

FLORIDA STATE UNIVERSITY
COLLEGE OF HEALTH AND HUMAN SCIENCES

EFFECTS OF EARLY TIME-RESTRICTED EATING ON
NUTRIENT ABSORPTION IN HEALTHY ADULTS

By
MICHAEL ALAN DAWSON

A Dissertation submitted to the
Department of Nutrition & Integrative Physiology
in partial fulfillment of the
requirements for the degree of
Doctor of Philosophy

2022

Michael Alan Dawson defended this dissertation on October 26, 2022.

The members of the supervisory committee were:

Claire E. Berryman

Professor Co-Directing Dissertation

Ravinder Nagpal

Professor Co-Directing Dissertation

Hongyuan Cao

University Representative

Stephen Hennigar

Committee Member

Robert Hickner

Committee Member

Michael Ormsbee

Committee Member

The Graduate School has verified and approved the above-named committee members and certifies that the dissertation has been approved in accordance with university requirements.