

Completed 5 labs earning 60 points.

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Date	Lab	Description	Points Earned
2021-09-21	Introduction to MITRE ATT&CK	Be familiar with the MITRE ATT&CK framework and know how it is used	20
2021-09-21	Passwords	Identify and demonstrate good password practices	10
2021-09-21	Malware	Describe malware and its most common forms	10
2021-09-20	Who are the Hackers?	List and categorise different types of hacker	10
2021-09-20	History of Cybersecurity	Summarise the history of cybersecurity	10

Immersive Labs is the world's first fully interactive, on-demand, and gamified cyber skills platform. Our technology delivers challenge-based assessments and upskilling exercises which are developed by cyber experts with access to the latest threat intelligence. Our unique approach engages users of every level, so all employees can be equipped with critical skills and practical experience in real time.