

# NCEA Level 3 Calculus (Integration)

## 18. Substitution

### Goal for this week

To practice integrating functions by undoing the chain rule.

Recall that the **chain rule** for differentiation is given by

$$\frac{d}{dx}[f(g(x))] = f'(g(x))g'(x).$$

Since integration is (in some sense) the inverse of differentiation, we can write (by applying the fundamental theorem of calculus)

$$\int f'(g(x))g'(x) dx = f(g(x)) + C.$$

For a mnemonic, we can let  $u = g(x)$ . Then  $du = g'(x) dx$ \* and so, by the rule we just wrote down, we have

$$\int f'(g(x))g'(x) dx = \int f'(u) du = f(u) + C = f(g(x)) + C.$$

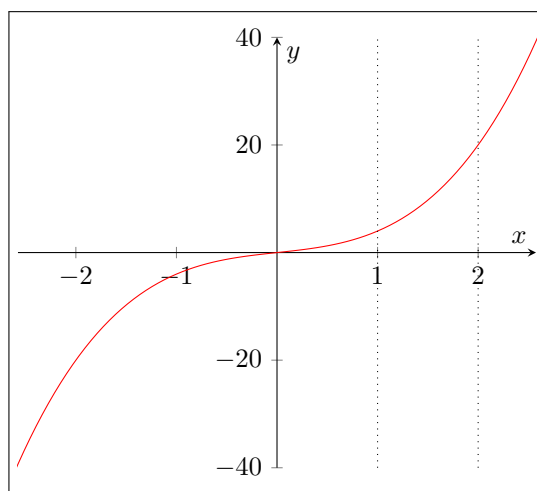
In Leibniz notation, we have

$$\int f'(g(x))g'(x) dx = \int \frac{df}{dg} \frac{dg}{dx} dx = \int \frac{df}{dg} dg = \int f'(g) dg = f(g) + C = f(g(x)) + C,$$

and so one can intuitively think about this (here we substitute  $g$  out) as the cancellation of differentials underneath an integral sign.

This rule, which gives us a kind of chain rule for integration, is called **substitution**, or the **inverse chain rule**. It can be thought of as a change in coordinate system from an  $x$ -based system to one based on  $u$ , and we have to ‘resize’ our area based on how much  $u$  stretches the coordinate system compared to  $x$  — and this ‘stretch factor’ is simply  $\frac{du}{dx}$ .

**Example.** For example, consider  $\int_1^2 2x(x^2 + 1) dx$ ; we are finding the area shown here between the dotted lines.

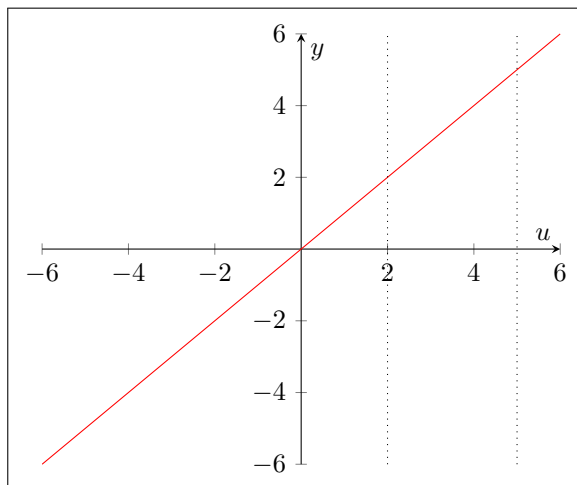


\*again, this is just a mnemonic: it *is* possible to make  $dx$  meaningful (it is what is known as a *differential form*), but all we are really doing is applying the chain rule.

Let us make the substitution  $u = x^2 + 1$ , so  $\frac{du}{dx} = 2x$  and our integral becomes

$$\int_1^2 2x(x^2 + 1) dx = \int_{u^{-1}(2)}^{u^{-1}(5)} \frac{du}{dx} u(x) dx = \int_2^5 u du.$$

We can graph our region of integration again.



This new coordinate system, which is  $2x$  times as large as the older one, is much simpler to integrate inside!

### Examples.

1. Suppose we wish to find  $\int \sin x \cos x dx$ . Then let  $u = \sin x$ , so  $du = \cos x dx$  and

$$\int \sin x \cos x dx = \int u du = \frac{1}{2}u^2 + C = \frac{1}{2}\sin^2 x + C.$$

2. In this case, we also could have used a trigonometric identity. Suppose we wish to find  $\int xe^{x^2} dx$ . We can let  $u = x^2$ , and then  $du = 2x dx \Rightarrow dx = \frac{du}{2x}$ . Hence:

$$\int xe^{x^2} dx = \int \frac{1}{2}e^u du = \frac{1}{2}e^u + C = \frac{1}{2}e^{x^2} + C.$$

3. Suppose we wish to find  $\int \frac{4}{x}(\ln x)^3 dx$ . We let  $u = \ln x$ , and then  $du = \frac{dx}{x}$ . Hence:

$$\int \frac{4}{x}(\ln x)^3 dx = 4 \int u^3 du = u^4 + C = (\ln u)^4 + C.$$

### Questions

1. Find the following indefinite integrals.

(a)  $\int \sin 2x dx$

(b)  $\int (4x - 44)^{2019} dx$

(c)  $\int 4x\sqrt{x^2 + 3} dx$

(d)  $\int (3x - 4)^2 dx$

(e)  $\int \frac{x}{x^2 + 1} dx$

(f)  $\int \frac{2}{4x+3} dx$

(g)  $\int e^{2x+1} dx$

(h)  $\int \sec 4x \tan 4x dx$

(i)  $\int 2 \cos x + \sin 2x dx$

(j)  $\int -2x \csc^2(3x^2) dx$



(k)  $\int \frac{3}{x^3} - \frac{4}{x+1} dx$

(l)  $\int e^{x/2} + \frac{2}{x} dx$

(m)  $\int x^2 \sec^2 x^3 + 9 dx$

(n)  $\int -\csc(\tan x) \cot(\tan x) \sec^2 x dx$

(o)  $\int \frac{\cos x - \sin x}{\cos x + \sin x} dx$

(p)  $\int \frac{2017}{x \ln x} dx$

2. By using the substitution  $x = \sin \theta$ , find

$$\int \frac{1}{\sqrt{1-x^2}} dx.$$

3. Compute the following definite integrals:

(a)  $\int_0^1 x e^{-x^2} dx$

(b)  $\int_{-\pi/3}^{\pi/3} x^4 \sin x dx$  (hint: no substitution is required)

(c)  $\int_0^1 \cos(\pi t/2) dt$

(d)  $\int_0^1 (3t-1)^{50} dt$

(e)  $\int_0^1 \sqrt[3]{1+7x} dx$

(f)  $\int_0^1 \frac{dx}{1+\sqrt{x}} dx$

(g)  $\int_{-1}^2 x(x-1)^3 dx$

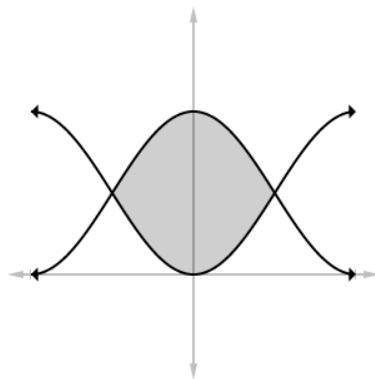
(h)  $\int_0^3 x \sqrt{1+x^2} dx$

4. Find the area enclosed by the curve  $y = 4 \sin 3x \cos x$  and the  $x$ -axis from  $x = 0$  to  $x = \frac{\pi}{3}$ .

5. Find  $k$  such that  $\int_0^k e^{2x} dx = 40$ .

6. Calculate the area enclosed by the curve  $y = \frac{3x-2}{x+4}$  and the lines  $y = 0$ ,  $x = 1$ , and  $x = 5$ .

7. Find the area between the curves  $y = \sin^2 kx$  and  $y = \cos^2 kx$  shaded below.



8. Find  $\int \tan \theta d\theta$  and  $\int \cot \theta d\theta$ .

9. Complete the following working:

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$$\begin{aligned}\int \sec x \, dx &= \int \sec x \frac{\sec x + \tan x}{\sec x + \tan x} \, dx \\ &= \int \frac{\dots}{\sec x + \tan x} \, dx \\ \text{Let } u &= \dots \\ &= \int \frac{1}{\dots} \, du \\ &= \dots\end{aligned}$$

10. Show that

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$$\int x^4 \sin x \, dx = 4x(x^2 - 6x) \sin x - (x^4 - 12x^2 + 24) \cos x + C.$$

11. If  $y = x\sqrt{\sin x^3 + \cos x^3}$ , find  $\pi \int_0^1 y^2 \, dx$ .

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12. The velocity of a particle at time  $t$  is given by  $v = \frac{\cos(\sqrt{2t+1})}{\sqrt{2t+1}}$ . What is the position of the particle at time  $t = 5$ , given that  $x(0.5) = 0$ ? (Recall that  $v = \frac{dx}{dt}$ .)

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13. Evaluate  $I = \int_0^{\pi/2} \frac{\sqrt{\sin x}}{\sqrt{\sin x} + \sqrt{\cos x}} \, dx$  [Hint: use the substitution  $x = \frac{\pi}{2} - u$  and add the result to the original integral.]

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- (a) Evaluate  $\int \cos^5 x \, dx$  using the substitution  $t = \sin x$ .
- (b)
  - i. If  $f(x) = \cos^5 x$ , what are  $f(0)$ ,  $f'(0)$ , and  $f''(0)$ ?
  - ii. Hence evaluate  $a$ ,  $b$ , and  $c$  in the approximation  $\cos^5 x \approx a + bx + cx^2$ .
  - iii. Use this to give an approximation for  $\int \cos^5 x \, dx$ .
- (c) Evaluate  $\int_0^{0.6} \cos^5 x \, dx$  to three significant figures, using:
  - i. The exact integration in (a).
  - ii. The expression in (b)(iii).
  - iii. Simpson's rule.