

My Notepad

MODULE 2

My goals during the program are:

- Finish test case
- Find all problems with application
- Learn how to be a better speaker

Where do you spend your time preparing?

99% Verbal

1% Vocal

0% Visual

MODULE 4

Filler words I hear others use:

- Am i right
- Like
- You know

Filler words I use:

- Probably

What are your Pivot Points?

You are in control of your behaviors of trust. Which two will you focus on?

- Eye-communication
- Pausing

MODULE 5

How did the Cornerstones make a difference?

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