FLORIDA STATE UNIVERSITY COLLEGE OF ARTS AND SCIENCES

THE IMPACT OF COVID-19 SOCIAL DISTANCING UPON THE SLEEP QUALITY OF COLLEGE STUDENTS

By

MATTHEW SCHNEIDER

A Dissertation submitted to the Department of Psychology in partial fulfillment of the requirements for the degree of Doctor of Philosophy in Clinical Psychology Matthew Schneider defended this dissertation on April 6, 2023.

The members of the supervisory committee were:

Thomas Joiner

Professor Directing Dissertation

Mark Winegardner

University Representative

James McNulty

Committee Member

Jessica Ribeiro

Committee Member

Norman B. Schmidt

Committee Member

The Graduate School has verified and approved the above-named committee members, and certifies that the dissertation has been approved in accordance with university requirements.