

mother



The Pregnancy Book

Your complete guide to:

A healthy pregnancy
Labour and childbirth
The first weeks with your new baby

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This book is given free to all expectant mothers.

Every effort has been made to make this book reflect the most up-to-date medical advice at the time of publication. Because developments can be very rapid, significant changes will always be notified to doctors and other health professionals at once. They will then be incorporated into the text for the next reprint.

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your complete guide

pregnancy



INTRODUCTION	4
YOUR PREGNANCY AT A GLANCE	5
1 BECOMING PREGNANT	10
Male sex organs	10
Female sex organs	11
The female monthly cycle	12
Conception	12
Hormones	13
Boy or girl?	13
The best time to get pregnant	14
Twins, triplets or more	14
The signs of pregnancy	15
Pregnancy tests	15
Finding out that you are pregnant	16
Accessing antenatal care	16
Help for young mums	17
2 HOW YOUR BABY DEVELOPS	18
Measuring your pregnancy	18
Week 3	19
Weeks 4–5	19
Weeks 6–7	19
Weeks 8–9	19
Weeks 10–14	20
Weeks 15–22	21
Weeks 23–30	22
Weeks 31–40	23
3 YOUR HEALTH IN PREGNANCY	24
What should you eat?	24
Foods to avoid	26
Preparing food	26
Vitamins and minerals	27
Vegetarian, vegan and special diets	28
Smoking	30
Alcohol	32
Pills, medicines and other drugs	33
Illegal drugs	33
X-rays	34
Keeping active	34
Infections	36
Inherited conditions	38
4 ANTENATAL CARE	40
Antenatal appointments	41
Early antenatal appointments	44
Regular checks at every antenatal appointment	45
Appointments in later pregnancy	46
Blood tests	46
Ultrasound scans	48
Tests to detect abnormalities	49
Tests for Down's syndrome and other genetic disorders	50
Diagnostic tests for Down's syndrome and other genetic disorders	51
If a test detects an abnormality	51
Making the most of antenatal care	52
Your antenatal team	54
Antenatal education	56
5 CONDITIONS AND PROBLEMS IN PREGNANCY	58
Common minor problems	58
More serious problems	67
6 CHOOSING WHERE TO HAVE YOUR BABY	70
Safety	70
Making an informed decision	70
Home births	71
Midwifery units or birth centres	72
Birth in hospital	73
Birth plans	74
7 FEELINGS AND RELATIONSHIPS	75
Feelings	75
Depression and mental health problems	76
Worrying about the birth	77
Concerns about disabilities	77
Couples	78
Sex in pregnancy	78
Single parents	79
Family and friends	80
Work	80
After the birth	81

Mood changes that can develop after the birth of a baby	81	13 THE EARLY WEEKS: YOUR BABY	137
Domestic abuse	83	Enjoying your baby	137
Bereavement	84	Registering the birth	138
8 LABOUR AND BIRTH	85	Crying	138
Getting ready	85	Sleep	140
The signs of labour	87	Changing your baby	142
Types of pain relief	88	Washing and bathing	144
When to go to hospital or your midwifery unit	90	Illness	145
Arriving at the hospital or midwifery unit	91	Getting support	146
What happens in labour	92		
Special cases	96		
Twins, triplets or more	100		
What your birth partner can do	101		
9 FEEDING YOUR BABY	102		
Breastfeeding	103		
Formula feeding	115		
10 THE FIRST DAYS WITH YOUR BABY	120		
How you feel	120	Ectopic pregnancy	151
Postnatal care	121	Miscarriage	151
Stitches	122	Abnormal test results	152
Bleeding	122	Stillbirth and neonatal death	153
Sex and contraception	122		
Your body	123		
Your baby's health	124		
Your baby's appearance	124		
What your newborn baby can do	126		
11 WHAT YOU NEED FOR YOUR BABY	127		
Nappies	127	16 THINKING ABOUT THE NEXT BABY?	154
Bathing	128	It takes two	154
Sleeping	129	Folic acid	154
Out and about	130	Things to consider	155
In the car	130	Work-related risks	155
Feeding	131		
Clothes	131		
12 THE EARLY WEEKS: YOU	132		
Partners	132	17 RIGHTS AND BENEFITS	156
Help and support	133	Benefits for everyone	157
Looking after yourself	133	Tax credits	158
Your relationships	134	Benefits if your income is low	159
The 'baby blues' and postnatal depression	136	Maternity benefits	163
Your postnatal check	136	If you are unemployed	166

Glossary of useful terms 176
Useful organisations 180
Index 187

