

Multithreading

Technique in which a process, executing an application, is divided into threads that can run concurrently

Thread

- dispatchable unit of work
- includes a processor context and its own data area to enable subroutine branching
- executes sequentially and is interruptible

Process

- a collection of one or more threads and associated system resources
- programmer has greater control over the modularity of the application and the timing of application related events