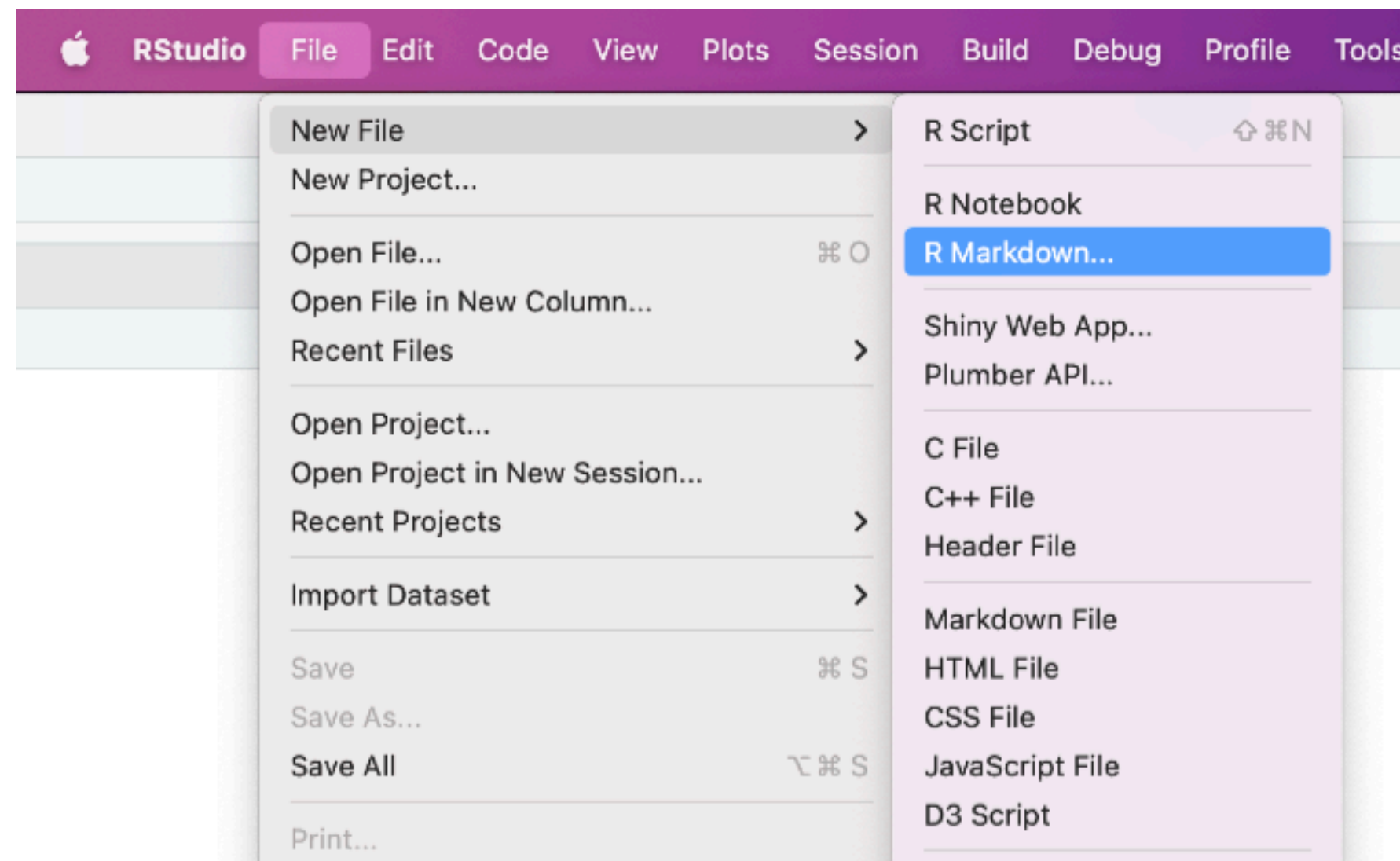
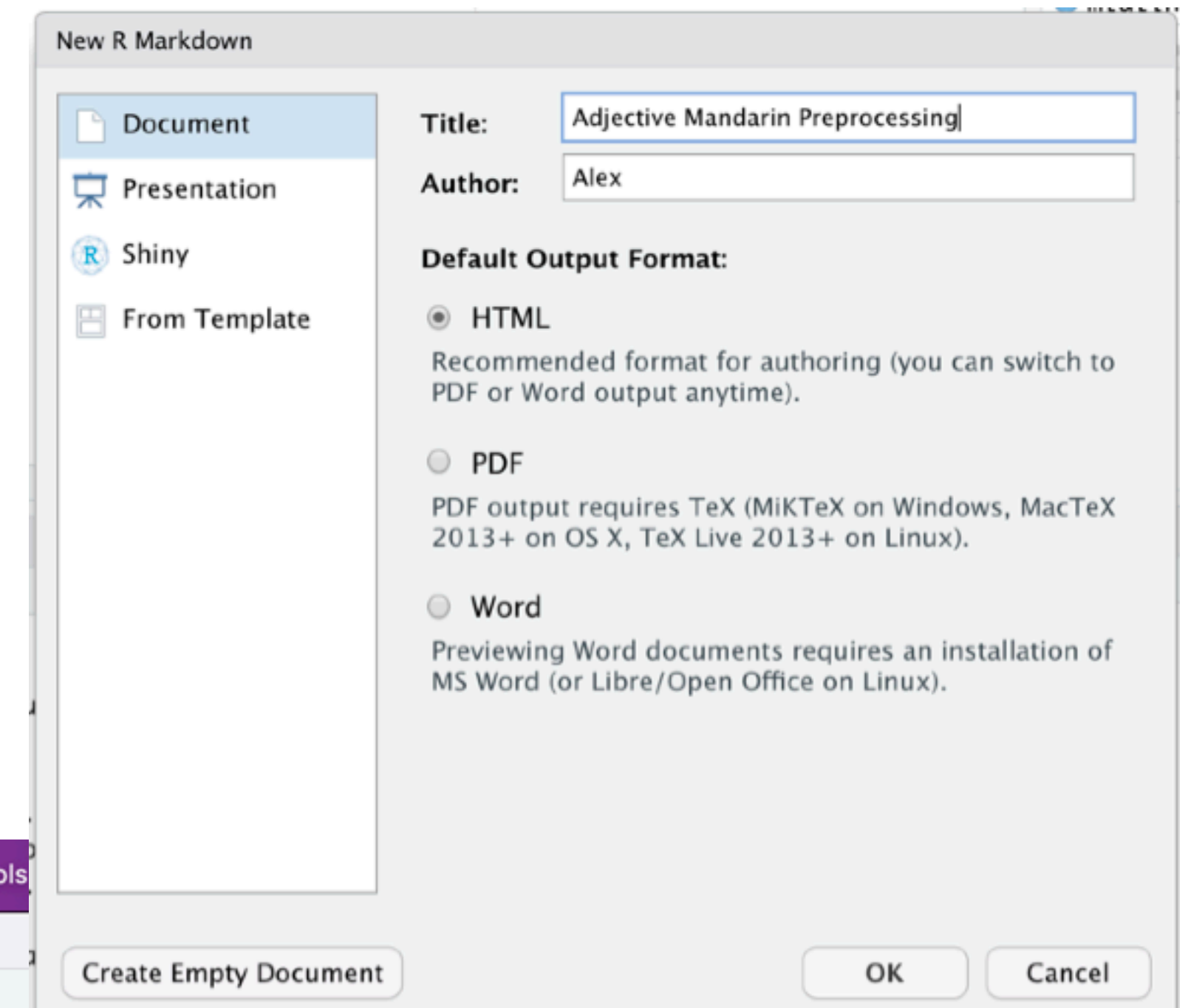


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1 Click on File > R Markdown

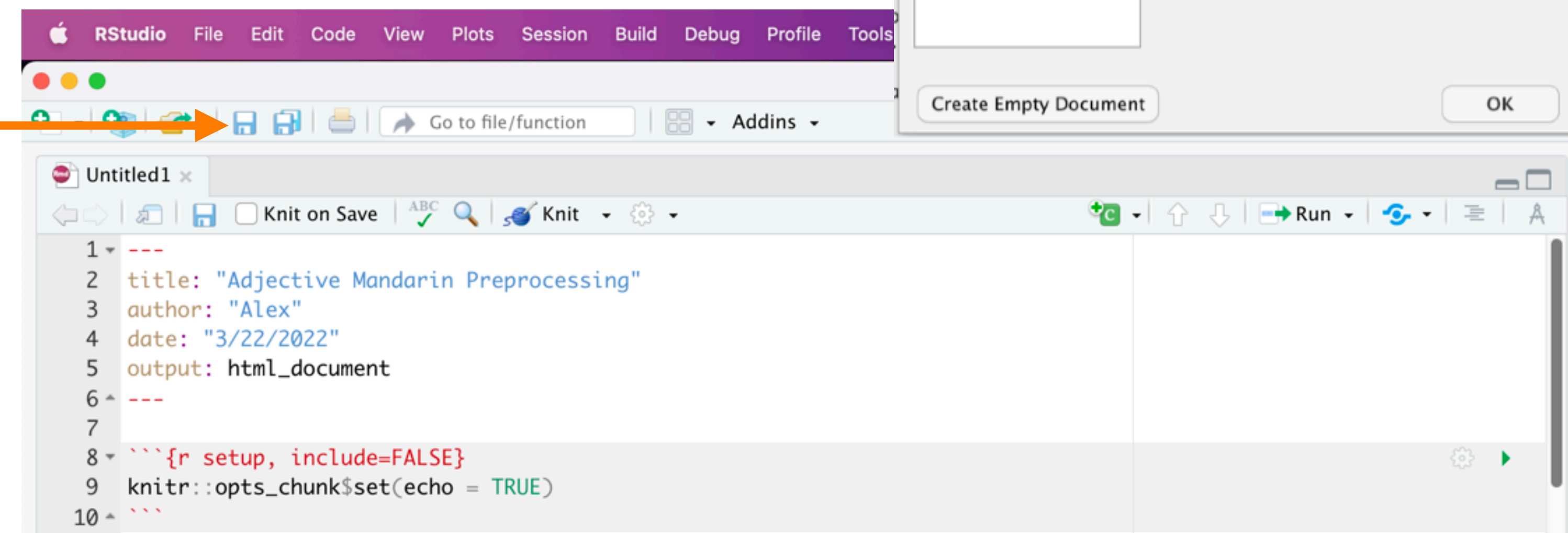


2 Select 'Document' in the left column, enter a title and an author, and finally select the default output format (the format can be changed easily after)



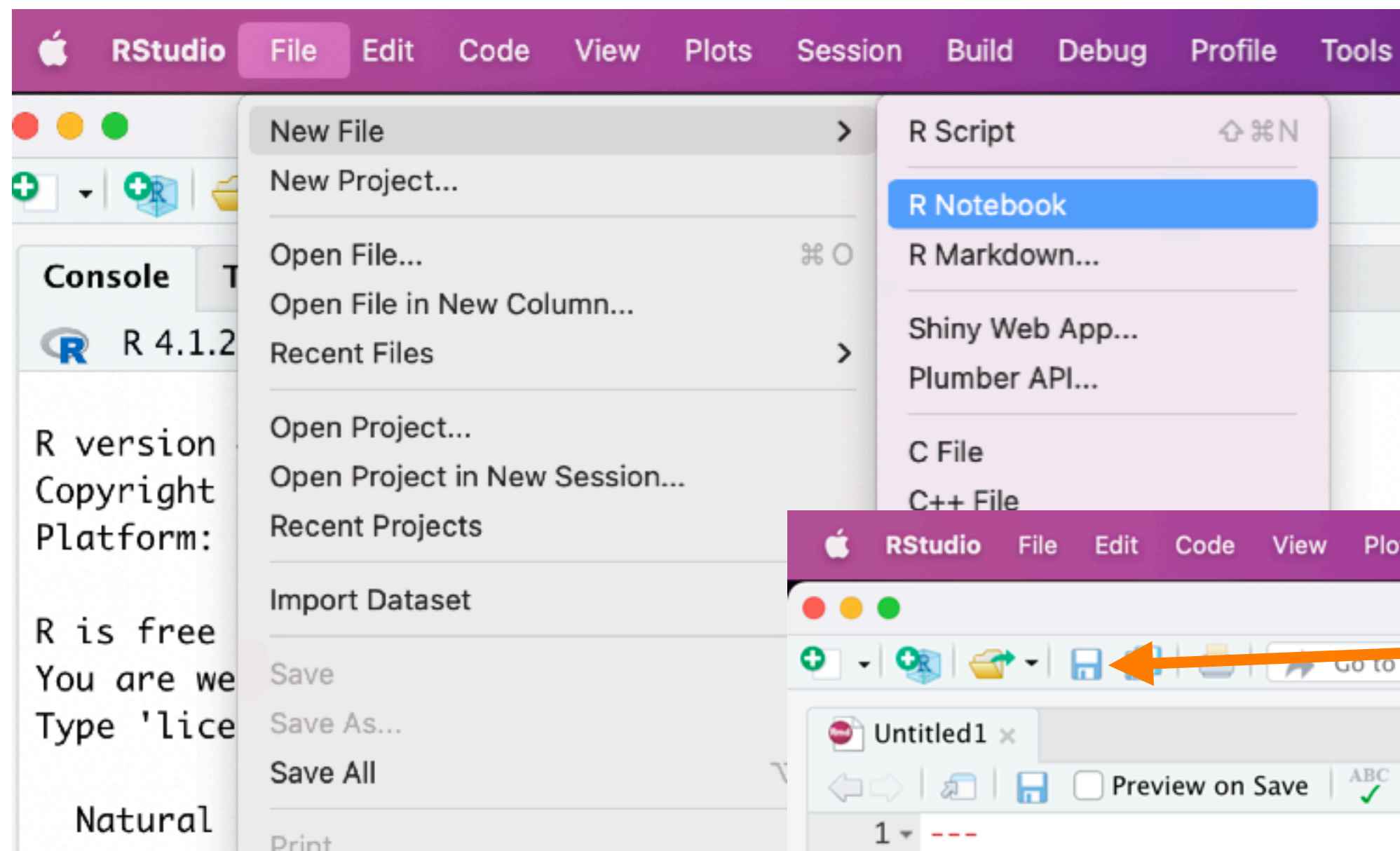
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