

# PEER MENTORSHIP GOAL SETTING WORKSHOP PREP

THESE ARE THE MAIN THINGS THAT  
MOTIVATE ME/SPARK JOY/GIVE  
ME SATISFACTION:

MY GREATEST  
STRENGTHS/ABILITIES/  
TRAITS/THINGS I DO BEST:

MY CURRENT 3 MONTH GOALS  
ARE:

MY CURRENT 6 MONTH GOALS  
ARE:

MY CURRENT 1 YEAR GOALS ARE:

\*If different timeframes make more sense for you (e.g. 6 months, 1 year, 5 years) feel free to adjust to what works best for you