

# My Notepad

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## MODULE 2

Where do you spend your time preparing?

2% Verbal

2% Vocal

96% Visual

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## MODULE 4

note note note

Filler words I hear others use:

- Gfdbf
- Dfgdfg
- Dfdfg

Filler words I use:

- Dfdfg

What are your Pivot Points?

You are in control of your behaviors of trust. Which two will you focus on?

- Pausing
- Vocal variety

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## MODULE 5

tihjdnv

abcd abcd abcd abcd abcd abcd  
abcd abcd abcd abcd abcd  
abcd abcd abcd abcd abcd abcd abcd

How did the Cornerstones make a difference?

They helped me a lot