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Virginia Tech Department of English Ice Cream SOP Introduction

The Department of English at Virginia Tech is excited to announce the addition of the Cuisinart "Cool Creations" ICE-60W" Ice Cream maker in room 380 of Shanks Hall. We believe that this implementation will improve students' willingness to learn, and enhance overall excitement for the routine of attending class. It will also be used for special events such as promotional gatherings and fundraisers.

The purpose of this guide is to introduce students, faculty, and visitors alike to the operations of the machine and its functions. We want to be sure that this addition is beneficial, and hope to ensure this by including a useful and easyto-understand guide on how to use the ice cream machine. It is vital that these steps be followed very closely, and careful measures are taken to ensure both the safety of the user as well as the integrity of the machine.

This standard operating procedure will teach the user how to:

- Prepare the Device for Operation
- Operate the Machine
- Clean the Machine
- Create 3 Different Ice Cream Varieties

TASK 1: Prepare the Device for Operation

Tools:

- Cool Creations ICE-60W Ice Cream Maker
- Moist Cloth
- Warm, Soapy Water
- Medium-Sized Bowl

Instructions:



Note:

- **Electricity Warning**
- AVOID SUBMERGING THE MOTOR BASE OF THE MACHINE IN WATER, IT CONTAINS A ELECTRICAL MOTOR THAT COULD RESULT IN FIRE IF EXPOSED TO WATER
- 1. COLLECT a medium sized bowl filled with warm, soapy water
- 2. WASH the freezer bowl, lid and mixing arm in the prepared water
- 3. REMOVE any visible dust, residue, or leftover ingredients from the inside of the machine
- 4. PLACE freezer bowl inside of the freezer overnight, or for a minimum of 8 hours
- 5. PLUG the unit into a traditional outlet using the attached power chord

TASK 2: Operate the Cool Creations ICE-60W

Tools/Ingredients:

- Cool Creations ICE-60W Ice Cream Maker
- Whole Milk
- Granulated Sugar

Heavy Cram

Instructions:

- 1. **EXAMINE** the control panel, taking note of the 4 control buttons
- 2. USE instructions in Tasks 4, 5 and 6 to prepare specific ingredients for your desired ice cream flavor
- 3. PLACE lid on the base of the machine, turn clockwise to lock in place (See Figure 1 for Machine Components)
- 4. POUR selected mixture and ingredients through the Ingredient Spout and cover with the cap



Figure 4 (Button Panel)

5. WAIT between 15-40 minutes until the mixture has become thick enough

TASK 3: Clean the Cool Creations ICE-60W After First Use

Tools:

- Cool Creations ICE-60W Ice Cream Maker
- · Warm, soapy water
- · Damp cloth
- · Dry Towel
- Sponge

Instructions:



Note:

- Machine Damage
- DO NOT CLEAN ANY MATERIALS WITH HARSH CLEANERS OR BRUSHES ** **DO NOT PLACE THE FREEZER BOWL INSIDE THE DISHWASHER** **DO NOT PLACE THE FREEZER BOWL IN THE FREEZER UNTIL FULLY DRY
- 1. BRUSH the components of the machine including the freezer bowl, mixing arm and lid with the sponge dipped in warm soapy water
- 2. WIPE the mixing bowl with a damp cloth, being sure to eliminate any residue left over from the previous use
- 3. DRY each component with the dry towel



Figure 1 (Machine Components)

TASK 4: Making Mint Chocolate Chip Ice Cream

Tools/Ingredients Needed:

- Cool Creations ICE-60W Ice Cream Maker
- 2 1/3 Cups of Whole Milk
- 2 Teaspoons of Pure Vanilla Extract
- 7 Large Egg Yolks
- 1 ½ Cups of Semi-Sweet Chocolate Chips
- 1 1/4 Cups of Granulated Sugar
- 3 Cups of Mint Leaves
- 2 1/3 Cups Heavy Cream
- Medium Sized Saucepan
- · Medium Sized Mixing Bowl

Instructions:

- 1. ADD milk, cream, vanilla, ½ of the granulated sugar and mint leaves into the medium saucepan and bring to a boil over medium heat.
- 2. **COMBINE** the remaining sugar and the egg yolks in the medium bowl and **MIX** the mixture with a whisk until thickened
- 3. WHISK the hot cream and milk mixture gradually into the yolk mixture and move that combined mixture into the original saucepan.
- 4. STIR until thick, but BE SURE THE MIXTURE DOES NOT BOIL AS THE YOLKS WILL OVERCOOK
- **5. BRING** the mixture to room temperature, and refrigerate overnight. **POUR** the thickened mixture through a strainer
- 6. FOLLOWsteps 5 and 6 in Task 2, but instead of adding all at once, pour in the chocolate chips through the spout



towards the end of the churning process (See Figure 5)

Figure 5 (Pouring Additional Ingredients)

TASK 5: Making Chocolate Hazlenut Gelato

Tools/Ingredients Needed:

- Cool Creations ICE-60W Ice Cream Maker
- 2 1/4 Cups of Whole Milk
- 2 Tablespoons of Cornstarch
- 1 Cup of Nutela
- ½ Cup of Granulated Sugar
- ½ Cup of Chopped Hazelnuts
- 1 ³/₄ Cups Heavy Cream
- Medium Sized Saucepan
- · Medium Sized Mixing Bowl

Instructions:

- 1. ADD 1 ½ cups of milk and cream into the medium saucepan and heat it to a simmer
- COMBINE the remaining sugar and cornstarch in the medium bowl and MIX the mixture with a whisk until thickened
- 3. WHISK the hot cream and milk mixture gradually into the cornstarch mixture and move that combined mixture into the original saucepan.
- 4. STIR in the hazelnut spread until it comes to a near boil, do not heat longer than 20 minutes
- 5. REMOVE the pan from the heat source, and allow it to cool in the refrigerator overnight
- **6. FOLLOW** steps 5 and 6 in Task 2, but instead of pressing Ice Cream, press Gelato...add hazelnuts into the mixture before completely churned (See Figure 5)

TASK 6: Making Mango Greek Frozen Yogurt

Tools/Ingredients Needed:

- Cool Creations ICE-60W Ice Cream Maker
- 2 Cups of Whole Milk
- 2 Cups Vanilla Greek Yogurt
- ½ Cup of Granulated Sugar
- 4 Cups of Frozen Mango Pieces
- 1 Teaspoon of Fresh Lime Juice
- Medium Sized Mixing Bowl
- Food Processor
- Strainer

Instructions:

- 1. ADD all above ingredients into a food processor
- 2. PUREE until the mixture is entirely smooth
- 3. STRAIN into a medium sized mixing bowl, refrigerate mixture overnight
- 4. FOLLOW steps 5 and 6 in Task 2, pressing the Ice Cream button

Works Cited

"CUISINART ICE-60W Series Instruction Booklet." (2015): n. pag. Cuisinart. Web. 13 Sept. 2016.

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