

FLORIDA STATE UNIVERSITY  
COLLEGE OF HEALTH AND HUMAN SCIENCES

LIPOLYTIC, HORMONAL, AND MUSCLE QUALITY DIFFERENCES OF  
FEMALE ENDURANCE ATHLETES WITH HIGHER VS LOWER BODY  
FAT

By  
TRISTAN JOSEPH RAGLAND

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The members of the supervisory committee were:

Michael J. Ormsbee  
Professor Directing Dissertation

Diana Williams  
University Representative

Robert C. Hickner  
Doctoral Committee Member

Jeong-Su Kim  
Doctoral Committee Member

The Graduate School has verified and approved the above-named committee members and certifies that the dissertation has been approved in accordance with university requirements.