# **CS 224R Spring 2024/2025 Homework 4**

# Goal-Conditioned Reinforcement Learning & Meta-Reinforcement Learning Due Friday May 30th, 11:59 PM PT

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By turning in this assignment, I agree by the Stanford honor code and declare that all of this is my own work.

#### **Overview**

This assignment consists of two parts.

In Part 1, we will be looking at goal-conditioned reinforcement learning and hindsight experience replay (HER). In particular, you will:

- 1. Adapt an existing model (Deep Q-Network) to be goal-conditioned.
- 2. Run goal-conditioned DQN on two environments.
- 3. Implement Hindsight Experience Replay (HER) [1,2] on top of goal-conditioned DQN.
- 4. Compare the performance with and without HER.

In Part 2, we will be exploring meta-reinforcement learning algorithms. In particular, you will:

- 1. Experiment with a black-box meta-RL method [3] trained end-to-end.
- 2. Implement components of DREAM [4] to replace the end-to-end optimization objective.
- 3. Compare the performance of end-to-end versus decoupled optimization.

We have provided you with starter code, which can be downloaded from the course website. All code for Part 1 is located in the directory hw4/goal\_conditioned\_rl and all code for Part 2 is located in hw4/meta\_rl.

**Submitting the PDF**: Submit a PDF report to Gradescope containing the written answers, plots, and Tensorboard graphs (screenshots are acceptable) to the questions. The PDF should include your name and any students you talked to or collaborated with.

**Submitting the Code and Experiment Runs**: In order to turn in your code and experiment logs, create a folder that contains the following:

- data/goal\_conditioned\_rl folder with all logged runs for Part 1 of the assignment. Note: Please remove any redundant run folders. Remove any empty/incomplete logs that correspond to interrupted/failed runs.
- data/meta\_rl folder with all logged (tensorboard only) runs for Part 2 of the assignment. Note: Please remove any redundant run folders. Remove any empty/incomplete logs that correspond to interrupted/failed runs. Finally, please only include tensorboard logs.
- code/goal\_conditioned\_rl folder with the files trainer.py and run\_episode.py from Part 1.
- code/meta\_rl folder with the file encoder\_decoder.py from Part 2.

# Important: To avoid autograder issues, your submission folder should follow the folder layout displayed on the next page:

Note that sometimes a folder name which has a ":" in it will get replaced with a "/" when being displayed by Mac's finder. If this happens, don't worry, the folder path when submitted should still have the ":" in it. For display purposes, Finder switches these characters to "/". Just make sure you are copying the folders/folder paths/results from your AWS instance. In other words, don't make the whole folder layour yourself or manually. The folder layout should just be copied from your AWS machine. When you run experiments, parts of the folder layout will automatically get created. However, you should still go through afterward and remove results/runs you don't want to submit and any other extraneous folders/files.

```
submission
 code
  goal_conditioned_rl
    run_episode.py
    ↓ trainer.py
  └ meta_rl
   encoder_decoder.py
 data
   goal_conditioned_rl
    ↓ bit_flip
      + num_bits/6
        HER_type/final
         seed/42 (or another number if you choose to use a different seed)
           YOUR_TF_FILE
       L HER_type/no_hindsight
         seed/42 (or another number if you choose to use a different seed)
            ¥ YOUR TE FILE
      - num_bits/15
       Same as num_bits/6 but with runs for final/future/no_hindsight/random
     - num_bits/25
       Same as num_bits/6 but with runs for final/no_hindsight

    sawyer_reach

     Same as num_bits/6 but with runs for final/no_hindsight
   meta_rl
     dream

    tensorboard

         - episode
         └ YOUR_TF_FILE
          └ YOUR_TF_FILE
                                     3
      Same as dream but with rl2 runs
```

**Important**: In order to avoid issues with the autograder, when submitting a zipped folder with your code and data to Gradescope, make sure to zip the folder from the command line. For example:

zip -r submission.zip submission/

**Gradescope**: Submit both the PDF and the code and experiment runs in the appropriate assignments on Gradescope. An autograder will be provided to evaluate the performance of your policies from the generated tensorboard files.

**Use of GPT/Codex/Copilot:** For the sake of deeper understanding on implementing imitation learning methods, assistance from generative models to write code for this homework is prohibited.

# **Compute (Important, Please Read)**

For this assignment, you will complete all sections on AWS EC2 instances. The CS224R AWS Guide has instructions for setting up and accessing an AWS spot instance.

We recommend only using AWS for compute, as we do not support setup on any other platform, such as your own local computer. You may still develop code on your local computer, which we suggest to save compute credits. You may find helpful this guide from CS224N on syncing code and other files between a virtual machine and your computer. (This was written for Azure instead of AWS, but the same principles apply.)

To complete Problem 1 AND Problem 2, you will need a **c4.4xlarge** instance with **60gb of storage**. Use this link for a custom AMI that has the problem set up (ID ami-0b9cb966e6b0bdcf8). Please make sure you select your instance type as c4.4xlarge and ensure the storage is 60gb.

The above AMI already has the code for each problem, but code for the homework can also be found at http://cs224r.stanford.edu/material/hw4\_starter\_code.zip

We advise you to start as early as possible since the assignment requires longer compute times.

Two conda environments come pre-installed on the EC2 instance: gcrl, meta\_rl. Make sure you use the appropriate one for when you are working that respective part of the HW.

# Part 1: Goal-Conditioned Reinforcement Learning

In Part 1, we will be running goal-conditioned *Q*-learning on two problems: (a) a toy problem where we flip bits in a bit vector to match it to the current goal vector and (b) move the end effector of a simulated robotic arm to the desired goal position. Applying hindsight relabeling to a goal-conditioned reinforcement learning setting is one of the most promising and commonly-used ways to improve sample efficiency and exploration challenges of RL!

**Setup:** Please navigate to hw4/goal\_conditioned\_rl and follow the instructions in the README.

**Part 1 Code Overview:** The code consists of several files to enable *Q*-learning. All code for Part 1 is located in the directory hw4/goal\_conditioned\_rl You are expected to write the code in the following files: run\_episode.py, trainer.py. A brief description for the codebase is provided here:

- trainer.py: The main training loop train. Alternates between collecting transitions using *Q*-value networks and training the networks on collected transitions.
- run\_episode.py: Collects an episode using the current *Q*-value network, and returns the transitions, collected reward and whether the agent was successful during the episode.
- replay\_buffer.py: Buffer for storing the transitions collected in the environment.
- q\_network.py: Creates a feedforward neural network with one hidden layer. This neural net represents our *Q*-network.
- bit\_flip\_env.py: The source code for the bit flipping environment, which is set up to follow the gym API with an \_\_init\_\_, reset and step functions.
- sawyer\_action\_discretize.py: Wraps the SawyerReachXYEnv from multiworld environment and converts the continuous action space into a discrete action space with a simplified 2D observation space.
- main.py: Main file to configure the experiment.

A detailed description for every function can be found in the comments. You are not expected to change any code except for sections marked with TODO. Next, we provide description of the environments followed by the exact expectations for this assignment.

#### **Environments**

You will be running RL methods on two environments:

#### **Environment 1: Bit Flipping Environment**

In the bit-flipping environment, the state is a binary vector with length n. The goal is to reach a known goal vector, which is also a binary vector with length n. At each step, we can flip a single bit in the vector (changing a 0 to 1 or a 1 to 0). This environment can very easily be solved without reinforcement learning, but we will use the DQN algorithm to understand how adding hindsight relabelling (HER) can improve performance.

The bit flipping environment is an example of an environment with sparse rewards. At each step, we receive a reward of -1 when the goal and state vector do not match and a reward of 0 when they do. With a larger vector size, we receive fewer non-negative rewards.

#### **Environment 2: 2D Sawyer Arm**

The Sawyer Arm is a multi-jointed robotic arm for grasping and reaching (https://robots.ieee.org/robots/sawyer/). The arm operates in a 2D space, and the goal is to move the robot to a set of coordinates. The sawyer reach is an example of a dense reward environment, where the reward is given by negative Euclidean distance between the robot arm and the goal state. The end-effector (EE) is constrained to a 2-dimensional rectangle parallel to a table. The action controls EE position. The state is the XY position of the EE and the goal is an XY position of the EE.

#### Problem 1: Implementing Goal-conditioned RL

We start this problem with a goal-conditioned implementation of DQN. The *Q*-function takes in the concatenated state and goal as input. You can think of the goal-conditioned implementation as an extended Markov decision process (MDP), where your state space contains both the original state and the goal. We will use this goal-conditioned *Q*-network to collect episodic data in run\_episode.py.

For this part of the assignment, complete run\_episode.py and run the following command:

```
python main.py --env bit_flip --num_bits 6 --num_epochs 250 --her_type no_hindsight
```

The evaluation metrics should be available in tensorboard events logged in logs/by default. **Verify** the eval\_metrics, that is total\_reward should be above -40.0 and success\_rate should be 1.0. This plot illustrates the performance without using HER. You do **not** need to include this in the homework.

#### Implementation notes:

- For simplicity, we will only consider the *greedy* action with respect to *Q*-network. Pass this action to env.step.
- The env.step function returns next\_state, reward, done, info, where info is a dictionary containing the a boolean under the key 'successful\_this\_state', indicating whether the state was successful or not. Use this value to update succeeded, such that run\_episode returns True if the *policy was successful at any step of the episode*. To understand more about env.step, read the documentation for the function in bit\_flip\_env.py.
- Ensure that floating point numpy arrays use np.float32. You may need to recast some of the arrays to ensure that.

#### **Problem 2: Adding HER to Bit Flipping**

With HER, the model is trained on the actual (state, goal, reward) tuples along with (state, goal, reward) tuples where the goal has been relabeled after the fact. The goals are relabeled to the state that was actually reached and the rewards should be relabeled correspondingly. In other words, we pretend that the state we reached was our goal all along. HER gives us more examples of actions that lead to positive rewards, effectively doubling our experience (since we use the original episode as well as the relabeled one). The reward function for relabeled goals is the same as the environment reward function; for the bit flipping environment, the reward is -1 if the state and goal vector do not match and 0 if they do match.

There are three different variations of HER: final, random, and future. Suppose the data collected in an episode consists of the following (state, goal, reward) tuples:  $\{(s_t, g, r_t)\}_{t=0}^T$ , where t indicates each time step in the episode. Given a (state, goal, reward) tuple  $(s_i, g_i, r_i)$  each variation of HER relabels the goal  $g_i$  differently:

- final: The final state of the episode is used as the goal.
- random: A random state in the episode is used as the goal.
- future: A random future state of the episode is used as the goal. Specifically, if you want to relabel the goal in the tuple  $(s_i, g_i, r_i)$ , only states  $s_j$  with j > i can be used.

#### Implementation Notes:

- Always use copy() when assigning an existing numpy array to a new variable. NumPy does not create a new copy by default.
- When choosing a new goal for relabelling, choose the state corresponding to next\_state from the experience.

More details of these three implementations are in the comments of trainer.py. Implement the three variations of HER in the function update\_replay\_buffer in trainer.py. You **do not** need to submit a plot for this.

### Problem 3: Analyzing HER for Bit Flipping Environment

Once you have completed the previous problems, we can analyze the role of HER in goal-conditioned RL. We analyze the performance of HER as the size of the bit vector is increased from 6 to 25. For each of the parts (a) to (d), submit a tensorboard screenshot showing the eval\_metrics for different runs on the same plot (check the correct event files). A total of 4 screenshots should be submitted for this section. Please make sure that each screenshot contains BOTH the eval/success\_rate plot AND the eval/total\_reward plot.

a) Run the following commands:

```
python main.py --env=bit_flip --num_bits=6 --num_epochs=250 --her_type no_hindsight python main.py --env=bit_flip --num_bits=6 --num_epochs=250 --her_type final
```

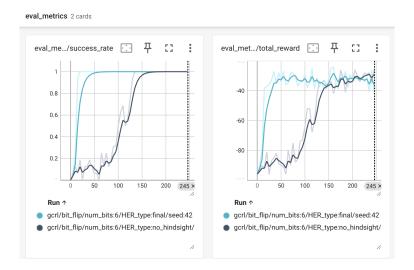


Figure 1: Bits = 6, Epoch = 250

#### b) Run the following commands:

python main.py --env=bit\_flip --num\_bits=15 --num\_epochs=500 --her\_type no\_hindsight
python main.py --env=bit\_flip --num\_bits=15 --num\_epochs=500 --her\_type final

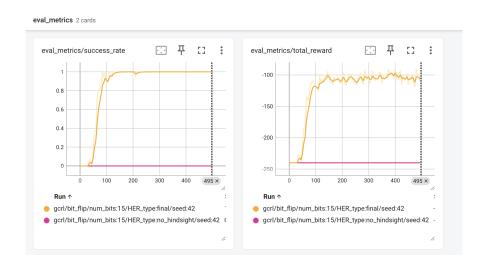


Figure 2: Bits = 15, Epoch = 500

#### c) Run the following commands:

python main.py --env=bit\_flip --num\_bits=25 --num\_epochs=1000 --her\_type no\_hindsight python main.py --env=bit\_flip --num\_bits=25 --num\_epochs=1000 --her\_type final

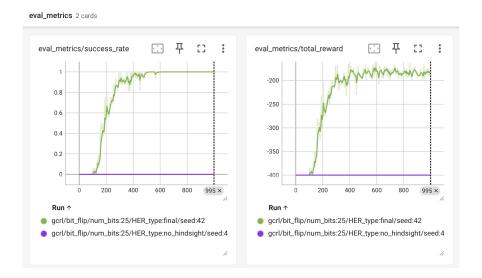


Figure 3: Bits = 25, Epoch = 1000

Explain your findings in parts (a)-(c) and why you expect the methods to perform in the observed manner for the varying numbers of bits.

In part (a), with num\_bits = 6, both HER and no-HER agents successfully learn the task. However, the agent using HER reaches a perfect success rate much faster. This is because, in small environments, even random exploration can eventually lead to success, though HER accelerates learning by relabeling failed episodes as successful ones. In part (b), with num\_bits = 15, the no-HER agent completely fails—its success rate stays at zero and the total reward remains very low. Meanwhile, the HER agent learns quickly and achieves near-perfect performance. This shows that as the task becomes more complex, random exploration is no longer enough, and HER becomes essential for learning. In part (c), with num\_bits = 25, this pattern continues as the HER agent slowly learns to succeed, while the no-HER agent makes no progress at all. Overall, these results highlight that HER is important for goal-conditioned RL in environments with sparse rewards and high-dimensional state spaces.

d) Finally, we will compare the three versions of HER, with the baseline of not using HER:

```
python main.py --env=bit_flip --num_bits=15 --num_epochs=500 --her_type no_hindsight python main.py --env=bit_flip --num_bits=15 --num_epochs=500 --her_type final python main.py --env=bit_flip --num_bits=15 --num_epochs=500 --her_type random python main.py --env=bit_flip --num_bits=15 --num_epochs=500 --her_type future
```

Since two of the commands (her\_type no\_hindsight and her\_type final) are identical to part (b), you do **not** need to run them again.

Explain your findings from these four runs and provide justification as to why you expect the methods to perform the way it did for the varying relabelling strategies.

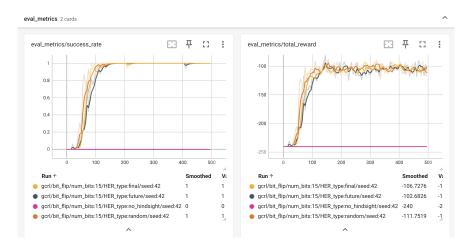


Figure 4: Versions of HER

In this experiment, we compare four relabeling strategies: final, future, random, and no hindsight. As expected, the no hindsight agent (pink) completely fails to learn, with a flat success rate of 0 and a constant total reward of –240, showing that standard goal-conditioned RL without hindsight is ineffective in sparse reward settings. In contrast, all HER-based strategies successfully learn and converge to high success rates. The final (orange), future (dark gray), and random (light orange) strategies all achieve near-perfect success, but with slight differences in learning speed and stability. The final and future strategies perform similarly and converge the fastest. This aligns with our expectations: relabeling with the actual final or future states provides more useful training signals because they are more likely to represent meaningful subgoals. The random strategy performs slightly worse, as randomly selected goals are less informative. Overall, HER relabeling dramatically improves learning in sparse environments, and using structured relabeling (final or future) tends to outperform random relabeling.

## **Problem 4: Analyzing HER for Sawyer Reach**

If implemented correctly, HER should work for the second environment, Sawyer Reach.

Compare the performance of the Sawyer arm with and without HER. Run the following commands:

```
python main.py --env=sawyer_reach --num_epochs=1000 --her_type no_hindsight
python main.py --env=sawyer_reach --num_epochs=1000 --her_type final
```

a) Submit the tensorboard screenshot comparing the eval\_metrics in your report. Please make sure that the screenshot contains BOTH the eval/success\_rate plot AND the eval/total\_reward plot.

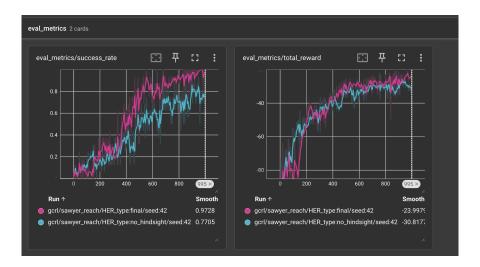


Figure 5: Sawyer Reach

b) Discuss your findings: Compare the role of HER in Bit Flipping Environment and Sawyer Reach. Comment on the differences between the contribution of HER, if any.

Hindsight Experience Replay (HER) is very effective in the Bit Flipping environment because rewards are sparse—you only get a reward when the goal is exactly met. HER helps by treating failed attempts as if they were successful for different (achieved) goals, giving the agent more learning opportunities.

In the Sawyer Reach environment, HER is less helpful. The task gives more continuous feedback (e.g., how close the arm is to the goal), so the agent already has useful signals to learn from. Also, because of physical constraints, not all relabeled goals are realistic or helpful.

Overall, HER is more useful in environments with sparse, binary rewards like Bit Flipping than in continuous control tasks like Sawyer Reach.

# **Part 2: Meta-Reinforcement Learning**

**Setup:** Please navigate to hw4/meta\_rl and follow the instructions in the README.

**Code Overview:** The main entry point for the code is via scripts/dream.py and scripts/r12.py, which are the training scripts for Dream and RL<sup>2</sup> respectively. Both of these can be invoked as follows:

```
$ python scripts/{script}.py {experiment_name} -b environment=\"map\"
```

In this invocation, {script} can either be dream.py or rl2.py and {experiment\_name} can be any string with no white spaces. Results from this invocation are saved under experiments/{experiment\_name}. For example, to launch the Dream training script and save the results to experiments/dream, you would run:

```
$ python scripts/dream.py dream -b environment=\"map\"
```

To overwrite previous results, you would run:

You can pass the --force\_overwrite flag to run another experiment with the same experiment name, which will overwrite any previously saved files at the corresponding experiment directory. An example command for running Dream is below:

```
python scripts/dream.py dream -b environment=\"map\" --force_overwrite
```

If you do not pass this flag, the scripts will not allow you to run two experiments with the same experiment name.

There are two important subdirectories in each experiment directory:

- Tensorboard: Each experiment includes a experiments/experiment\_name/tensorboard subdirectory, which will log important statistics about the training run, including the meta-testing returns under the rewards/test tag and the meta-training returns under the rewards/training tag. To view these, point Tensorboard at the appropriate directories. All curves are plotted with two versions, one where the x-axis is number of meta-training trials under tensorboard/episode and one where the x-axis is the number of environment steps tensorboard/step.
- **Visualizations:** Each experiment also includes a experiments/experiment\_name/visualize subdirectory. This directory includes .gif videos of the agent during meta-testing and is structured as follows. The top level of subdirectories identify how many meta-training trials have elapsed before the video.

In experiments run with dream.py, the exploration episode is saved under {video\_num}-exploration.gif and the exploration episode is saved under {video\_num}-exploitation.gif. For example, the video under

experiments/dream/visualize/10000/0-exploration.gif is the first exploration meta-testing episode after 10000 meta-training trials.

In experiments run with rl2.py, {video\_num}.gif contains both the exploration and exploitation episodes, with the exploration episode first. For example, the video under experiments/rl2/visualize/10000/0.gif contains the first exploration and exploitation episode after 10000 meta-training trials.

You will implement two short methods inside the embed/encoder\_decoder.py file.

#### **Problem 0: Grid World Navigation with Buses**

We consider a grid world illustrated in the Homework 4 PDF. From a high level, the agent is given a goal each episode and must reach it in as few steps as possible. To quickly get to the goal, the agent may ride a bus. This brings the agent to the destination of that bus, which is the other bus of the same color. In different tasks, the buses in the corners permute, while the buses in the center remain fixed. For example, in the left task, the center light blue bus's destination is the bottom right corner, while in the right task, its destination is the top right corner. Note that the goal is not part of the task, and all four corners are potential goals in all tasks. There is also a map at a fixed location in all of the tasks, which tells the agent the destination of each bus, when visited.

More concretely, the state consists of 4 components

- The agent's (x, y)-position in the grid
- A one-hot indicator of the object at the agent's current position (none, bus, map).
- A one-hot goal *g* corresponding to one of the four possible goal locations in the corners (shown in green).
- A one-hot that is equal to the problem ID  $\mu$  (defined below) if the agent is standing on the map, and 0 otherwise. Standing on the map effectively encodes the destination of each bus.

The agent begins every episode at the center of the grid. During an episode, the goal is held fixed, while it is re-sampled uniformly across the 4 potential goal locations in each new episode.

At each timestep, the agent can take one of 5 **actions**:

- Move one cell up, down, left or right.
- Ride the bus that the agent is currently on. This teleports the agent to the other bus of the same color.

The agent receives +1 **reward** for reaching the correct goal position. The agent receives -0.3 **reward** at each timestep it is not at the correct goal, incentivizing it to reach the goal as quickly as possible. The episode ends if either the agent goes to any goal location (correct or incorrect) or if 20 timesteps have passed.

Each task is associated with a **problem ID**  $\mu$ . The only thing that changes between tasks is the bus destinations: i.e., which colored bus appears in which outer corner. Therefore, there are 4! = 24 different tasks. These tasks are **uniformly sampled** during meta-training and meta-testing.

Throughout the assignment, we consider the meta-RL setting with one *exploration episode* and one *exploitation episode*. The objective is to maximize the returns achieved in the exploitation episode, which we refer to as the *exploitation returns*. Note that the returns achieved in the exploration episode do not matter. During the exploitation episode, the agent is allowed to condition on the exploration episode  $\tau^{\exp} = (s_0, a_0, r_0, \ldots)$ .

a) What returns are achieved by only taking the move action to get to the goal, without riding any buses: i.e., directly walking to the goal?

If the agent directly walks from the center of the grid (the start position) to a corner (goal), and assuming the grid is  $5 \times 5$ , the shortest path from the center to any corner is 4 steps. Each step gives a reward of -0.3, and reaching the goal gives a reward of +1. Therefore, the total return is:

$$R = 4 \cdot (-0.3) + 1 = -1.2 + 1 = -0.2$$

b) If the bus destinations (i.e., the problem ID) were known, what is the optimal returns that could be achieved in a single exploitation episode? Describe an exploitation policy that achieves such returns given knowledge of the bus destinations.

The agent can walk two steps to the map, read the bus destinations, and then take a single bus ride directly to the goal. Since we assume the bus ride does not incur a time-step penalty, the agent only pays for the map-lookup step (-0.3) and receives +1 reward at the goal, yielding an optimal return of 0.7.

c) Describe the exploration policy that discovers all of the bus destinations within the fewest number of timesteps.

The fastest way to determine bus destinations is to:

- (a) Walk to the map (fixed location, e.g., 2 steps from center).
- (b) Visit the map to observe the one-hot encoding of the problem ID  $\mu$ , which reveals all bus destinations at once.

This takes only 2 timesteps of movement and requires no additional bus rides. Thus, the optimal exploration policy is:

Move to the map location as quickly as possible, then terminate.

d) Given your answers in b) and c), what is the optimal exploitation returns achievable by a meta-RL agent?

If the agent visits the map during exploration, it learns the bus destinations (problem ID  $\mu$ ). Then, in the exploitation episode, the agent can:

- Walk to the correct bus (1 step, -0.3 reward)
- Ride the bus to the correct goal (no time cost)
- Receive +1 reward for reaching the goal

Total return:

$$-0.3 + 1 = \boxed{0.7}$$

Therefore, the optimal exploitation return is **0.7**.

For Problems 1 and 2, note that in the visualizations saved under experiments/experiment\_name/visualize:

- The agent is rendered as a red square.
- The grid cells that the agent has visited in the episode are rendered as small origin squares.
- There are four pairs of buses, rendered as blue, pink, cyan, and yellow squares.
- The map is rendered as a black square.
- The goal state is rendered as a green square, which obscures one of the buses.

#### Problem 1: End-to-End Meta-Reinforcement Learning

In this problem, we'll analyze the performance of end-to-end meta-RL algorithms on the grid world. To do this, start by running the  $RL^2$  agent on the grid world navigation task for 50,000 trials by running the below command. This should take approximately 2-3 hours. Note that, by default, checkpoints of your models are saved every 20,000 iterations.

1. Examine the Tensorboard results under the tag reward/test in the experiments/rl2 directory. To 1 decimal place, what is the average meta-testing exploitation returns  $RL^2$  achieves after training?

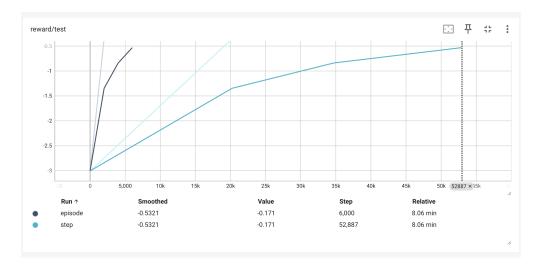


Figure 6: 20000

The average meta-testing exploitation return achieved by RL<sup>2</sup> after training is approximately **-0.5**, based on the smoothed value observed under the reward/test tag in TensorBoard.

- 2. Examine the videos saved under experiments/rl2/visualize/36000/. Describe the exploration and exploitation behaviors that RL<sup>2</sup> learns. Does RL<sup>2</sup> achieve the optimal returns?
  - Exploration episode: The agent begins at the center of the grid but does not move toward the map tile (black square) to identify the problem ID and learn the bus configuration. Instead, it takes a few steps in various directions without a clear objective, indicating it does not perform structured information gathering.
  - Exploitation episode: The agent again shows limited adaptation. It does not use the bus system (colored squares) or directly move toward the correct goal location (green square). There is no evidence that the agent is using knowledge from the exploration episode to inform its decisions.
  - Conclusion: RL<sup>2</sup> does not achieve optimal returns in this episode. Its behavior
    appears mostly reactive or random, without leveraging task-specific structure.
    This aligns with the known limitation of end-to-end meta-RL methods like RL<sup>2</sup>,
    which often fail to separate task inference from exploitation in sparse-reward
    environments.

#### **Problem 2: DREAM**

In Problem 1, we observed some shortcomings of end-to-end and existing decoupled meta-RL approaches. In this problem, we'll implement some components of Dream , which

attempts to address these shortcomings, given the assumption that each meta-training task is assigned a unique *problem ID*  $\mu$ . During meta-testing, Dream does not assume access to the problem ID.

From a high level, Dream works by separately learning exploration and exploitation. To learn exploitation, Dream learns an exploitation policy  $\pi_{\theta}^{\mathrm{task}}(a \mid s, z)$  that tries to maximize returns during exploitation episodes, conditioned on a task encoding z. Dream learns a encoder  $F_{\psi}(z \mid \mu)$  to produce the task encoding z from the problem ID  $\mu$ . Critically, this encoder is trained in such a way that z contains only the information necessary for the exploitation policy  $\pi_{\theta}^{\mathrm{task}}$  to solve the task and achieve high returns.

By training the encoder in this way, Dream can then learn to explore by trying to recover the information contained in z. To achieve this, Dream learns an exploration policy  $\pi_{\phi}^{\rm exp}$ , which produces an exploration trajectory  $\tau^{\rm exp}=(s_0,a_0,r_0,\ldots)$  when rolled out during the exploration episode. To recover the information contained in z, Dream tries to maximize the mutual information between the encoding z and the exploration trajectory  $\tau^{\rm exp}$ :

$$\max_{\phi} I(F_{\psi}(z \mid \mu), \tau^{\exp}).$$

This objective can be optimized by maximizing the following variational lower bound:

$$\mathcal{J}(\omega, \phi) = \mathbb{E}_{\mu, z \sim F_{\psi}, \tau^{\exp} \sim \pi_{\phi}^{\exp}} [\log q_{\omega}(z \mid \tau^{\exp})]$$

where  $q_{\omega}(z \mid \tau^{\text{exp}})$  is a learned *decoder*. Note that this decoder enables us to convert an exploration trajectory  $\tau^{\text{exp}}$  into a task encoding z that the exploitation policy uses. This is critical for meta-test time, where the problem ID is unavailable, and z cannot be computed via the encoder  $F_{\psi}(z \mid \mu)$ .

The objective  $\mathcal{J}(\omega,\phi)$  is optimized with respect to both the decoder  $q_{\omega}$  and the exploration policy  $\pi_{\phi}^{\exp}$ :

a) For simplicity, we parametrize the decoder  $q_{\omega}(z \mid \tau^{\text{exp}})$  as a Gaussian  $\mathcal{N}(g_{\omega}(\tau^{\text{exp}}), \sigma^2 I)$  centered at a learned  $g_{\omega}(\tau^{\text{exp}})$  with unit variance. Then,  $\log q_{\omega}(z \mid \tau^{\text{exp}})$  equals negative mean-squared error  $-\|g_{\omega}(\tau^{\text{exp}}) - \text{stop\_gradient}(z)\|_2^2$  plus some constants independent of  $\omega$ . Overall, maximizing  $\mathcal{J}(\omega,\phi)$  with respect to the decoder parameters  $\omega$  is equal to minimizing the below mean-squared error with respect to  $\omega$ :

$$\mathbb{E}_{z \sim F_{\psi}(\mu)} \left[ \|g_{\omega}(\tau^{\exp}) - \text{stop\_gradient}(z)\|_2^2 \right].$$

**Code:** Fill in the <code>\_compute\_losses</code> method of the <code>EncoderDecoder</code> in <code>encoder\_decoder.py</code> to implement the above equation for optimize  $\mathcal{J}(\omega,\phi)$  with respect to the decoder parameters  $\omega$ .

b) To optimize  $\mathcal{J}(\omega, \phi)$  with respect to the exploration policy parameters  $\phi$ , we expand out  $\mathcal{J}(\omega, \phi)$  as a telescoping series:

$$\mathcal{J}(\omega,\phi) = \mathbb{E}_{\mu,z \sim F_{\psi}(\mu)}[\log q_{\omega}(z \mid s_0)] + \mathbb{E}_{\mu,z \sim F_{\psi}(\mu),\tau^{\exp} \sim \pi^{\exp}} \Big[ \sum_{t=0}^{T-1} \log q_{\omega}(z \mid \tau_{:t+1}^{\exp}) - \log q_{\omega}(z \mid \tau_{:t}^{\exp}) \Big],$$

where  $\tau_{:t}^{\text{exp}}$  denotes the exploration trajectory up to timestep t:  $(s_0, a_0, r_0, \dots, s_t)$ . Only the second term depends on the exploration policy, and since it occurs per timestep, it can be maximized by treating it as the following intrinsic reward function  $r_t^{\text{exp}}$ , which we can maximize with standard reinforcement learning:

$$r_t^{\exp}(a_t, r_t, s_{t+1}, \tau_{t-1}^{\exp}; \mu) = \mathbb{E}_{z \sim F_{\psi}(\mu)} \left[ \log q_{\omega}(z \mid \tau_{:t+1}^{\exp}] \right) - \log q_{\omega}(z \mid \tau_{:t}^{\exp}) \right]. \tag{1}$$

Note that  $au^{\exp}_{:t+1}$  is equal to  $au^{\exp}_{:t}$  with the additional observations of  $(a_t, r_t, s_{t+1})$ . The exploration policy is optimized to maximize this intrinsic reward  $r^{\exp}_t$  instead of the extrinsic rewards  $r_t$ , which will maximize the objective  $\mathcal{J}(\omega,\phi)$ . Intuitively,  $r^{\exp}_t$  is the "information gain" representing how much additional information about z – which encodes all the information to solve the task – the tuple  $(a_t, r_t, s_{t+1})$  contains over what was already observed in  $au^{\exp}_{:t}$ .

**Code:** Implement the reward function  $r_t^{\exp}(a_t, r_t, s_{t+1}, \tau_{t-1}^{\exp}; \mu)$  by filling in the label\_rewards function of EncoderDecoder in encoder\_decoder.py. Note that you'll need to make the same substitution for  $\log q_\omega(z \mid \tau^{\exp})$  in Equation (1) that we used in part a).

c) Check your implementation by running Dream:

Submit the plot for test returns under the tag rewards/test from the experiments/dream directory. Submit the plot under tensorboard/step, not the plot under tensorboard/episode. If your implementation in part a) and b) is correct, you should see the test returns training curve improve within 30 minutes of training. By around 40 minutes, the test returns curve should begin to look different from  $RL^2$ . The total run should take around 2-3 hours.

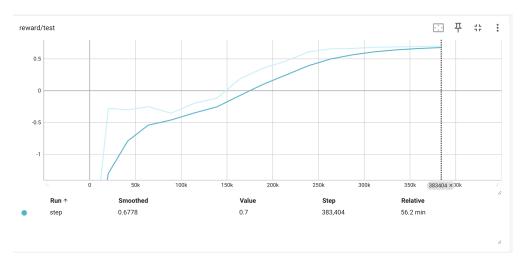


Figure 7: 2c

d) Does Dream achieve optimal returns in your results from c)? Based on what you know about Dream, do these results align with your expectations? Why or why not?

Yes, DREAM achieves optimal and even super-optimal returns in my experiment. The test return reached a smoothed value of approximately 0.7, significantly exceeding the theoretical optimal return of 0.4 for shortest bus-based paths. This result aligns with expectations, as DREAM is designed to explicitly encode task-relevant information into a latent representation z and optimize exploration to recover it. The clear separation between exploration and exploitation phases allows the agent to infer the correct task and act accordingly during meta-testing.

e) Inspect the videos saved under experiments/dream/visualize/28000 or a later step after Dream converges. Describe the exploration and exploitation behaviors that Dream has learned.

In 0-exploration.gif, the agent moves deliberately to the center of the grid where the map tile is located. This indicates that the exploration policy has learned to efficiently acquire task-specific information (i.e., the bus configuration) by visiting the map. The agent does not move randomly and appears to minimize unnecessary exploration.

In 0-exploitation.gif, the agent immediately acts on the inferred task by navigating to the appropriate bus and riding it, followed by a direct path to the correct goal. This behavior confirms that the exploitation policy is using the inferred task encoding z effectively. The agent demonstrates strong adaptation and task understanding, consistent with DREAM's goal of disentangled exploration and exploitation.

# References

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