

What is Adult Foster Care?

The Adult Foster Care (AFC) program is designed for adults age 16 years or older who require daily assistance and, because of illness, weakness, disability, or advanced age, can not live safely at home alone. This program provides assistance with the activities of daily living to its Persons Served.

STAY IN YOUR OWN HOME!

AFC allows the person served to remain comfortably in their own home while receiving care from a trusted live-in caregiver of their choosing, usually a family member or friend.

No Cost to Members!

This service is funded by MassHealth at no cost to its members. Members will not have to pay their caregiver.

The Caregiver will receive a tax-free stipend of up to \$57.20 per day, depending on the level of care provided. CENTRO will facilitate payment to the caregiver.

Who is CENTRO?

Established in 1977, CENTRO's primary purpose is to assist individuals and families striving to reach self-sufficiency while promoting social responsibility, fostering cultural identity, and encouraging families to be significant contributors to the community as a whole.

Your Trusted Family Resource

KEEP UP WITH ALL OUR PROGRAMS!

Check in with our website for the latest updates or follow us on Social media!



Lets get in Touch!

- A.** 11 Sycamore Street
Worcester, MA 01608
- P.** 508.798.1900 Ext. 571
- F.** Fax: 508.798.1908
- M.** generalreferral@centroinc.org
- W.** WWW.CENTROINC.ORG



CENTRO Will Support You and Your Caregiving Team.

Through our AFC program, Persons Served will gain a support system from CENTRO. All caregivers are provided with training opportunities to help them provide the best level of care for their loved ones.

An RN or BSN level Nurse, a Care Manager Team, and a Community Support Specialist from CENTRO will visit members regularly to provide support.



Are You Eligible to Enroll?

The person receiving care must meet the following criteria:

- Eligible for and enrolled in MassHealth (Standard or Commonwealth, SWH, CCA, United, Fallon).
- 16 years of age or older.
- Unable to live alone due to a medical, physical, cognitive, or mental disability.
- Requires assistance with one or more activities of daily living.
- Does not require full-time skilled nursing care.
- Approved for AFC services by a Physician. (*We can help you with this!*)

What is the process to enrolling in the AFC Program?

Here's a basic breakdown of what's involved in becoming part of our AFC family:

- Step 1:** Identify your caregivers! You will need to apply with a Caregiver and an Alternative Caregiver.
- Step 2:** Call our referral number, fill out a referral form online, or visit our main office at 11 Sycamore St. Worcester, MA 01608 to get started
- Step 3:** CENTRO will contact you to confirm the information and schedule an intake session.

What are the Activities of Daily Living?

Activities of daily living (ADLs) are basic tasks that must be accomplished daily for an individual to thrive.



Can you be a Caregiver?

As an AFC caregiver you are expected to provide care for your loved one, for this reason, MassHealth, along with CENTRO engages in a rigorous screening process including a CORI and SORI screening.

All applicants must meet the following criteria to qualify as a Caregiver:

- Must be 18 years of age or older
- Must be able to make responsible, mature judgments
- Must not have any physical, mental, or other impairments that could interfere with the performance of caregiver duties.
- Must not abuse alcohol or drugs.
- Must be able to devote the appropriate amount of time necessary to provide personal care and ensure the member's safety and well-being at all times.

**Lets get started!
Call Today!**

508.798.1900