

Part 2 Why Agile Feels Broken

The Onion That Wasnt Meant to Be Peeled

Part 2 of 3: Agile is Not a Core to Be

Found

§ 1/11: Recap The Agile Elephant

Fragmented Perceptions (See Part 1)

- Many see Agile in parts, missing the whole.
- Another common mistake: treating Agile like an onion.



§ 2/11: The 'Agile Onion' Fallacy

Peeling Layers to Find an Elusive Core

- The idea: Peel off Scrum, Kanban, standups, retros...
- ...and maybe, just maybe, you will uncover Agile's **hidden essence** at the center.

§ 3/11: The Truth About Agiles Essence

Its Not a Core to Be Found

- Agile isn't a hidden kernel.
- Tt is a mindset infused in every

layer, every fiber of how we work.

§ 4/11: When Values Are Missing

Layers Become Brittle Rituals

If core values like trust,

transparency, courage, and learning are absent...

...the Agile practices (layers) become hollow and ineffective.



§ 5/11: Rituals Without Purpose Example 1

The Daily Standup Degradation

A daily standup without a clear purpose (inspecting Sprint Goal progress)...

...quickly degrades into a **status**report for managers, losing its value for developers.



§ 6/11: Rituals Without Purpose Example 2

The Retrospective Charade

A retrospective without psychological safety...

...becomes performance theatre, where real issues are not discussed, and no real improvement happens.



§ 7/11: Rituals Without Purpose Example 3

The Backlog Treadmill

- A Product Backlog without clarity of value and purpose...
- ...becomes an endless treadmill of

tasks, leading to burnout and disengagement.

§ 8/11: Agile Is Not Discovered by Peeling

It Is Lived in Every Interaction

- You don't find agility by stripping away practices.
- You live it in every breath, every decision, every collaboration.

§ 9/11: Agile as the Air We Breathe

An Environment, Not Just a Room

- Agile is not a room filled with air you occasionally visit (like a meeting).
- It IS the air you breathe in every interaction within the team and organization.
- It's the culture, the environment.



§ 10/11: The Missing Foundation

When Rituals Lack Underlying Principles

- If the practices are there but the mindset is missing, it's like a structure without a solid base.
- This leads to the feeling that "Agile is broken."



§ 11/11: The House Without a Foundation

Another Analogy for Misapplied Agile

What if we try to build the top floors first?

Next Up (Part 3): The House

Without a Foundation & The Real Point of Agile.

Stay tuned!



Series: Why Agile Feels Broken (Part 2 of 3) Agile Is Lived Not Peeled

Part 1: The Blind Men & the Agile Elephant

Access Part 1 PDF

Part 2: The Onion That Wasn't Meant to Be Peeled (Current)

Access Part 2 PDF

Part 3: The House Without a Foundation & The Real Point

Access Part 3 PDF

Read the Full Article: Why Agile Feels Broken...

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Is Your Agile an Onion?

Are Values Infused or Are You Just Peeling Layers?

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Agility is lived, not found.



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