

Fw: THC in Food Supplements

Siobhan_McEvoy@health.gov.ie

Thu 9/16/2021 12:32 PM

To: Catriona Daly

Cc: Tommy Wilson; Audrey Hagerty

Catriona,

Please discuss in the afternoon

Siobhán

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----- Forwarded by Siobhan McEvoy/SLAINTE on 12/02/2020 13:59 -----

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Date: 12/02/2020 13:48
Subject: THC in Food Supplements

Hi Siobhan

There is increasing number of hemp oil products – often sold as CBD – in the form of food supplements and CBD infused foods. As the CBD is derived from the hemp plant, often by simply cold pressing, it opens the possibility that THC – the psychoactive component of cannabis/hemp – may also be present.

EFSA has issued guidance on THC, setting an acute reference dose of 1ug/kg bodyweight. Doses/exposure below this is not seen as a safety risk. Some food supplements (and perhaps other foods) can contain traces of THC. The FSAI view, based on the EFSA opinion, is that the presence of THC of itself does not always pose a risk, albeit THC should not be present. It is our understanding that under Misuse of Drugs rules, any presence of THC would make the product/food illegal?

Nevertheless it is becoming more commonplace for hemp based food supplements or foods to contain detectable THC, albeit not at levels which might breach the EFSA acute reference dose.



Thanks

Ray

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D'fhéadfadh ábhar an seoladh seo bheith faoi phribhléid profisiúnta nó dlíthiúil.

Mura tusa an seolaí a bhí beartaithe leis an ríomhphost seo a fháil, tá cosc air, nó aon chuid de, a úsáid, a chóipeál, nó a scaoileadh.

Má tháinig sé chugat de bharr dearmad, téigh i dteagmháil leis an seoltóir agus scrios an t-ábhar ó do ríomhaire le do thoil.

