

5 Years and 40,000+ Hours Later:

Lessons Learned from Running a National Penetration Testing Competition

Dan Borges & Tom Kopchak
@1njection, @tomkopchak, @NationalCPTC

Agenda

- What is the National Collegiate Penetration Testing Competition?
- What is it about us that makes us so unique?
- How we hacked together a relevant competition
- Review of the competition data
- Sharing some of our success stories
- How to get involved



What is CPTC?

The mile high elevator pitch and scope.

- **What:** An annual college level competition.
- **Why:** To focus on developing consulting skills.
- **How:** Offensive Security + Custom Environment + Business = CPTC



About Us



Dan

CPTC Life: OSINT/World Design/Competition Design,
w/ CPTC 4 years

Real Life: Senior Internal Red Teamer

Tom

CPTC Life: White Team & Monitoring Team Captain, Competition Director,
w/ CPTC since inception

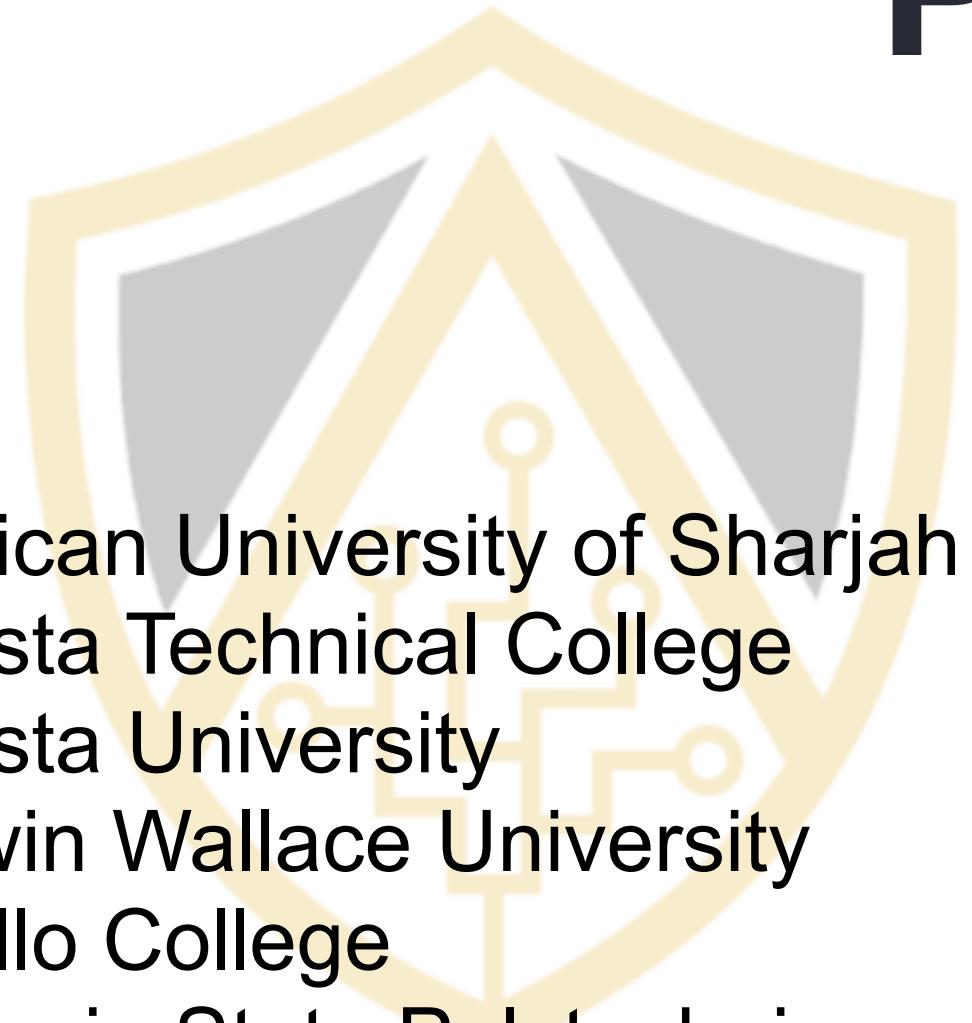
Real Life: Director of Technical Operations



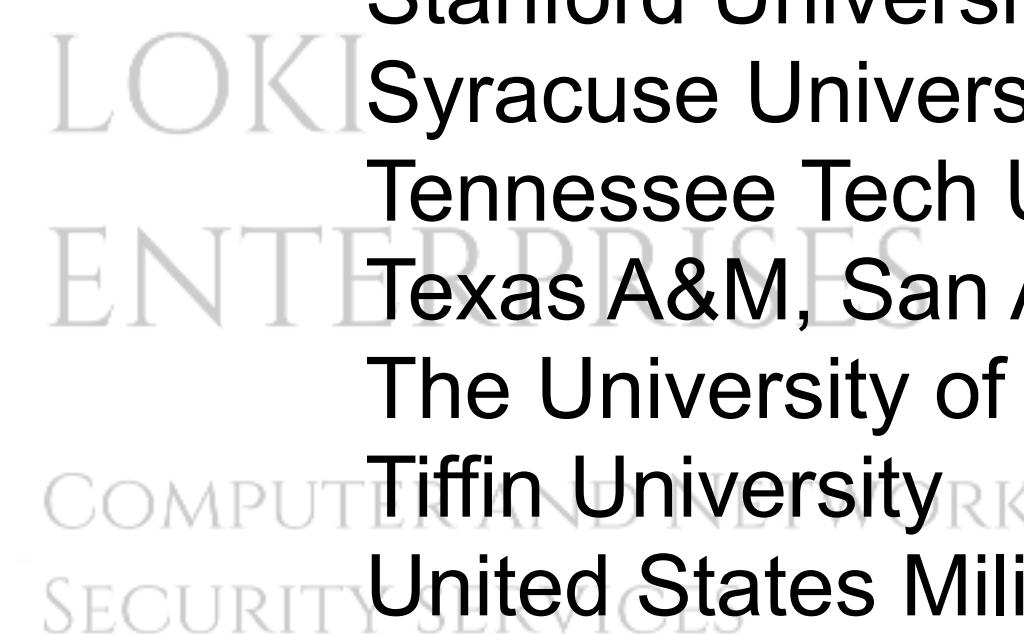
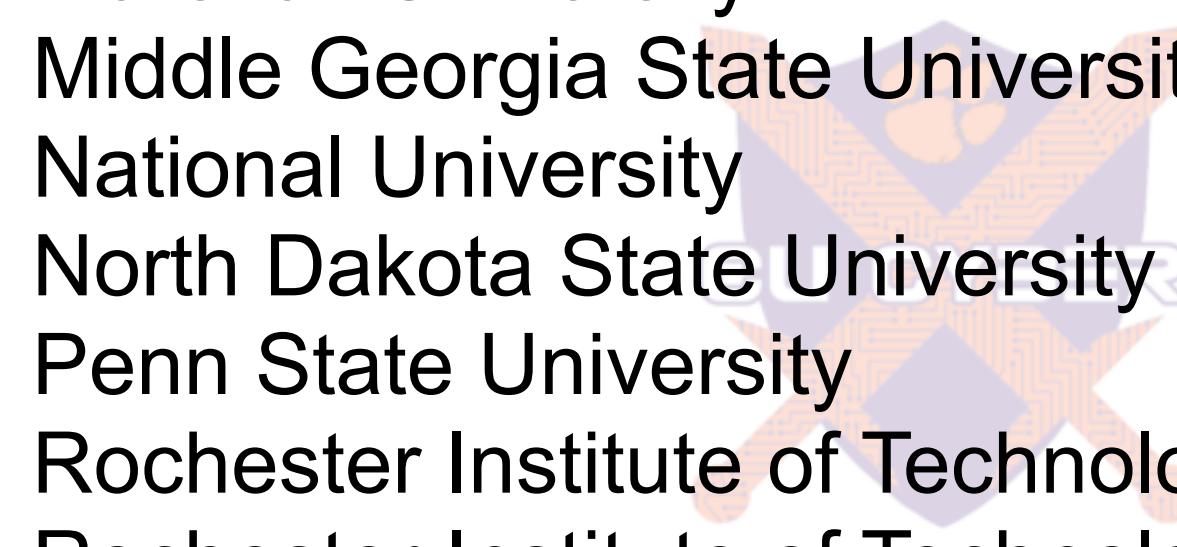
CPTC Advisory Board



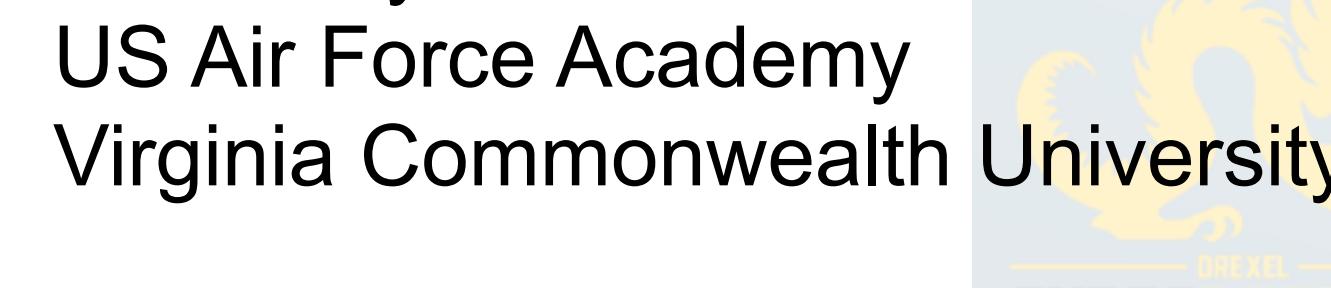
Participating Colleges - 2019



American University of Sharjah
Augusta Technical College
Augusta University
Baldwin Wallace University
Cabrillo College
California State Polytechnic
California State University, Fullerton
City College of San Francisco
Clemson University
College of Charleston
College of Coastal Georgia
Columbus State University
CSU, Chico
Dakota State University
DePaul University
Drexel University
Excelsior College
Florida State University



Kennesaw State University
Marshall University
Middle Georgia State University
National University
North Dakota State University
Penn State University
Rochester Institute of Technology
Rochester Institute of Technology, Dubai
Southern Methodist University
St. Petersburg College
Stanford University
Syracuse University
Tennessee Tech University
Texas A&M, San Antonio
The University of Texas at San Antonio
Tiffin University
United States Military Academy
at West Point



What is the National Collegiate Pentesting Competition?



Why Does CPTC Even Exist?

- **CPTC started in 2015 as an idea:**
 - To teach offensive security, but do it responsibly
 - Brainchild of Professor Bill Stackpole (RIT) and Bob Kalka (IBM)
- **It is a competition that has been making great strides to:**
 - Leverage the expertise of those with industry experience
 - Have a grand, (inter)national style with a broad scope



What Makes CPTC Different from a CTF?

Competition in name only:

- Teams compete, but education is the primary goal
- Over 10 specialty awards, highlighting exceptional activity

What CPTC isn't:

- Traditional CTF
- Jeopardy style questions
- King of the hill
- Defense only

What CPTC is:

- Professional consulting engagement
- Security assessment for a real(ish) company
- Analogy: Doctor working with patient



Beyond the CTF Format - Bringing in Business

- Multiple attack paths
- A realistic corporate environment
- Responsibility for continued function of the infrastructure
- Hundreds of potential configuration issues
- Identify issues of significance and business impact
 - You won't find everything
 - We won't find everything
 - Targets aren't clearly marked - this must be determined during the event
 - Teams MUST consider impact of actions against a running business

Vulnerabilities! (We Have Them)

CPTC 2017 Vulnlist

File Edit View Insert Format Data Tools Add-ons Help Last edit was made on November 13, 2017 by anonymous

fx name

| | A | B | C | D | E | F |
|----|-------------|-------------|----------|------------|--------|---|
| 1 | name | host | severity | difficulty | points | |
| 2 | [REDACTED] | (all) | 5 | 1 | 5 | |
| 3 | [REDACTED] | (all) | 3 | 1 | 3 | |
| 4 | All Users | analytics01 | 5 | 2 | 10 | |
| 5 | Piwik We | analytics01 | 7 | 1 | 7 | |
| 6 | Unauthen | analytics01 | 4 | 1 | 4 | |
| 7 | Weak M | analytics01 | 7 | 2 | 14 | |
| 8 | World W | analytics01 | 7 | 2 | 14 | |
| 9 | Insecure | chat01 | 7 | 2 | 14 | |
| 10 | MySQL D | db01 | 7 | 1 | 7 | |
| 11 | MySQL D | db01 | 5 | 1 | 5 | |
| 12 | Weak Us | db01 | 5 | 2 | 10 | |
| 13 | World W | db01 | 7 | 2 | 14 | |
| 14 | Kibana R | debug01 | 7 | 3 | 21 | |
| 15 | Unauthen | debug01 | 5 | 1 | 5 | |
| 16 | Unauthen | debug01 | 5 | 1 | 5 | |
| 17 | Unauthen | debug01 | 2 | 1 | 2 | |
| 18 | /var/log/ | debug01 | 9 | 1 | 9 | |
| 19 | voterinfo | debug01 | 9 | 3 | 27 | |
| 20 | /exporte | dev01 | 7 | 2 | 14 | |
| 21 | /etc/init/h | dev01 | 5 | 3 | 15 | |
| 22 | Databas | dev01 | 5 | 2 | 10 | |
| 23 | Firewall | dev01 | 3 | 1 | 3 | |

CIA Highlighter

The Soft Skills: As Important as Technical

- **Team Deliverables:** Written report and presentation to senior management
- **Reports Scoring:**
 - Technical findings
 - Overall quality/presentation
- **Presentations Scoring:**
 - Quality
 - Appropriateness for executive level audience
- All scoring is done by teams of industry professionals who volunteer their time for the event
- **2018 Addition:** Coaches score all other teams for some events
- Overall Teamwork

Education

- Everything we do revolves around teaching
- How to be a consultant and work with clients
- Teaching real world pentesting skills:
 - How to pass-the-hash?
 - How to mitigate a DDoS attack?
- We can (and do) add to the event in real-time

Hacking Together a Relevant Competition



Past Competition Themes

- 2015 - General Business Infrastructure
- 2016 - Healthcare
- 2017 - Elections
- 2018 - Autonomous vehicles



Future Competition Themes

Time to Announce the 2019 Theme

DinoBank





DinoBank - Company Overview

DinoBank was originally founded in 2005 as a du novo bank using technology to enable our customers to bank on their terms. Our largest presence is electronic, and we have been a leader in pushing the adoption of new banking innovations. Furthermore, physical branches are expensive, so we don't have many of them. Those that we do have are placed in strategic locations for those times when you just need in-person help.

We utilize advanced Automated Teller Machines (ATM), Mobile Phone Banking, and Online Banking so that customers can use their money on their time. Additionally, by keeping our costs down we can pass on that savings to you.

We are performing a penetration test, as our recent IT exam has shown several issues and our examiners are issuing a Memorandum of Understanding (MOU) with our Board of Directors. One of these items is the requirement to perform a test and resolve these issues. The success of this project is critical to ensure the ongoing viability of our banking operations.

Future Events

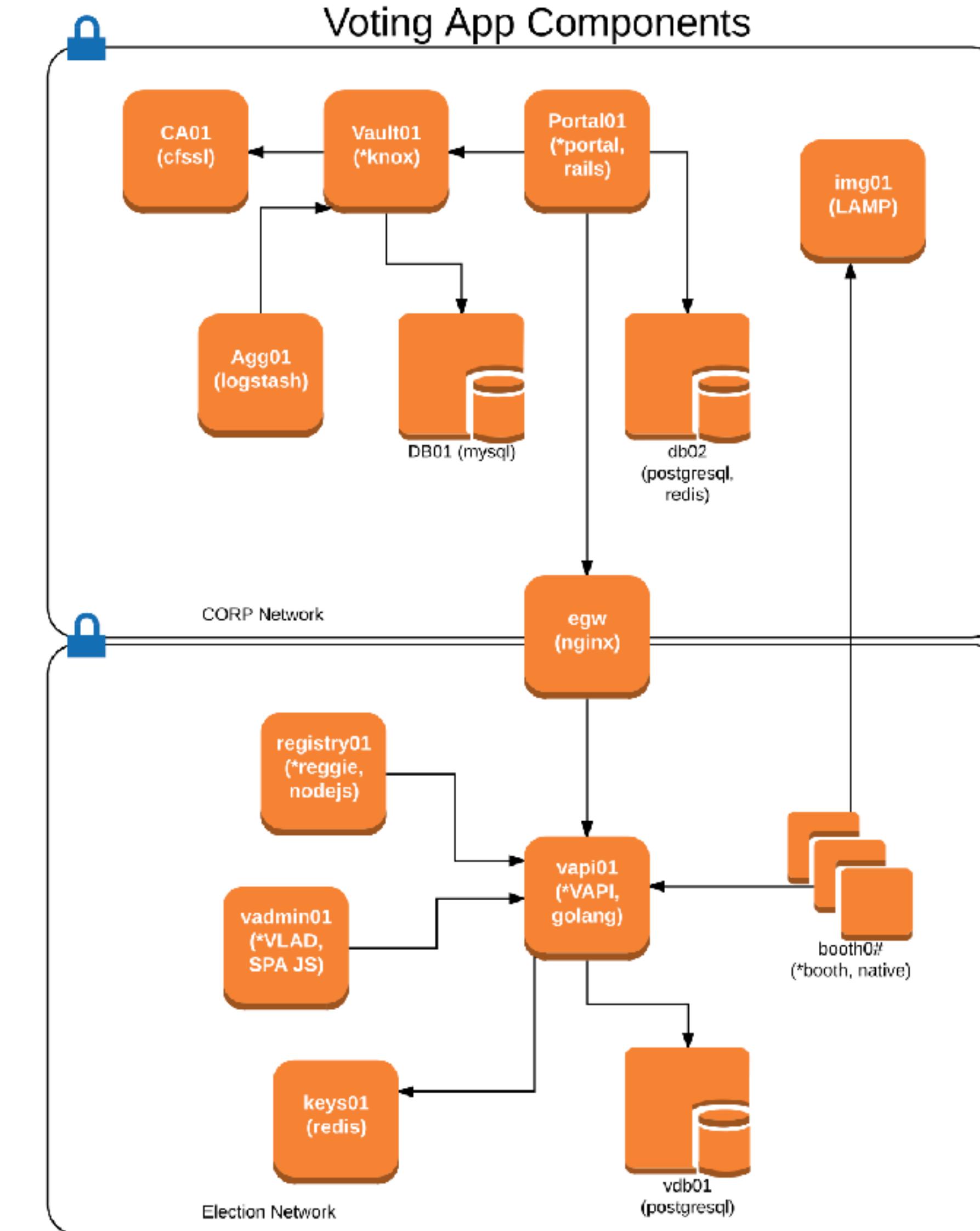
Growth of the event - international regional in 2019!

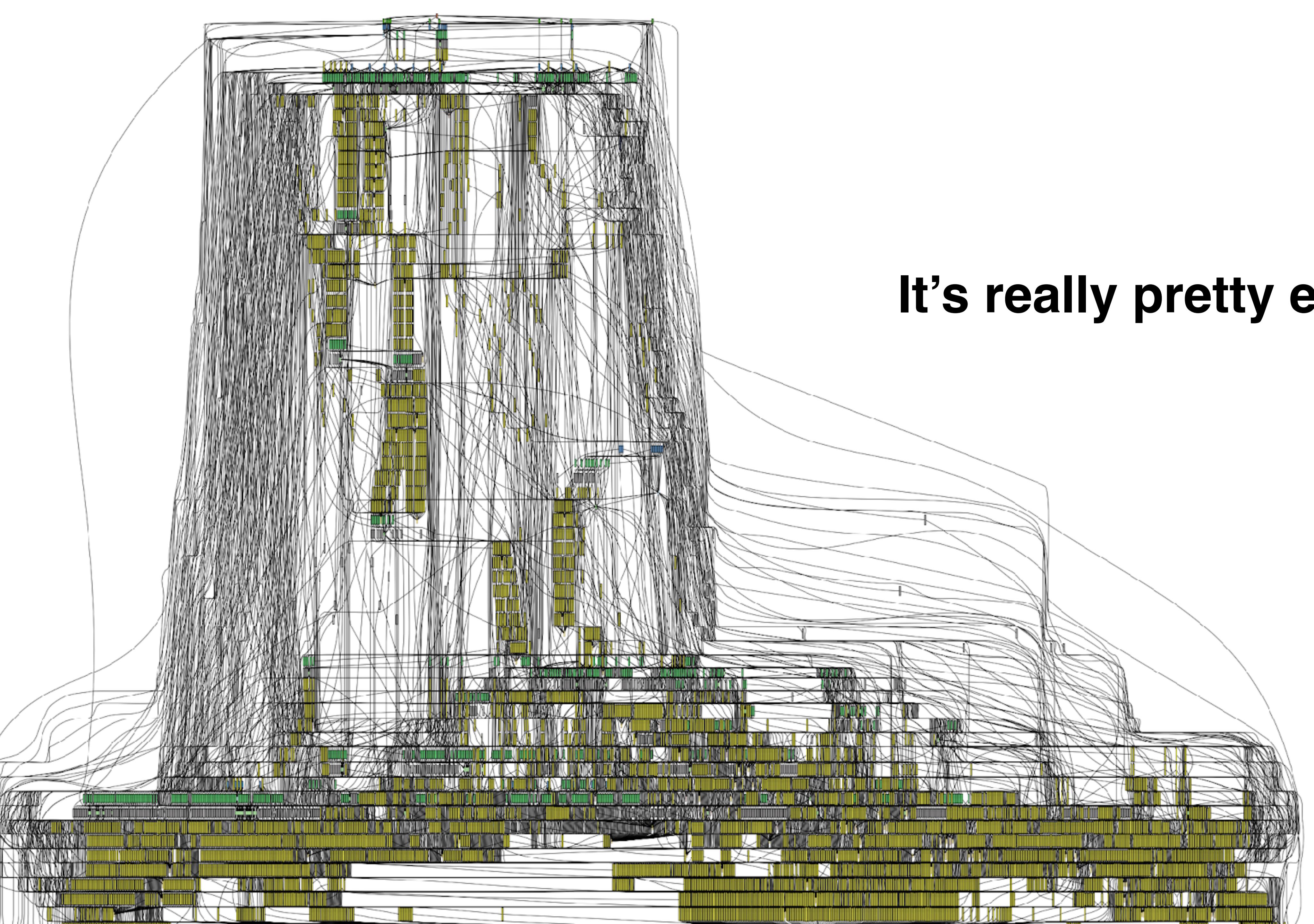
We are already working with exciting partners to make 2020
one of our most interactive environments ever!



What's the Environment Like?

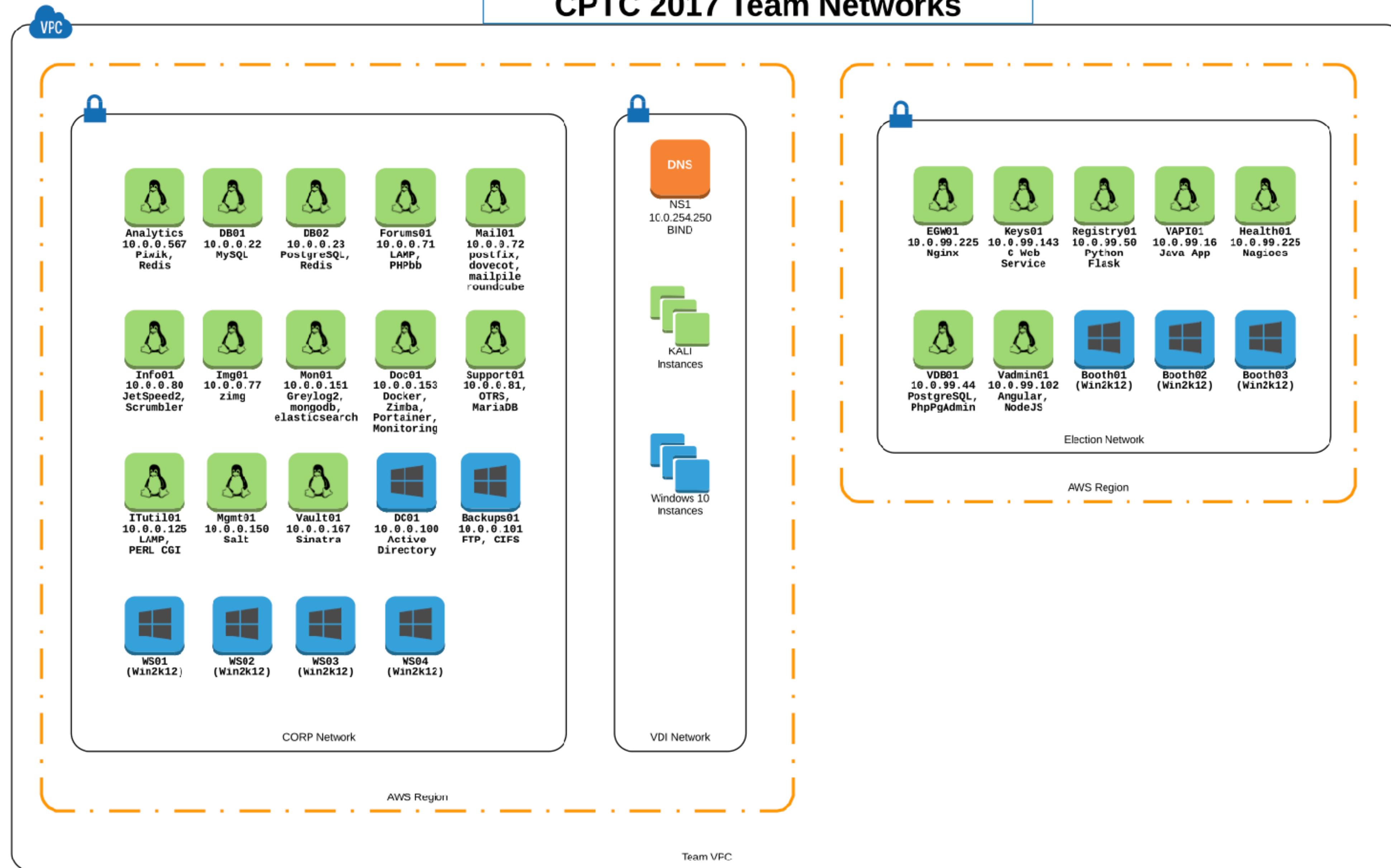
- Increasing scale at each event
 - Custom tooling to make it happen
 - Past LaForge talk, BSides LV 2018
- Emphasis on custom apps and pivoting
- Mix of open source and commercial applications
- Multiple networks
- 40+ targets per team
- 100s of “employees”





It's really pretty easy....

CPTC 2017 Team Networks



World Building

Significant emphasis on making the company exist:

- Online presence
- Social media profiles of key individuals
- Environment seeded with data to tell the story
 - Chat server with dialog between employees
 - Database with information that can lead to other access
 - Credentials in random text files

Stories

Public disclosure of custom APIs
(e.g. <https://wheelzapp.docs.stoplight.io/>)

The screenshot shows a forum thread on Heckforums.com. The title of the thread is "Sick of these guys". The poster is "jtabron" (Offline, Junior Member). The post content is: "These guys at wheelz think they are so smart, but they can't even protect their docs, let alone their code, help me find some vulnerabilities friends! <https://wheelzapp.docs.stoplight.io/>". The URL is highlighted with a red box.

Wheelz Hub

```
36
37 // There be dragons here...
```

Wheelz Production

Microservices

- [DAPI](#) - source of truth for authN/authZ, identity, and login
- [LAPI](#) - realtime trips, locations, and bookings
- [Warren Buffet](#) - Payments and transactions
- [Compass](#) - GPS guidance and navigation
- [Armada](#) - Administrative fleet tracking UI
- [Golden Snitch](#) - Safety and maintenance monitoring
- [Scotty](#) - Autonomous vehicle stack

Shared Libraries

These are the shared libraries used by most services:

- [authorizer](#) - Shared AuthN/AuthZ lib. Implements an API Authorizer interface for the SOA APIs as well as wraps
- [wheelz](#) - This is where the primary models live. Do not edit any file in that package that has an autogenerated script.
- [wheelzdb](#) - Database toolkit for the API services. Has a bunch of stuff setup to automatically setup data persis Redis
- [wheelzlog](#) - Generalized logging library that uses a singleton model and creates a bunch of turnkey stuff for cr
- [wheelzutil](#) - Misc. stuff including a random Token generator and an object merge that works with two objects c

Developing APIs

The only place you need to write code for any of the backends are in some very specific files. Every app has a [cli](#). Inside [restapi](#), you'll find files with the prefix [handlers_](#). These files contain the implementations for each OpenAPI reference, check out [dapi/restapi/handlers_admin.go](#).

Our APIs Have Fun Quirks and Features

The screenshot shows the SWAGGERhub interface for the Onramp API version 1.0.0. The left sidebar lists various endpoints with their HTTP methods and URLs. The main area displays the API's OpenAPI specification. A red box highlights the POST /cmdlet endpoint, which runs commands and returns the output. A red circle with the text "BEST ENDPOINT EVAR!!!" is drawn around the same endpoint. Other endpoints shown include GET /listGroups/:groupName, POST /checkGroupMembership, and PUT /addGroup.

onramp v 1.0.0 v Design View v

Search

ADMINs ^

GET /listUsers

GET /listUsers/:userName

GET /listGroups

GET /listGroups/:groupName

GET /listGroupMembers/:group

POST /cmdlet

POST /checkGroupMembership

POST /addUserToGroup

DELETE /removeUserFromGroup

PUT /addGroup

PUT /addUser

POST /changeUserPassword

POST /enableUser

1 openapi: 3.0.0

2

3 info:

4 description: Onramp API

5 version: "1.0.0"

6 title: Onramp API

7 contact:

8 email: onramp@wheelzapp.com

9 license:

10 name: Apache 2.0

11 url: 'http://www.apache.org/licenses/LICENSE-2.0.html'

12

13 tags:

14 - name: admins

15 description: admin

GET /listGroups/:group

GET /listGroupMembers/:group

POST /cmdlet runs commands and returns the output

POST /checkGroupMembership checks if a user is in a given group

POST /addUserToGroup adds a user to a group

DELETE /removeUserFromGroup removes a user from a group

PUT /addGroup adds a group

PUT /addUser adds a user

Stories

Database with information that can lead to other access

```
/envs/nationals-cptc team-1/kali06 @rocketchat # mongo 10.0.0.20
MongoDB shell version v3.6.3
connecting to: mongodb://10.0.0.20:27017/test
MongoDB server version: 3.6.3
Server has startup warnings:
2018-11-03T13:02:16.790+0000 I STORAGE  [initandlisten]
2018-11-03T13:02:16.790+0000 I STORAGE  [initandlisten] ** WARNING: Using the XFS filesystem is strongly recommended w
ith the WiredTiger storage engine
2018-11-03T13:02:16.790+0000 I STORAGE  [initandlisten] ** See http://dochub.mongodb.org/core/prodnotes-fil
ystem
2018-11-03T13:02:18.645+0000 I CONTROL  [initandlisten]
2018-11-03T13:02:18.645+0000 I CONTROL  [initandlisten] ** WARNING: Access control is not enabled for the database.
2018-11-03T13:02:18.645+0000 I CONTROL  [initandlisten] ** Read and write access to data and configuration is
unrestricted.
2018-11-03T13:02:18.645+0000 I CONTROL  [initandlisten]
> show dbs
admin      0.000GB
config     0.000GB
local      0.000GB
rocketchat 0.004GB
> use rocketchat
switched to db rocketchat
>
```

Stories

Database Access

```
postgres@10:~$ psql -d api > select count(*) from users
+-----+
| count |
+-----+
| 224720 |
+-----+
SELECT 1
Time: 0.027s
postgres@10:~$ psql -d api > select * from cars limit 100
+-----+-----+-----+-----+-----+-----+-----+-----+-----+-----+-----+-----+
| color | condition | created at | id | ip address | make | model | status | supervisor email | updated at | vin | year |
+-----+-----+-----+-----+-----+-----+-----+-----+-----+-----+-----+-----+
| BLACK | EXCELLENT | 2018-11-03 05:54:28 | 13 | 10.0.47.13 | Ford | Explorer XLT | IDLE | alex.berger@wheelzapp.com | 2018-11-03 05:54:28 | car-13 | 2016 |
| BLACK | EXCELLENT | 2018-11-03 05:54:28 | 18 | 10.0.47.18 | Ford | Explorer XLT | IDLE | alex.berger@wheelzapp.com | 2018-11-03 05:54:44 | car-18 | 2016 |
| BLACK | EXCELLENT | 2018-11-03 05:54:58 | 21 | 10.0.47.21 | Ford | Explorer XLT | IDLE | alex.berger@wheelzapp.com | 2018-11-03 05:54:58 | car-21 | 2016 |
| BLACK | EXCELLENT | 2018-11-03 05:54:58 | 33 | 10.0.47.33 | Ford | Explorer XLT | IDLE | alex.berger@wheelzapp.com | 2018-11-03 05:54:58 | car-33 | 2016 |
| BLACK | EXCELLENT | 2018-11-03 05:54:58 | 87 | 10.0.47.87 | Ford | Explorer XLT | IDLE | alex.berger@wheelzapp.com | 2018-11-03 05:54:58 | car-87 | 2016 |
| BLACK | EXCELLENT | 2018-11-03 05:54:58 | 114 | 10.0.47.114 | Ford | Explorer XLT | IDLE | alex.berger@wheelzapp.com | 2018-11-03 05:54:58 | car-114 | 2016 |
| BLACK | EXCELLENT | 2018-11-03 05:54:58 | 128 | 10.0.47.128 | Ford | Explorer XLT | IDLE | alex.berger@wheelzapp.com | 2018-11-03 05:54:58 | car-128 | 2016 |
| BLACK | EXCELLENT | 2018-11-03 05:54:58 | 135 | 10.0.47.135 | Ford | Explorer XLT | IDLE | alex.berger@wheelzapp.com | 2018-11-03 05:54:58 | car-135 | 2016 |
| BLACK | EXCELLENT | 2018-11-03 05:54:58 | 136 | 10.0.47.136 | Ford | Explorer XLT | IDLE | alex.berger@wheelzapp.com | 2018-11-03 05:54:58 | car-136 | 2016 |
| BLACK | EXCELLENT | 2018-11-03 05:54:58 | 177 | 10.0.47.177 | Ford | Explorer XLT | IDLE | alex.berger@wheelzapp.com | 2018-11-03 05:54:58 | car-177 | 2016 |
| BLACK | EXCELLENT | 2018-11-03 05:54:58 | 190 | 10.0.47.190 | Ford | Explorer XLT | IDLE | alex.berger@wheelzapp.com | 2018-11-03 05:54:58 | car-190 | 2016 |
+-----+-----+-----+-----+-----+-----+-----+-----+-----+-----+-----+-----+
SELECT 11
Time: 0.012s
postgres@10:~$ psql -d api > select * from cars
+-----+-----+-----+-----+-----+-----+-----+-----+-----+-----+-----+-----+
| color | condition | created at | id | ip address | make | model | status | supervisor email | updated at | vin | year |
+-----+-----+-----+-----+-----+-----+-----+-----+-----+-----+-----+-----+
| BLACK | EXCELLENT | 2018-11-03 05:54:28 | 13 | 10.0.47.13 | Ford | Explorer XLT | IDLE | alex.berger@wheelzapp.com | 2018-11-03 05:54:28 | car-13 | 2016 |
| BLACK | EXCELLENT | 2018-11-03 05:54:28 | 18 | 10.0.47.18 | Ford | Explorer XLT | IDLE | alex.berger@wheelzapp.com | 2018-11-03 05:54:44 | car-18 | 2016 |
| BLACK | EXCELLENT | 2018-11-03 05:54:58 | 21 | 10.0.47.21 | Ford | Explorer XLT | IDLE | alex.berger@wheelzapp.com | 2018-11-03 05:54:58 | car-21 | 2016 |
| BLACK | EXCELLENT | 2018-11-03 05:54:58 | 33 | 10.0.47.33 | Ford | Explorer XLT | IDLE | alex.berger@wheelzapp.com | 2018-11-03 05:54:58 | car-33 | 2016 |
| BLACK | EXCELLENT | 2018-11-03 05:54:58 | 87 | 10.0.47.87 | Ford | Explorer XLT | IDLE | alex.berger@wheelzapp.com | 2018-11-03 05:54:58 | car-87 | 2016 |
| BLACK | EXCELLENT | 2018-11-03 05:54:58 | 114 | 10.0.47.114 | Ford | Explorer XLT | IDLE | alex.berger@wheelzapp.com | 2018-11-03 05:54:58 | car-114 | 2016 |
| BLACK | EXCELLENT | 2018-11-03 05:54:58 | 128 | 10.0.47.128 | Ford | Explorer XLT | IDLE | alex.berger@wheelzapp.com | 2018-11-03 05:54:58 | car-128 | 2016 |
| BLACK | EXCELLENT | 2018-11-03 05:54:58 | 135 | 10.0.47.135 | Ford | Explorer XLT | IDLE | alex.berger@wheelzapp.com | 2018-11-03 05:54:58 | car-135 | 2016 |
| BLACK | EXCELLENT | 2018-11-03 05:54:58 | 136 | 10.0.47.136 | Ford | Explorer XLT | IDLE | alex.berger@wheelzapp.com | 2018-11-03 05:54:58 | car-136 | 2016 |
| BLACK | EXCELLENT | 2018-11-03 05:54:58 | 177 | 10.0.47.177 | Ford | Explorer XLT | IDLE | alex.berger@wheelzapp.com | 2018-11-03 05:54:58 | car-177 | 2016 |
| BLACK | EXCELLENT | 2018-11-03 05:54:58 | 190 | 10.0.47.190 | Ford | Explorer XLT | IDLE | alex.berger@wheelzapp.com | 2018-11-03 05:54:58 | car-190 | 2016 |
+-----+-----+-----+-----+-----+-----+-----+-----+-----+-----+-----+-----+
SELECT 11
Time: 0.013s
postgres@10:~$ psql -d api >
```

[F2] Smart Completion: ON [F3] Multiline: OFF [F4] Emacs-mode
[0] 0:ssh 1:bash 2:sshd 3:ssh 4:python3tik 5:bash- 7:bash 9:sh
xal_01.vdi.whoctzaos." 22:15 03-Nov-18

Stories

A screenshot of the Roundcube Webmail interface. The top navigation bar shows tabs for Applications, File, Edit, View, VM, Tabs, Help, Home, and Kali 2.0. The main title is "(9) Roundcube Webmail :: Inbox - Iceweasel". Below the title is a search bar with the URL https://10.0.0.22/mail/?_task=mail&_mbox=INBOX. The sidebar on the left has links for Most Visited, Offensive Security, Kali Linux, Kali Docs, Kali Tools, Exploit-DB, and Aircrack-ng. It also includes links for About, roundcube, Refresh, Compose, Reply, Reply all, Forward, Delete, Mark, More, and a search bar with the text "All". The main content area shows an inbox with 9 messages. The messages are listed in threads: 1. Internal Reporting Glitches (Alex, Ezra Devitt, Tom, Alex) 2. Car Assessment report (Alex, Tom) 3. Welcome to the new age of Wheelz. (Alex, Tom) 4. Pentest Project Launch (Tom, Alex, Tom) 5. Re: Pentest Project Launch (Tom, Alex) 6. Random Question (Alex). Each message has a timestamp next to it. A large white button icon is overlaid on the bottom right of the screen.

NOVEMBER 2, 2010

Passwords & Politics

J

jerrold.reddick 3:49 PM

Has joined the channel.

Hey guys, I think my credentials have been compromised 😰

jerrold.reddick:4arthurbrandy

let me know what to do

J

joesph.tabron 4:49 PM

Has joined the channel.

https://lgtm.com/blog/apple_xnu_icmp_error_CVE-2018-4407



lgtm.com

Kernel RCE caused by buffer overflow in Apple's ICMP packet-handling code (CVE-2018-4407)

The networking implementation in iOS and macOS contained a heap buffer overflow, which could be triggered by sending a malicious pa

Thats not good **@jerrold.reddick** !

A

admin Owner 3:21 PM

this is the ongoing pentest chat

A

alex.herger 5:05 PM

meh, this pentest is a bad idea

D

dan 5:20 PM

@alex.herger that attitude really doesn't help, **@tom** sees the importance of this

T

tom Admin 5:23 PM

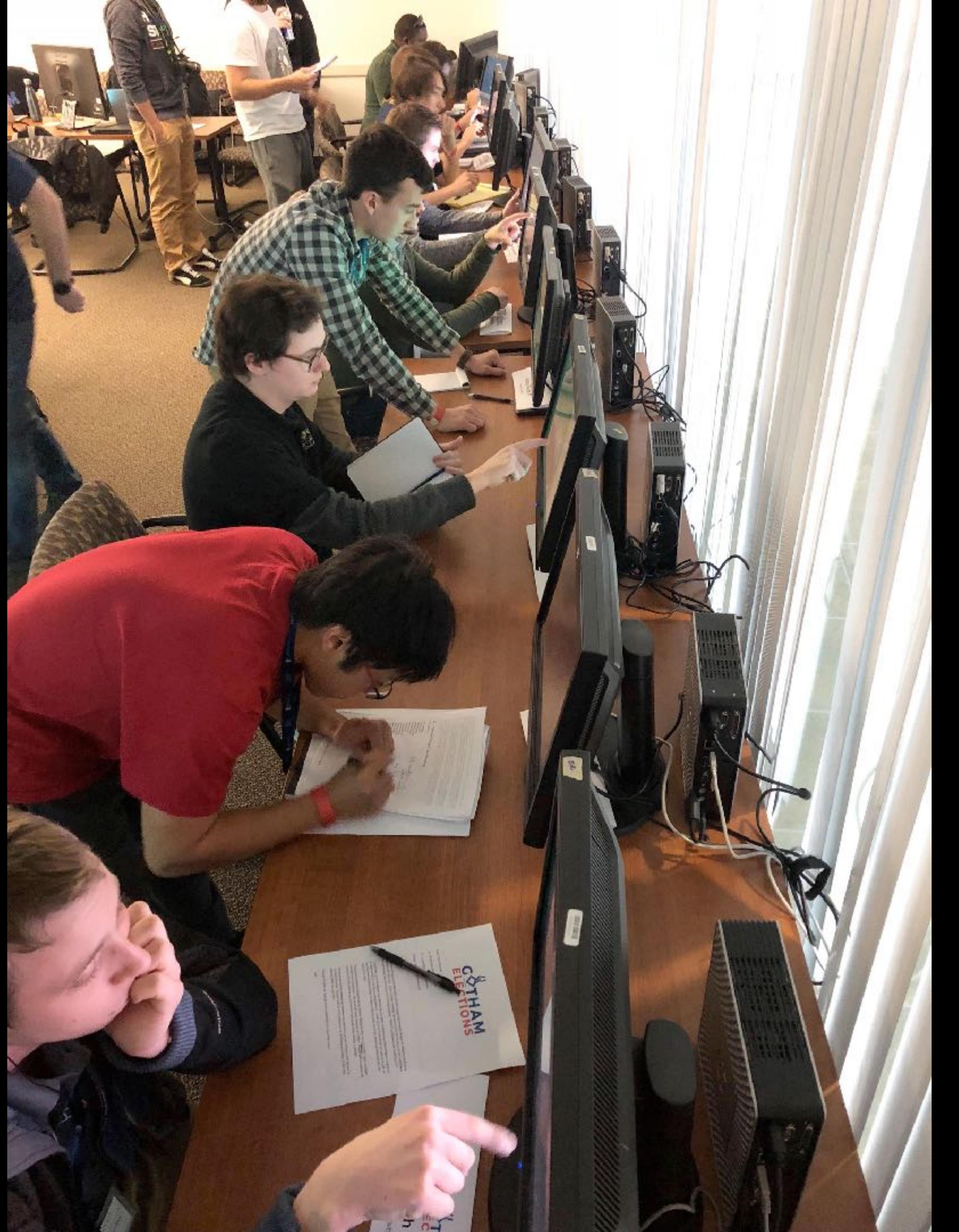
@alex.herger this test is really important to us, there is a lot going on right now behind the scenes so we will need everyone's full compliance!

Role Playing and In-Character Interaction

Real-World Interactions with Students

- **Advisory board members interact with students in character**
 - Give students injects throughout the day
 - In-character walkthroughs and check-ins
 - Students prepare reports and give presentations to advisory board members
- **Real-time reliance on email during the event to mimic corporate communication**
- **Exposure to corporate politics**





Competition Data

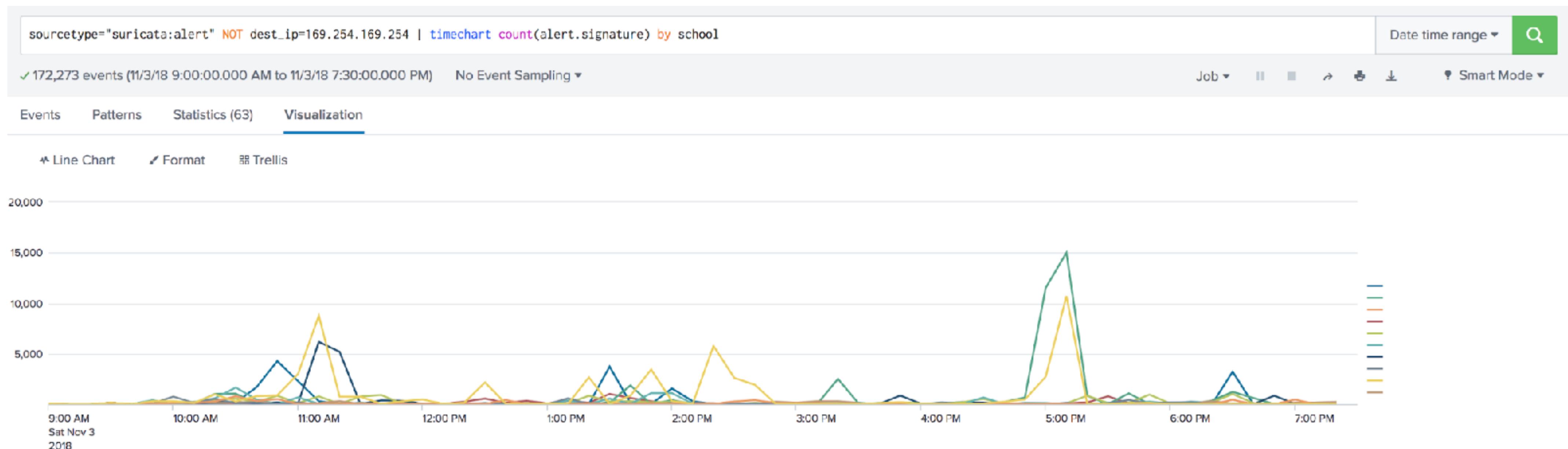
Competition Data

| | | |
|----------|------|-----------|
| ls | 3127 | 13.435593 |
| clear | 866 | 3.720890 |
| cd .. | 693 | 2.977572 |
| exit | 469 | 2.015124 |
| ls -la | 356 | 1.529604 |
| ls -al | 160 | 0.687462 |
| ls -l | 148 | 0.635903 |
| cd | 115 | 0.494114 |
| ls -a | 86 | 0.369511 |
| ifconfig | 80 | 0.343731 |

Competition Monitoring

- Extensive monitoring for competition integrity and research
- Goal is to provide insight into both sides of a security assessment: attacker and target
- Sample tools:
 - Suricata IDS on all hosts
 - Splunk Universal Forwarders
 - OS Query
 - Sysmon

Viewing is open to the public! We try to make it entertaining to watch.



```
index=ids sourcetype="suricata:alert" NOT dest_ip="169.254.169.254" | stats count by school | sort - count
```

Date time range ▾



✓ 172,273 events (11/3/18 9:00:00.000 AM to 11/3/18 7:30:00.000 PM)

No Event Sampling ▾

Job ▾



Fast Mode ▾

Events

Patterns

Statistics (10)

Visualization

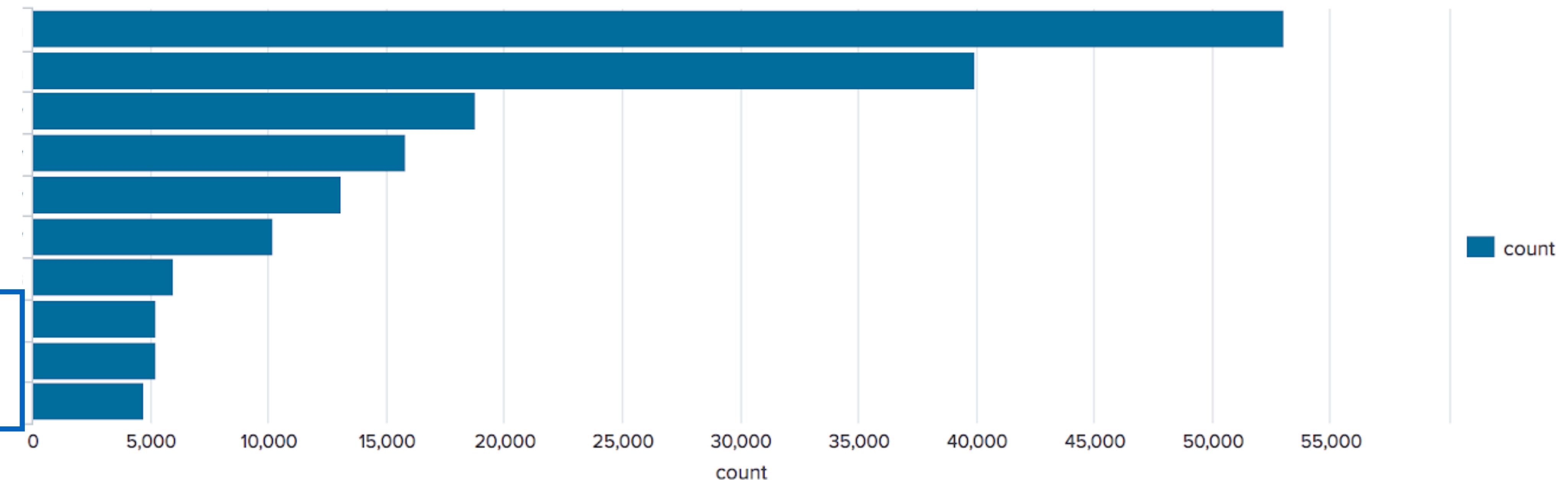
Bar Chart

Format

Trellis

school

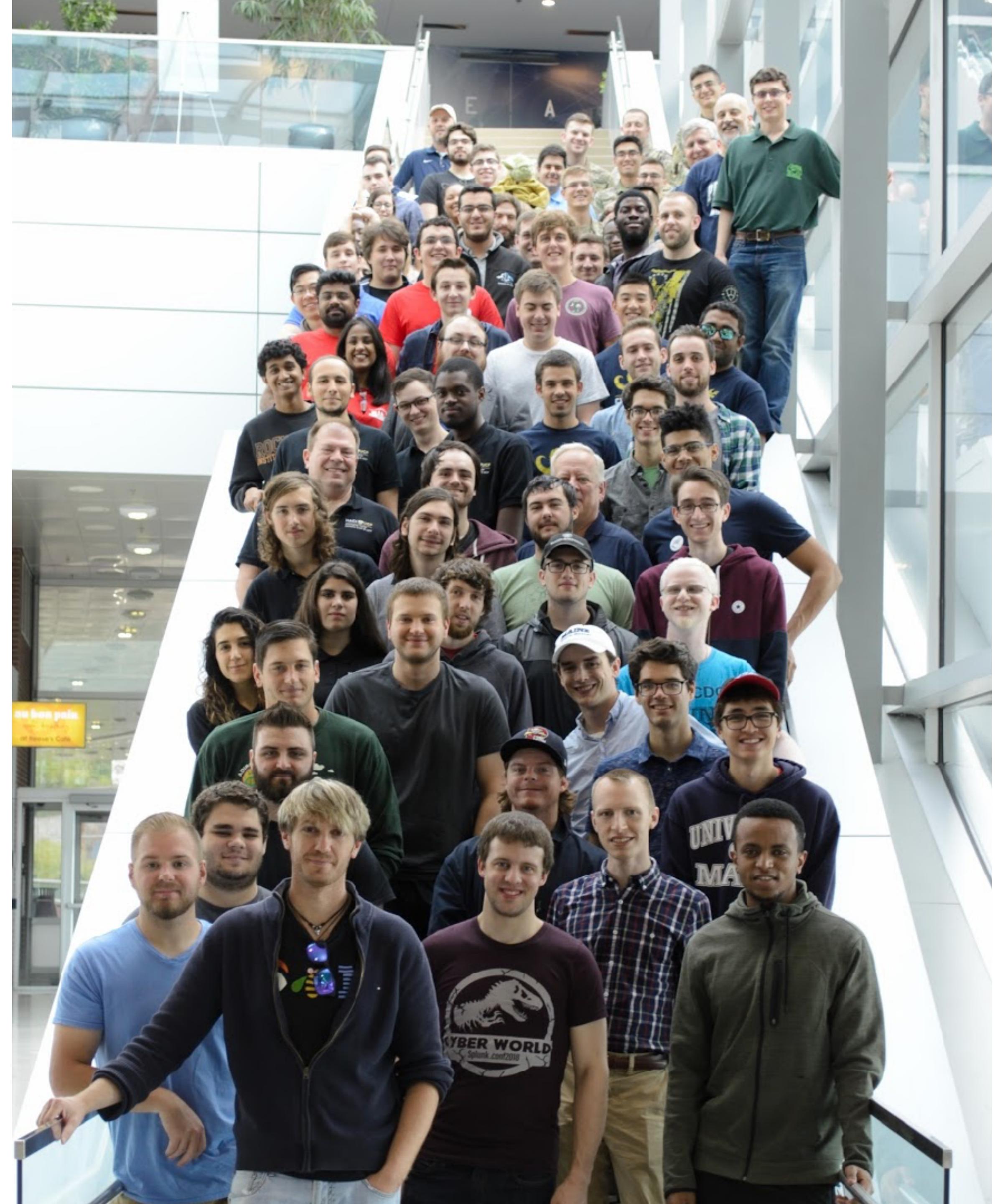
The
Winning
Teams



CPTC Supported Research Initiatives

- Publicly available dataset: <http://mirrors.rit.edu/cptc/>
- Ongoing research effort: Understand the attacker mindset
- Codify attacker behavior
- Identify the team's approach (tactics and techniques) and map them to the MITRE ATT&CK framework

Success Stories



Hur

The industry needs people: people with technical and business skills



Successes from previous competitors

- Students have landed jobs through CPTC
- Zero-day discovery in competition environment by Stanford University Team
(Disclosed to vendor, pending CVE, <https://fsi.stanford.edu/cyber/news/stanford-applied-cybersecurity-student-team-places-first-cptc-nationals>)

Get Involved!



**Be an influence in training the next wave
of cyber security professionals!**

Help coach a team/start a team

Volunteer/Advisory Board

Audience Participation: Feedback on what we can do to improve

See you soon!
nationalcptc.org // **@NationalCPTC**

Dan Borges & Tom Kopchak
@1njection, @tomkopchak

directors@nationalcptc.org, dan@nationalcptc.org, tom@nationalcptc.org

Want to learn more? Visit us at Ethics Village @ 4:00 PM on Saturday!

The End