$r(t) = \langle 3 \text{ sint}, 3 \text{ cost}, 4t \rangle$, $0 \leq t \leq 2\pi$ EX

$$r'[t] = \langle 3 \cos t, -3 \sin t, 4 \rangle$$
 $|r'[t]| = \sqrt{9 \cos^2 t + 9 \sin^2 t + 16}$
 $T = \frac{r'[t]}{|r'[t]|} = \langle \frac{3}{5} \cos t, -\frac{3}{5} \sin t, \frac{4}{5} \rangle$
 $|r'[t]| = \langle -\frac{3}{5} \sin t, -\frac{3}{5} \cos t, 0 \rangle$
 $|r'[t]| = \langle -\frac{3}{5} \sin^2 t, -\frac{3}{25} \cos^2 t \rangle$
 $|r'[t]| = \sqrt{\frac{9}{25} \sin^2 t} + \frac{9}{25} \cos^2 t$
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$$N = \langle -\sin t, -\cos t, 0 \rangle$$

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$$P_0 = T \times N = \begin{vmatrix} \hat{x} & \hat{y} \\ \frac{3}{5}\cos t & -\frac{3}{5}\sin t \end{vmatrix} = \hat{x} \left(\frac{4}{5}\cos t\right) - \hat{y}$$

$$B = T \times N = \begin{vmatrix} \hat{\lambda} & \hat{\delta} & \hat{\xi} \\ \frac{\partial}{\partial s} \cos t & -\frac{\partial}{\partial s} \sin t & \frac{\partial}{\partial s} \\ -\sin t & -\cos t & 0 \end{vmatrix} = \hat{\lambda} \left(\frac{\partial}{\partial s} \cos t \right) - \hat{\beta} \left(\frac{\partial}{\partial s} \sin t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s} \cos^2 t - \cos t \right) + \hat{\lambda} \left(-\frac{\partial}{\partial s}$$

$$B = \left(\frac{4}{5}\cos t, -\frac{3}{5}\sin t, -\frac{3}{5}\right)$$

$$K = \frac{|T'(t)|}{|r'(t)|} = \frac{\frac{3}{5}}{5} = \frac{3}{25}$$

$$K = \frac{3}{25}$$
 Constant curvature

$$B'(t) = \langle -\frac{4}{5} \text{ sint}, -\frac{4}{5} \text{ cost}, 0 \rangle$$

 $C = -\frac{2}{5} \text{ sint}, -\frac{4}{5} \text{ cost}, 0 \rangle$
 $C = -\frac{2}{5} \text{ sint}, -\frac{4}{5} \text{ cost}, 0 \rangle$

$$7 = -\frac{4}{25}\sin^2 t - \frac{4}{25}\cos^2 t = -\frac{4}{25}$$

$$Z = -\frac{4}{25}$$
 constant torsion $\forall t$

rlt) represents a circular helix, the torsion and curvature are constant, this special property of circular helices means that the curve turns about its axis at a constant rate and rises vertically at a constant rate.