

General Medical Center

500 University Avenue, Palo Alto, CA 94301

Tel: (650) 723-4000 | Fax: (650) 723-4001

PATIENT DISCHARGE SUMMARY

Patient Name:

Wei Zhang

Date of Birth:

02/14/1955

MRN:

GMC-2026-88473

Admission Date:

01/24/2026

Discharge Date:

01/30/2026

Attending Physician:

Dr. James Lee, MD (Pulmonology)

Primary Language:

Mandarin

Discharge Disposition:

Home with oxygen therapy

PRINCIPAL DIAGNOSIS

Community Acquired Pneumonia (CAP), left lower lobe, moderate severity. *Streptococcus pneumoniae* isolated from sputum culture. Required supplemental oxygen during admission.

SECONDARY DIAGNOSES

- Chronic obstructive pulmonary disease (COPD), moderate
- Former tobacco use (quit 2018)
- Hypoxemic respiratory failure (resolved)

HOSPITAL COURSE

Patient presented with 5 days of productive cough, fever, and progressive dyspnea. Chest X-ray demonstrated left lower lobe consolidation. SpO₂ was 88% on room air. Started on supplemental oxygen and IV ceftriaxone plus azithromycin. Sputum culture grew *S. pneumoniae*. Patient improved over 6 days with defervescence by day 3. Oxygen requirements decreased. Transitioned to oral antibiotics and discharged on portable oxygen for home use.

DISCHARGE MEDICATIONS

- Levofloxacin 750 mg - Take by mouth once daily. Complete full 5-day course.
- Albuterol HFA Inhaler - Inhale 2 puffs every 4-6 hours as needed for wheezing.
- Prednisone 40 mg - Take by mouth once daily for 5 days, then discontinue.
- Supplemental oxygen - Use at 2L/min via nasal cannula during activity and sleep.

FOLLOW-UP APPOINTMENTS

- Pulmonary Clinic: Dr. James Lee - February 18, 2026 at 1:00 PM - Pulmonary Medicine Associates - Repeat Chest X-Ray same day
- Respiratory Therapy: Home oxygen evaluation - February 5, 2026 (technician will call to schedule)

DAILY SELF-CARE INSTRUCTIONS

- Finish all antibiotics even if you feel better.
- Use the incentive spirometer 10 times per hour while awake to prevent lung collapse.
- Rest and increase fluids to stay hydrated.
- Monitor your temperature twice daily and record results.
- Use supplemental oxygen as prescribed; do not adjust flow rate without consulting your doctor.

WARNING SIGNS - SEEK IMMEDIATE MEDICAL ATTENTION

- n Coughing up blood (hemoptysis)
- n Sharp chest pain that worsens with breathing (pleuritic pain)
- n Oxygen saturation dropping below 90% on your home pulse oximeter
- n Fever returning after initially improving
- n Confusion or altered mental status