

FLORIDA STATE UNIVERSITY  
COLLEGE OF COMMUNICATION AND INFORMATION

EXAMINING THE EFFECTS OF AN ONLINE SELF-TALK INTERVENTION ON  
PUBLIC SPEAKING ANXIETY AND SPEECH PERFORMANCE

By

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A Dissertation submitted to the  
School of Communication  
in partial fulfillment of the  
requirements for the degree of  
Doctor of Philosophy

2022

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Carol I. Saunders defended this dissertation on February 4, 2022.

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