Variations on the Action

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I'll start by considering the total action $S_{tot} = S_{EC} + S_m + S_{NY}$ where

$$S_{EC} = -\frac{M_{Pl}^2}{4} \int \epsilon_{abcd} V^a \wedge V^b \wedge R^{cd} \tag{1}$$

$$S_m = \frac{1}{2} \int d\phi \wedge d\phi \tag{2}$$

$$S_{NY} = -nf \int d\phi \wedge T^a \wedge V_a \tag{3}$$

 S_{EC} is the Einstein-Cartan gravitational action, S_m is the scalar field , and S_{NY} is the coupling to a Nieh-Yan Form. I'll also define:

$$R^{ab} = d\omega^{ab} + \omega_c^a \wedge \omega^{cb}$$
$$T^a = dV^a + \omega_b^a \wedge V^b$$

The variation of the total action is

$$\delta S_{tot} = \delta S_{EC} + \delta S_m + \delta S_{NY} \tag{4}$$

1 Vielbein

1.1 Einstein-Cartan Action

$$\delta_V S_{EC} = -\frac{M_{Pl}^2}{4} \int \epsilon_{abcd} (\delta V^a \wedge V^b + V^a \wedge \delta V^b) \wedge R^{cd}$$
$$= -\frac{M_{Pl}^2}{4} \int 2\epsilon_{abcd} \delta V^a \wedge V^b \wedge R^{cd}$$

(using the antisymmetry of the Levi-Civita Symbol)

$$= \frac{M_{Pl}^2}{2} \int R^{cd} \wedge V^b \epsilon_{abcd} \wedge \delta V^a$$

$$= \left[\int \frac{M_{Pl}^2}{2} R^{cd} \wedge V^b \epsilon_{abcd} \wedge \delta V^a \right]$$
(5)

1.2 Scalar Field

$$\delta_V S_m = \frac{1}{2} \int \delta d\phi \wedge d\phi + d\phi \wedge \delta^* d\phi$$
$$= \frac{1}{2} \int d\phi \wedge \delta^* d\phi \quad \text{since } \delta_V d\phi = 0$$
 (6)

Expanding:

$$^{\star} d\phi = {}^{\star} (\partial_{\mu} \phi dx^{\mu}) = {}^{\star} (\partial_{\mu} \phi V_{a}^{\mu} V^{a})$$
$$= \frac{1}{3!} V_{a}^{\mu} \partial_{\mu} \phi \epsilon_{bcd}^{a} V^{b} \wedge V^{c} \wedge V^{d}$$

So,

$$\delta_V^* d\phi = \frac{1}{3!} (\delta V_a^\mu) \partial_\mu \phi \epsilon_{bcd}^a V^b \wedge V^c \wedge V^d + \frac{1}{3!} V_a^\mu \partial_\mu \phi \epsilon_{bcd}^a \delta (V^b \wedge V^c \wedge V^d) \quad (7)$$

Using the identity

$$\begin{split} (\delta V_a^\mu) V_\mu^j &= -(\delta V_\mu^j) V_a^\mu \\ (\delta V_a^\mu) &= -(\delta V_\nu^j) V_a^\nu V_i^\mu \end{split}$$

and plugging that into eq. (7) and using the antisymmetry of the Levi-Civita Symbol in the second term:

$$\begin{split} &\delta_{V}{}^{\star}\mathrm{d}\phi\\ &=-\frac{1}{3!}(\delta V_{\nu}^{j})V_{a}^{\nu}V_{j}^{\mu}\partial_{\mu}\phi\epsilon_{bcd}^{a}V^{b}\wedge V^{c}\wedge V^{d}+\frac{1}{3!}V_{a}^{\mu}\partial_{\mu}\phi(3)\epsilon_{bcd}^{a}\,\delta V^{b}\wedge V^{c}\wedge V^{d}\\ &=-\frac{1}{3!}(\delta V_{\nu}^{j})V_{a}^{\nu}\partial_{j}\phi\epsilon_{bcd}^{a}V^{b}\wedge V^{c}\wedge V^{d}+\frac{1}{2}\partial_{a}\phi\epsilon_{bcd}^{a}\,\delta V^{b}\wedge V^{c}\wedge V^{d} \end{split}$$

Since we are in an orthonormal frame defined by Vielbeins, we can also say that $\partial_a \phi \epsilon^a_{bcd} = \partial^a \phi \epsilon_{abcd}$. Using this in the second term:

$$\begin{split} \delta_{V}{}^{\star}\mathrm{d}\phi &= -\frac{1}{3!}(\delta V_{\nu}^{j})V_{a}^{\nu}\partial_{j}\phi\epsilon_{bcd}^{a}V^{b}\wedge V^{c}\wedge V^{d} + \frac{1}{2}\partial^{a}\phi\epsilon_{abcd}\,\delta V^{b}\wedge V^{c}\wedge V^{d} \\ &= -(\delta V_{\nu}^{j})V_{a}^{\nu}\partial_{j}\phi(\frac{1}{3!}\epsilon_{bcd}^{a}V^{b}\wedge V^{c}\wedge V^{d}) + \partial^{a}\phi(\frac{1}{2}\epsilon_{abcd}V^{c}\wedge V^{d})\wedge\delta V^{b} \end{split}$$

Finally, using the definition of a dual, we can simplify the terms in parenthesis:

$$\delta_{V}^{*} d\phi = -(\delta V_{\nu}^{j}) V_{a}^{\nu} \partial_{j} \phi(^{*}V^{a}) + \partial^{a} \phi^{*} (V_{a} \wedge V_{b}) \wedge \delta V^{b}$$

$$= -\partial_{j} \phi(\delta V_{a}^{j}) (^{*}V^{a}) + \partial^{a} \phi \delta V^{b} \wedge ^{*} (V_{a} \wedge V_{b})$$

$$= -\partial_{j} \phi^{*} (\delta V_{a}^{j} V^{a}) + \partial^{a} \phi \delta V^{b} \wedge ^{*} (V_{a} \wedge V_{b})$$

$$= -\partial_{j} \phi^{*} (\delta V^{j}) + \partial^{a} \phi \delta V^{b} \wedge ^{*} (V_{a} \wedge V_{b})$$

Relabeling indices, we are left with

$$\delta_V^* d\phi = \partial^a \phi \, \delta V^b \wedge {}^*(V_a \wedge V_b) - \partial_b \phi^*(\delta V^b) \tag{8}$$

Plugging this back into eq. (6):

$$\delta_V S_m = \frac{1}{2} \int d\phi \wedge (\partial^a \phi \, \delta V^b \wedge {}^*(V_a \wedge V_b) - \partial_b \phi^*(\delta V^b))$$
$$= \frac{1}{2} \int \partial^a \phi d\phi \wedge \delta V^b \wedge {}^*(V_a \wedge V_b) - \partial_b \phi d\phi \wedge {}^*(\delta V^b)$$

Using the identity $A \wedge {}^*B = B \wedge {}^*A$ when A and B have the same dimension in the second term:

$$\delta_{V}S_{m} = \frac{1}{2} \int \partial^{a}\phi d\phi \wedge {}^{\star}(V_{a} \wedge V_{b}) \wedge \delta V^{b} - \partial_{b}\phi(\delta V^{b}) \wedge {}^{\star}d\phi$$

$$= \left[\int \frac{1}{2} (\partial^{a}\phi d\phi \wedge {}^{\star}(V_{a} \wedge V_{b}) \wedge \delta V^{b} + \partial_{b}\phi {}^{\star}d\phi \wedge \delta V^{b}) \right]$$
(9)

1.3 Nieh-Yan Form

$$\delta_V S_{NY} = -nf \int d\phi \wedge (\delta T^a \wedge V_a + T^a \wedge \delta V_a)$$

Expanding:

$$\delta_{V}S_{NY} = -nf \int d\phi \wedge ((\delta dV^{a} + \omega_{b}^{a} \wedge \delta V^{b}) \wedge V_{a} + (dV^{a} + \omega_{b}^{a} \wedge V^{b}) \wedge \delta V_{a})$$

$$= -nf \int d\phi \wedge (\delta dV^{a} \wedge V_{a} + \omega_{b}^{a} \wedge \delta V^{b} \wedge V_{a} + dV^{a} \wedge \delta V_{a} + \omega_{b}^{a} \wedge V^{b} \wedge \delta V_{a})$$

$$= -nf \int d\phi \wedge (\delta dV^{a} \wedge V_{a} + dV^{a} \wedge \delta V_{a} + \omega_{b}^{a} \wedge (\delta V^{b} \wedge V_{a} + V^{b} \wedge \delta V_{a}))$$

$$= -nf \int d\phi \wedge (\delta dV^{a} \wedge V_{a} + dV^{a} \wedge \delta V_{a} + \omega_{b}^{a} \wedge (\delta V^{b} \wedge V_{a} + V^{b} \wedge \delta V_{a}))$$
(10)

Focusing on the term with the spin connection:

$$\omega_b^a \wedge (\delta V^b \wedge V_a + V^b \wedge \delta V_a)$$

$$= \omega_b^a \wedge \delta V^b \wedge V_a + \omega_b^a \wedge V^b \wedge \delta V_a$$

$$= \omega_b^a \wedge \delta V^b \wedge \eta_{ac} V^c + \omega_b^a \wedge V^b \wedge \eta_{ac} \delta V^c$$

$$= \eta_{ac} \omega_b^a \wedge \delta V^b \wedge V^c + \eta_{ac} \omega_b^a \wedge V^b \wedge \delta V^c$$

$$= \omega_{bc} \wedge \delta V^b \wedge V^c + \omega_{bc} \wedge V^b \wedge \delta V^c \qquad (11)$$

Focusing on the second term:

$$\omega_{bc} \wedge V^b \wedge \delta V^c$$

$$= \omega_{cb} \wedge V^c \wedge \delta V^b \qquad \text{(swapped indices)}$$

$$= -\omega_{cb} \wedge \delta V^b \wedge V^c$$

$$= \omega_{bc} \wedge \delta V^b \wedge V^c$$
(using the antisymmetry of the spin connection)

Plugging this back into eq. (11):

$$\omega_{bc} \wedge \delta V^b \wedge V^c + \omega_{bc} \wedge \delta V^b \wedge V^c = 2\omega_{bc} \wedge \delta V^b \wedge V^c$$

Plugging this back into eq.(10):

$$\delta_V S_{NY} = -nf \int d\phi \wedge (\delta dV^a \wedge V_a + dV^a \wedge \delta V_a + 2\omega_{bc} \wedge \delta V^b \wedge V^c)$$
 (12)

Now, focusing on $\delta dV^a \wedge V_a + dV^a \wedge \delta V_a$. We can use the Leibniz Rule:

$$\begin{split} \mathrm{d}(\delta V^a \wedge V_a) &= \mathrm{d}\,\delta V^a \wedge V_a + (-1)\,\delta V^a \wedge \mathrm{d}V_a \\ &= \mathrm{d}\,\delta V^a \wedge V_a - \delta V^a \wedge \mathrm{d}V_a \\ &= \mathrm{d}\,\delta V^a \wedge V_a + \mathrm{d}V_a \wedge \delta V^a \\ &= \mathrm{d}\,\delta V^a \wedge V_a + \mathrm{d}V^a \wedge \delta V_a \\ &= \delta\,\mathrm{d}V^a \wedge V_a + \mathrm{d}V^a \wedge \delta V_a \end{split}$$

which is the exact expression. Plugging this into eq. (12):

$$\delta_{V}S_{NY} = -nf \int d\phi \wedge (d(\delta V^{a} \wedge V_{a}) + 2\omega_{bc} \wedge \delta V^{b} \wedge V^{c})$$

$$= -nf \int d\phi \wedge d(\delta V^{a} \wedge V_{a}) - 2nf \int d\phi \wedge \omega_{bc} \wedge \delta V^{b} \wedge V^{c}$$

$$= -nf \int d(\delta V^{a} \wedge V_{a}) \wedge d\phi - 2nf \int d\phi \wedge \omega_{bc} \wedge \delta V^{b} \wedge V^{c}$$

$$= -nf \int \delta V^{a} \wedge V_{a} \wedge d^{2}\phi - 2nf \int d\phi \wedge \omega_{bc} \wedge \delta V^{b} \wedge V^{c}$$

(integration by parts and dropping the boundary terms)

The first term ends up being a boundary term due to $d^2\phi$, so we can drop the term. Therefore:

$$\delta_V S_{NY} = 2nf \int d\phi \wedge \omega_{bc} \wedge \delta V^b \wedge V^c$$

$$= \boxed{-2nf \int d\phi \wedge \omega_{bc} \wedge V^c \wedge \delta V^b}$$
(13)

2 Spin Connection

2.1 Einstein-Cartan Action

$$\delta_{\omega} S_{EC} = -\frac{M_{Pl}^{2}}{4} \int \epsilon_{abcd} V^{a} \wedge V^{b} \wedge \delta R^{cd}$$

$$= -\frac{M_{Pl}^{2}}{4} \int \epsilon_{abcd} V^{a} \wedge V^{b} \wedge (\mathrm{d} \, \delta \omega^{cd} + \delta \omega_{f}^{c} \wedge \omega^{fd} + \omega_{f}^{c} \wedge \delta \omega^{fd})$$

$$= -\frac{M_{Pl}^{2}}{4} \int V^{a} \wedge V^{b} \wedge (\epsilon_{abcd} \, \mathrm{d} \, \delta \omega^{cd} + \epsilon_{abcd} \, \delta \omega_{f}^{c} \wedge \omega^{fd} + \epsilon_{abcd} \omega_{f}^{c} \wedge \delta \omega^{fd})$$
(14)

Simplifying:

$$\begin{split} \epsilon_{abcd} \, \delta \omega_f^c \wedge \omega^{fd} &+ \epsilon_{abcd} \omega_f^c \wedge \delta \omega^{fd} \\ &= \epsilon_{abcd} \, \delta \omega_f^c \wedge \eta^{fi} \omega_i^d + \epsilon_{abcd} \omega_f^c \wedge \eta^{fi} \, \delta \omega_i^d \\ &= \epsilon_{abcd} \eta^{fi} \, \delta \omega_f^c \wedge \omega_i^d - \epsilon_{abcd} \eta^{fi} \, \delta \omega_i^d \wedge \omega_f^c \\ &(\text{swapping indices } c \leftrightarrow d \text{ and } f \leftrightarrow i) \\ &= \epsilon_{abcd} \eta^{fi} \, \delta \omega_f^c \wedge \omega_i^d - \epsilon_{abdc} \eta^{if} \, \delta \omega_f^c \wedge \omega_i^d \\ &= \epsilon_{abcd} \eta^{fi} \, \delta \omega_f^c \wedge \omega_i^d + \epsilon_{abcd} \eta^{fi} \, \delta \omega_f^c \wedge \omega_i^d \\ &= 2 \epsilon_{abcd} \eta^{fi} \, \delta \omega_f^c \wedge \omega_i^d \end{split}$$

Pluggin this into eq. (14):

$$\delta_{\omega} S_{EC} = -\frac{M_{Pl}^2}{4} \int V^a \wedge V^b \wedge (\epsilon_{abcd} \, \mathrm{d} \, \delta\omega^{cd} + 2\epsilon_{abcd} \eta^{fi} \, \delta\omega_f^c \wedge \omega_i^d)$$

2.2 Scalar Field

 $\delta_{\omega}S_m$ is trivially 0.

2.3 Nieh Yan Term

$$\delta_{\omega} S_{NY} = -nf \int d\phi \wedge \delta T^{a} \wedge V_{a}$$

$$= -nf \int d\phi \wedge (\delta \omega_{b}^{a} \wedge V^{b}) \wedge V_{a}$$

$$= -nf \int d\phi \wedge \delta \omega_{b}^{a} \wedge \eta^{bc} V_{c} \wedge V_{a}$$

$$= -nf \int d\phi \wedge \eta^{bc} \delta \omega_{b}^{a} \wedge V_{c} \wedge V_{a}$$

$$= -nf \int d\phi \wedge \delta \omega^{ac} \wedge V_{c} \wedge V_{a}$$

Antisymmetrizing:

$$\delta_{\omega} S_{NY} = -\frac{nf}{2} \int d\phi \wedge \delta\omega^{ac} \wedge V_c \wedge V_a$$