



COMMON MEDICATIONS SAFE IN PREGNANCY

(Follow package directions for over-the-counter medications)

- **PAIN/FEVER**

Tylenol, Extra strength Tylenol (Acetaminophen)

AVOID:

Ibuprofen, Motrin, Advil, Aleve, Naprosyn (products containing Aspirin or non-steroidal anti-inflammatory drugs)

- **COLDS/FLU/ALLERGIES/ASTHMA**

Claritin/D, Sudafed, Actifed, Benadryl, Robitussin DM, Lozenges, Alavert/D, Allegra/D, Zyrtec, Ventolin, Flonase, TB Testing

- **FLU SHOT**

Safe anytime in pregnancy

- **ANTIBIOTICS**

Penicillin, Ampicillin, Erythromycin, Zithromycin, and Macrobid are a few of the many safe antibiotics. They may be safely prescribed by primary care physicians.

- **CONSTIPATION/HEMORRHOIDS/DIARRHEA**

Colace, Metamucil, Fibercon, Preparation H, Anusol, Imodium

- **HEARTBURN/NAUSEA/REFLUX/INDIGESTION**

Tums Ultra, Dramamine, Zantac, Maalox, Gaviscon

- **TOPICAL MEDICATIONS**

Monistat, any over the count 7-day antifungal cream.

Hydrocortisone, Benadryl Cream, Bengay, Tiger Balm, Therapatch.