FLORIDA STATE UNIVERSITY

COLLEGE OF EDUCATION, HEALTH, AND HUMAN SCIENCES

COMPASSION FOR COUPLES:

AN INITIAL EVALUATION OF AN ONLINE SELF-COMPASSION TRAINING FOR COUPLES

By

AMELIA CHRISTINE WELCH

A Dissertation submitted to the
Department of Human Development and Family Science
in partial fulfillment of the
requirements for the degree of
Doctor of Philosophy

Amelia C. Welch defended this dissertation on November 2, 2023. The members of the supervisory committee were: Thomas Ledermann Professor Directing Dissertation Deborah Ebener University Representative **Gregory Harris** Committee Member Jonathan Kimmes Committee Member Lenore McWey Committee Member

The Graduate School has verified and approved the above-named committee members, and certifies that the dissertation has been approved in accordance with university requirements.