

My Notepad

MODULE 1

Let's start off with a good note.

MODULE 2

Here's a module 2 note

Here's another module 2 note

Yup, that's an auto-typed note

My goals during the program are:

- Goal 1
- Changed my goal 2
- Goal 3

Where do you spend your time preparing?

56% Verbal

33% Vocal

11% Visual

MODULE 3

IAN'S MODULE 2 NOTE

MODULE 4

Filler words I hear others use:

- Ummm
- ohh
yikes
- Soooo
- Jeez
- well
um

Filler words I use:

- Sooo
- ummm

ANOTHER IAN NOTE ANOTHER IAN NOTE ANOTHER IAN NOTE ANOTHER
IAN NOTE ANOTHER IAN NOTE ANOTHER IAN NOTE ANOTHER IAN NOTE

What are your Pivot Points?

You are in control of your behaviors of trust. Which two will you focus on?

- Pausing
- Vocal variety

MODULE 5

Module 5 note!!!

Another module 5 note

How did the Cornerstones make a difference?

Nj ds gplf gf sdf bg

Another message

MODULE 6

Module 6 note

Another module 6 note

MODULE 7

Don't forget your Pivot Points! You're working on:

- Pausing
- Vocal variety

Module 7 note

Another module 7 note

note note note note