# Letters

#### **Materialist mind**

From Andy Clark, University of Edinburgh, and Daniel Dennett, Tufts University We are amazed by the claim by Mario Beauregard and Jeffrey M. Schwartz that Andy Clark's reaction to the claims of nonmaterialist neuroscience betrays a "fundamental lack of knowledge of mind-brain interactions" (29 November, p 23).

They claim that neuroimaging provides copious evidence of minds changing brains - for example, when a subject's deliberate shift of attention alters their brain state in a way detectable by a scanner.

But this would lend support to the proposition that minds are non-material – in the strong sense of being beyond the natural order – only if we were to accept the assumption that thoughts, attending and mental activity are not realised in material substance.

For if they are, then all we are seeing is that one set of physical changes can lead to another. Their argument thus assumes that which it sets out to prove.

Nor should we be surprised that the mere impingement of information can itself have an impact on a physical system: for that information, too, is materially encoded and materially transmitted. For instance, there is nothing brutally physical about the overdraft in your bank account, but the representation of that overdraft is a material state that has plenty of well-known effects, all without benefit of immaterial minds.

We do not, of course, claim that there are no interesting problems facing a science of mind and of conscious experience. But the ability of physically encoded information to bring about physical changes in a purely material system is not one of them.

It is sad that, in their zeal to find room for faith in a nonmaterial God, working scientists are willing to bracket so much of their own hard-won knowledge

in return for the comforting shroud of mystery. Edinburgh, UK, and Medford, Massachusetts, US

#### War over the brain

From Manfred Velden, Department of Psychology, University of Mainz Of course we should be alarmed by the recent attempts to use brain science as a vehicle for spreading religious ideas (25 October, p 46). But it is scientists who today denounce the abuse of science for religious purposes who prepared the ground for this new intrusion of irrational ideas into science.

For decades they have announced that we will soon know "how the brain works", how social behaviour, romantic love, a sensibility for irony, and so on are, they typically say, "hard-wired into our brains". It seems more realistic, even for scientists not inclined to invoke the supernatural when things become complicated, to assume that even in 1000 years' time we will not know how the brain works, as the late Australian neurophysiologist John Eccles predicted we wouldn't.

The irritating discrepancy between what brain scientists and neuroscientists have been announcing and what we actually know is ideal for those who want to introduce religious notions into science, allowing them to point to problems where scientific From Joshua L. Marshack "materialism" has "failed". Mainz, Germany

### The e-doctor is out

From Jackie Duckworth I was very interested in your article about "e-medicine", but I was surprised to read that patients with bipolar disorder are "usually prescribed moodstabilising drugs and one-on-one therapy" (8 November, p 24).

Not on the UK's National Health Service, they're not. Even the guidelines of the National Institute for Clinical Excellence say only that psychological treatment should be "considered". Mental health trusts in the UK seem barely able to afford paper clips, never mind psychologists. Fulbourn, Cambridgeshire, UK

From Carol Stevenson The potential for "e-doctors" to manage mental health problems is very interesting, but there is a complication. People with mental health problems are far more likely than the general population to live in poor accommodation or be homeless, and therefore far less likely to have an email address or regular access to a computer and suitable conditions for using online therapies.

There is little point in designing a therapy that is inaccessible to many of those who need it the most. London, UK



#### How warfare evolved

The ideas on the origins of war that Bob Holmes reports (15 November, p 8) are not part of a "new theory". The idea that warfare is primordial, innate and adaptive pre-dates the philosopher Thomas Hobbes's The Leviathan (1660) and has had steadfast supporters ever since.

The claim that, "for the first time, anthropologists, archaeologists, primatologists, psychologists and political scientists are approaching a consensus" goes beyond advancing the validity of the ideas proposed: it presents the theories as if they are uncontroversial and omits any mention of the large number of scientists in many fields who disagree with these notions about warfare. Two critically acclaimed recent works in this opposing camp, Man the Hunted by anthropologists Donna Hart and Robert Sussman, and Beyond War by psychologist Douglas Fry (reviewed 10 March 2007, p 49), come readily to mind.

The claims made incorporate numerous fallacies. One is to conflate aggression (both active and passive), violence, feuding and warfare: these, though often related, are not necessarily homologous or analogous either to one another or to superficially similar behaviours in non-human primates. Another is to obfuscate biological propensity – to assume that because a behaviour is "natural" it is also adaptive.

The overriding mistake is the lack of a nuanced view of the complex interplay between biology, culture and the environment. Assuming that a behaviour is biological without looking at context is just not very helpful. Specific kinds of subsistence strategies may make warfare or peace more likely, just as certain types of subsistence can alter female fecundity, for example. But just as humans figured out how to lower fertility to pre-agricultural levels through cultural practices, we can also learn to live in peace. St Louis, Missouri, US

## The march of tides

From Paul Whiteley Jason Palmer's article on tidal barrages was interesting but missed a major issue (11 October, p 35). Presumably, given its high capital cost, a barrage is expected to last for at least a century and possibly longer. Its most basic design parameter is head of water, determined by tide height. No one knows with any certainty where sea levels are going to be on these timescales.