





Scheduling

Have you ever felt frustrated when you were late?

Were you late for an event or appointment?

Were you unable to complete daily tasks?





Words to Know

Calendar – a chart that shows days, weeks, and months of a year

Schedule – an organized plan for participating in events and appointments and for completing tasks

Manual – completed or made by hand

Electronic –computerized storage of information

Functional – Fit or ready for use or service; useable



Types of Schedules

Ways to organize time:

- Have someone remind me about what I have to do.
- Create a list of tasks to be completed by the end of the day, week or month.
- Use a calendar and list daily, weekly and monthly tasks and events.





Types of Schedules

There are many types of schedules and calendars that can be used for planning. It is important to find a calendar that works for you.

- A manual calendar is a calendar that is written by hand. These calendars can be divided into days, weeks or months.
- Electronic calendars are made and used on a computer. Google Calendar and Outlook are examples of electronic calendars.
- Electronic calendars are also available on a cell phone or device.





Planning Calendars

Where can I purchase a planning calendar?

Planning calendars are found at any store that sells office supplies or electronic devices.

Brainstorm a list of stores where you can find planning calendars.





Planning a Schedule

Complete the following and begin to create your personal schedule:

- Make a list of tasks you do daily.
- 2. Make a list of tasks you do weekly.
- Make a list of tasks you do monthly.





Planning a Schedule

Now that you have made a list of things that you do daily, weekly and monthly, create a schedule using the links below.

Daily

http://www.calendarsthatwork.com/calendar.php?calendarId=weekLDt1

Weekly

http://www.calendarsthatwork.com/calendar.php?calendarId=weekPSf2

Monthly

http://www.calendarsthatwork.com/calendar.php?calendarId=monthLSf1

