**Fyroz Begam**

**8111 45th Avenue 7F \* Elmhurst, NY 11373**

**(631) 248-2602 \* [AhamedAli95@gmail.com](mailto:ahamedali95@gmail.com)**

**CERTIFIED HOME HEALTH AIDE**

Caring, skilled, compassionate recent graduate with strong interpersonal skills and knowledge committed to providing in-home care for seniors. Experienced in assisting bedridden mother in the home.

Core Qualifications

* + Elder care
  + Child care
  + Feeding
  + Transporting
  + Organized
  + Multi-Tasker

**WORK EXPERIENCE**

Nanny/Housekeeper

Sheik Family

June 2010 - present

* + Responsible for daily care of two children under the age of 10.
  + Responsible for bringing the children to school and pick them up regularly.
  + Responsible for brining the children to medical appointments.
  + Prepare food for the family members, perform housekeeping, do laundry, go grocery shopping and run errands.

**PERSONAL EXPERIENCE**

* + Assisted mother with daily personal care tasks such as bathing, dressing and grooming.
  + Transported mother to and from medical appointments.
  + Ensured mother stick to care plans, diets and exercise routines.
  + Created a safe environment and supervised mother to prevent falls and accidents.

**EDUCATION AND CERTIFICATION**

* + Certified Home Health Aide, New York
  + High school diploma, Tamil Nadu, India