

Stephanie Castaño

6104 SE Thornapple St Hillsboro, OR 97123 | 503-504-5820 | stephanie.cstn@gmail.com

EDUCATION

- Bachelors of Science in **Public Health** at Oregon State University, Corvallis OR **Graduated: June '13**
Option: **Health Promotion and Health Behavior**
- Related Course Work: *Planning/Evaluating Health Promotion Programs*, Health Policy/Health Management, Human Lifespan & Development, and Social Problems & Issue

SKILLS AND ABILITIES

- Native Spanish speaker
- Strong administrative and clerical abilities
- Medical terminology proficient
- 50 wpm typing speed
- Microsoft Word & Excel Proficient
- Effective in multi-tasking
- Excellent communication skills
- Quick problem solving/decision-making skills

EXPERIENCE

Volunteer for ¡Salud! – Tuality HealthCare, Hillsboro, OR

Jul '13-current

- Attends Wellness Mobile Clinics for migrant workers to local vineyards
- Assists in health outreach events for diabetes, cholesterol, vision, and dental screenings
- Works closely with Latino migrant patients and supports them through the process of medical paperwork and billing
- Collaborates with various health care providers/services to provide an effective and efficient system to increase access to care for the patients

Centre of Social Medicine Intern – Pravara Institute of Medical Science University, Loni, India

Apr '13 – Jun '13

- Assessed and analyzed the effectiveness/efficiency of participating NGO public health interventions for the hospital and presented the findings to the Centre of Social Medicine staff
- Participated in field work activities for the Mukta Project supported by NACO and Pathfinders International to reduce the risk of HIV/AIDS transmission in Female Sex Workers and the MSM community of Nashik
- Attended weekly lectures about the social, cultural, and political factors that affect the health outcomes of Indian rural communities

Apprentice for Familias Activas –Undergraduate Research Awards Program, Albany, OR

Dec '12 – Mar '13

- Assisted six Spanish speaking parents evaluate/assess how their community is healthy and not healthy using MAPPS, a GPS photographing technology
- Attended research meetings between participant, stakeholders, academics, and community members to record field notes and play a *supportive role* for the lead researcher
- Empowered participants to communicate* their thoughts and concerns about their physical and social environment through dialogue, art, photographs, and workshop activities
- Co-led an advocacy workshop called “7 Pasos de la Abogacia” to 10 women

Intern at the ASOSU Office of Advocacy – Associated Students of Oregon State University

Oct '11 – Apr '13

- Maintained all *administrative duties* such as input confidential client files to a legal database system and schedule client appointments to Outlook
- Brainstormed and applied new office procedures to improve efficiency and quality of service
- Connected students to resources on campus that are having difficulty navigating the university system or are experiencing issues with the university
- Directed*, developed, and implemented events regarding academic dishonesty for *international students* to reduce the unintentional acts of academic dishonesty due to cultural and language barriers

- Created *strong interpersonal relationships* for the office with other services and student groups

Peer Health Advocate - Student Health Services, Oregon State University

Sept '10 – Mar '13

- Organized and *executed* countless health outreach events relevant to OSU Students
Health topics: tobacco cessation, AIDS/STIs, nutrition, importance of sleep, stress, prescription drug abuse, food insecurity, alcohol abuse, and flu shot promotion
- Frequently *spoke publically to a diverse student body* and Corvallis community on health and wellness topics to promote health and change negative behavior
- Designed pre and post surveys to record the impacts of health outreach events
- Generated interactive games, cook books, and presentations as interactive learning tools

Professional Recruitment Chair – Global Medical Brigades of Oregon State University

May '10 – Jun '11

- *Recruited* a Spanish-speaking health professional and students to assist in rural medical brigades in Honduras
- Scheduled and led informational meetings for prospective brigade participants
- Assisted in *writing grant proposals* for pharmaceuticals donations
- Taught basic hygiene workshops to more than 300 rural Honduran adults and children

Certified Nursing Assistant – Maryville Nursing Home, Beaverton, OR

Mar '09 – Aug '09

- Shadowed and assisted nurses and nursing assistants
- Responsible for all basic personal care: *vital signs*, range of motion exercises, *charting*, ambulation, and various other duties of eight *diverse* residents at one time
- Assessed and monitored the health and safety of eight residents

Office Assistant – Justus Orthodontics, Portland, OR

Apr '06 – Sept '10

- Performed all office tasks such as: answering phones, making/confirming appointments, *billing*, checking insurance coverage, and training new office reception/assistants
- Served as a *translator/interpreter* for Spanish speaking patients at the front office
- Informed families and patients about proper dental care for braces (in Spanish and English)
- Practiced HIPAA and patient confidentiality

ACCREDITATIONS/CERTIFICATION

- Certificate in Social Health & Development, 2013
- Peer Health Advocate, 2010
- Certified Nursing Assistant, 2009

REFERENCES

- Will provide upon request