FAKULTAS TEKNIK Departemen Teknik Elektro dan Teknologi Informasi

#### **Project Title**

Analysis of Body Balance and Walking Patterns Using Gyroscope Sensors on Smartphones

# **Objectives**

- 1. Measure body balance while standing still and performing specific movements.
- 2. Analyze walking patterns (gait analysis) to assess step symmetry, stability, and body coordination.

#### Tools and components

- 1. Smartphone with gyroscope and accelerometer sensors.
- 2. Gyroscope application (e.g., Sensor Kinetics, Physics Toolbox, or the smartphone's default app).
- 3. Tripod, belt, elastic strap, or any other setup to secure the smartphone (optional).
- 4. Notebook for recording data.
- 5. Computer with data analysis software (optional, e.g., Excel or Python).

#### **Procedure**

Start recording gyroscope data on a straight path using the following steps:

#### Static

- 1. Stand still for 20 seconds.
- 2. Lift one leg (right or left) for 20 seconds.
- 3. Stand still for 20 seconds.

# Dynamic

- 1. Stand still for 20 seconds.
- 2. Walk normally for 30 seconds.
- 3. Run normally for 1 minute.
- 4. Walk normally for 30 seconds.
- 5. Stand still for 20 seconds.

# A. [LO2] Modelling 20%

Based on each student's height, weight, and BMI, write the mathematical model on the exam answer sheet to estimate:

1. The coordinates of the Center of Mass (COM) based on the following body segments assumption.

Body Segment	Mass (%)	Segment COM Position (from proximal end)
Head	8%	50% (midpoint of head)
Torso	50%	40% (closer to the pelvis)
Upper Arm (each)	2.5%	50% (midpoint of upper arm)
Lower Arm (each)	1.5%	50% (midpoint of lower arm)
Thigh (each)	10%	40% (closer to the hip)
Lower Leg (each)	4.5%	40% (closer to the knee)
Foot (each)	1.5%	50% (midpoint of foot)

- 2. Illustrate how the smartphone is placed on the body along with the x, y, and z coordinates.
- 3. The linear momentum occurs at the foot against the ground.
- 4. Estimate the energy at the foot (Normal Force) for each procedure.

### B. [LO2] Experiment 30%

1. Body Balance Experiment

Preparation:

Install an application that supports data reading from the gyroscope.

Place the smartphone on your waist using a belt or pouch.

Ensure the smartphone is stable and aligned with the body.

#### UNIVERSITAS GADJAH MADA

# FAKULTAS TEKNIK

Departemen Teknik Elektro dan Teknologi Informasi

**Experiment Steps:** 

Stand on a flat surface with both feet close together.

Start recording data on the gyroscope application.

Lift one leg (right or left)

Start recording data on the gyroscope application.

Data Recorded:

Rotation angles (roll, pitch, yaw).

Acceleration changes on the three axes (x, y, z).

# 2. Walking and Running Pattern Experiment

Preparation:

Place the smartphone at the center of mass of your body.

Ensure a straight and safe path (e.g., 10 meters).

### 3. Export Data After the Experiment

Data Recorded:

Oscillation patterns of roll, pitch, and yaw.

Average speed while walking and running.

Acceleration changes when the foot strikes the ground.

#### 4. Data Analysis

Data Visualization:

Use graphs to observe the body movement patterns.

Analyze balance stability by examining the fluctuations in gyroscope data.

# Body Balance:

The fluctuation values of angles and acceleration indicate the level of stability.

A more stable position results in smaller angle changes.

Static and Dynamic Patterns:

Identify step symmetry from the oscillation patterns of pitch and roll.

Evaluate foot coordination with the acceleration change patterns.

### 5. Results and Discussion

Explain the differences in stability in various positions.

Compare walking patterns at different speeds.

Discuss the factors that affect body balance and walking patterns.

#### 6. Conclusion

Conclude how the smartphone gyroscope can measure and analyze body balance and walking patterns.

- C. **Submit a project report and upload it to ELOK** on Monday, December 9th, 2024, at the latest at 22.00 WIB with the following format.
  - 1. No title page is needed.
  - 2. Write your full name, student ID, and class.
  - 3. Use simple, clear, and non-cliché language (one of the skills of an engineer is effective communication).
  - 4. The body text should be in Times New Roman, size 10, with 1.15 spacing and 2.5 cm margins on all sides.
  - 5. Number the pages at the bottom right corner.
  - 6. A maximum of 10 pages.