

Linear Kinematics

$$v_f = v_i + at \quad \Delta x = \frac{1}{2}(v_i + v_f)t$$

$$v_f^2 = v_i^2 + 2a\Delta x \quad \Delta x = v_i t + \frac{1}{2}at^2$$

Rotational Kinematics

$$\omega = \omega_i + \alpha t \quad \theta = \frac{1}{2}(\omega_f - \omega_i)t$$

$$\omega^2 = \omega_i^2 + 2\alpha\theta \quad \theta = \omega_i t + \frac{1}{2}\alpha t^2$$

Projectile Motion

$$v_x = v \cos \theta \quad \text{max height } h = \frac{v_y^2}{2g}$$

$$v_y = v \sin \theta \quad \text{max range } r = \frac{v_x^2 \sin(2\theta)}{g}$$

$$\theta = \tan^{-1} \frac{v_y}{v_x} \quad \text{distance } d = \frac{1}{2}a_x t^2$$

$$t = \frac{2v_y}{g}$$

Force

$$\text{Newton's Second Law} \quad \sum F = ma$$

$$\text{Hooke's Law} \quad F_{\text{spring}} = -kx$$

$$F_{\text{normal}} = mg \cos \theta \quad F_{\text{friction}} = \mu_k F_N$$

$$F_{\text{centripetal}} = \frac{mv^2}{r} = m\omega^2 r$$

Momentum

$$p_i = p_f \quad L_i = L_f$$

$$p = mv \quad L = I\omega$$

$$L = r \times p = mv \sin \theta$$

Potential Energy

$$U_{\text{gravity}} = mgh \quad U_{\text{spring}} = \frac{1}{2}kx^2$$

Kinetic Energy

$$K = \frac{1}{2}mv^2 \quad K_{\text{rotational}} = \frac{1}{2}I\omega^2$$

$$K_{\text{rolling}} = \frac{1}{2}mv^2 + \frac{1}{2}I\omega^2$$

Circular Motion

$$F = m \frac{v^2}{r} = m\omega^2 r \quad f = \frac{\text{rev}}{\text{sec}}$$

$$\omega = 2\pi f = \frac{v}{r} \quad 1 \frac{\text{rev}}{\text{sec}} = 2\pi \frac{\text{rad}}{\text{sec}}$$

$$\alpha = \frac{v^2}{r} = \frac{a}{r}$$

Work and Power

$$E_i = PE_i + KE_i \quad E_f = PE_f + KE_f$$

$$W = \Delta E = E_f - E_i \quad W = F D \cos \theta$$

$$W_{\text{rotational}} = \tau \theta \quad P = \frac{W}{t}$$

Impulse

$$I = \Delta p \quad I = \Delta L$$

$$F \Delta t = m \Delta v \quad \tau \Delta t = m \Delta \omega$$