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Nutrition Facts



Plain

SHAKE WELL
SEPARATION IS NATURAL

That which compels you to do good is the “Milk of Human Kindness”. We may have taken this Shakespearean poetry quite literally, but hey, we believe in the magic of human empathy. And we make some damn good oat milk.

We go beyond just milk though; through our generous donors, we are able to offset the cost of production to allow our prices to compete with dairy milk. You shouldn’t be forced to support an industry you don’t agree with just because it’s the most affordable option available to you.

Additionally, all profits we make directly support the fight for plant-based subsidies nation-wide. No-one should be forced to support an industry they despise simply because it is the only affordable option to them.

Please help us thank some of our donors:

Top contributors for July 2022:

Andreas Dodson, Ward Booker, Luther Holmes, Hector Villarreal, Jacques Pratt, Hung Farrell, Hallie Trevino, Barbara Dean, Roderick Singh, Carmella Frost, Robt Gonzalez, Allie Tate, Marcy Luna, Michal Rich, Tyron Blair, Janell Spears, Bridgette Blake, Cheri Johnston, Richie Zhang, Moshe Mcmillan, Randell Wilcox, Gene Glenn, Quincy Nielsen, Monty Arnold, Lilia Travis, Luis Cardenas, Dominick Gordon, Dennis Mann, Callie Reyes, Lenore Ho, Erin Schmitt, Bernie Finley, Jay Rios

This month’s featured spotlight:



Mike
Donated \$5



Kelli
Donated \$75

Curious about donations? Visit milkofhumankindness.com

Best if used by:



Plain

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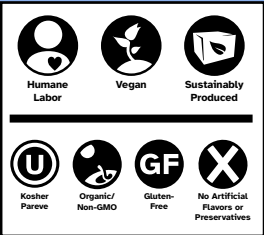
Milk of
Human
Kindness

Plain
Oat Milk

Nurture a Better Future.

1.53 L
52 FL OZ (1.6 QT)
DAIRY-FREE OAT MILK

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Ingredients: Oat blend (water, whole grain oats), contains 2% or less of: rapeseed oil, sea salt, nutrient extract blend (fruit sources), vitamin D2 (yeast extract), calcium carbonate, gellan gum, tricalcium phosphate, dipotassium phosphate.

All chemicals or substances are designated Generally Regarded as Safe (GRAS) by FDA.

KEEP REFRIGERATED
DO NOT FREEZE

Nutrition Facts	
Serving size	1 cup (240 mL)
Servings per container	About 6
Amount per serving	
Calories	120
Glycemic Load	17.6 (Med)
% Daily Value*	
Total Fat 5g	7%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0g	0%
Sodium 105mg	5%
Total Carbohydrate 15g	5%
Dietary Fiber <1g	0%
Total Sugars 9g	
Includes 9g Added Sugars	18%
Protein 2g	
Vitamin D 2mcg	10%
Calcium 260mcg	20%
Iron 0mg	0%
Potassium 360mcg	8%
Vitamin A 90mcg	10%

*all addresses, phone numbers, or websites listed (except evankurtz.art) are strictly examples.

Milk of Human Kindness, LLC,
Washington, DC, 200007
Questions or comments?
1.555.LUV.MILK

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What’s This?

The FDA has changed Nutrition Labeling standards to improve food production and help consumers make more informed decisions about the food they buy.

For more information or if you have any questions, scan the QR code or visit www.realwebsite.gov.



Not Used In Render, but this is where the sides meet