

FLORIDA STATE UNIVERSITY

COLLEGE OF EDUCATION, HEALTH, AND HUMAN SCIENCES

DO YOU FEEL CONFIDENT ENOUGH TO SEEK HELP: THE
RELATIONSHIP BETWEEN MENTAL HEALTH CONFIDENCE AND HELP-
SEEKING IN MILITARY MEMBERS

By

ALEX R. FISHER

A Dissertation submitted to the
Department of Educational Psychology and Learning Systems
in partial fulfillment of the
requirements for the degree of
Doctor of Philosophy

2024

Alex R. Fisher defended this dissertation on June 26, 2024
The members of the supervisory committee were:

Martin Swanbrow Becker
Professor Directing Dissertation

Thomas Joiner
University Representative

Deborah Ebener
Committee Member

Lyndsay Jenkins
Committee Member

The Graduate School has verified and approved the above-named committee members, and certifies that the dissertaiton has been approved in accordance with university requirements.