



KPJ KLANG

SPECIALIST HOSPITAL

MOTHER'S CHOICE OF INFANT FEEDING

Nursing your baby can be one of the most joyful experiences life has to offer:

KPJ Klang Specialist Hospital support promotes and protects breastfeeding. We aim to give every baby the best start in life by creating a health care environment where breastfeeding is the norm, thus helping to reduce the levels of infant morbidity and mortality.

The following are the benefits of breastfeeding:

1. Human milk provides all the protein, sugar, fat, and vitamins to your baby needs. It helps to protect your baby against certain diseases and infection.
2. Develop the brain, nervous system and enhances IQ level.
3. Fosters bonding between mother and child
4. Breastmilk is easy to your baby to digest, it contain antibodies which protect him from illness and has growth hormone.
5. Breastfeeding increases levels of oxytocin in you, resulting in:
 - Less postpartum bleeding
 - Rapid uterine involution
 - Earlier return to pre-pregnant weight
 - Delayed resumption of ovulation with increased child spacing
 - Improved bone remineralization post-partum with reduction in hip fracture in the post-menopausal period, reduce risk of ovarian cancer and pre- menopausal breast cancer.
6. Economic benefits for your family whereby cost of purchasing infant formula is saved.
7. Breast milk is convenient, does not need to be prepared, available anytime at the right temperature and more over is costs you nothing.

After being informed of the above benefits of breast feeding,

I _____

- ☐ Want to breast feed my baby and I have been successful.
- ☐ Want to breast feed my baby but need assistance and want to know more about it
- ☐ I wish for my baby to be given formula milk

Patient's Signature: _____ Witness Signature: _____

Name : _____ Witness Name : _____

MRN : _____ Designation : _____

Date : _____