

个人信息 / Personal Information

名字 Name: Sara Kuiper / 沙拉.凯珀

年龄 Age: 26 岁 / 26 years old

生日 Birthday: 2000 年 3 月 15 日 / 15 MAR 2000

身高/体重 Height/Weight: 168cm / 52kg

星座 Horoscope: 双鱼座 / Pisces

血型 Blood Type: O 型 / Type O

国籍 Nationality: 荷兰 / Dutch

居住地 Residence: 阿姆斯特丹, 荷兰 / Amsterdam, Netherlands

具体住址 Specific Address: Tolstraat 75, 1073 RZ Amsterdam, Netherlands

大学专业 College Major: 国际商务 (International Business)

注意: 前期不可使用防止客户找上门

详细住址 Detailed Address: (Tolstraat)

性格 Character: 温柔独立, 乐观务实, 细心体贴 / Gentle, independent, optimistic, practical

婚姻状况 Marital Status: 未婚 / Not married

教育背景 Education:

小学 Primary School: De Westertoren Primary School

中学 High School: St. Ignatius Gymnasium (中学和高中为同一所学校)

大学 University: 阿姆斯特丹大学 / University of Amsterdam

感情经历 / Relationship History

初恋 First Love: Jasper van Dijk 贾斯珀·范戴克 (荷兰人 / Dutch)

生日 Birthday: 1998 年 10 月 12 日 / 12 October 1998

我在二十一岁那年遇到了我的初恋。那时我刚升入大学三年级, 在阿姆斯特丹大学, 有一天我连续熬夜准备期末报告, 在自习室学习到很晚。他当时坐在我旁边, 轻轻推过来一瓶水和一块巧克力, 温柔地说: “先休息一下, 成绩重要, 但身体更重要。”那一天, 他教我骑自行车穿梭阿姆斯特丹的小巷, 我分享对国际市场的兴趣。

我们在一起大约两年。他体贴又稳定, 总能用小惊喜让我开心。但毕业临近, 他想留在荷兰北部发展家族农场, 而我希望去国际大公司积累经验。我们的生活节奏渐渐不同。经过几次长谈, 我选择尊重彼此的根基, 温柔地结束了这段感情。

I met my first love when I was twenty-one. I was a junior at the University of Amsterdam, and one night I was studying late in the library, having pulled all-nighters to prepare my final report. He sat next to me, gently pushed a bottle of water and a piece of chocolate towards me, and said softly, "Take a break. Grades are important, but your health is more important." That day, he taught me how to ride a bicycle through the alleyways of Amsterdam, and I shared my interest in international markets.

We were together for about two years. He was considerate and stable, always making me happy with little surprises. But as graduation approached, he wanted to stay in northern Netherlands to develop his family farm, while I wanted to gain experience at a large international company. Our lifestyles gradually diverged. After several long talks, I chose to respect each other's backgrounds and gently ended the relationship.

第二任前男友 / Second Boyfriend

姓名 Name: Liam Moreau 利亚姆·莫罗

(比利时人 / Belgian)

生日 Birthday: 1996 年 6 月 8 日 / 8 June 1996

职业 Occupation: 软件工程师 / Software Engineer

与初恋分开后一年，我在一次阿姆斯特丹科技展上认识了第二任男朋友。那天我作为实习生帮忙管理展台，他是参展工程师。我们因为一个界面的设计理念争论起来，他笑着说我的想法“既浪漫又实用”。后来他约我去 Vondelpark 散步，我们从科技聊到生活，关系自然发展。他聪明又细心，我喜欢他的创新精神，他欣赏我的规划能力。但后来他的项目频繁飞往布鲁塞尔和巴黎，而我那时刚进入职场，想在阿姆斯特丹站稳脚跟。我们对未来的城市和生活节奏产生了分歧。经过几次深入沟通，我们都明白彼此需要不同的舞台。没有争吵，只有祝福。交往一年多后，我们和平分开。我从中学会了，爱不是占有，而是让彼此成为更好的自己。

A year after breaking up with my first love, I met my second boyfriend at a technology fair in Amsterdam. I was helping manage the booth as an intern, and he was an engineer at the fair. We argued about the design concept of an AI interface, and he laughed, saying my idea was "both romantic and practical." Later, he invited me for a walk in Vondelpark, and we talked about everything from technology to life; our relationship developed naturally. He was intelligent and meticulous; I liked his innovative spirit, and he appreciated my planning abilities. However, his projects frequently involved travel to Brussels and Paris, while I was just starting my career and wanted to establish myself in Amsterdam. We disagreed on our future cities and pace of life. After several in-depth conversations, we both understood that we needed different environments.

There were no arguments, only blessings. After dating for over a year, we broke up peacefully. I learned that love is not about possession, but about helping each other become better versions of ourselves.

家庭成员 / Family Members

Father Name: Pieter Kuiper

父亲姓名: 彼得·凯珀

Birthday: 10 April 1969

生日: 1969 年 4 月 10 日

Age: 56 Years Old

年龄: 56 岁 Current Living: The Netherlands

目前居住: 荷兰

Occupation: 海洋工程师 / Marine Engineer

我的父母是在鹿特丹港的一次国际贸易展览会上认识的。那时候，母亲刚从马来西亚来到荷兰，在一家物流公司工作。父亲当时正在参与一个港口项目，在室外参观过程中，突遇大风天气，原定的室外讲解被迫中断，现场有些混乱。母亲主动协助工作人员引导人群进入室内，用流利的英语帮助说明。她冷静、有条理的表现引起了父亲的注意。

讲解结束后，父亲主动向她表示感谢。他们在展会的木桌旁聊了整整一个下午，从城市文化聊到各自的成长经历。父亲惊讶于母亲对不同文化的理解与包容，而母亲也被父亲对城市未来的理想所吸引。

他们从简单的聊天，到后来分享各自的梦想。父亲欣赏母亲的坚韧与热情，母亲被父亲的稳重和责任感打动。对父亲来说，她身上那种温柔却坚定的东南亚气质，与他以往认识的人完全不同。他渐渐认定，她就是那个可以一起建立家庭的人。后来，在双方朋友的见证下，他们正式交往，并决定一起留在荷兰生活。

My parents met at an international trade fair in Rotterdam. My mother had just arrived in the Netherlands from Malaysia and was working for a logistics company. My father was working on a port project when a sudden strong wind forced the scheduled outdoor presentation to be interrupted, causing some chaos. My mother proactively helped guide the crowd indoors, explaining things in fluent English.

Her calm and organized demeanor caught my father's attention. After the presentation, my father thanked her. They chatted for an entire afternoon at a wooden table in the exhibition hall, discussing everything from city culture to their respective life experiences. My father was amazed by my mother's understanding and tolerance of different cultures, while my mother was drawn to my father's vision for the city's future. They went from simple conversation to sharing their dreams. My father admired my mother's resilience and enthusiasm, while my mother was moved by my father's steadiness and sense of responsibility. To my father, her gentle yet firm Southeast Asian charm was completely different from anyone he had known before. He gradually realized that she was the one he could build a family with. Later, witnessed by their friends, they officially began dating and decided to stay and live in the Netherlands together.

Mother: Alya Rahman /阿利亚·拉赫曼

Mother's Birthday: 22 May 1973

生日: 1973 年 5 月 22 日 Age: 52 Years Old

年龄: 52 岁

Current Living: Malaysia 目前居住: 马来西亚

Occupation: 私人医院护士

父亲曾经是一名海洋工程师，婚后几年，父亲的职业遭遇重大挫折——一个港口项目因投资方撤资导致项目失利，家庭经济压力骤增，目前已经不再工作。父母尚未离婚，但是感情不和，妈妈在 2021 年因为爸爸生意上的事情引起了一次很大的争吵，然后妈妈离开荷兰回到了马来西亚，她在马来西亚的一家私人医院里当护士。

My father was a marine engineer, but a few years after his marriage, his career suffered a major

setback—a port project failed due to the withdrawal of investors, which greatly increased the family's financial burden, and he is no longer working. My parents are not divorced, but their relationship is strained. In 2021, my mother had a major argument with my father over business matters, after which she left the Netherlands and returned to Malaysia, where she works as a nurse in a private hospital.

妹妹姓名: Mila Kuiper 米拉/凯珀

婚姻: 未婚 / Single

生日: 2002 年 7 月 5 日 年龄: 23 岁

目前居住: 荷兰 / The Netherlands

职业: 儿童心理咨询师 / Child Psychologist

我有一个妹妹米拉, 比我小二岁。母亲离开后, 她比同龄人更早成熟。大学期间她就开始在社区做志愿者, 帮助有需要的孩子。毕业后成为一名儿童心理咨询师。她希望用专业知识陪伴更多孩子。我一直为她的善良和坚韧感到骄傲。

I have a younger sister, mila, who is two years younger than me. After our mother left, she matured earlier than her peers. During her university years, she began volunteering in the community, helping children in need. After graduation, she became a child psychologist. She hopes to use her professional knowledge to accompany more children. I have always been proud of her kindness and resilience.

工作经历 / Work Experience

2018–2019

职位 Position: 自行车租赁店店员 / Bike Rental Shop Assistant

地点 Location: 阿姆斯特丹市中心 / Amsterdam City Centre

时薪 Hourly Wage: €10 per hour

职责 Responsibilities: 车辆维护、顾客引导、路线推荐

大学刚开始时, 为了赚取生活费和尽快适应独立生活, 我在阿姆斯特丹市中心一家人气很高的自行车租赁店找到了一份兼职。工作时间主要集中在下午和周末, 那段时间正是游客最多的季节。每天我都要反复检查每一辆自行车的刹车、轮胎和链条是否完好, 为来自世界各地的客人推荐最适合的骑行路线——从安静的运河小道到热闹的博物馆周边, 甚至帮他们规划半天或一天的行程。虽然店里常常挤满操着不同语言的游客, 问题一个接一个, 有时还会遇到自行车临时故障, 但我渐渐学会了在忙碌中保持耐心和微笑。客人离开时那句“谢谢”让我爱上了阿姆斯特丹的自行车文化。

When I first started university, to earn living expenses and adapt to independent living as quickly as possible, I found a part-time job at a popular bicycle rental shop in downtown Amsterdam. My work hours were mainly in the afternoons and on weekends, which coincided with the peak tourist season. Every day, I meticulously checked the brakes, tires, and chains of every bicycle, recommended the best riding routes for customers from all over the world—from quiet canal paths to bustling museum areas—and even helped them plan half-day or full-day itineraries. Although the shop was often crowded with tourists speaking different languages, with questions

coming one after another, and sometimes bicycles breaking down unexpectedly, I gradually learned to maintain patience and a smile amidst the busyness. The "thank you" from departing customers made me fall in love with Amsterdam's cycling culture.

2019–2022

职位 Position: 咖啡店店员 / Café Assistant

地点 Location: 阿姆斯特丹市中心咖啡馆

时薪 Hourly Wage: €13 per hour

职责 Responsibilities: 点单服务、饮品制作、收银结账、店面整理

大学期间，为了减轻生活负担并锻炼自己的沟通能力，我在阿姆斯特丹市中心的一家咖啡馆做兼职店员。我的日常工作包括接待顾客、点单收银、制作咖啡和简单的甜点准备，以及维持店内环境整洁。

由于咖啡馆位于游客较多的区域，顾客来自世界各地，我经常需要用英语与不同国家的客人沟通，有时也会遇到不熟悉菜单或对当地文化不了解的游客。我学会了在繁忙时段保持冷静，提高工作效率，同时保证服务质量。面对排队高峰期，我也逐渐培养了快速判断和协调配合的能力。

During my university years, to ease my financial burden and improve my communication skills, I worked part-time as a café in downtown Amsterdam. My daily tasks included greeting customers, taking orders and handling cashier duties, making coffee and preparing simple desserts, and maintaining a clean and tidy café. Because the café was located in a touristy area, my customers came from all over the world. I often had to communicate with guests from different countries in English, and sometimes I encountered tourists who were unfamiliar with the menu or the local culture. I learned to remain calm during busy periods, improve efficiency, and maintain service quality. Facing peak queue times, I also gradually developed the ability to make quick judgments and coordinate effectively.

2022–2024

公司 Company: 人力资源咨询公司 / Human Resources Consultancy "SouthBridge HR"

职位 Position: 人力资源助理 / HR Assistant

地点 Location: 2c, Trompenburgstraat, 阿姆斯特丹南区, 阿姆斯特丹/2c, Trompenburgstraat, Amsterdam- Zuid, Amsterdam

月薪 Salary: €2800 per month

职责 Responsibilities: 招聘支持、人才筛选、员工日常管理、客户企业对接

在 SouthBridge HR 工作的两年里，我主要协助企业客户完成招聘流程与人才匹配工作。我的工作涵盖从岗位需求分析、简历筛选到面试协调与入职跟进的全过程。通过深入了解不同行业的人才需求，我帮助客户企业更高效地找到合适人选，同时也协助员工日常管理。其中几次跨区域招聘项目让我收获很大。我从前期岗位分析、候选人沟通，到面试安排与后续反馈都全程参与。与不同行业客户及候选人的合作，让我学会在多方需求之间寻找平衡，也更加了解荷兰就业市场的

趋势与企业用人标准。这段经历不仅锻炼了我的沟通与组织能力，也提升了我在快节奏环境下处理多任务的能力，使我在面对复杂工作时更加自信从容。

During my two years at South Bridge HR, my primary role was assisting corporate clients with their recruitment processes and talent matching. My work covered the entire process, from job requirements analysis and resume screening to interview coordination and on boarding follow-up. By gaining a deep understanding of the talent needs of different industries, I helped client companies find suitable candidates more efficiently, while also assisting with employee management.

Several cross-regional recruitment projects were particularly rewarding. I was involved in every step, from initial job analysis and candidate communication to interview scheduling and follow-up feedback. Working with clients and candidates from diverse industries taught me to find a balance between various needs and gave me a better understanding of trends in the Dutch job market and corporate hiring standards. This experience not only honed my communication and organizational skills but also improved my ability to handle multiple tasks in a fast-paced environment, making me more confident and composed when facing complex tasks.

2024–至今

专业导师 / Gloture Corp Specialist Mentor

月薪 Salary: €4000 职责 Responsibilities: 带领 22 人团队完成平台任务、培训新人、拓展欧洲渠道

一次偶然的联系，是来自曾经的舍友。大学毕业后，我们各自忙于工作，她后来换了工作，也搬离了原来的住所，渐渐不再住在一起，但偶尔还会保持联系。

有一天，她主动约我见面，聊起自己最近参与的一个项目，并向我介绍了 Gloture CORP。这个平台主要通过帮助企业撰写用户反馈、发布内容来提升品牌影响力，会员则可以通过完成任务获得佣金收入。听完介绍后，我决定先从基础等级开始尝试。每天利用 15–30 分钟完成几十条任务，慢慢熟悉流程。随着时间推移，我的效率提高了，收入也逐渐稳定增长。我不仅学会了如何更好地完成任务，还开始帮助一些新人解决问题，分享自己的经验。几个月后，我被任命为团队负责人之一，带领 22 人的小组，协助大家完成每日目标，同时负责简单的培训与推广工作。这份经历让我第一次真正体会到努力带来的回报。相比以前的兼职和实习工作，这个平台给了我更灵活的时间安排和更可观的收入。我的收益比之前担任人力资源助理时提高了近三倍，同时还能自由规划自己的生活节奏。

目前自己租的单身公寓房子，每个月租金 1500€，如今，我希望通过这份收入实现多年的愿望——带着家人去看看更广阔的世界。Gloture 的经历让我明白，只要肯坚持和付出，就有机会为自己创造更好的生活。

A chance contact came from a former roommate. After graduating from university, we were both busy with our jobs. She changed jobs and moved out of our old apartment, and we gradually stopped living together, but we still kept in touch occasionally.

One day, she asked to meet up and talked about a project she was currently working on, introducing me to Gloture CORP. This platform primarily helps businesses enhance their brand influence by helping them write user feedback and publish content, and members can earn

commission by completing tasks. After hearing the introduction, I decided to start with the basic level. I spent 15-30 minutes each day completing dozens of tasks, gradually familiarizing myself with the process. As time went on, my efficiency improved, and my income gradually stabilized. I not only learned how to complete tasks better but also started helping newcomers solve problems and sharing my experience. A few months later, I was appointed as one of the team leaders, leading a group of 22 people, assisting them in achieving daily goals, and also responsible for simple training and promotion. This experience allowed me to truly appreciate the rewards of hard work for the first time. Compared to my previous part-time and internship jobs, this platform gave me more flexible scheduling and a more substantial income. My income is nearly three times higher than when I was working as a human resources assistant, and I also have the freedom to plan my own lifestyle.

Currently, I rent a studio apartment for €1500 per month. Now, I hope to use this income to fulfill a long-held dream—to take my family to see more of the world. My experience with Gloture has taught me that as long as you persevere and put in the effort, you have the opportunity to create a better life for yourself.

我的故事 / My Story

小时候，父母为了工作疏忽我们，我很早学会独立，也学会把困难藏在心里。高中时我开始打工，送过外卖、做过景点导游，每一份工作都让我更懂得人与人的连接。考上阿姆斯特丹大学后，我一边学习国际商务，一边实习。毕业后进入人力资源公司，生活稳定却总觉得缺少自由。直到加入 Gloture，我才找到那种“自己决定人生节奏”的感觉。过程充满挑战，但我收获了团队、收入和真正的自由。现在，我最大的心愿是开一家自己的甜品店，去看我们曾经只能在照片里见到的世界。我相信，只要勇敢选择，每个人都能活出属于自己的精彩。

Growing up, my parents neglected us due to work, so I learned independence early and to keep my difficulties to myself. In high school, I started working part-time, delivering food and working as a tour guide; each job taught me about human connection. After being admitted to the University of Amsterdam, I studied international business while interning. After graduation, I joined a human resources company; life was stable, but I always felt a lack of freedom. It wasn't until I joined Gloture that I found that feeling of "determining my own pace in life." The process was challenging, but I gained a team, income, and true freedom. Now, my biggest wish is to open my own dessert shop and see the world we once only saw in photos. I believe that as long as we bravely choose, everyone can live a wonderful life of their own.

兴趣爱好 / Interests

爱好 Hobbies: 骑行、阅读、瑜伽、摄影、园艺 / Cycling, reading, yoga, photography, gardening

喜欢的颜色 Favorite color: 橙色 / Orange

喜欢的国家 Favorite countries: 冰岛、摩洛哥、加拿大 Iceland, Morocco, Canada

喜欢的美食 Favorite food: 印尼炒饭、荷兰煎饼、寿司 / Nasi goreng, Dutch pancakes, sushi

喜欢的音乐 Favorite music: Indie、Soul、电子 / Indie, Soul, Electronic

喜欢的歌手 Favorite singers: Adele, H.E.R., Kygo

喜欢的书籍 Favorite books: 《追风筝的人》《人类简史》 / The Kite Runner, Sapiens: A Brief History of Humankind

喜欢的剧集 Favorite shows: The Crown, Emily in Paris

喜欢的景点 Favorite spots: 、冰岛蓝湖、魁北克老城 Blue Lagoon Iceland, Old Quebec

喜欢的宠物 Favorite pet:金毛犬 / golden retriever

曾去国家 Visited: 加拿大 韩国 冰岛/Canada, South Korea, Iceland

婚后愿望 Future family: 希望有一个孩子，一女 / One children, one girl

日常习惯 Habits:早起做冥想，周末自己做甜点，睡前阅读 30 分钟 Morning meditation, week end baking, 30 minutes of reading before bed