

# Linear Regression

## Fundamentals, Methods, and Limitations

Badi Ahmed

Mathematics & Machine Learning Enthusiast

*ahmedbadi905@gmail.com*

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# Outline

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# Introduction to Linear Regression

# What is Linear Regression?

## Definition

A supervised learning algorithm modeling a continuous target with a linear equation

## Key Concept

- Assumes linear relationship:  $y = f(X)$
- Minimizes prediction errors
- Simple and interpretable

## Practical Example

Predicting exam scores from study hours;  
goal: best-fit line

# Why Linear Regression Matters

## Six Key Advantages

- 1 Simplicity and clarity
- 2 Interpretability
- 3 Computational efficiency
- 4 Foundation for advanced models
- 5 Robust with preprocessing
- 6 Versatile extensions

## Applications

- Housing prices
- Sales forecast
- Stock returns
- Crop yield
- Medical analysis

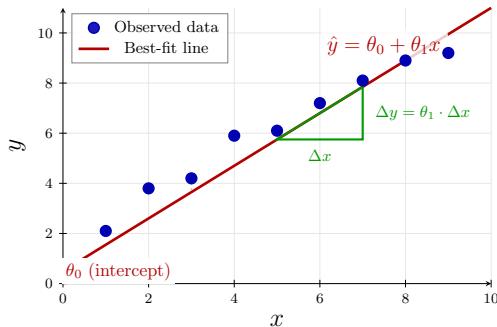
# The Best-Fit Line

# The Best-Fit Line Concept

## Formulation

$$\hat{y} = \theta_0 + \theta_1 x$$

with  $\theta_0$  intercept and  $\theta_1$  slope.



# Least Squares Method

## Residual

$$e_i = y_i - \hat{y}_i = y_i - (\theta_0 + \theta_1 x_i)$$

## SSE

$$\text{SSE} = \sum_{i=1}^n (y_i - \hat{y}_i)^2 = \sum_{i=1}^n (y_i - \theta_0 - \theta_1 x_i)^2$$

## Key Insight

Least squares finds  $\theta_0, \theta_1$  that minimize SSE.



# Simple vs. Multiple Regression

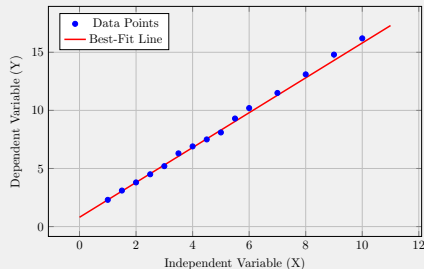
Simple:

$$\hat{y} = \theta_0 + \theta_1 x$$

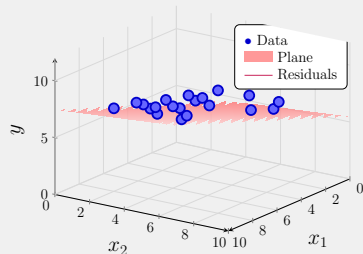
Multiple:

$$\hat{y} = \theta_0 + \theta_1 x_1 + \cdots + \theta_k x_k$$

Figure



Multiple Regression:  $\hat{y} = \theta_0 + \theta_1 x_1 + \theta_2 x_2$



# Hypothesis & Cost

# Hypothesis Function

## Simple Form

$$h_{\theta}(x) = \theta_0 + \theta_1 x$$

## Vector Form

$$h_{\theta}(x) = \theta^{\top} x = \sum_{j=0}^k \theta_j x_j, \quad x_0 = 1$$

# Mean Squared Error

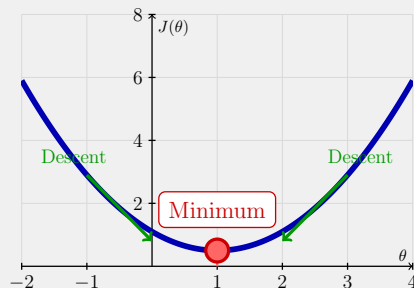
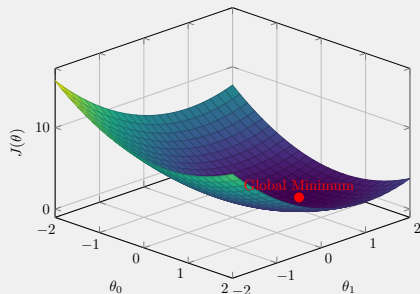
MSE:

$$J(\theta) = \frac{1}{n} \sum_{i=1}^n (h_{\theta}(x_i) - y_i)^2$$

For optimization:

$$J(\theta) = \frac{1}{2n} \sum_{i=1}^n (\hat{y}_i - y_i)^2$$

Figure



# Optimization

# Gradient Descent

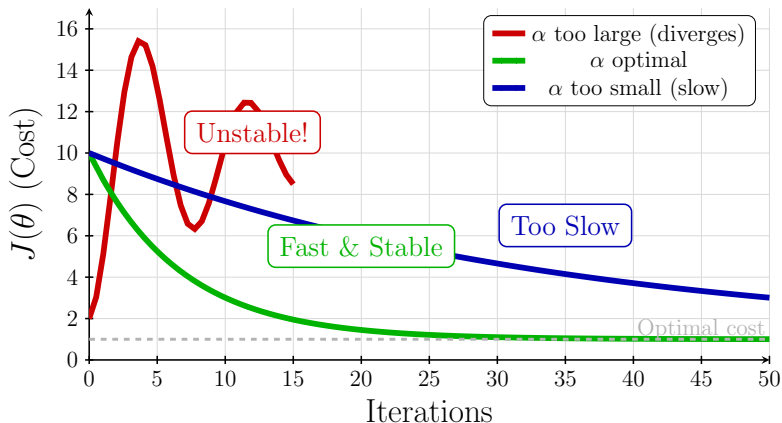
## Update

$$\theta_j := \theta_j - \alpha \frac{\partial}{\partial \theta_j} J(\theta)$$

$$\frac{\partial J}{\partial \theta_0} = \frac{1}{n} \sum_{i=1}^n (h_{\theta}(x_i) - y_i), \quad \frac{\partial J}{\partial \theta_j} = \frac{1}{n} \sum_{i=1}^n (h_{\theta}(x_i) - y_i) x_{i,j}$$

# Choosing the Learning Rate

## Impact of Learning Rate on Convergence

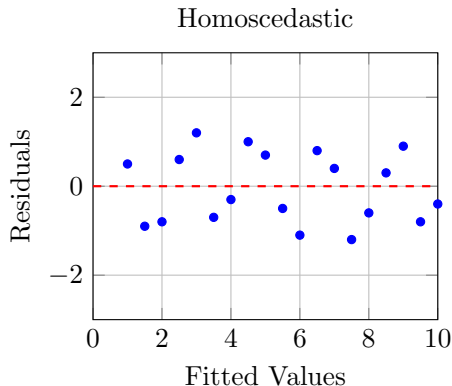


# Assumptions

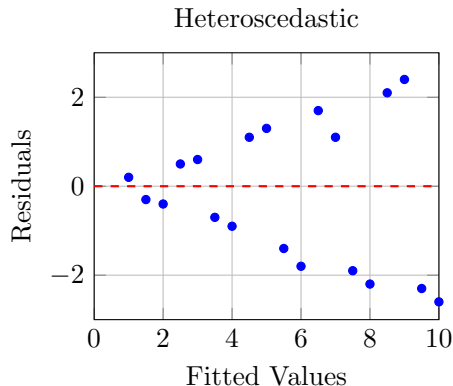


# Six Key Assumptions

Linearity; Independence; Homoscedasticity



Normality; No Multicollinearity; Additivity



# Evaluation Metrics

# Core Metrics

$$\begin{aligned} \text{MSE} &= \frac{1}{n} \sum (y_i - \hat{y}_i)^2, & \text{MAE} &= \frac{1}{n} \sum |y_i - \hat{y}_i| \\ \text{RMSE} &= \sqrt{\frac{1}{n} \sum (y_i - \hat{y}_i)^2}, & R^2 &= 1 - \frac{\sum (y_i - \hat{y}_i)^2}{\sum (y_i - \bar{y})^2} \end{aligned}$$

# Adjusted $R^2$ and Table

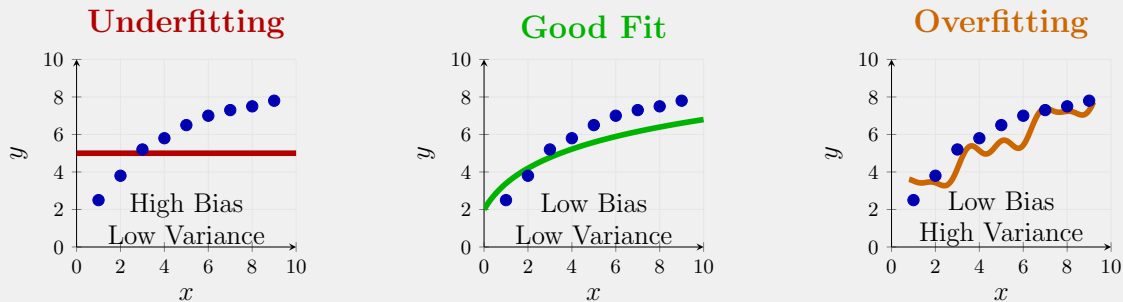
$$\text{Adj-}R^2 = 1 - (1 - R^2) \frac{n - 1}{n - k - 1}$$

Metric	Unit	Sensitivity	Use Case
MAE	Target	Low (outliers)	Interpretability
RMSE	Target	High (outliers)	Benchmark
MSE	Squared	Very high	Optimization
$R^2$	0–1	Fit	Variance explained

# Regularization

# Overfitting and Underfitting Problem

Figure



# Ridge (L2)

$$J(\theta) = \frac{1}{n} \sum (y_i - \hat{y}_i)^2 + \lambda \sum_{j=1}^k \theta_j^2$$

- Shrinks coefficients; keeps all features
- Good with multicollinearity

# Lasso (L1)

$$J(\theta) = \frac{1}{n} \sum (y_i - \hat{y}_i)^2 + \lambda \sum_{j=1}^k |\theta_j|$$

- Sets some coefficients to zero (feature selection)
- Sparse and interpretable



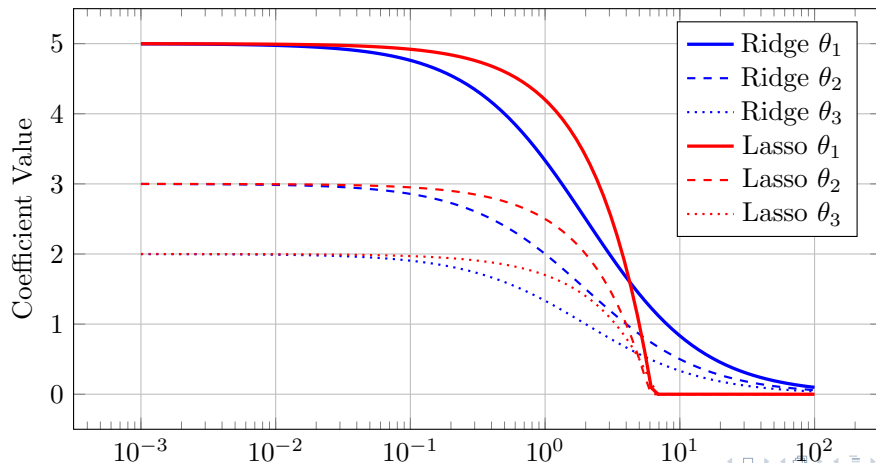
# Elastic Net

$$J(\theta) = \frac{1}{n} \sum (y_i - \hat{y}_i)^2 + \lambda \left[ \alpha \sum |\theta_j| + \frac{1-\alpha}{2} \sum \theta_j^2 \right]$$

- Combines selection + shrinkage
- Stable with correlated features

# Regularization

## Effect of Regularization on Coefficients



## Advantages & Limitations

# Advantages

- Simple, interpretable, efficient
- Strong theory; great baseline
- Versatile with extensions

# Limitations

- Linearity assumption; outlier sensitivity
- Multicollinearity; independence assumption
- Extrapolation risk; limited pattern capacity

## Conclusion

# Key Takeaways

- Fundamentals and mechanics: least squares, gradient descent
- Assumptions govern applicability
- Regularization prevents overfitting

# When to Use

Good fit: linear relation, interpretability, baseline

Poor fit: non-linear, many outliers, high-dim  
 $p \gg n$



# Thank You!

## Questions & Discussion

**Badi Ahmed**

*Linear Regression: Fundamentals, Methods, and Limitations*

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