# **Ashley Cochrane**

130 Somerset Street West Ottawa, Ontario, K2P 0H9 (647) 519-6581 www.ashleycochrane.ca cochrane.ae@gmail.com

### INTRODUCTION:

I have been actively seeking a career opportunity that allows me to craft content on varied and dynamic topics. I like the challenge of transcribing difficult and abstract ideas into easily understood concepts.

### **EDUCATION:**

### **Bachelor of Journalism**

Ryerson University, Toronto, Ontario Class of 2015

#### **Awards**

- English Excellence Certificate
- French Excellence Certificate
- Three original poems published in two amateur author collections
- Photo and Digital Imagining Certificate
- Extended French Certificate
- First place in Ontario's Provincial Skills Canada Cardboard Boat Race Documentary Challenge

#### SKILLS:

### **Software and Programming**

- Adobe Creative Suite 6
- HTML / CSS
- Final Cut Pro 7

- Nikon DSLR Cameras
- Microsoft Office Suite
- iNews

### **Operating Systems**

- Windows
- Mac OS

# **Communication**

- In-depth understanding of content delivery on multiple media platforms
- Capable of turning difficult and abstract ideas into easily understood concepts
- Comfortable and skillful interviewer who recognizes interviewees' values and voice
- Technologically proficient
- Understands the importance of harmony between a team of individuals
- Grammar enthusiast

### **WORK EXPERIENCE:**

# Bentall Kennedy May 2015 - Present

### Administrative Assistant / Accounts Payable

- Assist the general manager and the vice president of leasing with tenant and corporate related matters
- Keep track of all World Exchange Plaza building operating costs to stay within capital budget
- Manage new website content
- Oversee safety alert system
- Edit documents and write bulletins
- Organize building functions
- Design posters
- Process and file invoices using ImageNow
- Organize and file all paperwork pertaining to contractors and tenants
- Answer phone calls and inquiries about the World Exchange Plaza
- Manage all mail directed to/sent from Bentall Kennedy

# **Discovery Channel, Daily Planet**

# Executive Assistant to Discoveries Producer (internship)

- Research, understand and summarize new science and technology content for the daily show
- In charge of producing the Weird Planet segment of the show
- Write scripts for hosts
- Write online summarizations of the show
- Phone and e-mail contacts for resources
- Interview show subjects
- Attend shoots and assist producers
- Work in a fast-paced environment under same day deadlines

### NAV CANADA May 2013 – Sept 2014

### Flight Operations (co-op student)

- Helped write sections of aviation manuals
- Involved with simplifying and summarizing Performance Based Navigation (PBN) information to be added to the Aviation Information Manual (AIM)
- Helped schedule and keep track of flights and procedures flown at airports across Canada
- In charge of keeping contact with the pilots and assigning them ground and flight work to complete
- Remapped NAV CANADA's flight paths across Canada to the most efficient route patterns
- Helped design company posters and have photographed and filmed NAV CANADA flights to make short personal documentaries

January - April 2015

Winners / Homesense Sales Associate	May 2012 - 2013
<ul><li>Cashier</li><li>Warehouse replenishment staff dealing with new store inventory</li></ul>	
Home Outfitters  Guest Services and Salesman  Guest Services and Sales associate  HBC MasterCard and Credit card salesman  Restocked and decorated the store	2010 - 2013
The Shoe Company Salesman Shoe Salesman	2010 - 2011
Tim Hortons  Key Holder  ■ In charge of the staff, counting and refilling the cash registers and closing and locking the store	2009 - 2010

# **Cumberland Soccer Association**

**Summers 2008-2010** 

## Referee and Coach

• Coached and refereed under 6 girls soccer teams

Acted as supervisor during the manager's absence

# **PERSONAL INTERESTS**

- Piano
- Guitar
- Soccer
- Snowboarding
- Reading
- Writing