```cpp
/************************************************************
* AUTHOR     : Ali Eshghi
* STUDENT ID    : 1112261
* ASSIGNMENT #4 : Assessing Recursion Performance
* CLASS         : CS 1B
* SECTION       : MW - 7:30 pm - 9:50 pm
* DUE DATE      : 11/26/2019
*************************************************************/

#include "MyHeader.h"

/************************************************************
 * Menu
 *    This function will print the program menu into the console.
 *
 *    returns  nothing -> This will output the menu.
 *************************************************************/

void Menu()
{

    cout << endl << endl;
    cout << left;
    cout << "MENU OPTIONS\n\n";
    cout << "1 - Calculate and Display Factorial of a Number\n";
    cout << "2 - Calculate and Display Fibonacci Series of a Number\n";
    cout << "3 - Compare Performance for Factorial Implementations\n";
    cout << "4 - Compare Performance for Fibonacci Series Implementations\n";
    cout << "0 -EXIT\n";
    cout << right;

}
```