

## Securing Virtual Machines: Comprehensive Strategies for Cloud Workload Protection

A comprehensive review of strategies to protect cloud workloads using virtual machines

### Introduction to VM Security Challenges



#### **VM SPRAWL**

of virtual machines leading to increased attack surfaces and vulnerable, forgotten instances.



#### **INSECURE CONFIGURATIONS**

Misconfigured VMs with open ports, weak credentials, and unnecessary services, introducing vulnerabilities.



#### HYPERVISOR VULNERABILITIES

Weaknesses in the hypervisor, which controls the execution of multiple VMs on shared infrastructure, can lead to VM escape attacks.



#### **ACCESS CONTROL ISSUES**

Weak authentication mechanisms
and lack of granular access
management can result in
unauthorized access to virtual
machines.

VIRTUAL MACHINES PRESENT UNIQUE SECURITY CHALLENGES THAT MUST BE ADDRESSED THROUGH A COMPREHENSIVE APPROACH TO SECURE PROVISIONING, CONFIGURATION MANAGEMENT, HYPERVISOR PROTECTION, AND ACCESS CONTROL.

### Mitigating VM Security Challenges

#### ENFORCE STRICT PROVISIONING POLICIES

Implement policies to control the provisioning of new virtual machines, including approval workflows, resource quotas, and automated decommissioning of unused instances to minimize VM sprawl.

#### ADOPT HARDENED VM CONFIGURATIONS

Leverage industry-standard security benchmarks, such as CIS Benchmarks and NIST SP 800-53, to configure virtual machines with secure settings, disable unnecessary services, and enforce compliance controls.

### IMPLEMENT STRONG ACCESS CONTROLS

Enforce multi-factor authentication (MFA) for administrative access, utilize role-based access control (RBAC) to restrict privileges, and continuously monitor access logs to detect and respond to anomalous activities.

### ENSURE HYPERVISOR SECURITY

Protect the hypervisor layer by enabling security features like trusted boot and hardware-assisted virtualization, and isolate critical workloads to mitigate the risk of VM escape attacks.

### AUTOMATE PATCH MANAGEMENT

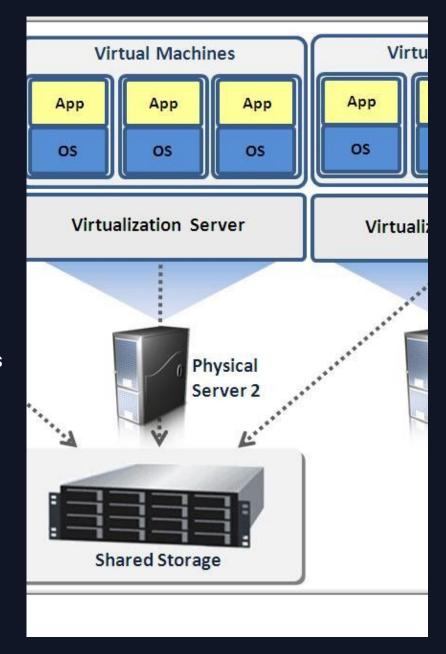
Deploy automated patching solutions to promptly apply security updates to virtual machines, and establish a process to test patches in non-production environments before deployment.

### SECURE VM SNAPSHOTS AND BACKUPS

Encrypt VM snapshots and backups, restrict access permissions, and regularly review stored backups to prevent unauthorized access and data exposure.

### Securing the Hypervisor

The hypervisor is a critical component in virtualized environments, as it manages the execution of multiple virtual machines on shared infrastructure. Vulnerabilities in the hypervisor can lead to devastating VM escape attacks, where an attacker gains access to the host system and potentially compromises other VMs. Securing the hypervisor layer is essential to prevent such attacks and protect the overall cloud infrastructure.



### Patch Management for Virtual Machines

VMS PATCHED WITHIN 30 DAYS

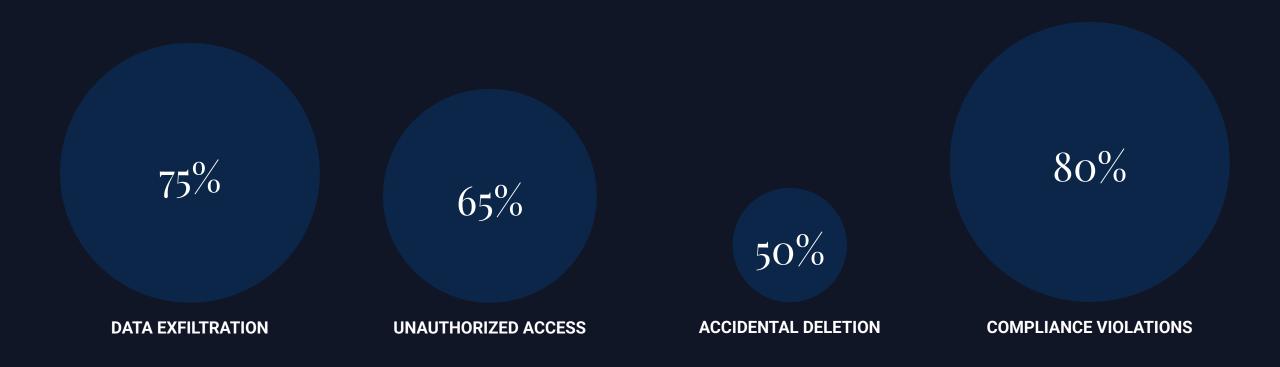
**AUTOMATED PATCH DEPLOYMENT SUCCESS RATE** 

CRITICAL VULNERABILITIES
REMEDIATED WITHIN 7 DAYS

PATCH COMPLIANCE ACROSS VM FLEET

### Securing VM Snapshots and Backups

Potential data exposure and loss due to improperly secured VM snapshots and backups (values in percentage of potential risk)



### Creating Secure VM Images with Factories

#### **BASE IMAGE SELECTION**

Select a trusted base image, typically from cloud provider repositories or custom-built images that have been vetted for security.

#### **IMAGE HARDENING**

Harden the base image by disabling unnecessary services, enforcing security policies, and implementing compliance controls based on industry standards like CIS Hardened Images and DISA STIGs.

## AUTOMATED TESTING AND VALIDATION

Conduct automated testing and validation, including vulnerability scanning, compliance checks, and penetration testing to ensure the hardened image meets security requirements.

### IMAGE SIGNING AND STORAGE

Digitally sign the validated image and store it in a secure repository for controlled deployment.

### CONSISTENT DEPLOYMENT

Leverage the VM image factory to enforce security controls and ensure consistency across all VM instances, minimizing human error and enhancing the overall security posture.

### Key Steps in Secure VM Image Creation

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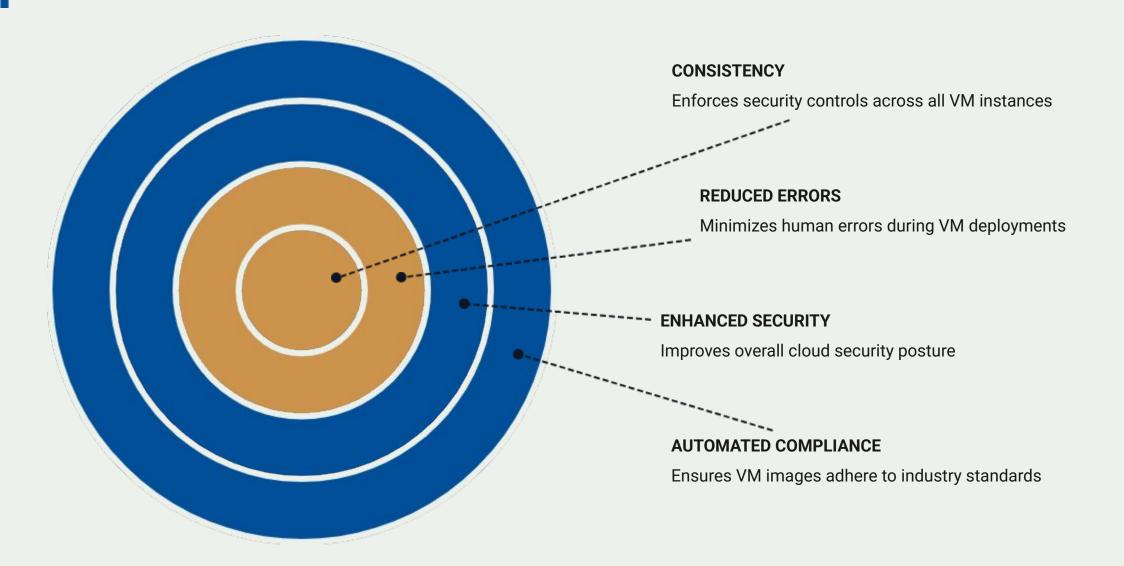
#### **DIGITAL SIGNING**

Digitally sign the validated image to ensure its integrity and authenticity before storing it in a secure repository.

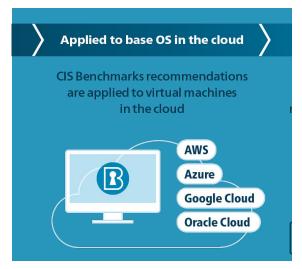
### **SECURE IMAGE STORAGE**

Store the signed VM image in a secure repository for controlled deployment, ensuring that every new VM instance inherits the security controls from the parent image.

### Benefits of Secure VM Image Factories



### Industry Standards and Benchmarks









**CIS HARDENED IMAGES** 

CIS Hardened Images are secure, ready-to-use virtual machine images that have been pre-configured to meet the Implementation Guides (STIGs) provide security controls and recommendations of the Center for Internet Security (CIS) Benchmarks.

### **DISA STIG**

The Defense Information Systems Agency (DISA) Security Technical detailed security configuration guidelines for various software, systems, and platforms, including virtual machines.

### **NIST SP 800-53**

The National Institute of Standards and Technology (NIST) Special Publication provides a comprehensive knowledge 800-53 outlines security and privacy controls for federal information systems and organizations, which can be applied to secure virtual machine configurations.

### MITRE ATT&CK FRAMEWORK

The MITRE ATT&CK Framework base of adversary tactics and techniques, which can be used to identify and mitigate security risks in virtual machine environments.

### Secure VM Image Deployment

1	STORE VM IMAGES IN A SECURE, ACCESS-CONTROLLED REPOSITORY
2	DIGITALLY SIGN VM IMAGES TO ENSURE INTEGRITY AND AUTHENTICITY
3	IMPLEMENT VERSION CONTROL AND CHANGE MANAGEMENT FOR VM IMAGES
4	RESTRICT ACCESS TO THE IMAGE REPOSITORY BASED ON ROLE-BASED PERMISSIONS
5	DEPLOY VM INSTANCES FROM THE SECURED, TRUSTED IMAGE REPOSITORY
6	REGULARLY AUDIT AND VALIDATE THE SECURITY POSTURE OF DEPLOYED VM INSTANCES



### Conclusion: A Holistic Approach to VM Security



### COMPREHENSIVE SECURITY CONTROLS

Implement layered security measures across identity, configuration, patching, and network to mitigate VM-specific threats.



#### **SECURE IMAGE FACTORY**

Automate the creation of hardened VM images that adhere to security best practices and regulatory compliance.



### CONTINUOUS MONITORING AND AUDITING

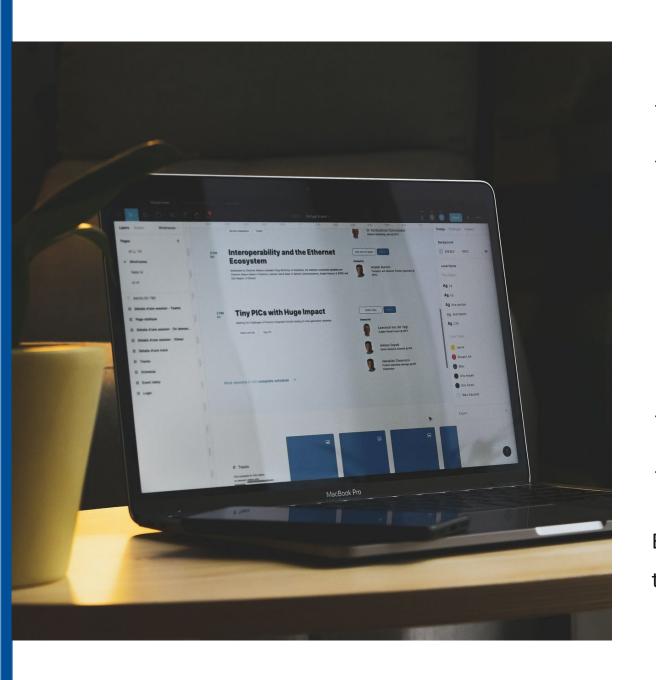
Regularly audit VM environments, track changes, and monitor for anomalies to quickly detect and respond to security incidents.



### **HYBRID CLOUD VISIBILITY**

Extend security controls and visibility across on-premises and cloud-based virtual machines to maintain a unified security posture.

BY ADOPTING A HOLISTIC APPROACH TO VM SECURITY, ORGANIZATIONS CAN EFFECTIVELY PROTECT THEIR CLOUD-BASED WORKLOADS, MINIMIZE RISKS, AND ENSURE COMPLIANCE WITH REGULATORY REQUIREMENTS.



# Securing Virtual Machines: Comprehensive Strategies and Best Practices

Exploring comprehensive strategies and best practices for ensuring the security of virtual machines in cloud environments.

### Recommended Tools & Best Practices for VMs

### CONFIGURATION MANAGEMENT TOOLS

Automate enforcement of security baselines across VM instances to eliminate misconfigurations and reduce human error. Examples: Ansible, Puppet, Chef.

### VULNERABILITY SCANNING TOOLS

Detect security weaknesses in VM operating systems and applications. Perform regular vulnerability assessments to address potential risks. Examples: Qualys, Tenable Nessus, OpenSCAP.

### • INTRUSION DETECTION AND RESPONSE (IDR) SOLUTIONS

Provide real-time monitoring of VM activities, detect suspicious behavior, and integrate with SIEM platforms. Examples:

CrowdStrike, OSSEC, Microsoft Defender for Endpoint.

### PRINCIPLE OF LEAST PRIVILEGE (POLP)

Implement the principle of granting users and processes the minimum permissions required to perform their tasks, reducing the attack surface.

### NETWORK SEGMENTATION

Divide the virtual network into smaller, isolated segments to limit the spread of potential threats and contain the impact of security incidents.

### LOGGING AND MONITORING

Enforce policies to track user activities, detect anomalies, and respond to security incidents in real time, providing enhanced visibility and threat detection.



# Snapshot Security: Risks and Mitigation Strategies

Virtual machine (VM) snapshots provide a convenient way to capture the state of a virtual machine for backup and recovery purposes. However, improper management of snapshots can lead to significant security risks, including public exposure and data exfiltration. This slide addresses the importance of access control, encryption, lifecycle management, and continuous monitoring to prevent the misuse of snapshots.

### Key Takeaways

#### ADOPT A MULTI-LAYERED APPROACH

Secure virtual machines in cloud environments through a comprehensive strategy that addresses VM sprawl, insecure configurations, hypervisor security, access control, and data protection.

#### LEVERAGE AUTOMATED IMAGE FACTORIES

Create secure VM images through automated image factories to ensure consistency and reduce the risk of misconfigurations.

### UTILIZE RECOMMENDED TOOLS AND BEST PRACTICES

Implement configuration management, vulnerability scanning, and host-based intrusion detection tools to enhance VM security and compliance.

#### PRIORITIZE SNAPSHOT SECURITY

Enforce strict access controls, encryption, and lifecycle management policies to prevent unauthorized access and data exfiltration from VM snapshots.

#### **CONTINUOUS MONITORING AND AUDITING**

Regularly monitor public cloud exposures, detect misconfigurations, and respond to security incidents in real-time to maintain a secure VM environment.