

1 Satisfying housework division? Gender role beliefs and religion as moderators of housework
2 division and satisfaction

3 Carlotta Reinhardt¹, Margaret Bassney¹, & Anushree Goswami¹

4 ¹ Smith College

Satisfying housework division? Gender role beliefs and religion as moderators of housework
division and satisfaction

Results

Analysis Strategy

To test our hypotheses that gender role beliefs and religion moderate the relationship between housework distribution and satisfaction, we used multilevel modeling and the Actor-Partner Interdependence Model (Kenny, Kashy, & Cook, 2020)). The APIM measures the effect of the explanatory variables for both members in a dyad at the same time, so actor as well as partner effects could be considered in our analysis. This way, it is possible to see how one partner's housework distribution affects both their own satisfaction with the housework distribution (actor effect) and their partner's satisfaction with the housework distribution (partner effect). In this analysis, we will look at the moderating effect of each partner's gender role beliefs on the two actor effects (shown in figure 1) as well as on the partner effects. (THIS FOLLOWING SENTENCE CONFUSES ME!) Our research studied people in relationships, where each pair in a relationship is referred to as a dyad. Since we were working with dyadic data, our data was not independent. For example the amount of housework one partner does, will be correlated with how much housework the other partner does. This will result in correlated residuals. To account for the nonindependence, the APIM considered how much of the variation in satisfaction was caused by the dyad compared to housework distribution and gender role beliefs. To account for the correlated errors, we weighted each dyad so that the residuals of each individual were constant. (IS THIS BETTER OR WORSE LOL)

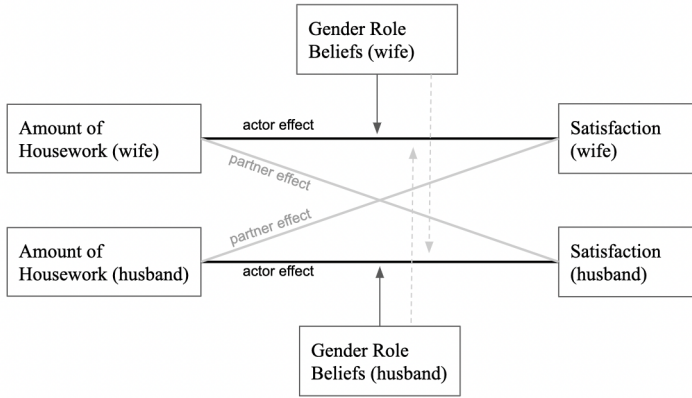


Figure 1. Schematic representation of actor and partner effects in the APIM moderated by gender role beliefs.

Main Results

Gender Role Beliefs. All relevant results of the moderation analysis in the APIM are shown in figure 2. It was shown that for husbands and wives, a higher amount of housework was significantly related to a lower satisfaction ($\beta = -0.02$, $p = 0.02$, $\beta = -0.03$, $p = 0.01$). For the female partners, gender role beliefs significantly moderated the relationship between the wives' housework distribution and satisfaction with the housework distribution. The moderation effect was 0.07 ($p = <0.01$, $SE = 0.02$). Higher gender role beliefs, which means more conservative, was therefore associated with a higher satisfaction when the amount of housework was kept constant. The wife's gender role beliefs and husband's gender role beliefs significantly moderated the relationship between the wife's housework distribution and the wife's satisfaction with the housework distribution. The moderation effect was -0.06 ($p = 0.01$, $SE = 0.02$). When the husbands had more conservative gender role beliefs, the wife's satisfaction decreased by -0.06 while keeping housework distribution constant. Moreover, a moderation effect was found for the relationship between the husbands amount of housework and the wife's satisfaction which was moderated by the husband's gender role beliefs ($\beta = -0.01$, $p = 0.68$). More conservative gender role beliefs were associated with lower satisfaction when housework

distribution was held constant 0.07. All other paths were not significantly related to each other (INCLUDE LOWEST OF ALL NONSIGN. P VALUES HERE, AND THEN $p > \dots$)

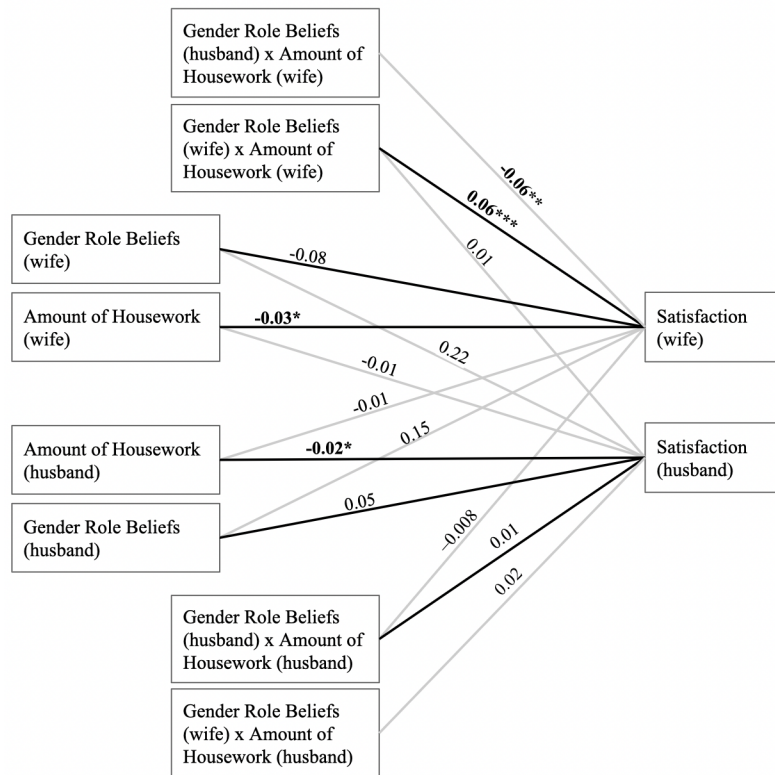


Figure 2. Moderation effects in the APIM. Values shown in the figure are β coefficients. * $p < .05$, ** $p < .01$, *** $p < .001$.

(I DON'T UNDERSTAND THIS SENTENCE/SECTION. WHAT IS DESCRIBED HERE? THAT MUST BE CLEAR AND RELATED TO A FIGURE ETC.)(By design gender is a moderator, so explaining gender differences) Only looking at the three way interactions with gender we found two significant gender differences in the moderation effects. The interaction between actors housework distribution and their own gender role beliefs was significantly different for husbands and wives with an estimate of 0.06 ($p = 0.03$). The moderation effect of ones own gender role beliefs was 0.06 units higher for women than men meaning the moderation effect of gender role beliefs had a significantly larger positive effect on satisfaction for wives than for husbands.

In addition the interaction between actors housework distribution and their partners gender role beliefs was significantly different for husbands and wives with an estimate of $-0.08(p = 0.01)$. The moderation effect of ones partners gender role beliefs was -0.08 units lower for women than men meaning the moderation effect of her husbands gender role beliefs had a significantly larger negative effect on satisfaction compared to how her gender role beliefs effected the relationship between housework distribution and satisfaction for her husband.

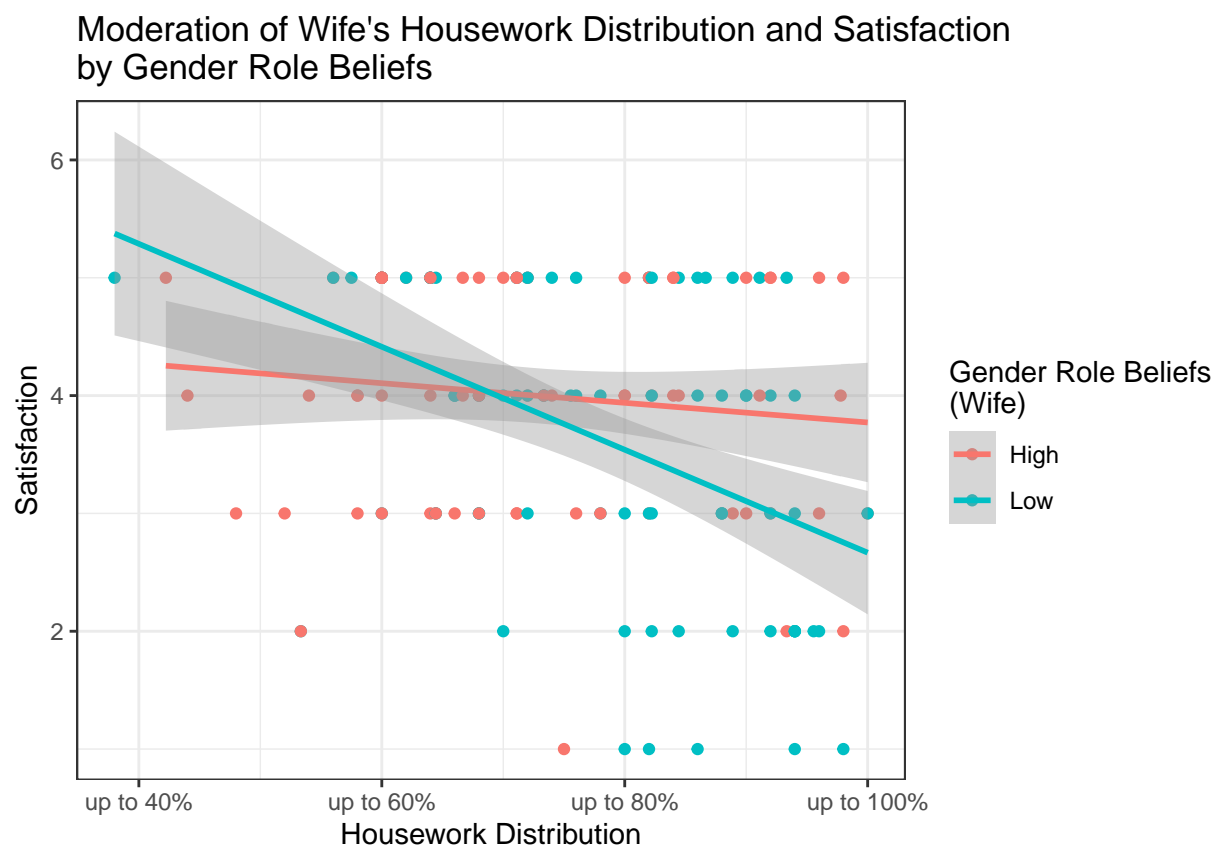


Figure 3. Moderation of wife's housework distribution and satisfaction by gender role beliefs. Housework distribution in %, Satisfaction and gender role beliefs were measured with a 5 point Likert scale (1 = liberal, 5 = conservative).

Wives who have low gender role beliefs, which means they are more liberal, reported a lower satisfaction with an increasing amount of housework they had to do. Women with

64 more conservative gender role beliefs (high) did not show a significant decrease in
 65 satisfaction with an increasing amount of housework (figure 3).

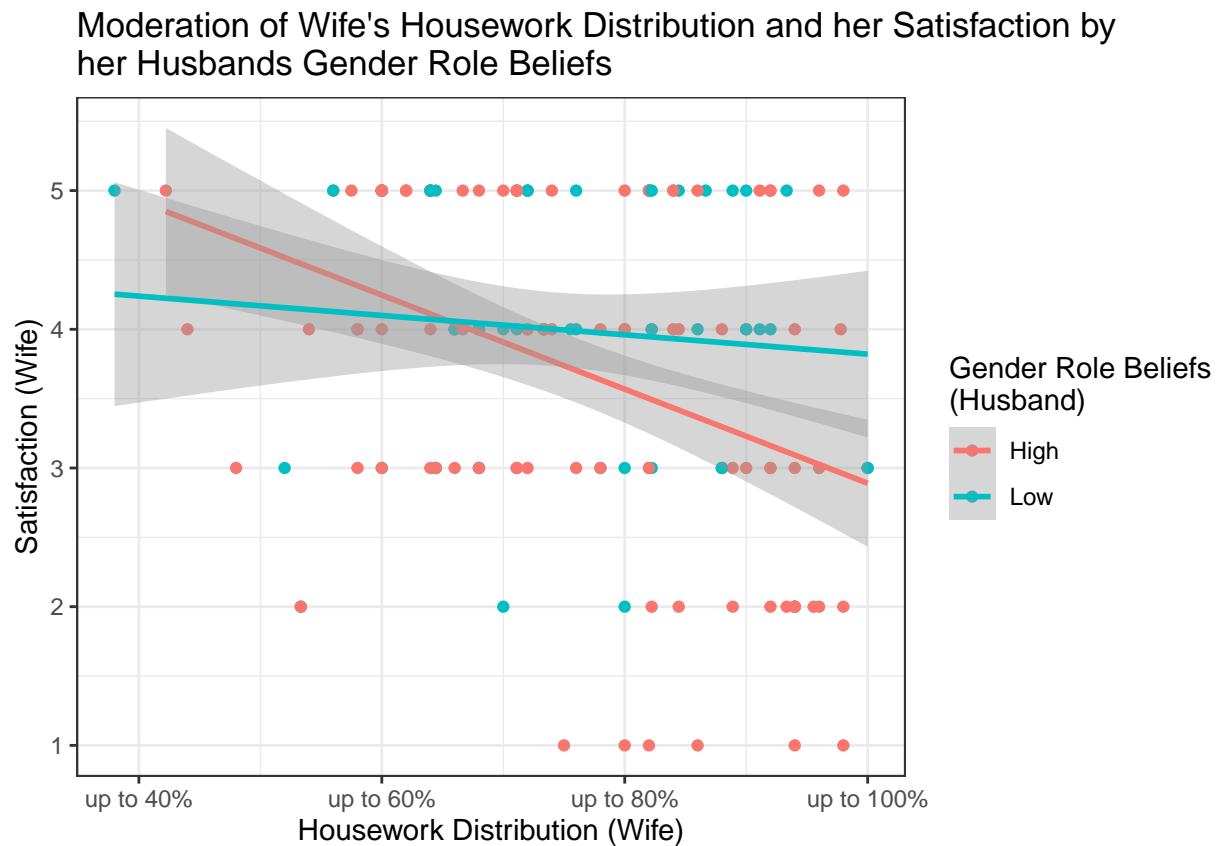


Figure 4. Moderation of wife's housework distribution and her satisfaction by their husbands gender role beliefs. Housework distribution in %, Satisfaction and gender role beliefs were measured with a 5 point Likert scale (1 = liberal, 5 = conservative).

66 As the housework distribution increases for wives whose husbands have low gender
 67 role beliefs, their satisfaction remains constant. As the housework distribution increases for
 68 wives whose husbands have high gender role beliefs, their satisfaction decreases (figure 4).

69 **Religion.** No significant relationships between any of the variables have been found
 70 in the APIM model including the moderator religion ($p > 0.19$). Religion did therefore not
 71 moderate the relationship between housework distribution and satisfaction for wives and
 72 husbands.

73 Exploratory Results

74 In order to being able to find possible explanations for the association between
 75 gender role beliefs and satisfaction that we found in our analysis, we conducted a simple
 76 mediation analysis, investigating whether the wife's gatekeeping mediated the relationship
 77 between her gender role beliefs and her satisfaction, and therefore could explain the
 78 patterns found in the prior analysis. Are women with higher gender role beliefs more likely
 79 to gatekeep housework tasks which would in turn lead to a higher satisfaction? Linear
 80 models will be calculated for all paths to see whether all paths are significant first, before
 81 we will calculate the mediation effect in a second step.

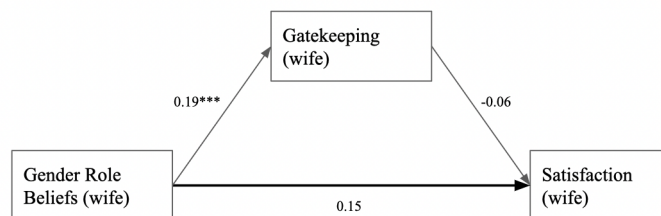


Figure 5. Proposed mediation model with wife's gatekeeping as the mediator of the wife's gender role beliefs and satisfaction. Values shown in the figure are β coefficients. * $p < .05$, ** $p < .01$, *** $p < .001$.

82 As seen in figure 5, no significant relationship between gender role beliefs and
 83 satisfaction has been found, despite the moderating effect of gender role beliefs that has
 84 been found before. Because only the relationship between gender role beliefs and
 85 gatekeeping has been significant, a full mediation analysis was no longer appropriate to
 86 conduct. Instead, we conducted post-hoc t tests to get a better sense of the relationship
 87 between gender role beliefs and gatekeeping. INCLUDE T TESTS HERE.

References

88

- 89 Kenny, D. A., Kashy, D. A., & Cook, W. L. (2020). *Dyadic data analysis*. Guilford
90 Publications.