



NETWORK & CYBER SECURITY FUNDAMENTALS LABS

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LABS

labs are proving the theoretical concepts that have been taught in lectures and enhance the technical skills for learners

HOW TO PREPARE YOUR PC TO DO THE LABS EFFECTIVELY?

1- It is preferred that you do your labs and Assignments in your Virtual Machine not on your original operating systems.

To setup A Virtual Machine on your pc see this course on mahara tech

- <https://maharatech.gov.eg/course/view.php?id=2116>

2- During Testing Don't forget to

- a. Turn off Firewall Both on Client and Server PCs
- b. Turn off Firewall of any Antivirus Both Client and Server.
- c. Test Connectivity between Client and Server.
- d. Do not use Proxy Server on Both Client and Server PCs

3- After finished your labs don't forget to:

- a. Uninstall the programs you used
- b. Disabled the accounts you create
- c. Disables the rules you setup on firewall
- d. Enable your firewall and antivirus

Labs

In these labs, you will learn how to Configure TCP/IP Protocols on your pcs (Clients & Servers) and prove the theoretical concepts that have been taught in lectures which will enhance your technical skills

Lab 1

❖ Building the network (Configuring your IP address)

- By default the DHCP (distribute IP address to Client) will give your PC an IP address if they are assigned to obtain an IP address automatically.

To know your current IP address (logical) use the command:

➤ 1- Ipconfig Command

➤ Ipconfig

Gives details about your network settings

Start →cmd→ipconfig

```
C:\Windows\system32\cmd.exe
Microsoft Windows [Version 6.1.7601]
Copyright (c) 2009 Microsoft Corporation. All rights reserved.

C:\Users\ITD-mabdsalam>ipconfig

Windows IP Configuration

Ethernet adapter Local Area Connection:

  Connection-specific DNS Suffix . : localdomain
  Link-local IPv6 Address . . . . . fe80::8190:f0aa:fa1:5b94%11
  IPv4 Address . . . . . 192.168.85.128
  Subnet Mask . . . . . 255.255.255.0
  Default Gateway . . . . . 192.168.85.2

Tunnel adapter isatap.localdomain:

  Media State . . . . . Media disconnected
  Connection-specific DNS Suffix' . : localdomain

C:\Users\ITD-mabdsalam>
```

➤ Ipconfig /all

Gives more details about your network settings

Start →cmd→ipconfig/all

```
C:\Windows\system32\cmd.exe
C:\Users\ITD-mabdsalam>ipconfig/all

Windows IP Configuration

  Host Name . . . . . : WIN-IL0CS81BLB0
  Primary Dns Suffix . . . . . :
  Node Type . . . . . : Hybrid
  IP Routing Enabled . . . . . : No
  WINS Proxy Enabled . . . . . : No
  DNS Suffix Search List . . . . . : localdomain

Ethernet adapter Local Area Connection:

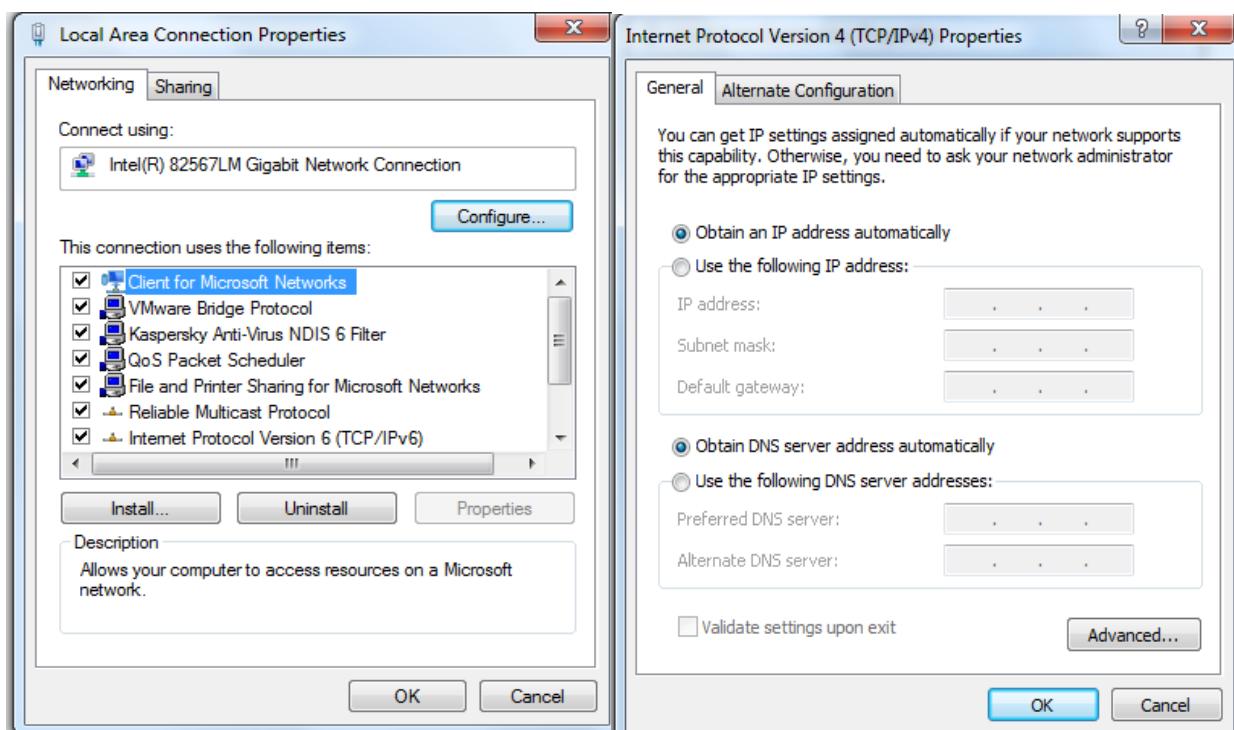
  Connection-specific DNS Suffix . . . . . : localdomain
  Description . . . . . : Intel(R) PRO/1000 MT Network Connection
  Physical Address . . . . . : 00-0C-29-2E-65-B5
  DHCP Enabled . . . . . : Yes
  Auto-configuration Enabled . . . . . : Yes
  Link-local IPv6 Address . . . . . : fe80::8190:f0aa:fa1:5b94%11<Preferred>
  IPv4 Address . . . . . : 192.168.85.128<Preferred>
  Subnet Mask . . . . . : 255.255.255.0
  Lease Obtained . . . . . : Saturday, October 05, 2019 1:27:29 PM
  Lease Expires . . . . . : Saturday, October 05, 2019 2:13:38 PM
  Default Gateway . . . . . : 192.168.85.2
  DHCP Server . . . . . : 192.168.85.254
  DHCPv6 IAID . . . . . : 234884137
  DHCPv6 Client DUID . . . . . : 00-01-00-01-25-17-64-8F-00-0C-29-2E-65-B5

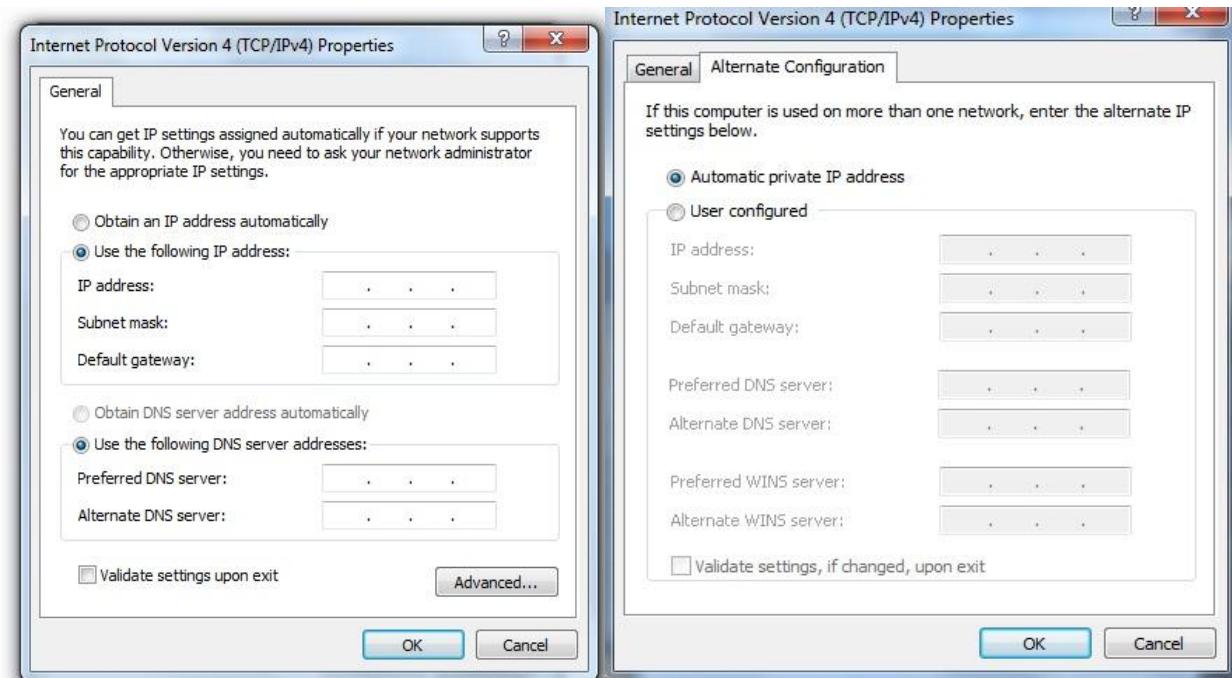
  DNS Servers . . . . . : 192.168.85.2
  Primary WINS Server . . . . . : 192.168.85.2
  NetBIOS over Tcpip . . . . . : Enabled
```

- **ipconfig /release** ---To Release the conflict or faulty IP Address.
- **ipconfig /renew** --- To Request a new IP from a DHCP server
 - ✚ IF there is a problem and your pc can't get an IP address you can configure it Manually

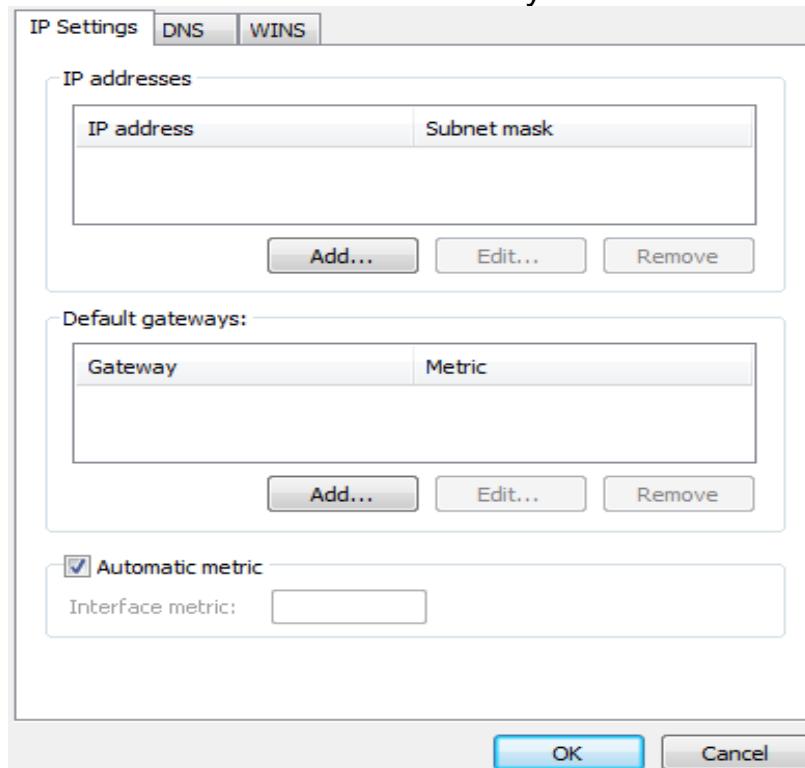
➤ 2- Configure IP address manually.

Start →Control panel→Network and Internet→Network and sharing Center
→ In the Left panel Change Adaptor settings → select Local Area Connection adaptor→ Double click and edit network settings





Click the Advanced button and you can add IP address, Gateway, DNS,..etc



To check the connectivity between devices use the
To know your Real IP (Static) address

Use website like as :

<https://whatismyipaddress.com/>

➤ 3- Ping Command

➤ Check the connectivity

Ping Destination IP Of_Remote_Host

- Suppose that the remote host has the ip 192.168.1.1

C:\>ping 192.168.1.1

```

C:\Windows\system32\cmd.exe
C:\Users\ITD-mabdsalam>ping 192.168.1.1
Pinging 192.168.1.1 with 32 bytes of data:
Reply from 192.168.1.1: bytes=32 time=3ms TTL=128
Reply from 192.168.1.1: bytes=32 time=3ms TTL=128
Reply from 192.168.1.1: bytes=32 time=3ms TTL=128
Reply from 192.168.1.1: bytes=32 time=4ms TTL=128
Ping statistics for 192.168.1.1:
    Packets: Sent = 4, Received = 4, Lost = 0 (0% loss),
    Approximate round trip times in milli-seconds:
        Minimum = 3ms, Maximum = 4ms, Average = 3ms
C:\Users\ITD-mabdsalam>

```

➤ Check the Availability of website

C:\>ping Yahoo.com

➤ Continue ping operation unlimited (just add the switch "-t")

C:\>ping 192.168.1.1 -t

to exit write: **ctrl+c**

- **To control the number of pinging packets,**
(just add the switch "-n" followed by the required packet number (space))

C:\>ping 192.168.1.1 -n 7

- **To control the size of pinging packets,**
(just add the switch "-l" followed by the required packet size)

C:\>ping 163.121.25.40 -l 2000

C:\> Ping 163.121.12.40 -l 2000 -n 6

```
Reply from 163.121.12.40: bytes=2000 time=1ms TTL=128
```

➤ 4- MAC address

to know **your** current MAC (physical) address use the command:

- ✚ **Ipconfig /all**
- ✚ **Get mac**

The screenshot shows a Windows command prompt window titled 'cmd C:\Windows\system32\cmd.exe'. It displays the output of two commands: 'ipconfig /all' and 'getmac'. The 'ipconfig /all' output shows detailed network configuration for 'WIN-IL0CS81BLB0' (Host Name), including DNS settings, IP addresses, and subnet masks. The 'getmac' output shows the physical MAC address '00-0C-29-2E-65-B5' associated with the 'Device\Tcpip_{BC5A0ADE-E1FB-46EC-9665-278B8FD25A2D}' transport name.

```
C:\Windows\system32\cmd.exe
C:\Users\ITD-mabdsalam>ipconfig/all
Windows IP Configuration

Host Name . . . . . : WIN-IL0CS81BLB0
Primary Dns Suffix . . . . . :
Node Type . . . . . : Hybrid
IP Routing Enabled . . . . . : No
WINS Proxy Enabled . . . . . : No
DNS Suffix Search List . . . . . : localdomain

Ethernet adapter Local Area Connection:

  Connection-specific DNS Suffix . . . . . : localdomain
  Description . . . . . : Intel(R) PRO/1000 MT Network Connection
  Physical Address . . . . . : 00-0C-29-2E-65-B5
  DHCP Enabled . . . . . : Yes
  Autoconfiguration Enabled . . . . . : Yes
  Link-local IPv6 Address . . . . . : fe80::8190:f0aa:faf:5b94%11<Preferred>
  IPv4 Address . . . . . : 192.168.85.128<Preferred>
  Subnet Mask . . . . . : 255.255.255.0
  Lease Obtained . . . . . : Saturday, October 05, 2019 1:27:29 PM
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  Default Gateway . . . . . : 192.168.85.2
  DHCP Server . . . . . : 192.168.85.254
  DHCPv6 IAID . . . . . : 234884137
  DHCPv6 Client DUID . . . . . : 00-01-00-01-25-17-64-8F-00-0C-29-2E-65-B5
  DNS Servers . . . . . : 192.168.85.2
  Primary WINS Server . . . . . : 192.168.85.2
  NetBIOS over Tcpip . . . . . : Enabled

Tunnel adapter isatap.localdomain:

  Media State . . . . . : Media disconnected
  Connection-specific DNS Suffix . . . . . : localdomain
  Description . . . . . : Microsoft ISATAP Adapter
  Physical Address . . . . . : 00-00-00-00-00-00-E0
  DHCP Enabled . . . . . : No
  Autoconfiguration Enabled . . . . . : Yes

C:\Users\ITD-mabdsalam>getmac
Physical Address      Transport Name
===== =====
00-0C-29-2E-65-B5    \Device\Tcpip_{BC5A0ADE-E1FB-46EC-9665-278B8FD25A2D}
```

- To know **other devices** MAC (physical) address use the **ARP** command:

➤ 5- ARP Command

Definition: ARP (**Address Resolution Protocol**) mapping an Internet Protocol (**IP**) address **to** its corresponding physical network address (**Mac**)

ARP **request** is **broadcast**; an ARP **reply** is **unicast**

Run the following command to view the contents of the ARP cache (Run as Admin)

C:\>arp -a

C. To delete the arp cache write the command

C:\>arp -d

➤ 6- Opened ports and sessions

netstat (network statistics) is a command-line tool that displays network connections (both incoming and outgoing), routing tables, and a number of network interface statistics. It is available on Unix, Unix-like, and Windows NT-based operating systems.

To know about the concurrent TCP connections on my PC, write the following command

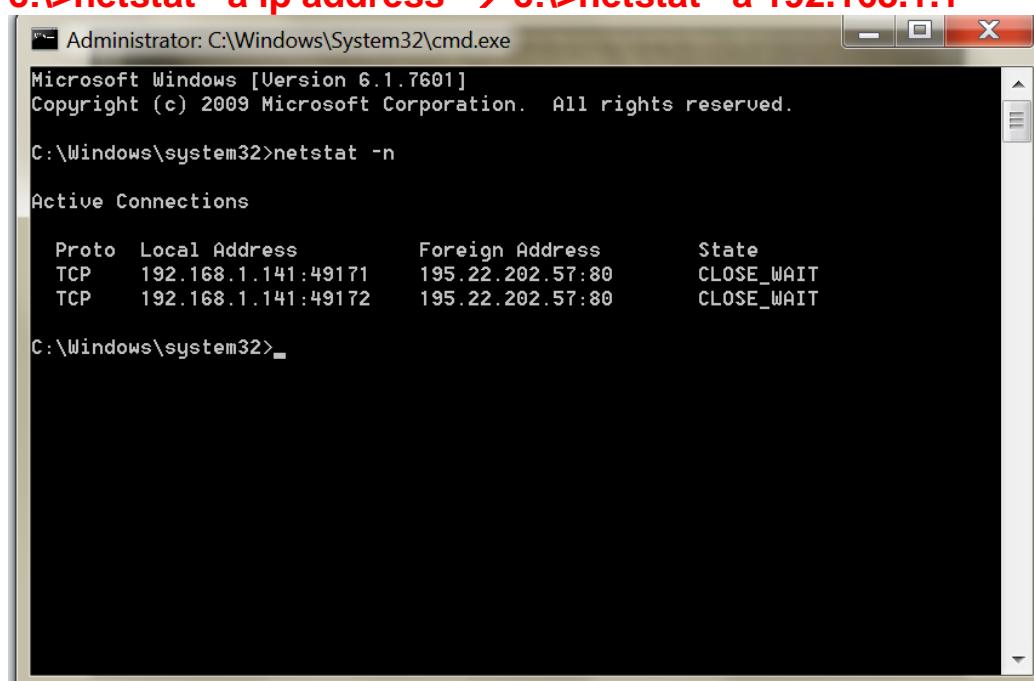
C:\>netstat -n

Displays addresses and port numbers in numerical form.

To know about the concurrent TCP connections on my PC, write the following command

c:\>netstat -n

c:\>netstat -a ip address → c:\>netstat -a 192.168.1.1



The screenshot shows a Windows Command Prompt window titled "Administrator: C:\Windows\System32\cmd.exe". The window displays the following text:

```
Microsoft Windows [Version 6.1.7601]
Copyright (c) 2009 Microsoft Corporation. All rights reserved.

C:\Windows\system32>netstat -n

Active Connections

 Proto Local Address          Foreign Address          State
 TCP   192.168.1.141:49171    195.22.202.57:80        CLOSE_WAIT
 TCP   192.168.1.141:49172    195.22.202.57:80        CLOSE_WAIT

C:\Windows\system32>
```

➤ 7- Domain name System:

Translating human-friendly computer hostnames (URL) into IP addresses.

For example, the domain name

www.example.com

translates to the addresses: 93.184.216.34 ([IPv4](#)) and

: 2606:2800:220:1:248:1893:25c8:1946 ([IPv6](#)).

LOCAL DNS ON PC

- 1) Hosts file C:\Windows\System32\drivers\etc\hosts
- 2) Hosts file in Linux /etc/hosts

-To know which IP address related to a certain domain name, type the following command;

C:\>nslookup Domain_Name

C:\>nslookup Yahoo.com

```
C:\Windows\system32>nslookup www.yahoo.com
Server: vodafonebox.vodafone
Address: 192.168.1.1

Non-authoritative answer:
Name: eu-fp3.wa1.b.yahoo.com
Addresses: 87.248.122.122
           87.248.112.181
Aliases: www.yahoo.com
          fp3.wg1.b.yahoo.com
          eu-fp3-1fb.wa1.b.yahoo.com

C:\Windows\system32>
```

server unknown -> it should be DNS Server name but it unknown

address 62.240.110.198 -> DNS Server which used to resolve IP address

-To know which domain name mapped to a certain IP address, type the following command;

C:\>nslookup IP_address

C:\>nslookup 87.248.113.14

C:\>nslookup www.yahoo.com

```
Server: host-213-131-65-20.static.link.com.eg
Address: 213.131.65.20 >>> DNS Server which used to resolve IP address

Non-authoritative answer:
Name: www.yahoo-ht3.akadns.net
Address: 87.248.113.14 >>> yahoo IP Address
Aliases: www.yahoo.com
```

➤ 8- Dealing with FTP protocol:

We need to have: * **ftp server** *

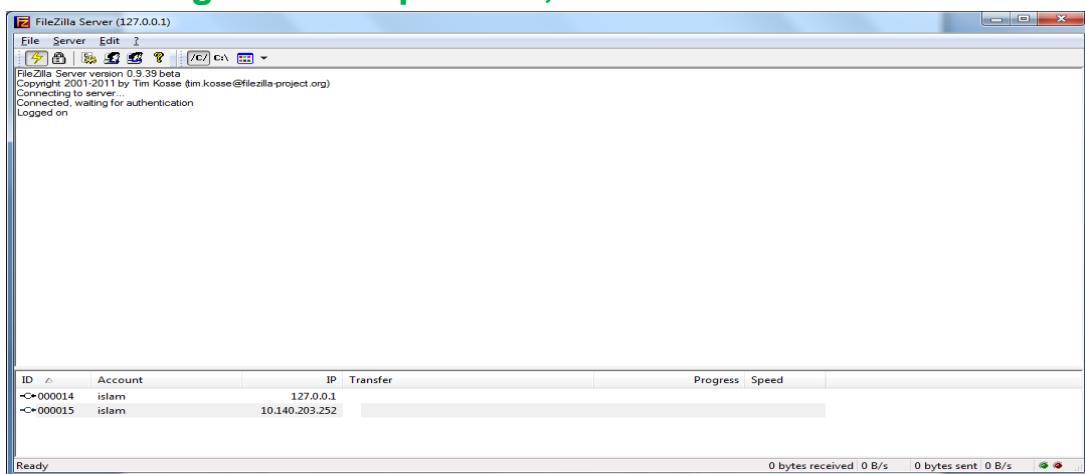
- user account (Authentication)
- home directory
- permission (Authorization)

Steps:

Step 1 : Configure FTP server

1. Install FileZilla ftp server on one machine.

A. Concerning FileZilla ftp server,

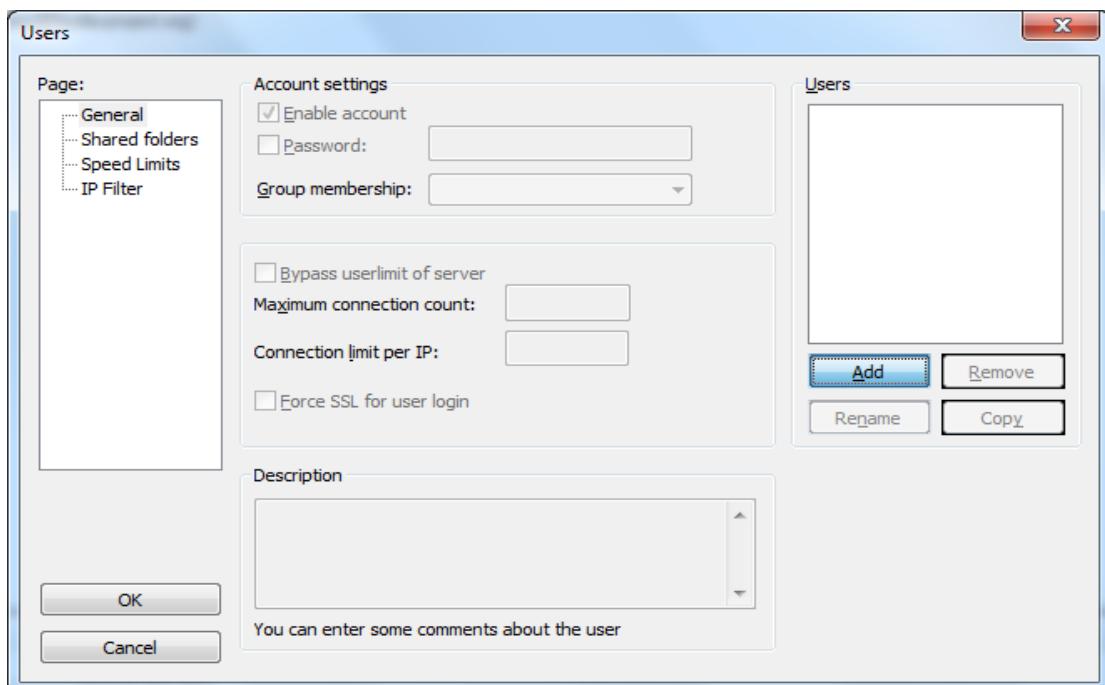


B. We need to add users, who can log on the ftp server remotely, by going to

Edit menu → Users, then click the Add button.

C. Add the user and set the shared folders and permissions.

Then click Ok



Step 2 : Configure FTP Clients

❖ Method 1 (Using URL)

1) Internet explorer (**N.B.: YOU MAY DISABLE THE PROXY**)

ftp:\IP → ftp:\192.168.1.1.

ftp:\IP:port no → ftp:\192.168.1.1:553

❖ Method 2 (FTP Commands)

Using windows built-in Cmd

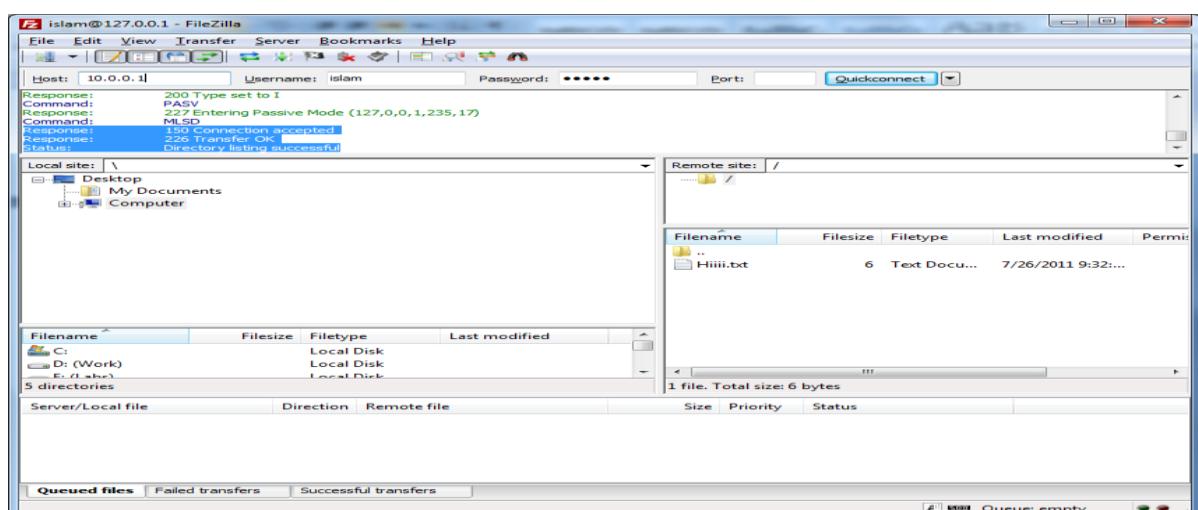
- ftp >? /// to see all commands
- ftp >open ip

Enter username and password

- get filename /// download file& save in the current directory
- put file name
- hash // to see progress bar during process of download
- disconnect //close session
- bye // close ftp service

❖ Method 3 (FTP FileZilla Client)

- A. First check connectivity between your machine and your colleague's one (using ping)
- B. Start the FileZilla ftp server, then go to the Client and run the Filezilla ftp client.
- C. Type the IP address of the ftp server host and the username and password allowed to access this ftp server, and then click connect.



➤ 9-Using Remote Administration

1) Using Windows Built-in Remote Desktop:

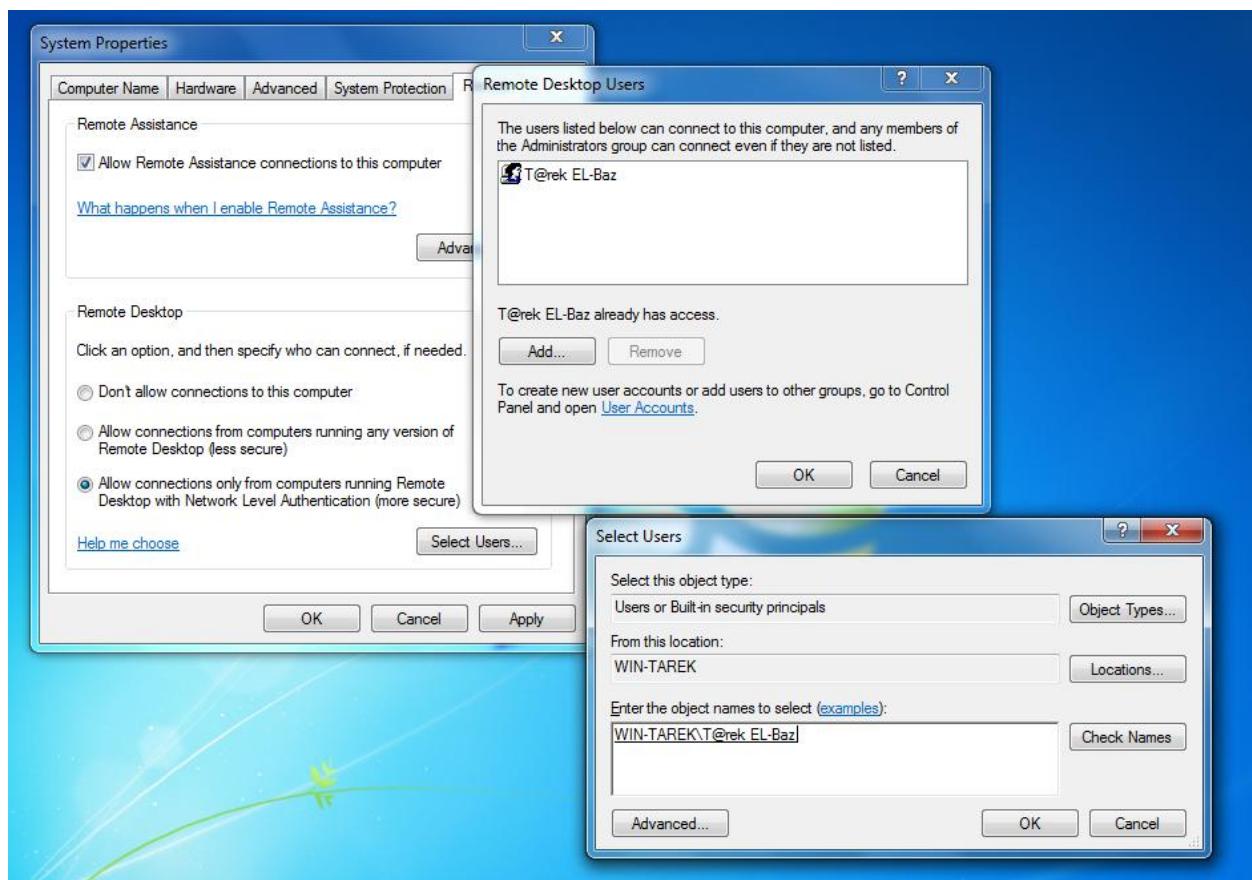
Start → R_Click on my computer → Remote Settings → Remote Desktop

You have 3 options:

1. Do not allow connections to this computer
2. Allow connections from computers running any version of remote desktop
3. Allow connections from computers running any version of remote desktop with Network level of authentication.

You can add any user you want

N.B: YOU MAY NEED TO ADD THE USER TO THE REMOTE DESKTOP USERS GROUP



➤ 10- Dealing with Electronic Mail Service ○ (mahara tech)

<https://maharatech.gov.eg/course/view.php?id=2116>

Email can be :

Web based: like yahoo, Hotmail
Access by http //IE

Mail Client: like r@iti.net.eg
Access by outlook, Thunderbird, incredimail_install

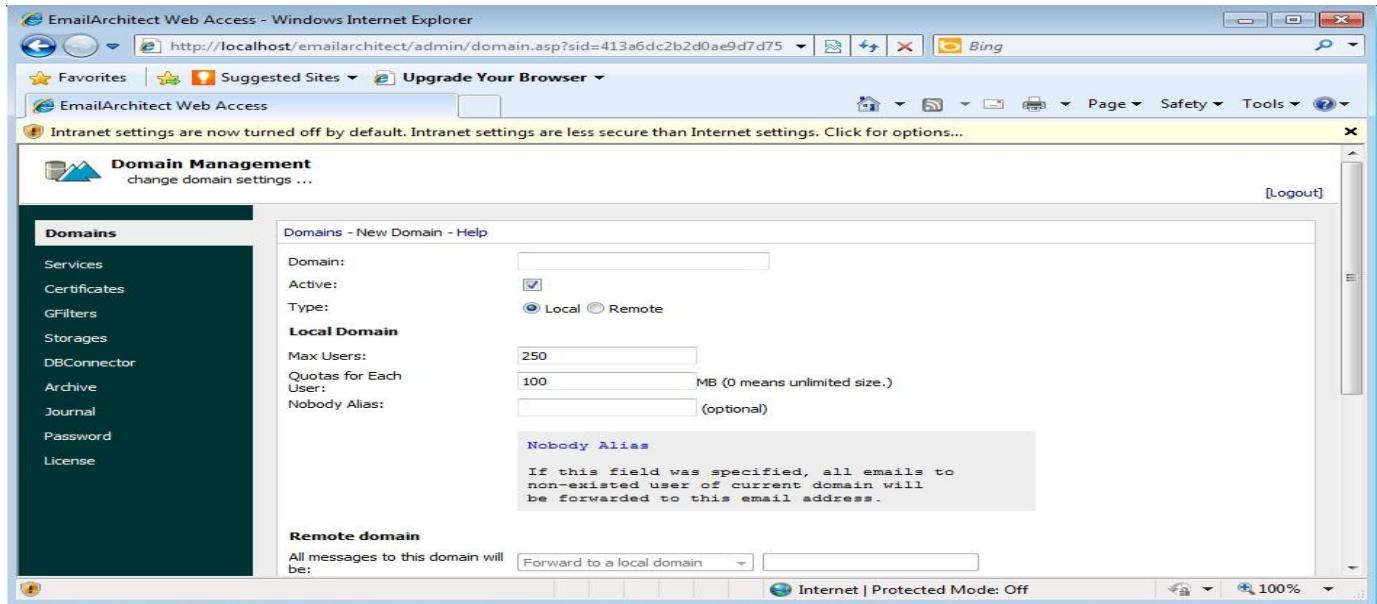
IMAP: Mail stays on server, accessed remotely, normally needs to be deleted manually.

POP3: "Store and Forward" technology, stays on POP3 server until downloaded to client program, then normally auto-deleted from server

SMTP: used for communication between mail servers,
Client normally sends direct to SMTP server

Email Architect Server Software:





EmailArchitect Web Access - Windows Internet Explorer

http://localhost/emailarchitect/admin/user.asp?sid=413a6dc2b2d0ae9d7d7559fc

Favorites Suggested Sites Upgrade Your Browser

EmailArchitect Web Access

Intranet settings are now turned off by default. Intranet settings are less secure than Internet settings. Click for options...

Domains

Services
Certificates
GFilters
Storages
DBConnector
Archive
Journal
Password
License

User

Active

First Name client1
Last Name client 1
Department CN & CS
Password
Retype Password

Maximum Size of Single Email 20480

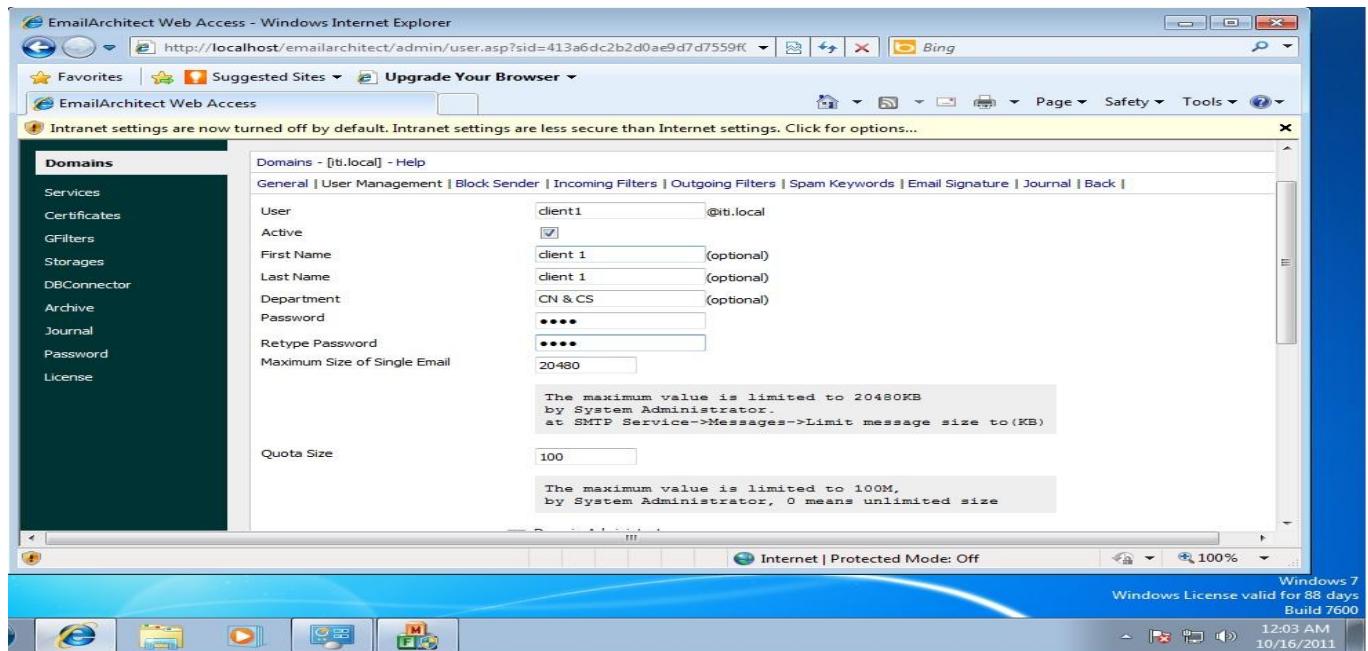
The maximum value is limited to 20480KB by System Administrator.
at SMTP Service->Messages->Limit message size to (KB)

Quota Size 100

The maximum value is limited to 100M, by System Administrator, 0 means unlimited size

Internet | Protected Mode: Off

Windows 7
Windows License valid for 88 days
Build 7600
12:03 AM
10/16/2011



EmailArchitect Web Access - Windows Internet Explorer

http://192.168.75.131/emailarchitect/

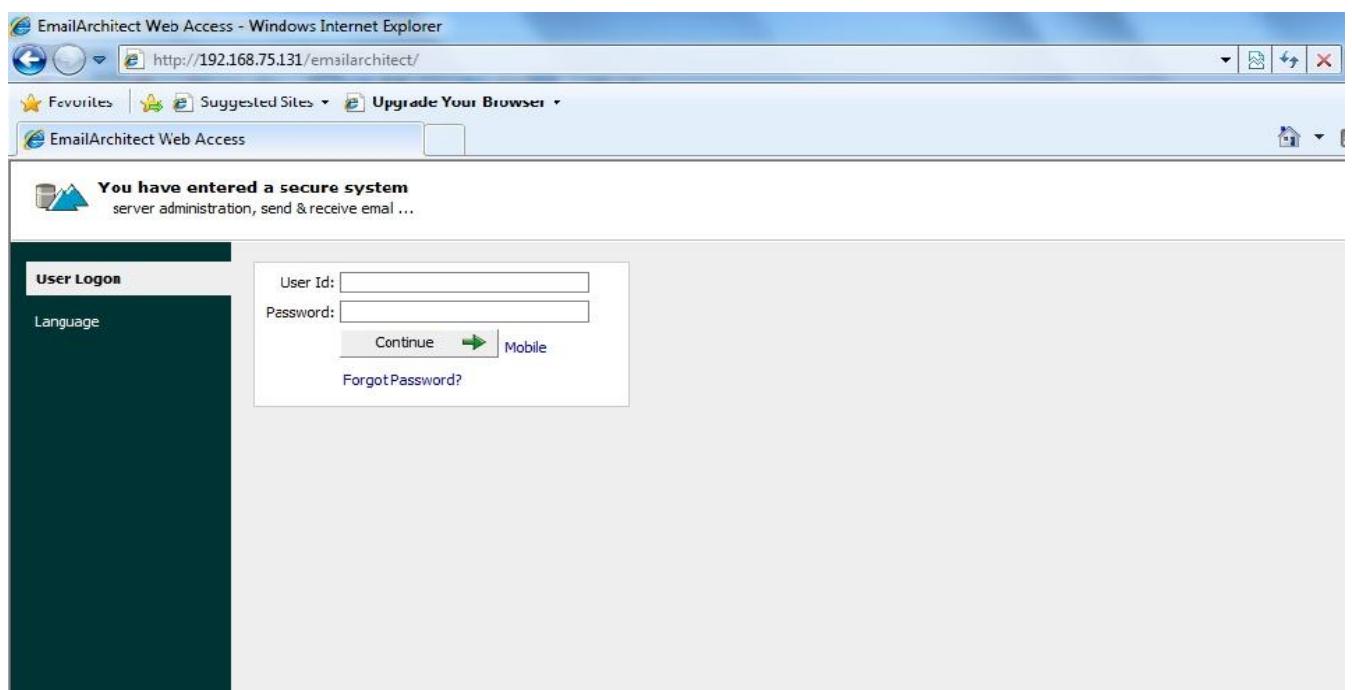
Favorites Suggested Sites Upgrade Your Browser

EmailArchitect Web Access

You have entered a secure system
server administration, send & receive email ...

User Logon

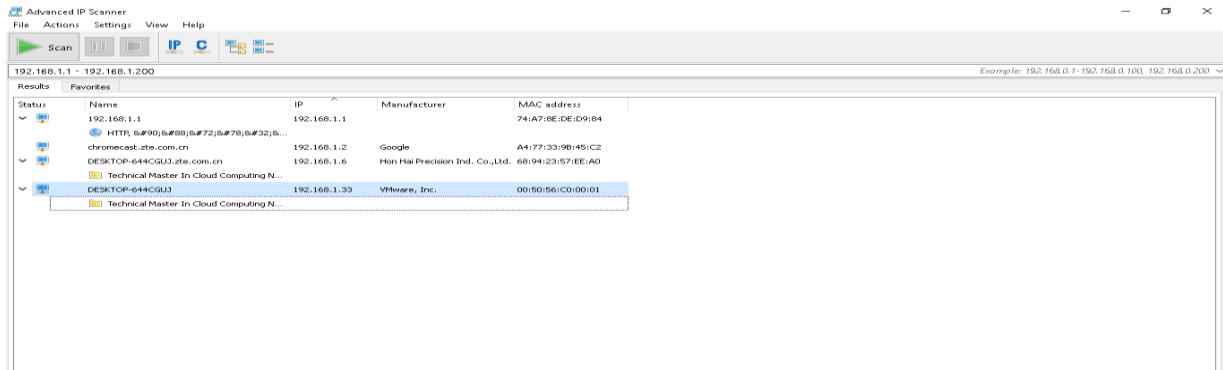
User Id:
Language:
Password:
Continue Mobile
Forgot Password?



Lab 2

➤ 8- Port Scanning

You can use any port scanner to scan ports locally or on a remote PC, try using the IP Scanner.

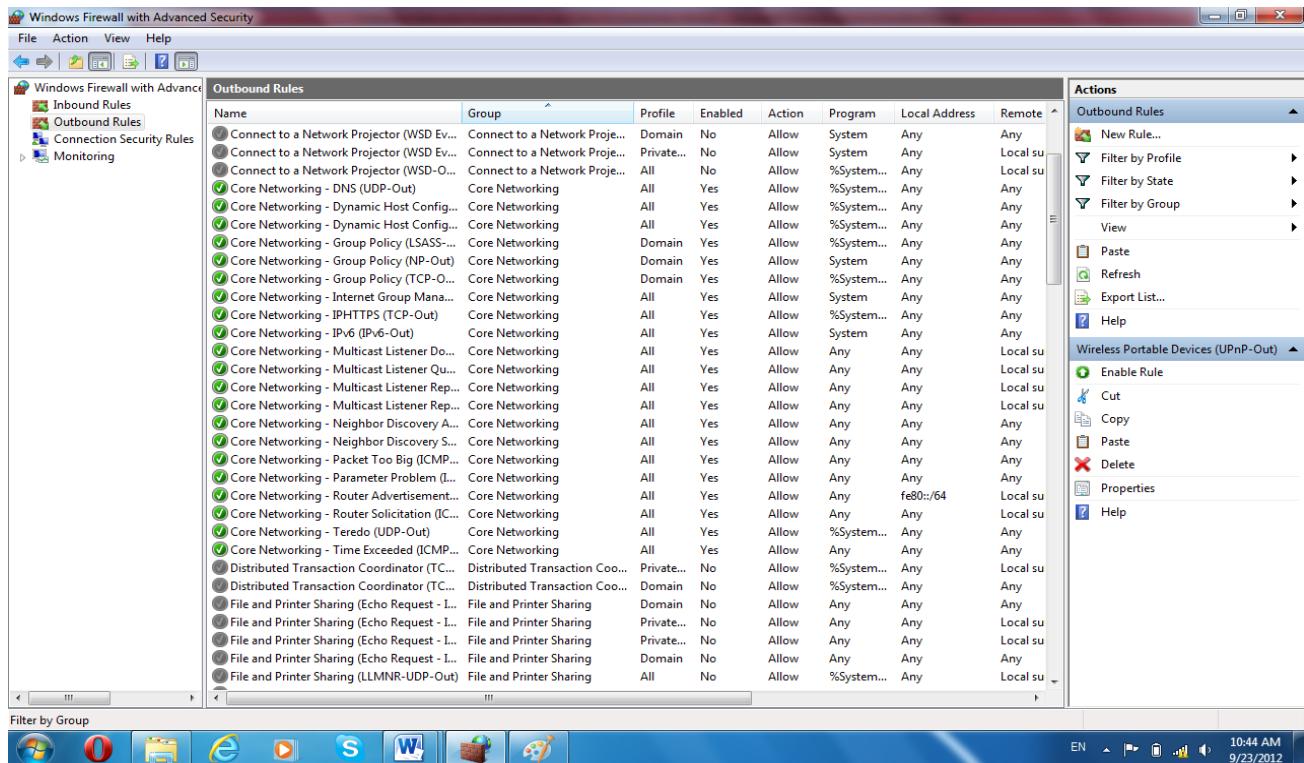


https://en.wikipedia.org/wiki/List_of_TCP_and_UDP_port_numbers

➤ 12- Advanced Firewall Options:

Start → Control Panel → System & Security → Windows Fire → Advanced Settings → on the right panel click on New Rule → Rule Type: Custom → Protocol & Ports → protocol type: ICMPv4 → Custom: Apply to All ICMPV4 → Action: Block This Connection → Name: Block ICMP

From the Remote Machine Try to initiate a ping Request and see the output



- **12- check malicious software**
 - <https://www.virustotal.com/gui/home/upload>
- **13- check malicious website and links**
 - <https://www.virustotal.com/gui/home/url>
- **14- check compromised password and data leakages**
 - <https://haveibeenpwned.com/>

- **15- How to setup a virtual Machine (VM)**
 - **(mahara tech)**
 - <https://maharatech.gov.eg/course/view.php?id=2116>

Thanks, and best luck