

# My Notepad

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## MODULE 2

My goals during the program are:

- Test

Where do you spend your time preparing?

20% Verbal

30% Vocal

50% Visual

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## MODULE 4

Filler words I hear others use:

- Like
- Umm
- Ok

Filler words I use:

- Hmm
- just

What are your Pivot Points?

You are in control of your behaviors of trust. Which two will you focus on?

- Vocal variety

- Gestures

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## MODULE 5

How did the Cornerstones make a difference?

Yes lknjp;senfdos'kedxf vs;ldv ;dx/vm d.cfv, l,cv ;cmv cv;/df;kxvnd;fx/v  
ndf'clvmvmsla  
zsdnazsfl/am.fsl'zf/mncsd'lfmrvsd  
fvnskdlx'</mnsdkxl;/m.vfs esf