Cabot Ride the Ridges 30K route					
At mile	Divostions	Road Name	Road Surface	Miles to next	Notes
At mile	Directions			point	Notes
0.00	Charlet and bill	Main St. (Rt. 215)	Pavement	0.25	Start / Aid Station
0.25	Straight up hill	Rt. 215	Pavement	1.06	
1.31	Turn Right	Cabot Plains Rd.	Gravel	1.52	
2.83	Stay right	Cabot Plains Rd.	Gravel	0.18	Baley Hazen comes in on Left
3.01		Cabot Plains Rd.	Gravel	0.06	Aid Station at Cabot Plains cemetery
3.07	Left	Cabot Plains Rd.	Gravel	0.84	This left just past aid station
3.91	Left	Cabot Plains Rd.	Gravel	0.59	
4.50	Hard left	Bricketts Crossing	Gravel	1.99	
6.49	Left	Rt. 215	Pavement	1.07	
7.56	Left	Baley Hazen Rd	Gravel	1.03	
8.59	Left	Cabot Plains Rd.	Gravel	0.21	Continue past Aid Station a second time
8.80	Straight	Dubray Rd	Gravel	0.41	Straight just past Aid Station
9.21	Left	Taylor Rd	Gravel	0.53	<u> </u>
9.74	Left on two track	Trail	Gravel /Grass	0.63	
10.37	Right	Urban	Gravel	1.37	
11.74				0.41	
12.15	Right	Danville Hill Rd.	Gravel	2.02	
14.17	Right	Main St. (Rt. 215)	Pavement	0.25	Back to Start / Aid Station
Second leg of route					
		Main St. (Rt. 215)	Pavement		Continue past Aid Station
					This is left fork at end of Main
14.42	Left	S. Walden Rd	Pavement	0.92	street
15.34	Left	Houston Hill Rd.	Gravel	1.48	
16.82	Left	Coits Pond rd.	Gravel	0.29	
17.11	Left	Churchill Rd.	Gravel	1.83	
18.94	Left	Bothfeld Hill Rd.	Gravel	1	This is left at T intersection
19.94	Left	Elm St.	Gravel	0.35	
20.29	Left	Main St. (Rt. 215)	Pavement	0.16	
20.45		Main St. (Rt. 215)	Pavement	0	Finish/ Aid Station

