

My Notepad

MODULE 4

Filler words I hear others use:

- A
- B
- C
- D
- De
- F
- G
- Asda
- Asda
- Ok
- Ko

- Ok
- Asduahsd kajsdh kjasdhkahsdkjahsda
sda
sda
sd
asdasdas
- Asd
- As
- Da

What are your Pivot Points?

You are in control of your behaviors of trust. Which two will you focus on?

- Pausing

- **Vocal variety**

MODULE 7

Don't forget your Pivot Points! You're working on:

- **Pausing**
- **Vocal variety**