

# My Notepad

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## MODULE 2

My goals during the program are:

- Vghjvhj

Where do you spend your time preparing?

53% Verbal

7% Vocal

40% Visual

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## MODULE 3

How did it feel to dart your eyes quickly?

Hedhgkjdfhgdskjfhgdsfkjghdskjghsdkjgdhdgkjsdhgkjdhgkdsjfhgdsjkfghsdfkjgh  
sdkfjghdkjghsdkgdhgdhgdksjfh

Did it feel more like eye communication when you had to look for 5 full seconds?

Describe in a few words.

Eterterertyieuryterityeriutyeriutyieutyerityeriutyieuteytiuerytiueryteiuetyerityer  
iutyeriutyieitueyt

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## MODULE 4

Filler words I hear others use:

- You know
- Rrr
- So

Filler words I use:

- Ddfrff4444

What are your Pivot Points?

You are in control of your behaviors of trust. Which two will you focus on?

- Eye-communication
- Gestures

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## MODULE 5

ghjhjghjgj