

CABOT RIDE THE RIDGES

SUNDAY, SEPTEMBER 8, 2019

THE CYCLING EVENT OF THE SEASON, FEATURING THE SCENIC LANDSCAPES AND RUGGED TERRAIN OF CABOT, VT

All proceeds benefit the Cabot Connects Mentoring Program

All rides are fully supported and mostly on dirt roads

FAMILY WALK/RIDE/RUN 10 KM 11:00 AM
STURDY 30 KM 10:00 AM
RUGGED 60 KM 9:00 AM
WARPED 100 KM 7:30 AM

12 and Under Free
10 KM \$20.00
30 KM \$30.00
60 KM \$50.00
100 KM \$75.00
Family Max \$75.00

“One of Vermont’s ‘10 great gravel grinders’”

- Vermont Sports

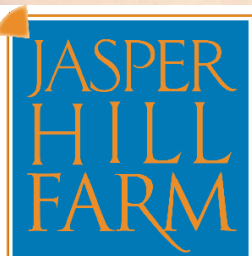
ENJOY THE BEST LOCAL FOOD IN VT

Woodbelly Wood-Fired Pizza • Cellars at Jasper Hill Gourmet Cheeses • Burt's Apple Orchard apple cider donuts and apples • Sweet B's Bakery Items • Kingdom Harvest Kombucha • Vermont Creamery goat cheese • Magic Spoon Bakery

For best rates, pre-register by Saturday,
August 31st at BikeReg.com



www.ridetheridges.net info@ridetheridges.net



Kingdom Harvest Kombucha
Larrabee's Building Supply
Magic Spoon Bakery
Talbert's Maple Farm
Burt's Apple Orchard
Vermont Creamery
Hunger Mountain Coop