

Linear Kinematics

$$v_f = v_i + at \quad \Delta x = \frac{1}{2}(v_i + v_f)t$$
$$v_f^2 = v_i^2 + 2a\Delta x \quad \Delta x = v_i t + \frac{1}{2}at^2$$

Rotational Kinematics

$$\omega = \omega_i + \alpha t \quad \theta = \frac{1}{2}(\omega_f - \omega_i)t$$
$$\omega^2 = \omega_i^2 + 2\alpha\theta \quad \theta = \omega_i t + \frac{1}{2}\alpha t^2$$

Potential Energy

$$U_{gravity} = mgh \quad U_{spring} = \frac{1}{2}kx^2$$

Kinetic Energy

$$K = \frac{1}{2}mv^2 \quad K_{rotational} = \frac{1}{2}I\omega^2$$
$$K_{rolling} = \frac{1}{2}mv^2 + \frac{1}{2}I\omega^2$$

Conservation of Energy

$$\Delta K + \Delta U = 0$$

Projectile Motion

$$v_x = v \cos \theta \quad \text{max height } h = \frac{v_y^2}{2g}$$
$$v_y = v \sin \theta \quad \text{max range } r = \frac{v_x^2 \sin(2\theta)}{g}$$
$$\theta = \tan^{-1} \frac{v_y}{v_x} \quad \text{distance } d = \frac{1}{2}a_x t^2$$
$$t = \frac{2v_y}{g}$$

Circular Motion

$$F = m \frac{v^2}{r} = m\omega^2 r \quad f = \frac{rev}{sec}$$
$$\omega = 2\pi f = \frac{v}{r} \quad 1 \frac{rev}{sec} = 2\pi \frac{rad}{sec}$$
$$\alpha = \frac{v^2}{r} = \frac{a}{r}$$

Force

$$\text{Newton's Second Law} \quad \sum F = ma$$
$$\text{Hooke's Law} \quad F_{spring} = -kx$$
$$F_{normal} = mg \cos \theta \quad F_{friction} = \mu_k F_N$$
$$F_{centripetal} = \frac{mv^2}{r} = m\omega^2 r$$

Work and Power

$$E_i = PE_i + KE_i \quad E_f = PE_f + KE_f$$
$$W = \Delta E = E_f - E_i \quad W = FD \cos \theta$$
$$W_{rotational} = \tau \theta \quad P = \frac{W}{t}$$

Work and Power

$$E_i = PE_i + KE_i$$

$$E_f = PE_f + KE_f$$

$$W = \Delta E = E_f - E_i$$

$$W = FD\cos\theta$$

$$W_{\text{rotational}} = \tau\theta$$

$$P = \frac{W}{t}$$