

# My Notepad

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## MODULE 4

Filler words I hear others use:

- Hgjh hghjg jhghj ghghgjj jhg hjg jhg hjg hj ghjg jh ghj ghj gjh gg jhgjh gjh jhgjhghghjghj124544123
- Kjhjhkhkjjkjhj jkh jkjk kjjk kjk jhkh kjh kjh kj jkhjjjjhhjh jj h hhhhhhjhjjhhjjhjj123 juyyuymnmn
- M
- Nmn hj kj hkj]

Filler words I use:

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- Jhjkhkj kjh jkhjh jhg

What are your Pivot Points?

You are in control of your behaviors of trust. Which two will you focus on?

- Pausing
- Posture

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## MODULE 5

asdasdasd  
asd  
asdasdas  
das  
dasdasdasd