

# Ashley Cochrane

---

130 Somerset Street West  
Ottawa, Ontario, K2P 0H9  
(647) 519-6581  
[www.ashleycochrane.ca](http://www.ashleycochrane.ca)  
cochrane.ae@gmail.com

## INTRODUCTION:

I have been actively seeking a career opportunity that would allow me to craft content on varied and dynamic topics tailored to brand marketing. I like the challenge of transcribing difficult and abstract ideas into easily understood concepts. Please visit my website to see examples of my work.

## EDUCATION:

### **Bachelor of Journalism**

Ryerson University, Toronto, Ontario  
Class of 2015

### **Awards**

- English Excellence Certificate
- French Excellence Certificate
- Three original poems published in two amateur author collections
- Photo and Digital Imaging Certificate
- Extended French Certificate
- First place in Ontario's Provincial Skills Canada Cardboard Boat Race Documentary Challenge

## SKILLS:

### **Software and Programming**

- Adobe Creative Suite 6
- HTML / CSS
- Final Cut Pro 7
- Nikon DSLR Cameras
- Microsoft Office Suite
- iNews

### **Operating Systems**

- Windows
- Mac OS

### **Communication**

- In-depth understanding of content delivery on multiple media platforms
- Capable of turning difficult and abstract ideas into easily understood concepts
- Comfortable and skillful interviewer who recognizes interviewees' values and voice
- Technologically proficient
- Understands the importance of harmony between a team of individuals
- Grammar enthusiast

## WORK EXPERIENCE:

### **Bentall Kennedy**

**May 2015 - Present**

#### ***Administrative Assistant / Accounts Payable***

- Assist the general manager and the vice president of leasing with tenant and corporate related matters
- Keep track of all World Exchange Plaza building operating costs to stay within capital budget
- Manage new website content
- Oversee safety alert system
- Edit documents and write bulletins
- Organize building functions
- Design posters
- Process and file invoices using ImageNow
- Organize and file all paperwork pertaining to contractors and tenants
- Answer phone calls and inquiries about the World Exchange Plaza
- Manage all mail directed to/sent from Bentall Kennedy

### **Discovery Channel, Daily Planet**

**January - April 2015**

#### ***Executive Assistant to Discoveries Producer (internship)***

- Research, understand and summarize new science and technology content for the daily show
- In charge of producing the Weird Planet segment of the show
- Write scripts for hosts
- Write online summarizations of the show
- Phone and e-mail contacts for resources
- Interview show subjects
- Attend shoots and assist producers
- Work in a fast-paced environment under same day deadlines

### **NAV CANADA**

**May 2013 – Sept 2014**

#### ***Flight Operations (co-op student)***

- Helped write sections of aviation manuals
- Involved with simplifying and summarizing Performance Based Navigation (PBN) information to be added to the Aviation Information Manual (AIM)
- Helped schedule and keep track of flights and procedures flown at airports across Canada
- In charge of keeping contact with the pilots and assigning them ground and flight work to complete
- Remapped NAV CANADA's flight paths across Canada to the most efficient route patterns
- Helped design company posters and have photographed and filmed NAV CANADA flights to make short personal documentaries

**Winners / Homesense****May 2012 - 2013*****Sales Associate***

- Cashier
- Warehouse replenishment staff dealing with new store inventory

**Home Outfitters****2010 - 2013*****Guest Services and Salesman***

- Guest Services and Sales associate
- HBC MasterCard and Credit card salesman
- Restocked and decorated the store

***The Shoe Company*****2010 - 2011*****Salesman***

- Shoe Salesman

**Tim Hortons****2009 - 2010*****Key Holder***

- In charge of the staff, counting and refilling the cash registers and closing and locking the store
- Acted as supervisor during the manager's absence

**Cumberland Soccer Association****Summers 2008-2010*****Referee and Coach***

- Coached and refereed under 6 girls soccer teams

**PERSONAL INTERESTS**

- Piano
- Guitar
- Soccer
- Snowboarding
- Reading
- Writing