

FLORIDA STATE UNIVERSITY
COLLEGE OF EDUCATION, HEALTH, AND HUMAN SCIENCES

ADULT ATTACHMENT, MINDFULNESS, AND INDIVIDUAL ANXIETY: A
LONGITUDINAL MEDIATION APPROACH

By
DANIA TAWFIQ

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The members of the supervisory committee were:

Qiong Wu

Professor Directing Dissertation

Shengli Dong

University Representative

Lenore M. McWey

Committee Member

Jonathan G. Kimmes

Committee Member

The Graduate School has verified and approved the above-named committee members, and certifies that the dissertation has been approved in accordance with university requirements.