Database queries report

- Index Optimization: to speed up query execution.
  - Create index for email in user table
- Using query Builder to update, delete as it is more efficient
- Avoid N+1 Problem by using joining to load related the user and his todos in a single query.
- Using Pagination instead of fetching all tasks in one request
- Using Caching: Use caching to improve query performance by storing frequently accessed data in memory.