

Fixing Tools Not Problems

How AI Can Be Different From the Treadmill

Part 4 of 7: The Intelligent Helper

Emerges

AI Feels Different

Not Just Another Library or Framework

This AI stuff especially GenAI feels different.

Not just another tool adding complexity.

Why Different Factor 1 Pre trained

Lowering the Data Barrier

- Many early powerful models came 'pre-trained'.
- Like super-smart students who read most of the internet.
- Didn't always need our own massive 'big data' pile to start.
- Shifted challenge from gathering data to using model effectively.



Why Different Factor 2 Evolution Cost

From Gas Guzzlers to Efficiency

- Early models (ChatGPT) powerful but **very expensive** to build/run (gas guzzlers).
- Initial cost was a barrier.
- That's changing too incredibly fast.

AI Evolution Efficiency Focus

Better Cheaper Smarter All The Time

Seeing newer models research aiming for efficiency (e.g.

DeepSeek AI efforts).

Focusing on making powerful AI

less costly more accessible.

Whole area evolving getting better cheaper smarter all the time.

The Excitement Factor

Ongoing Improvement Makes It Practical

Tt's this ongoing improvement

that makes it so exciting.

AI isn't just smart it's rapidly

becoming more practical.



Why Different Factor 3 Understanding Intent

Beyond Just Following Commands

- AI can understand what we mean not just what we type.
- Can handle complicated boring messy stuff that drains time energy.



The Intelligent Helper Concept

Focusing on the Important Parts

- This allows **us** to focus on the important parts.
- Understanding the real problem.
- Thinking creatively making smart decisions.

AI vs The Treadmill

Absorbing vs Adding Complexity

- AI has potential to absorb existing complexity.
- Unlike previous tools that primarily added new layers.

Potential Impact

Freeing Human Cognition

- Can free human cognition for higher-value tasks.
- Shift focus from tool wrestling to problem solving.

Food For Thought

Moving Beyond Theory

- This potential isn't just theoretical.
- AI is already showing results in the real world.



Next

AI Helping Us NOW

- Next up concrete examples of AI tools helping across the SDLC today.
- Starting with Requirements Design and Coding.

Agi 🏈

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