

My Notepad

MODULE 2

My goals during the program are:

- Get it working!
- Make it all it can be!
- Sell tons of it to happy customers who really learn from it!

Where do you spend your time preparing?

0% Verbal

20% Vocal

80% Visual

MODULE 3

Our behaviors are habits, which means we can change them.

Need effective habits.

Connection.

Credibility.

MODULE 4

Filler words I hear others use:

- Gdgdbfd
- Segv

- Jnujuju

Filler words I use:

- Ollo

What are your Pivot Points?

You are in control of your behaviors of trust. Which two will you focus on?

- Posture
- Gestures

MODULE 5

Thought I'd write a Module 5 note. HERE IT IS!

How did the Cornerstones make a difference?

Cornerstones helped me focus on one message for one audience, and i zeroed in on one action step. yeah

hello again