

# **Counselling Options**

Therapy Starts (virtual and in person)  
<https://www.therapystarts.com/>

Maria Ierullo (virtual)  
<https://www.mariaierullo.ca/>

Danforth Psychology - Toronto Therapy Clinic  
<https://www.danforthpsychology.com/>

Fairmarc  
<https://fairmarc.ca/>

East Toronto Therapy  
<https://easttorontotherapy.com/>