

FLORIDA STATE UNIVERSITY
COLLEGE OF HUMAN SCIENCES

SAFETY AND EFFICACY OF SUB-MAXIMAL AEROBIC EXERCISE
DURING THE SUB-ACUTE PHASE OF RECOVERY
FOLLOWING SPORT-RELATED CONCUSSION

By
PHILLIP R. WORTS

A Dissertation submitted to the
Department of Nutrition, Food and Exercise Sciences
in partial fulfillment of the
requirements for the degree of
Doctor of Philosophy

2019

Phillip Worts defended this dissertation on March 28, 2019. The members of the supervisory committee were:

Jeong-Su Kim
Professor Directing Dissertation

Cathy W. Levenson
University Representative

Lynn B. Panton
Committee Member

Michael J. Ormsbee
Committee Member

Scott O. Burkhart
Committee Member

The Graduate School has verified and approved the above-named committee members, and certifies that the dissertation has been approved in accordance with university requirements.