



OBSTACLES & ASSETS

As we dream about the future, we may limit the possibilities because we have Fears or we perceive Obstacles that are, or might be, in our way. It is important for us to take time to think about and understand how Fears and Obstacles stop us from reaching our goals or keep us from dreaming at all.

It is also important to recognize and give power to the many Assets and Resources that can be put to work toward realizing our dreams. When we embrace these Assets, our Fears and Obstacles won't magically disappear. However, we may find a way to get past them.

When I think about Fears and Obstacles, I ask myself:

- What am I afraid of that stops me from dreaming about possibilities?

When I think about my Assets and Resources, I ask myself:

- What are my Assets?
- What are my Resources?
- How can access my Resources?

When I'm done with this unit, I will have:

- Documentation and articulation of my Fears and Obstacles.
- Documentation and understanding of my Assets and Resources.