

California Polytechnic State University

San Luis, Obispo, CA

greever@calpoly.edu

EVALUATIONS CC	ONTINUED							
EVALUATOR IN	IFORMATION							
Chris Bartkowski								
Occupation: Organization:	PT Physical Therapist Alars Home Health chrisbartkowski78@gmail.co	om	Daytime Phone Date Completed Status:		916-704-3265 08/04/2018 Completed			
I waive my right of access to this evaluation:		YES						
Are you a licensed Physical Therapist?		Yes						
How long have yo	u known the applicant?	2-3 years						
If you are a physical therapist, please indicate the physical therapy institution from which you graduated		Sacramento State						
How well do you l	know the applicant?	Very Well						
If you are a physical therapist, please indicate in which state you are licensed		California						
	Select the role that best describes your primary interaction with the applicant:							
If you are a physical therapist, please enter your PT licensure number.		PT 41367						
Major"; above, list	rofessor" or "Professor in t all courses in which you icant (for example: Intro em 101)	_						
	ow many references do half of physical therapy ear?	1						
REFERENCE RA	ATINGS							
			Not Observed	Poor (1)	Below Average (2)	Average (3)	Good (4)	Excellent (5)
Commitment to L	earning							•
Critical Thinking								•
Empathy								~
Ethics								✓
Interpersonal Skil	lls							•
Leadership								•
	Oral Communication							•
Professional Demeanor								•
Response to Criticism								•
Responsibility								•
	Stress Management							· ·
Team Skills								•
Time Management								
Written Communication •							—	
RECOMMENDATION CONCERNING ADMISSION								
I highly recomm	end this applicant							

Savannah Estes would make an incredible Physical Therapist. Savannah observed in my clinic during the summer of 2016. During her time, she demonstrated hard work, reliability, professionalism, empathy, and determination.

Savannah was always ready and willing to help with whatever was needed. As a volunteer, she observed physical therapy with me and some of our other therapist's, and whenever possible she volunteered to clean, fold laundry, or perform any task that needed to be performed. She also demonstrated great reliability. She always arrived early, never missed a day, and was always ready to volunteer if something needed to be done. Savannah was very professional. She understood when she could ask a question and when she could not. She understood what questions she could ask in front of the patient and when she should wait and ask me later. She was very respectful of patient's privacy, their time, and asking for consent if she could observe their therapy. Savannah also showed empathy. She would often ask me questions in private about the patient's she observed. In those questions, she showed empathy in wanting to know more about how the patient's condition was effecting their life, how it could be treated, and what the prognosis was for the patient. She also was an excellent listener and empathizer when patients felt like sharing more with her. Finally, Savannah has great determination. She has followed up with me several times throughout the last two years, keeping in touch with what she is doing in school, and with her aide position. She also, came by my clinic again this summer to keep in touch and update me on what she has been doing as an aide over the last year.

I would highly recommend Savannah Estes for entrance into your physical therapy program.

Sincerely,

Chris Bartkowski, PT, DC

(916) 704-3265

Lic # PT 41367

Lic # DC 30165

EVALUATIONS CO	ONTINUED							
EVALUATOR IN	NFORMATION							
Doug Johnson								
Title: Occupation: Organization: Email:	Physical TherapistSports and Wellness Physical swptslo@gmail.com	ll Therapy	Daytime Phone Date Complete Status:		805-441-3927 08/26/2018 Completed			
I waive my right o	of access to this evaluation:	YES						
Are you a license	d Physical Therapist?	Yes						
How long have ye	ou known the applicant?	1-2 years						
	cal therapist, please ical therapy institution graduated	University of North Dakota	1					
How well do you	know the applicant?	Very Well						
	cal therapist, please state you are licensed	California						
primary interacti	at best describes your ion with the applicant:	Supervisor/Employer						
your PT licensure		PT14568						
Major"; above, lis	Professor" or "Professor in st all courses in which you dicant (for example: Intro em 101)	_						
	ow many references do half of physical therapy year?	3-4						
REFERENCE R	ATINGS							
			Not Observed	Poor (1)	Below Average (2)	Average (3)	Good (4)	Excellent (5)
Commitment to	Learning							•
Critical Thinking								•
Empathy								~
Ethics								~
Interpersonal Sk	ills							•
Leadership								~
Oral Communica								•
Professional Der								•
Response to Crit	icism							•
Responsibility								•
Stress Managem	ent							•
Team Skills								~
Time Manageme								~
Written Communication ~							~	
	ATION CONCERNING AD	DMISSION						
I highly recomn	nend this applicant							



Where rehabilitation and a healthy lifestyle meet...

August 26, 2018

To whom it may concern,

I have had the pleasure of knowing Savannah Estes for over 15 months now. She worked as a PT Aide in my physical therapy office for one year in San Luis Obispo, California. I describe her as dynamic, tenacious and positively motivated. She lives her life in a constant state of improvement.

Savannah's commitment to learning has been a lifelong process from being salutatorian at her high school to her studies at Cal Poly where she received her biology degree. She volunteered in outpatient clinics, a sports rehabilitation center, two inpatient hospitals in addition to working in our office. Since graduating from Cal Poly, she has taken other prerequisite courses and improved her GPA by retaking four classes. She gained additional experience by volunteering for Jack's Helping Hand, an organization in San Luis Obispo that provides support for children and families with disabilities. These are several examples of her desire to learn as much as possible in an array of ways.

Savannah displayed the critical thinking needed to succeed in the field of physical therapy. This was evident in the questions she asked about our patients, and the way she approached supporting the patient flow in our office. I'm also aware she successfully conducted research and designed experiments in areas such as researching the acute effects of submaximal exercise of the brains of adolescents.

Savannah grew up in close family with a younger brother that had disabilities. This required patience and empathy and inspired her compassion for others. She saw firsthand the struggles that can occur when someone has been marginalized in society and feels strongly about helping people who are held back by disability or injury.

During the time Savannah worked in our office I observed Savannah interacting with a wide variety of people. Her interpersonal skills continued to grow week to week. This was visible not only with patients but also with insurance companies, physicians, and other team members. She was always patient and respectful with any person she communicated with particularly those who were in pain or had difficulties going on in their life.

I began to consider and rely on Savannah as a good leader for our team of PT aides in the office. I know that she was a leader for her research team in college and witnessed her take other leadership opportunities and initiative. She's an excellent delegator and team player.



Where rehabilitation and a healthy lifestyle meet...

As with any good employee or student, Savannah was given more and more responsibilities. She was asked to assist with more advanced patients with their exercises, grew to learn and perform all modalities flawlessly and sought to take on additional office tasks such as scheduling patients, interacting with doctor's offices and understanding insurance verification. She was always willing and motivated to take on more responsibilities.

Savannah went through the process of physical therapy school applications last year and unfortunately was not accepted. At first, she expressed disappointment, but what I then saw was a young woman who did not get frustrated but continued to set goals and learn. Savannah reached out to the counselors at the programs she did not get accepted at to learn how she could improve and become a stronger candidate and then began to implement what she was told. Additionally, she began training for and ultimately ran her first half marathon. She stayed positive and kept moving forward with both short and long-term goals.

Throughout her time here I never saw Savannah express stress or appear in distress. This was particularly notable because in addition to her job in our office, she took a full class load of 16 units including labs, was involved in campus organizations, attended meetings for clubs and played on an intermural soccer team while staying healthy and active. This took a tremendous amount of time management which will be vital when she is in physical therapy school.

I admire Savannah's dedication to life and her goals of helping others and contributing positively to society by becoming a physical therapist. Her overall body of work earns high praise therefore I highly recommend Savannah as a candidate for any Doctor of Physical Therapy Program. I would not hesitate to hire her as a physical therapist once she completes her doctoral program.

Sincerely,

Douglas B. Jøhnson, PT

Owner

VALUATIONS CO	ONTINUED							
EVALUATOR II	NFORMATION							
Kirstie Mathie	u							
Title: Occupation: Organization: Email:	Office Manager Medical Office Manager Sports and Wellness Physica kirstiem.swptslo@gmail.com		Daytime Phone Date Complete Status:		805-439-2159 09/07/2018 Completed			
I waive my right o	of access to this evaluation:	YES						
How long have you known the applicant?		1-2 years						
Are you a licensed Physical Therapist?		No						
How well do you know the applicant?		Very Well						
If you are a physical therapist, please indicate the physical therapy institution from which you graduated		_						
Select the role that best describes your primary interaction with the applicant:		Co-Worker						
If you are a physical therapist, please indicate in which state you are licensed		_						
Major"; above, lis	Professor" or "Professor in st all courses in which you plicant (for example: Intro nem 101)	_						
If you are a physi your PT licensure	ical therapist, please enter e number.	_						
	ow many references do ehalf of physical therapy year?	1						
REFERENCE R	ATINGS							
			Not Observed	Poor (1)	Below Average (2)	Average (3)	Good (4)	Excellent (5)
Commitment to	Learning							~
Critical Thinking								•
Empathy								~
Ethics								•
Interpersonal Sk	ills							•
Leadership								~
Oral Communica	ation							•
Professional Der	meanor							•
Response to Crit	ticism							•
Responsibility								•
Stress Managem	ent							~
Team Skills								•
Time Manageme	ent							•
Written Commu	nication							•
RECOMMEND	OATION CONCERNING A	OMISSION						
I highly recomn	mend this applicant							

Dear Sir or Madam:

I am the office manager of Sports and Wellness Physical Therapy and managed Savannah Estes for approximately 1 year. It is with great confidence that I recommend Savannah for selection to the physical therapy program.

Savannah worked as a PT Aide in my office, where she exhibited extreme desire for the physical therapy profession. She was very involved with patient care and was heavily relied on, with assisting the physical therapist. Savannah's relationships with patients was both compassionate and professional. Savannah gained a significant amount of knowledge with the mechanics of the back office, including patient exercises, EStem and ultrasound. Also, she learned the mechanics of how a private physical therapy office is run, including scheduling patients, understanding insurances, and using the medical practice software, WEBPT.

Savannah is very committed to learning and is very driven to achieve her goals. When I interviewed her, it was obvious that she is extremely smart and motivated. It was also evident, when she started working for me, her focus is in physical therapy, by the questions she asked and the observations she gathered when working with patients.

I would hire Savannah again without hesitation, for she is someone that is very efficient, effective, knowledgeable, personable, and hardworking. Therefore, again, I highly recommend her to your program.

Sincerely,

Kirstie Mathieu