# Mental Health Risk Text Classifier

Can Text Data Identify Risk?

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# The Problem

Diagnosing is limited

 Based on infrequent conversations between clinicians and patients

Some questionnaires; but many feel they are

outdated

Need More Data!!!



#### Text Classification with Reddit Posts

#### Methods:

- PRAW for web-scraping Reddit data
- Multinomial Naïve Bayes classification
- Deep neural networks
- Feature Extraction
- Count Vectorization
- TF-IDF Vectorization



# RESULTS

 Mental Health Risk / Non-Mental Health Risk Classifier

- Precision: 0.76

Recall: 0.78

– Accuracy: 0.77

- F1 Score: 0.77



# RESULTS

# Suicide Risk Classifier

– Accuracy: 0.66

– Precision: 0.64

- Recall: 0.77

- F1 Score: 0.70



## IMPORTANT WORD FEATURES

- "anxiety"
- "suicide
- "life"
- "die"
- "kill"
- "anymore"
- "live"
- "fuck"



### OTHER IMPORTANT FEATURES

- Post Length
  - Shorter post length contributed to a "suicidal post" model output

- Percentage of Absolutist Words Used
  - Higher percentage contributed to a "suicidal post" model output

#### RECOMMENDATIONS

- Clinicians can utilize to identify/diagnose
- Clinicians can track progress
  - Therapy Impact
  - New medications
    - Are they working?
    - Dose changes?
- Can also be used by family members
  - Parents
  - spouses

### **FUTURE WORK**

- More data!
  - My measly computer couldn't handle that much text data...
- Better data!
  - Relying on redditors to self-diagnose themselves by posting in suicide/depression/anxiety forums is not reliable!
  - Control forums used: cannot rule out that these redditors are also in fact suffering from mental illness

### **FUTURE WORK CONTINUED**

#### PRIVACY!!!

- Ensure that text is not being used improperly
- Especially if future data utilizes unpublished texts



"Before I write my name on the board, I'll need to know how you're planning to use that data."

# QUESTIONS?

