DATALAB Workshop Facilitator Guide

Making Sense of Data: A Beginner's Guide

Duration: 90 minutes

Target Audience: Complete beginners to R and data analysis

Prerequisites: None

Pre-Workshop Checklist

One Week Before

- Send participants the pre-check script to verify their setup
- Send installation instructions for R and RStudio
- Share sample datasets so participants can preview them

Day Before

- Test your own setup with the latest package version
- Prepare breakout rooms if conducting online
- Load all datasets and run through examples once

Day Of

- Open RStudio with a clean workspace
- Have participant template. R open and ready
- Have exercise_answers.R open in another window (for quick reference)

Workshop Schedule

Introduction (10 minutes)

Objectives:

- Set expectations: This is about insights, not coding
- Show the power of data visualization
- Make participants comfortable with making mistakes

Script:

"Welcome! Today we're going to learn how to make data tell stories. You don't need any programming experience. Our goal is simple: take data and turn it into insights you can understand and share. Everything we do today uses simple functions that work like this: you tell the computer WHAT you want to see, and it handles the HOW."

Demo (3 minutes): Show one impressive example:



data(heart_data)
data <- heart_data
piechart(chest_pain_type, sex)</pre>

Explain what the chart shows in plain language. Ask: "What story does this tell?"

Section 1: Setup & First Visualization (15 minutes)

Learning Goal: Load data and create a basic chart

Teaching Points:

- 1. Loading the package with library(datalab)
- 2. Loading a dataset and assigning it to data
- 3. Looking at data with head()
- 4. Creating a simple pie chart

Live Demo:



r

```
library(datalab)
data(heart_data)
data <- heart_data
head(data)
piechart(chest_pain_type)
```

Key Message: "Notice you just typed one line and got a professional chart. That's the power of datalab."

Practice Time (5 minutes):

- Have participants create their first pie chart
- Walk around (or monitor screen shares) to help
- Common issues: Typos in variable names

Debrief (2 minutes): Ask: "What does this chart tell us?" Get 2-3 responses.

Section 2: Comparing Groups (15 minutes)

Learning Goal: Use filters to compare subgroups

Teaching Points:

- 1. The filter parameter creates multiple charts automatically
- 2. Colors help distinguish charts
- 3. Sample sizes (n=) help interpret results

Live Demo:



piechart(chest pain type, sex)

Facilitation Tip: Point out loud: "See how we get two charts automatically? One for males, one for females. Notice the different color schemes—that helps us see patterns."

Practice Time (8 minutes):

- Participants create boxplot with grouping
- Walk through common question: "Why use boxplot vs piechart?"
 - Answer: "Boxplots for numbers, piecharts for categories"

Debrief (2 minutes): Show one participant's solution. Ask: "What differences do you see between groups?"

Section 3: Understanding Distributions (15 minutes)

Learning Goal: Read and interpret boxplots

Teaching Points:

- 1. What each part of a boxplot means (but keep it simple)
 - Middle line = median (middle value)
 - \circ Box = where most data lives
 - Dots = unusual values
- 2. When to use single vs grouped boxplots

Live Demo:



r

```
boxplot(age)
boxplot(age, group = sex)
```

Interactive Moment: Ask participants: "Is age distributed the same for males and females?" Wait for responses.

Practice Time (8 minutes): Participants explore resting bp

Common Question: "What does the box show?" **Answer:** "The box shows where the middle 50% of your data lives. If the box is tall, values are spread out. If it's short, values are similar."

Section 4: Finding Patterns (10 minutes)

Learning Goal: Use line charts to see relationships

Switch Dataset:



data(agriculture_data)

data <- agriculture data

Teaching Point: "We just switched to different data. See how easy that was?"

Live Demo:



linechart(nitrogen_content, crop_yield) linechart(nitrogen_content, crop_yield, smooth = TRUE)

Key Message: "Line charts help us see if two things move together. Does more nitrogen mean more yield? The smooth line makes the pattern clearer."

Practice Time (5 minutes): Participants add smooth line to their charts

Section 5: Summary Statistics (10 minutes)

Learning Goal: Get numerical summaries

Teaching Points:

- 1. Statistics give exact numbers to back up visual patterns
- 2. Mean vs Median (briefly)
- 3. SD tells us about spread

Live Demo:



```
data(heart data)
data <- heart data
descriptives(age, resting bp, cholesterol)
```

Keep It Simple: Don't dive deep into statistics. Say: "These numbers help us describe our data precisely. Mean is the average. SD tells us how spread out values are."

Practice Time (5 minutes): Participants get statistics for one variable

Section 6: Counting Categories (10 minutes)

Learning Goal: Create frequency tables

Live Demo:



```
frequencies(chest pain type)
frequencies(chest pain type, sort = "desc")
```

Teaching Point: "Sometimes we just need counts. How many of each type do we have?"

Practice Time (5 minutes): Quick exercise with frequencies

Exercise 1: Guided Story-Telling (10 minutes)

Setup: "Now you'll answer a real question using what you've learned: Is there a difference in cholesterol levels between males and females?"

Process:

- 1. Give participants 5 minutes to work
- 2. Show solution step-by-step
- 3. Emphasize the interpretation, not just the code

Facilitator Notes:

- This is where learning solidifies
- Emphasize that good analysis combines charts AND statistics
- Model how to write interpretations

Exercise 2 & 3: Open Exploration (10 minutes)

Goal: Build confidence through free exploration

Instructions: "Choose any two variables and explore their relationship. Use any functions you like."

Facilitation Strategy:

- Circulate and ask probing questions: "What surprised you?" "What story does this tell?"
- Highlight interesting discoveries: "Let's see what [name] found!"

Wrap-Up (5 minutes)

Key Takeaways:

- 1. You can explore data without being a programmer
- 2. Good analysis combines visuals and statistics
- 3. The story matters more than the code

Resources:

- Cheat sheet (hand out)
- Vignette for reference
- Encourage them to try with their own data

Final Words:

"You now have tools to turn data into insights. The functions are simple, but the stories you can tell are powerful. Start small, explore often, and remember: every dataset has a story waiting to be discovered."

Common Questions & Answers

Q: "I got an error: variable not found" A: Check three things: (1) spelling, (2) did you load the data?, (3) is it in this dataset?

Q: "How do I know which chart to use?" A: Numbers \rightarrow boxplot or linechart. Categories \rightarrow piechart or frequencies. Comparing groups \rightarrow add filter or group parameter.

Q: "Can I use my own data?" A: Yes! Load with read.csv() and assign to data. Show them the template section for this.

Q: "Why do some pie charts have different colors?" A: When comparing groups, different colors help you see each chart clearly.

Q: "What if I have too many categories for a pie chart?" A: Use frequencies() first to see counts, or use a different variable.

Troubleshooting Tips

Participants Can't Install Package

- Have a backup: Share .R files with functions
- Pair them with someone who has it working

Code Doesn't Run

- Check for typos in variable names (most common)
- Verify data is loaded
- Check if they're using the right dataset

Participants Feel Lost

- Reassure: "It's normal to feel confused at first"
- Pair them with a neighbor
- Go back to a working example

Moving Too Fast/Slow

- Watch body language and chat messages
- Ask: "Should I slow down?" or "Ready to move on?"
- Skip Exercise 3 if running short on time

Post-Workshop

Follow-Up Email Template



Subject: Workshop Resources + Next Steps

Hi everyone,

Great session today! Here are your resources:

- 1. Participant template script (attached)
- 2. Cheat sheet (attached)
- 3. Package vignette: [link]

Try this challenge: Take one of your own datasets and create 3 different visualizations. Share what you discover!

Questions? Reply to this email.

Best,

[Your name]

Feedback Collection

- Send a 3-question survey:
 - 1. What was most helpful?
 - 2. What was confusing?
 - 3. Will you use datalab in your work?

Adaptation Notes

For Shorter Workshop (60 min)

- Skip Section 4 (line charts)
- Combine Sections 5 & 6
- Do only Exercise 1

For Longer Workshop (120 min)

- Add a case study with real-world data
- Include a "data interpretation" group activity
- Add more open exploration time

For Domain-Specific Audiences

- Replace sample datasets with domain-relevant data
- Adjust examples to match their context
- Add domain-specific interpretation guidance