NCEA Level 3 Calculus (Integration) 18. Substitution

Recall that the **chain rule** for differentiation is given by

$$\frac{\mathrm{d}}{\mathrm{d}x}[f(g(x))] = f'(g(x))g'(x).$$

Since integration is (in some sense) the inverse of differentiation, we can write (by applying the fundamental theorem of calculus)

$$\int f'(g(x))g'(x) dx = f(g(x)) + C.$$

For a mnemonic, we can let u = g(x). Then $du = g'(x) dx^*$ and so, by the rule we just wrote down, we have

$$\int f'(g(x))g'(x) dx = \int f'(u) du = f(u) + C = f(g(x)) + C.$$

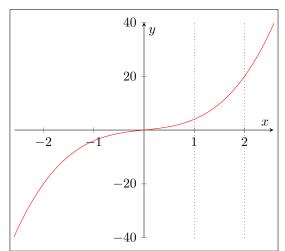
In Leibniz notation, we have

$$\int f'(g(x))g'(x) dx = \int \frac{\mathrm{d}f}{\mathrm{d}g} \frac{\mathrm{d}g}{\mathrm{d}x} dx = \int \frac{\mathrm{d}f}{\mathrm{d}g} dg = \int f'(g) dg = f(g) + C = f(g(x)) + C,$$

and so one can intuitively think about this (here we substitute g out) as the cancellation of differentials underneath an integral sign.

This rule, which gives us a kind of chain rule for integration, is called **substitution**, or the **inverse chain rule**. It can be thought of as a change in coordinate system from an x-based system to one based on u, and we have to 'resize' our area based on how much u stretches the coordinate system compared to x—and this 'stretch factor' is simply $\frac{du}{dx}$.

Example. For example, consider $\int_{1}^{2} 2x(x^{2}+1) dx$; we are finding the area shown here between the dotted lines.

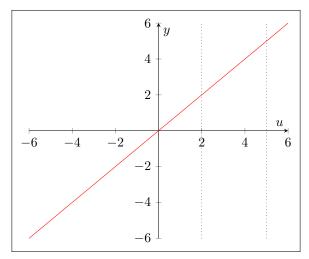


Let us make the substitution $u = x^2 + 1$, so $\frac{du}{dx} = 2x$ and our integral becomes

$$\int_{1}^{2} 2x(x^{2}+1) dx = \int_{u^{-1}(2)}^{u^{-1}(5)} \frac{du}{dx} u(x) dx = \int_{2}^{5} u du.$$

We can graph our region of integration again.

^{*}This rearrangement is not rigorous, but it works.



This new coordinate system, which is 2x times as large as the older one, is much simpler to integrate inside!

Examples.

1. Suppose we wish to find $\int \sin x \cos x \, dx$. Then let $u = \sin x$, so $du = \cos x \, dx$ and

$$\int \sin x \cos x \, dx = \int u \, du = \frac{1}{2}u^2 + C = \frac{1}{2}\sin^2 x + C.$$

2. In this case, we also could have used a trigonometric identity. Suppose we wish to find $\int xe^{x^2} dx$. We can let $u = x^2$, and then $du = 2x dx \Rightarrow dx = \frac{du}{2x}$. Hence:

$$\int xe^{x^2} dx = \int \frac{1}{2}e^u du = \frac{1}{2}e^u + C = \frac{1}{2}e^{x^2} + C.$$

3. Suppose we wish to find $\int \frac{4}{x} (\ln x)^3 dx$. We let $u = \ln x$, and then $du = \frac{dx}{x}$. Hence:

$$\int \frac{4}{x} (\ln x)^3 \, dx = 4 \int u^3 \, du = u^4 + C = (\ln u)^4 + C.$$

Questions

1. Find the following indefinite integrals.

(a)
$$\int \sin 2x \, dx$$

(b)
$$\int (4x - 44)^{2019} dx$$

(c)
$$\int 4x\sqrt{x^2+3}\,\mathrm{d}x$$

(d)
$$\int (3x-4)^2 dx$$

(e)
$$\int \frac{x}{x^2+1} dx$$

(f)
$$\int \frac{2}{4x+3} dx$$

(g)
$$\int e^{2x+1} dx$$

(h)
$$\int \sec 4x \tan 4x \, dx$$

(i)
$$\int 2\cos x + \sin 2x \, dx$$

(j)
$$\int -2x \csc^2(3x^2) dx$$

(k)
$$\int \frac{3}{x^3} - \frac{4}{x+1} \, \mathrm{d}x$$

(1)
$$\int e^{x/2} + \frac{2}{x} dx$$

(m)
$$\int x^2 \sec^2 x^3 + 9 \, dx$$

(n)
$$\int -\csc(\tan x)\cot(\tan x)\sec^2 x dx$$

(o)
$$\int \frac{\cos x - \sin x}{\cos x + \sin x} dx$$

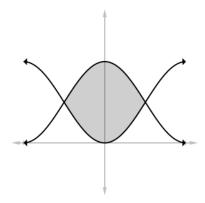
$$(p) \int \frac{2017}{x \ln x} \, \mathrm{d}x$$

2. By using the substitution $x = \sin \theta$, find

$$\int \frac{1}{\sqrt{1-x^2}} \, \mathrm{d}x.$$

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- 3. Compute the following definite integrals:
 - (a) $\int_{0}^{1} xe^{-x^{2}} dx$
 - (b) $\int_{-\pi/3}^{\pi/3} x^4 \sin x \, dx$ (hint: no substitution is required)
 - (c) $\int_{0}^{1} \cos(\pi t/2) dt$
 - (d) $\int_0^1 (3t-1)^{50} dt$
 - (e) $\int_0^1 \sqrt[3]{1+7x} \, dx$
 - (f) $\int_0^1 \frac{\mathrm{d}x}{1+\sqrt{x}} \, \mathrm{d}x$
 - (g) $\int_{-1}^{2} x(x-1)^3 dx$
 - (h) $\int_0^3 x \sqrt{1+x^2} \, dx$
- 4. Find the area enclosed by the curve $y = 4\sin 3x\cos x$ and the x-axis from x = 0 to $x = \frac{\pi}{3}$.
- 5. Find k such that $\int_0^k e^{2x} dx = 40$.
- 6. Calculate the area enclosed by the curve $y = \frac{3x-2}{x+4}$ and the lines y = 0, x = 1, and x = 5.
- 7. Find the area between the curves $y = \sin^2 kx$ and $y = \cos^2 kx$ shaded below.



- 8. Find $\int \tan \theta \, d\theta$ and $\int \cot \theta \, d\theta$.
- 9. Complete the following working:

$$\int \sec x \, dx = \int \sec x \frac{\sec x + \tan x}{\sec x + \tan x} \, dx$$
$$= \int \frac{\dots}{\sec x + \tan x} \, dx$$
Let $u = \dots$

$$= \int \frac{1}{\cdots} \, \mathrm{d}u$$

10. Show that

$$\int x^4 \sin x \, dx = 4x(x^2 - 6x) \sin x - (x^4 - 12x^2 + 24) \cos x + C.$$



11. If $y = x\sqrt{\sin x^3 + \cos x^3}$, find $\pi \int_0^1 y^2 dx$.

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- 12. The velocity of a particle at time t is given by $v = \frac{\cos(\sqrt{2t+1})}{\sqrt{2t+1}}$. What is the position of the particle at time t = 5, given that x(0.5) = 0? (Recall that $v = \frac{dx}{dt}$.)
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- 13. Evaluate $I = \int_0^{\pi/2} \frac{\sqrt{\sin x}}{\sqrt{\sin x} + \sqrt{\cos x}} dx$ [Hint: use the substitution $x = \frac{\pi}{2} u$ and add the result to the original integral.]
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- (a) Evaluate $\int \cos^5 x \, dx$ using the substitution $t = \sin x$.
- (b) i. If $f(x) = \cos^5 x$, what are f(0), f'(0), and f''(0)?
 - ii. Hence evaluate a, b, and c in the approximation $\cos^5 x \approx a + bx + cx^2$.
 - iii. Use this to give an approximation for $\int \cos^5 x \, dx$.
- (c) Evaluate $\int_0^{0.6} \cos^5 x \, dx$ to three significant figures, using:
 - i. The exact integration in (a).
 - ii. The expression in (b)(iii).
 - iii. Simpson's rule.