

BIOGRAPHIC INFORMATION

PROFILE

Title:	—	Materials Under Another Name:	No
First Name:	Paola	Nickname:	—
Middle Name:	Lizette	Alternate First Name:	—
Last Name:	Sanchez	Alternate Middle Name:	—
Suffix:	—	Alternate Last Name:	—
Gender or Sex:	FEMALE		

BIRTH INFORMATION

Date of Birth:	07-03-1996
City:	Mission
County:	Hidalgo County
State:	Texas
Country:	United States

CONTACT INFORMATION

Address Type:	Current	Address Type:	Permanent
Address:	2600 Ponderosa Dr Mission, Texas 78572	Address:	2600 Ponderosa Dr Mission, Texas 78572
County:	Hidalgo County	County:	Hidalgo County
Country:	United States	Country:	United States
Valid Until Date:			
Phone:	+19562255991	Type:	Mobile
Email:	paola.sanchez3@gmail.com	Type:	Work

CITIZENSHIP STATUS AND RESIDENCY INFORMATION

CITIZENSHIP STATUS

Citizenship Status:	U.S. Citizen	State of Residence:	Texas
Country of Citizenship:	United States	County of Residence:	Hidalgo County
Other Citizenship:	—	Length of Residence:	More than 10 years
Length of stay in US:	—		

RACE/ETHNICITY

Do you consider yourself to be of Hispanic/Latino Origin?	American Indian or Alaska Native	—
Answer: Yes	Asian	—
Mexican: ✓	Black or African American	—
	Native Hawaiian or other Pacific Islander	—
	White	Yes

OTHER INFORMATION

Native Language:	English	Proficiency Level:	Advanced
Additional Language:	Spanish		

BIOGRAPHIC INFORMATION CONTINUED

OTHER INFORMATION

Military Status: Not a member of the military
Service Branch: N/A

Does your academic record accurately reflect your capabilities?
Answer: Yes

Your parent's family income falls within the table's guidelines and you are considered to have met the criteria for economically disadvantaged:
Answer: No

What is your geographic area?
Answer: Urban(1,000,000 population)

Have you ever been disciplined for student conduct violations (e.g. academic probation, dismissal, suspension, disqualification, etc.) by any college or school?
Answer: No

Have you ever been disciplined for academic performance (e.g. academic probation, dismissal, suspension, disqualification, etc.) by any college or school?
Answer: No

Have you ever been convicted of a Felony?
Answer: No

Have you ever had any certification, registration, license or clinical privileges revoked, suspended or in any way restricted by an institution, state or locality?
Answer: No

ACADEMIC HISTORY

STANDARDIZED TESTS

UNOFFICIAL GRE

Date	ETS Registration Code	Verbal	Quantitative	Analytical Writing
06-02-2018	3545896	143 20%	145 20%	2.5 7%

COLLEGES ATTENDED

010115 UNIVERSITY OF TEXAS - SAN ANTONIO

Start Date:	08-2014	Still Current:	No
End Date:	12-2016	Primary:	Yes
State:	Texas	Regionally Accredited:	Yes
		Accredited By:	Southern Association of Colleges and Schools, Commission on Colleges

Major	2nd Major/Minor	Status	Degree Verified	Degree Name	Degree Date
Kinesiology	— / —	Degree Awarded	No	Bachelor of Science in Education	12-2016

031034 SOUTH TEXAS COLLEGE

Start Date:	08-2012	Still Current:	No
End Date:	05-2014	Primary:	No
State:	Texas	Regionally Accredited:	Yes
		Accredited By:	Southern Association of Colleges and Schools, Commission on Colleges

Major	2nd Major/Minor	Status	Degree Verified	Degree Name	Degree Date
Biology	— / —	Degree Awarded	No	Associate of Science	05-2014

003605 UNIVERSITY OF TEXAS RIO GRANDE VALLEY

Start Date:	08-2017	Still Current:	No
End Date:	06-2018	Primary:	No
State:	Texas	Regionally Accredited:	Yes
		Accredited By:	Southern Association of Colleges and Schools, Commission on Colleges

Major	2nd Major/Minor	Status	Degree Verified	Degree Name	Degree Date
No Degree Defined					

COURSEWORK

031034 SOUTH TEXAS COLLEGE

Prefix	Course Title	Subject	Special Class	Course Type	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
Freshman Semester	Fall 2012:	Completed	✕ Unverified						
BIOL 1408	General Biology I	Biology	Not Applicable	Lab And Lecture Combined	4.0		B	B	
CHEM 1411	General Chemistry I	Chemistry	Not Applicable	Lab And Lecture Combined	4.0		B	B	

ACADEMIC HISTORY CONTINUED

COURSEWORK

031034 SOUTH TEXAS COLLEGE

Prefix	Course Title	Subject	Special Class	Course Type	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
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Freshman Semester Fall 2012: Completed X Unverified

ENGL 1301	Composition	Composition	Not Applicable	Not Applicable	3.0		B	B	
HIST 1301	United States History I	History	Not Applicable	Not Applicable	3.0		B	B	
MATH 1414	College Algebra	Mathematics	Not Applicable	Not Applicable	4.0		A	A	

Freshman Semester Spring 2013: Completed X Unverified

BIOL 1409	General Biology II	Biology	Not Applicable	Lab And Lecture Combined	4.0		B	B	
CHEM 1412	General Chemistry II	Chemistry	Not Applicable	Lab And Lecture Combined	4.0		A	A	
ENGL 1302	Composition II - Rhetoric	English	Not Applicable	Not Applicable	3.0		B	B	
HIST 1302	United States History II	History	Not Applicable	Not Applicable	3.0		B	B	

Sophomore Semester Summer 1 2013: Completed X Unverified

PSYC 2301	General Psychology	Psychology	Not Applicable	Not Applicable	3.0		B	B	
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Sophomore Semester Summer 2 2013: Completed X Unverified

COSC 1301	Microcomputer App-HYBRID	Computer Science	Not Applicable	Not Applicable	3.0		B	B	
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Sophomore Semester Fall 2013: Completed X Unverified

ARTS 1301	Art Appreciation	Art	Not Applicable	Not Applicable	3.0		B	B	
CHEM 2423	Organic Chemistry I	Chemistry	Not Applicable	Lab And Lecture Combined	4.0		A	A	
GOVT 2305	Federal Government	Government	Not Applicable	Not Applicable	3.0		B	B	

Sophomore Semester Spring 2014: Completed X Unverified

BIOL 2401	Anatomy and Physiology I	Biology	Not Applicable	Lab And Lecture Combined	4.0		B	B	
GOVT 2306	Texas Government	Government	Not Applicable	Not Applicable	3.0		B	B	
SPAN 1311	Beg. Spanish I-Spanish Sp	Foreign Languages	Not Applicable	Not Applicable	3.0		B	B	
SPCH 1311	Intro. to Speech Communication	Speech and Hearing Science	Not Applicable	Lecture Only	3.0		A	A	

ACADEMIC HISTORY CONTINUED

COURSEWORK

010115 UNIVERSITY OF TEXAS - SAN ANTONIO

Prefix	Course Title	Subject	Special Class	Course Type	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
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Sophomore Semester Fall 2014: Completed X Unverified

KIN 2303	Foundations of Kinesiology	Kinesiology	Not Applicable	Lecture Only	3.0		B	B	
PHY 1603	Algebra-based Physics 1	Physics	Not Applicable	Lecture Only	3.0		B	B	
PHY 1611	Algebra-based Physics 1 Lab	Physics	Not Applicable	Lab Only	1.0		A	A	
SOC 1013	Introduction to Sociology (Q)	Sociology	Not Applicable	Not Applicable	3.0		B	B	
STA 1053	Basic Statistics	Statistics	Not Applicable	Not Applicable	3.0		A	A	

Junior Semester Spring 2015: Completed X Unverified

AIS	Academic Inquiry	Test Credit - No Subject	Not Applicable	Not Applicable	3.0		A	A	
BIO	Human Physiology	Biology	Not Applicable	Lecture Only	3.0		C	C	
BIO	Human Physiology Lab	Biology	Not Applicable	Lab Only	1.0		C	C	
KIN	Anatomy & Physiology for Kin	Kinesiology	Not Applicable	Lecture Only	3.0		C	C	
PHY	Algebra-based Physics II	Physics	Not Applicable		3.0		D	D	
PHY	Algebra-based Physics II Lab	Physics	Not Applicable	Lab Only	1.0		C	C	

Junior Semester Fall 2015: Completed X Unverified

KIN	Medical Terminology	Kinesiology	Not Applicable	Lecture Only	1.0		B	B	
KIN	Group Fitness Instruction	Kinesiology	Not Applicable	Lecture Only	1.0		A	A	
KIN	Musculoskeletal Fit Instruct	Kinesiology	Not Applicable	Lecture Only	1.0		B	B	
KIN	Athletic Injuries & Training Proc	Kinesiology	Not Applicable	Lecture Only	3.0		B	B	
KIN	Biomechanics	Kinesiology	Not Applicable	Lecture Only	3.0		B	B	
KIN	Exercise Physiology	Kinesiology	Not Applicable	Lecture Only	3.0		C	C	

Senior Semester Spring 2016: Completed X Unverified

KIN	Fitness Program & Exercise Pre	Kinesiology	Not Applicable	Lecture Only	3.0		B	B	
KIN	Musculoskeletal Anatomy	Kinesiology	Not Applicable	Lecture Only	3.0		B	B	
KIN	Advanced Athletic Training	Kinesiology	Not Applicable		3.0		F	F	
KIN	Exercise Nutrition	Kinesiology	Not Applicable		3.0		F	F	

ACADEMIC HISTORY CONTINUED

COURSEWORK

Senior Semester Spring 2016: Completed X Unverified

KIN	Motor Learning	Kinesiology	Not Applicable	3.0	D	D
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Senior Semester Summer 2016: Completed X Unverified

KIN	Advanced Athletic Training	Kinesiology	Not Applicable	Lecture Only	3.0	B	B
KIN	Exercise Nutrition	Kinesiology	Not Applicable	Lecture Only	3.0	C	C
KIN	Motor Learning	Kinesiology	Not Applicable	Lecture Only	3.0	B	B
PHY	Algebra-based Physics II	Physics	Not Applicable		3.0	D	D

Senior Semester Fall 2016: Completed X Unverified

KIN	Therapeutic Modalities	Kinesiology	Not Applicable	Lecture Only	3.0	B	B
KIN	Musculoskeletal Rehabilitation	Kinesiology	Not Applicable	Lecture Only	3.0	B	B
KIN	Internship in Kinesiology	Kinesiology	Not Applicable	Lecture Only	6.0	A	A
PHY	Algebra-based Physics II	Physics	Not Applicable	Lecture Only	3.0	C	C

003605 UNIVERSITY OF TEXAS RIO GRANDE VALLEY

Prefix	Course Title	Subject	Special Class	Course Type	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
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Post-Baccalaureate Semester Fall 2017: Completed X Unverified

BIOL 2401	Anatomy and Physiology 1	Biology	Not Applicable	Lab And Lecture Combined	4.0		B	B
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Post-Baccalaureate Semester Summer 1 2018: Completed X Unverified

PSYC	Develp Psyc: Lifespan	Developmental Psychology	Not Applicable	Not Applicable	3.0		A	A
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SUPPORTING INFORMATION

EXPERIENCE

VOLUNTEER/COMMUNITY ENRICHMENT

TOTAL HOURS: 120

Experience Type:	Volunteer	Experience Dates:	08-15-2016/12-03-2016
Recognition Type:	Volunteer	Status:	Part-time
Title:	Kinetic Kids Internship	Hours per Week:	8
Employer:	Kinetic Kids	Total Weeks:	15
	Texas	Total Hours:	120
	United States	Experience Details:	Worked alongside children with different disabilities, such as, cerebral palsy, down syndrome, autism, etc. Assisted in stretching them out and allowing them to perform certain activities and exercises with my assistance. I was supervised by an on site physical therapist at each location i volunteered at and was given guidance in regards to the child's performance.
Supervisor:		Permit to Contact:	Yes

ACHIEVEMENTS

HONORS

Name:	The National Honor Society of Leadership and Success	Description:
Organization:	—	—
Date:	—	

HONORS

Name:	The Pre-Health Honor Society at UTSA	Description:
Organization:	—	—
Date:	—	

PERSONAL STATEMENT

A year and a half ago, I graduated from the University of Texas at San Antonio with my bachelor's degree in Kinesiology, concentration in Athletic Medicine. At this time, I thought I had it all figured out in regards to my expectations for my future profession, physical therapy. Little did I know I was far from wrong; my expectations were far from reality. I had the educational background of my profession, but there was a lot more to be learned aside from what books teach. A month after graduating, I was blessed to find a physical therapy technician position at a physical therapy clinic in my hometown. Working in this clinic allowed me to get a reality check. The variety of patients we would get, ranging from orthopedic to neurology, blew my mind. Every single patient was different despite some of them having almost the exact same diagnosis. Their treatment was suited to fit individual needs, but also followed standard protocol for the diagnosis on their prescription. This is what undergrad did not teach me; every patient requires individual attention and treatment even if they are being treated for the same diagnosis twenty of your other patients have. Of course you have to follow standard protocol with each diagnosis, for example, rotator cuff tears or with ACL injuries, but every patient might need different levels of motivation and attention. Successful rehab comes from determination and patience. Patient care is not stressed enough in college, but being in the position of working one on one with patients makes you realize the importance it has in their treatment. Some of the patients I worked with came from backgrounds of little to no support at all, so I made it my duty to ensure they felt support and motivation every treatment just the way others would feel with friends and family. I followed up with the patients I worked with every single treatment and allow them to feel that sense of patient care a lot did not feel elsewhere. The experience of working with these patients and in the clinic has given me a sense of maturity I did not realize I lacked. It has given me the motivation to continue in furthering my education towards becoming a physical therapist because I did not see my work as work, but rather something I enjoyed and looked forward to every day. Working as a technician and being able to work along side physical therapists has given me that security of knowing I am in the right field. As I witnessed the physical therapist performing his/her evaluation, I could see myself doing the same thing a few years from now. It is one thing to read, study, and learn from books in college, but it is a whole new learning experience when you are actually put in a scenario and out in the real world. Rehabilitation might just be another simple day in an employee's life, but to the patient, it might be a life changer. To them, it is a life changer because on this "simple day," they are now able to do another functional thing in life or they have taken the next step in doing so. As a physical therapist, you are able to gift them with

SUPPORTING INFORMATION CONTINUED

PERSONAL STATEMENT

that strength and range of motion they need to shower, or play their favorite sport, or even to use the bathroom all on their own. The experience of witnessing all of this is considered meaningful to me, because it has given me an opportunity to grow in leadership, maturity, confidence, and most of all given me the reassurance of wanting to pursue my vision of becoming a physical therapist.

OBSERVATION HOURS

ORTHOPEDIC PHYSICAL THERAPY/PUIG REHABILITATION

Facility Address:	500 E Dove Ave McAllen, TX Texas 78504 United States	Experience Dates:	04-26-2017/09-14-2018
		Recognition Type:	Both

Status:	Completed	PT Also Evaluator:	No
Verification Status:	Verified	Signature Type:	Electronic Signature

Settings and Hours of Experience	HRS Completed	HRS Planned/IP
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INPATIENT Settings

Acute Care Hospital	221	0
Nursing Home/Skilled Nursing Facility/Extended Care Facility	0	0
Other Inpatient Facility	0	0
Rehabilitation/Sub-acute Rehabilitation	0	0

OUTPATIENT Settings

Free-standing PT or Hospital Clinic	2168	120
Home Health	0	0
Industrial/Occupational Health	0	0
Other Outpatient Facility	0	0
School/Pre-school	0	0
Wellness/Prevention/Fitness	0	0

Total Hours for All Settings	2389	120
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Patient Diagnoses/Populations Observed

General Orthopedic (musculoskeletal)
Neurological (neuromuscular)
Cardiovascular / Pulmonary
Integumentary (wound management)
Geriatrics
Pediatrics
Sports

PT Supervisor

Name:	Elizabeth Gaona	License Number:	—
Phone:	956-686-3434	License State:	Texas
Email:	puigrehab@hotmail.com		

CUSTOM QUESTIONS

PTA EDUCATION

- * 1. Have you graduated from a CAPTE-accredited physical therapist assistant (PTA) program?

Answer: No

PREVIOUS PHYSICAL THERAPIST EDUCATION

- * 1. Have you previously enrolled in a professional physical therapist (PT) program? If yes, you MUST list the institution in the Colleges Attended section of the application, enter all attempted and completed PT courses in the Transcript Entry section of the application and have an official transcript sent to PTCAS. Failure to report this institution and associated coursework may jeopardize your application.

Answer: No

GENDER IDENTITY

- * 1. How do you describe your current gender identity?

Answer: Female/Woman

PTCAS CERTIFICATION AND AUTHORIZATION STATEMENT

- * 1. I certify, as required in the application, that I have read and understand all application instructions, including the provisions which note that I am responsible for monitoring and ensuring the progress of my application.
I certify that I have read and will abide by all program-specific instructions for my designated physical therapist programs.
I certify that I have read and understand the American Council of Academic Physical Therapy (ACAPT) Admissions Traffic Rules for Applicants.
I certify that all the information and statements I have provided in this application are current, correct, and complete to the best of my knowledge.
I certify that my personal essay and the information on my application represent my own work.
I understand that withholding information requested on the PTCAS application, or giving false information, may be grounds for denial of admission to a program participating in PTCAS or may be grounds for expulsion from the institution after I have been admitted.
I acknowledge that a program that makes an offer of acceptance to me will also know the number of offers I have received and accepted at other programs in PTCAS. While the admissions cycle is open, my designated programs will not know the total number of programs I selected on the application or other (non-acceptance) admission decisions made by other programs in PTCAS.
I acknowledge that if I start classes at a PT program, my other designated programs in which my application is still under consideration will be able to view matriculation status, if reported to PTCAS.
I acknowledge that in October after the end of the PTCAS admissions cycle, only my designated programs will be able to view to what other programs I applied via PTCAS and the final admission decision reported by each program.
I agree, understand and consent to PTCAS and the American Physical Therapy Association (APTA) releasing my de-identified application data that does not contain personally identifiable information, as set forth in the PTCAS privacy statement, and admission decisions submitted to PTCAS by my designated PT programs to third party health and education organizations for educational research purposes (including surveys). Such educational research is conducted for the purpose of improving PT education and admissions.
I acknowledge and agree that my sole remedy in the event of any proven errors or omissions related to the handling or processing of my application by PTCAS is to obtain a refund of my PTCAS application fee.

Answer: Indicate your understanding and acceptance of the terms described above by checking this box. Your certification of this statement serves the same purpose as a legal signature, and is binding.

DESIGNATIONS

DOCTOR OF PHYSICAL THERAPY - RESIDENTIAL (TX CAMPUS)

Organization:	University of St. Augustine - Residential Program	Program Start Date:	09/09/2019
Department:	—	Submitted Date:	09-10-2018
Program Level:	—	Completed Date:	09-10-2018
Enrollment:	Fall 2019	Verified Date:	—
Campus:	—	Application Status:	Complete
		Academic Update Status:	—
		Last Updated:	09-10-2018

SUPPLEMENTAL QUESTIONS

RE-APPLICANT QUESTIONS

- * 1 Have you previously applied to this education program?
Answer: No
- 2 If you are reapplying to this program, how have you strengthened your application?
Answer: Not Applicable

CAMPUS AND TERM

- * 1 Applicants are allowed only one application to be reviewed by Admissions. Please select one campus and term.
Answer: Austin, TX - Summer 2019

SECONDARY CAMPUS CHOICE

- * 1 Should your campus choice reach capacity, are you open to attending a different USAHS location?
Answer: Austin, TX

AGREEING TO TERMS OF APPLICATION

- * 1 By selecting "I Agree" you are acknowledging that you understand (1) only one application is allowed to be evaluated, (2) after submission through PTCAS you must follow through with an Enrollment Advisor to have your application reviewed as your application is not submitted automatically and (3) you have completed our required one-page online supplemental form. For any questions, please email us at enroll@usa.edu.
Answer: I Agree

PREREQUISITES

Prerequisite:	Social/Behavioral Science	Prereq Description:	Any combination of Psychology, Sociology, Sociocultural/Socioeconomic, Anthropology, Human Behavior and Development, Public Health, Humanities (must show human relationships), Ethnicity or Gender Studies courses can...
Minimum Credits:	3		See Directory of more information.
Minimum Grade:	2.0		

College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
031034 SOUTH TEXAS COLLEGE	PSYC 2301	General Psychology	Psychology	Not Applicable	3.0		B	B	

Prerequisite:	Anatomy & Physiology I	Prereq Description:	Knowledge of human body, structure and function. 1 of 2 courses required
Minimum Credits:	3		
Minimum Grade:	2.0		

DESIGNATIONS CONTINUED

DOCTOR OF PHYSICAL THERAPY - RESIDENTIAL (TX CAMPUS)

PREREQUISITES

College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
003605 UNIVERSITY OF TEXAS RIO GRANDE VALLEY	BIOL 2401	Anatomy and Physiology 1	Biology	Not Applicable	4.0		B	B	
Prerequisite:		Biology / Biological Science		Prereq Description:		General or Upper Level Biology Must be Human Based Biology; knowledge of human body, structure and function. Exercise Physiology can be substituted for one course. 1 of 2 courses required.			
Minimum Credits:		3							
Minimum Grade:		2.0							
College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
031034 SOUTH TEXAS COLLEGE	BIOL 1408	General Biology I	Biology	Not Applicable	4.0		B	B	
Prerequisite:		Physics		Prereq Description:		General or Upper Level Physics Biomechanics or Anatomical Kinesiology can be substituted for one course. 2 of 2 courses required.			
Minimum Credits:		3							
Minimum Grade:		2.0							
College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
010115 UNIVERSITY OF TEXAS - SAN ANTONIO	PHY 1603	Algebra-based Physics 1	Physics	Not Applicable	3.0		B	B	
010115 UNIVERSITY OF TEXAS - SAN ANTONIO	PHY 1611	Algebra-based Physics 1 Lab	Physics	Not Applicable	1.0		A	A	
Prerequisite:		Medical Terminology		Prereq Description:		Not Acceptable: Certifications or non-credit classes, or CEUs. Must have transcript showing a minimum of 1 semester credit/1.5 quarter credits in Medical Terminology.			
Minimum Credits:		3							
Minimum Grade:		2.0							
College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
010115 UNIVERSITY OF TEXAS - SAN ANTONIO	KIN	Medical Terminology	Kinesiology	Not Applicable	1.0		B	B	
Prerequisite:		Chemistry		Prereq Description:		General or Upper Level Chemistry. 1 of 2 Required.			
Minimum Credits:		3							
Minimum Grade:		2.0							
College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
031034 SOUTH TEXAS COLLEGE	CHEM 1411	General Chemistry I	Chemistry	Not Applicable	4.0		B	B	
Prerequisite:		Anatomy & Physiology II		Prereq Description:		Knowledge of human body, structure and function. 2 of 2 courses required			
Minimum Credits:		3							
Minimum Grade:		2.0							

DESIGNATIONS CONTINUED

DOCTOR OF PHYSICAL THERAPY - RESIDENTIAL (TX CAMPUS)

PREREQUISITES

College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
010115 UNIVERSITY OF TEXAS - SAN ANTONIO	BIO	Human Physiology	Biology	Not Applicable	3.0		C	C	
010115 UNIVERSITY OF TEXAS - SAN ANTONIO	BIO	Human Physiology Lab	Biology	Not Applicable	1.0		C	C	
Prerequisite:	Chemistry		Prereq Description:		General or Upper Level Chemistry. 2 of 2 Required.				
Minimum Credits:	3								
Minimum Grade:	2.0								
College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
031034 SOUTH TEXAS COLLEGE	CHEM 1411	General Chemistry I	Chemistry	Not Applicable	4.0		B	B	
Prerequisite:	Human Growth and Development over Lifespan		Prereq Description:		Human or lifespan development course that includes physical and psycho-social development from birth through end of life. Not Acceptable: Classes that are solely based on psychological/mental, or solely based on motor control.				
Minimum Credits:	3								
Minimum Grade:	2.0								
College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
003605 UNIVERSITY OF TEXAS RIO GRANDE VALLEY	PSYC	Develp Psyc: Lifespan	Developmental Psychology	Not Applicable	3.0		A	A	
Prerequisite:	Physics		Prereq Description:		General or Upper Level Physics Biomechanics or Anatomical Kinesiology can be substituted for one course. 1 of 2 courses required.				
Minimum Credits:	3								
Minimum Grade:	2.0								
College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
010115 UNIVERSITY OF TEXAS - SAN ANTONIO	PHY	Algebra-based Physics II Lab	Physics	Not Applicable	1.0		C	C	
010115 UNIVERSITY OF TEXAS - SAN ANTONIO	PHY	Algebra-based Physics II	Physics	Not Applicable	3.0		C	C	
Prerequisite:	Biology / Biological Science		Prereq Description:		General or Upper Level Biology Must be Human Based Biology; knowledge of human body, structure and function. Exercise Physiology can be substituted for one course. 2 of 2 courses required.				
Minimum Credits:	3								
Minimum Grade:	2.0								
College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
031034 SOUTH TEXAS COLLEGE	BIOL 1409	General Biology II	Biology	Not Applicable	4.0		B	B	
Prerequisite:	Social/Behavioral Science		Prereq Description:		Any combination of Psychology, Sociology, Sociocultural/Socioeconomic,				
Minimum Credits:	3								

University of St. Augustine - Residential Program

DESIGNATIONS CONTINUED

DOCTOR OF PHYSICAL THERAPY - RESIDENTIAL (TX CAMPUS)

PREREQUISITES

Minimum Grade:	2.0	Anthropology, Human Behavior and Development, Public Health, Humanities (must show human relationships), Ethnicity or Gender Studies courses can... See Directory of more information.
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College	Prefix	Course Title	Subject	Special Class	Credits	Ver. Credits	App Grade	CAS Grade	Ver. Grade
003605 UNIVERSITY OF TEXAS RIO GRANDE VALLEY	PSYC	Develp Psyc: Lifespan	Developmental Psychology	Not Applicable	3.0		A	A	
010115 UNIVERSITY OF TEXAS - SAN ANTONIO	SOC 1013	Introduction to Sociology (Q)	Sociology	Not Applicable	3.0		B	B	

DOCUMENTS

Document Requested	Uploaded	File Name	Uploaded Date
Other	Yes	Other	09-06-2018
Other	Yes	Other	09-09-2018

Paola Lizette Sanchez

2600 Ponderosa Dr. Mission, TX, 78572
(956) 225-5991 paolal.sanchez3@gmail.com

CAREER OBJECTIVE

To obtain admittance to the school of Physical Therapy.

SUMMARY OF QUALIFICATIONS

Effective written and verbal communication skills
Excellent patient care skills/people skills
CPR and First Aid Certified
Productive team/individual member
Inducted into The National Honor Society of Leadership and Success, The Pre-Health Honor Society, and The Pre-Physical Therapy Society at The University of Texas at San Antonio

EDUCATION

University of Texas at San Antonio	Graduated: Dec 2016
Bachelor of Science in Kinesiology with emphasis in Athletic Medicine	
University of Texas at Rio Grande Valley, Edinburg, Texas	Fall 2017-Summer 2018
Post baccalaureate	
South Texas College, McAllen, Texas	May 2014
Associate of Science in Biology	

EXPERIENCE

Physical Therapy Technician at Orthopedic Physical Therapy	April 2017- current
Assisted in providing home exercise programs for patients	
Provided therapeutic modalities to patients	
Assisted in exercises, stretches, and gate/balance activities with patients	
Worked along side PT's, OT's, and PTA's.	
Physical Therapy Technician at Doctor's Hospital at Renaissance	May 2017 – Dec 2017
Assisted in performing therapeutic exercises with patients	
Internship with Kinetic Kids, San Antonio	August 2016 – Dec 2016
Non-profit organization for children w/ disabilities	
Worked with PT's, OT's and other therapists	
Hands on experience with gate belts, wheelchairs, disabilities, etc.	

ACTIVITIES & VOLUNTEER WORK

Volunteered with Kinetic Kids	Fall 2016
Volunteered at Any Baby Can in San Antonio (20hrs)	Fall 2014
Volunteered at Rio Grande Regional Hospital (60+ hrs)	Spring 2014
Sr - Clinical Rotation Student at Sharyland High School	Feb.–April 2014
Volunteered at DHR – Pediatric Oncology Floor (54hrs)	Summer 2012

I could sit here and write what every other person will say about his or her motivation for being a successful candidate for this program. About having a passion for the field, which I definitely do, and how they will make a difference in the field, which I also believe I will do, but these are not the only qualities I have to offer that will make me successful in school and as a Physical Therapist. Every person has different experiences and they are able to take what they want to learn from these and apply them in life. My experiences, specifically post undergraduate, have given me some of the best learning experiences. For example, I have learned the term patient care has lost its true meaning and is an important aspect of being in the field. Every patient is different; therefore, every patient requires individual attention and treatment even if they are being treated for the exact same thing. Being a physical therapist is much more than learning your anatomy, physiology, etc. It is about having good people skills and distinguishing that aside from these people being your patients, they are also human beings with feelings and a life outside of therapy. Successful rehab comes from motivation and dedication. It is about motivating your patients not only as their physical therapist, but as if you were someone important in their lives, such as a friend or family member. It is about getting on a personal level, appropriate of course, and allowing for them to see you care and truly want to see them succeed. As a future physical therapist, I want to demonstrate the passion I have for the field by allowing my future patients to feel the sense of patient care I have witnessed and demonstrated in my current workplace. Letting them feel that extra sense of care and compassion they may not feel outside of the rehab world is what motivates me to become a Physical Therapist. I want to continue to model and demonstrate this level of patient care for future patients and some day come back to my hometown and run my own clinic. Over the past year and a half, I have been greatly blessed with an additional education in the physical therapy world. It is one thing to read and study from lecture notes and anatomy books, but when you are put in a real clinical setting, whether it is inpatient or outpatient, you gain true perspective. Working one on one with patients allows you to build a relationship based on motivation and confidence. You are able to keep up with their pain status, progression, and setbacks. Some of the patients I worked with had no additional support outside of the therapy clinic; they did not have people at home encouraging them to continue with therapy to accomplish their goals. I felt it was in my duty to have them feel that sense of encouragement and support needed and followed up with them every single treatment. I have a very good memory, so I am able to remember the name of every patient I worked with as well as his or her history both medical and personal. Being able to not only follow up with how the patient is feeling physically, but also ask how their life is going allows the patient to feel that sense of patient care. There is fine distinction between professional and personal of course, so I never step out of boundaries. I have such a drive to continue my education and I know I am in the right field of medicine, because when I work at the physical therapy clinics, it does not feel like I am working. Instead, every day I look forward to greeting my patients and treating them. I aspire to one day not only treat, but be able to evaluate and assess them as a licensed physical therapist. The University of St. Augustine prides itself in having a student-centered environment and I believe this would provide me the assistance needed to succeed in my physical therapy program and successfully become a licensed physical therapist.

ADVISOR RELEASE STATEMENT

By answering Yes, you authorize PTCAS to release selected information regarding your PTCAS application and admission status to the health professions advisor and the health professions advisory committee of the post-secondary institution(s) that you have attended. By releasing your information, your advisor is better able to assist you in the admissions process, as well as better guide other students in the future. You cannot make changes to this item after you submit your application to PTCAS.

Advisor Release Statement Answer: Yes

PRESUBMISSION RELEASE

By answering Yes, you authorize PTCAS to release your name and contact information to your designated programs BEFORE you submit your final application. This will allow your designated programs to send you important information about the local admissions process before you complete your application.

Presubmission Release Answer: Yes

EVALUATIONS

EVALUATOR INFORMATION

David Mancha

Title:	—	Daytime Phone:	+19562079964
Occupation:	—	Date Completed:	07/27/2018
Organization:	—	Status:	Completed
Email:	dmancha328@gmail.com		

I waive my right of access to this evaluation:	YES
How long have you known the applicant?	1-2 years
Are you a licensed Physical Therapist?	No
How well do you know the applicant?	Very Well
If you are a physical therapist, please indicate the physical therapy institution from which you graduated	—
Select the role that best describes your primary interaction with the applicant:	Co-Worker
If you are a physical therapist, please indicate in which state you are licensed	—
If you selected "Professor" or "Professor in Major"; above, list all courses in which you have had the applicant (for example: Intro to Chemistry, Chem 101)	—
If you are a physical therapist, please enter your PT licensure number.	—
Approximately how many references do you submit on behalf of physical therapy applicants each year?	1

REFERENCE RATINGS

	Not Observed	Poor (1)	Below Average (2)	Average (3)	Good (4)	Excellent (5)
Commitment to Learning						✓
Critical Thinking						✓
Empathy						✓
Ethics						✓
Interpersonal Skills						✓
Leadership						✓
Oral Communication						✓
Professional Demeanor						✓
Response to Criticism						✓
Responsibility						✓
Stress Management						✓
Team Skills						✓
Time Management						✓
Written Communication						✓

RECOMMENDATION CONCERNING ADMISSION

I highly recommend this applicant

July 10, 2018

PTCAS:
Admissions, Doctor of Physical Therapy Program

Dear Director,

I am writing to you today to recommend Paola Lizette Sanchez for admission into the Doctor of Physical Therapy Program. I have known Paola for a year and a half, and she has worked for me (with me) at several of our outpatient Physical Therapy clinics and with one of our contracts at our local hospital.

Paola is very eager to learn, and always willing to put in extra work to do a good job. She works well with patient's and staff, and has excellent interpersonal skills. Her positive attitude was demonstrated by her smile. She was also reliable and willing to work where needed.

Paola's work habits were excellent. She was dependable, loyal and responsible, and demonstrated consistent follow-through on job tasks. Her behaviors showed that she cared about patients and wanted to help them. She was approachable when giving feedback concerning work issues. She was helpful in problem solving issues and would make suggestions for improvement without blaming others. I don't remember her saying an unkind or angry word. She is the most positive person I have worked with in our Physical Therapy clinic career of 4 years. Paola respected the confidentiality of patient information. Confidentiality is an expectation of the job, but Paola is an honorable person and I believe that she would have followed that code even if not instructed to do so.

Paola is very focused on developing a career in Physical Therapy. She is fluent in Spanish and English. She always brought a positive attitude to work and was always the first person to arrive and last person to leave the clinic. She is willing to take responsibility and demonstrated consistent follow-through on tasks at work. Work habits are excellent. Dealings with patient's and staff were caring, helpful, respectful, and professional. She works hard, but has a balanced life with leisure activities. I am impressed with her career development as a student...working as a Physical Therapist Technician for over 1 year (sometimes 7 days a week), and working half a year for children with disabilities. Paola has trained hard as a PT-Tech; having learned the in's and out's of the PT clinic from working administration/Billing...to applying modality treatment on our patients with constant supervision from licensed staff. All of these experiences give her a broad base of knowledge for a healthcare career as a Doctor of Physical Therapy.

I highly recommend Paola as a Doctor of Physical Therapy candidate. I have the deepest personal and professional respect for Paola, and sincerely belief she will bring her unique energy, optimism, passion, and tireless creativity to your class and classroom. Paola has my highest endorsement. If you have any questions about this recommendation or my endorsement of Paola, please do not hesitate to contact me and I will gladly try to help.

Kind regards and best wishes for a successful Doctor of Physical Therapy class.

David Mancha, PTA; License# 2118199
4128 Carnation Ct.
McAllen TX, 78501
956-207-9964
dmancha328@gmail.com

EVALUATIONS CONTINUED

EVALUATOR INFORMATION

Keirsten Lopez

Title:	Physical Therapist (PT)	Daytime Phone:	9564665651
Occupation:	physical therapist	Date Completed:	07/16/2018
Organization:	—	Status:	Completed
Email:	keirsten1990@hotmail.com		

I waive my right of access to this evaluation:	YES
Are you a licensed Physical Therapist?	Yes
How long have you known the applicant?	1-2 years
If you are a physical therapist, please indicate the physical therapy institution from which you graduated	Texas Tech University Health Science Center
How well do you know the applicant?	Very Well
If you are a physical therapist, please indicate in which state you are licensed	Texas
Select the role that best describes your primary interaction with the applicant:	Supervisor/Employer
If you are a physical therapist, please enter your PT licensure number.	1277838
If you selected "Professor" or "Professor in Major"; above, list all courses in which you have had the applicant (for example: Intro to Chemistry, Chem 101)	—
Approximately how many references do you submit on behalf of physical therapy applicants each year?	1-2

REFERENCE RATINGS

	Not Observed	Poor (1)	Below Average (2)	Average (3)	Good (4)	Excellent (5)
Commitment to Learning						✓
Critical Thinking					✓	
Empathy						✓
Ethics						✓
Interpersonal Skills						✓
Leadership					✓	
Oral Communication					✓	
Professional Demeanor						✓
Response to Criticism						✓
Responsibility						✓
Stress Management					✓	
Team Skills						✓
Time Management						✓
Written Communication						✓

RECOMMENDATION CONCERNING ADMISSION

I highly recommend this applicant

To Whom It May Concern:

I am thrilled to write a letter of recommendation on behalf of Paola Sanchez for admission to a Doctorate of Physical Therapy program. I have had the pleasure of knowing Paola for close to 2 years, as her supervising physical therapist, while she has worked as a physical therapy technician.

As her supervisor, I witness her interaction with patients, staff, and other superiors where she continuously displays patience, professionalism, and empathy. Patients and coworkers are drawn to her kind and courteous demeanor. Paola has proven to be a hard worker with a passion for the field of physical therapy and a desire for continued learning.

I have supervised Paola in both the outpatient and acute care physical therapy settings. She has been able to adapt quickly to wide-ranging situations and patient demographics. She is well versed in patient safety and has assisted with various interventions such as transfers, therapeutic exercise, gait training, and modalities.

Paola is indisputably an exceptional candidate for a Doctorate of Physical Therapy program. She is caring, intelligent, and ambitious. I am confident that she will succeed in her studies and be an asset to your institution. If you have any questions regarding this recommendation, please do not hesitate to contact me.

Sincerely,

Keirsten Lopez PT, DPT
(956) 466-5651
keirsten1990@hotmail.com

EVALUATIONS CONTINUED

EVALUATOR INFORMATION

Kevin Abers

Title:	Owner	Daytime Phone:	9566863434
Occupation:	Physical Therapist	Date Completed:	08/01/2018
Organization:	Puig Rehabilitation	Status:	Completed
Email:	abers0217@yahoo.com		

I waive my right of access to this evaluation: YES

How long have you known the applicant? 1-2 years

Are you a licensed Physical Therapist? Yes

How well do you know the applicant? Very Well

If you are a physical therapist, please indicate the physical therapy institution from which you graduated —

Select the role that best describes your primary interaction with the applicant: Physical Therapist

If you are a physical therapist, please indicate in which state you are licensed Texas

If you selected "Professor" or "Professor in Major"; above, list all courses in which you have had the applicant (for example: Intro to Chemistry, Chem 101) —

If you are a physical therapist, please enter your PT licensure number. 139806

Approximately how many references do you submit on behalf of physical therapy applicants each year? 5

REFERENCE RATINGS

	Not Observed	Poor (1)	Below Average (2)	Average (3)	Good (4)	Excellent (5)
Commitment to Learning						✓
Critical Thinking						✓
Empathy						✓
Ethics						✓
Interpersonal Skills						✓
Leadership						✓
Oral Communication						✓
Professional Demeanor						✓
Response to Criticism						✓
Responsibility						✓
Stress Management						✓
Team Skills						✓
Time Management						✓
Written Communication						✓

RECOMMENDATION CONCERNING ADMISSION

I highly recommend this applicant

August 1, 2018

To Whom This May Concern:

I am pleased to write to you on behalf of Paola Sanchez, who is applying for admission to your physical therapy program. I have known Paola since May, 2017. She works as a physical therapy technician in our outpatient orthopedic clinic. She has also helped us in our acute setting.

Paola has been a pleasure to have on our team. She has been one of our few technicians that are a born leader. She takes the initiative in the clinic to take care of all tasks. She has a great ability to multi-task and still completes the tasks with a very high standard. She has a personality that everyone enjoys and wants to be around. The patients respond well to her and always ask to have her with them. She always asks questions and asks questions to understand the rationale. She is very punctual. She holds herself to a high standard of professionalism. She communicates well. She is bilingual in English and Spanish, which is an great asset in the clinic. She is very enjoyable to have in our clinic.

I would highly recommend Paola Sanchez to your program. I know that she has the intellectual ability, the drive, and the determination to complete the program and to be an asset to our profession. Please feel free to contact me for further information if required.

Sincerely,

Kevin Abers, PT, ScD, OCS