

My Notepad

MODULE 2

My goals during the program are:

- Communicate
- Learn
- Develop

Where do you spend your time preparing?

60% Verbal

10% Vocal

30% Visual

MODULE 4

Filler words I hear others use:

- Test
- Test
- Test

Filler words I use:

- Test

MODULE 5

How did the Cornerstones make a difference?

**Test test test test test test test test test test test test test test test test test
test test test test test test test test test test test test**