

## Chart

### **Jorjhan Cano Suarez**

Patient Number: 9626

Date of Birth: 2019-10-28

1903 Cimarron Pkwy

Sandy Springs, GA, 30350

Tel: +18507746488

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April 11, 2025 Added by: Dr. Zahyn David Ortiz -

### **Treatment Type:**

☒ First Consultation

### **Current Status History/Mechanism/Onset:**

Upon presenting to the office today the patient noted that he was in a MVA on 4/7/25. The patient reports he did not go to the hospital or get any x-rays taken. The patient reports he has no pain.

### **Subjective Complaints**

#### **Quality**

#### **Radicular Symptoms:**

The Neck Pain, Mid Back Pain, and Low Back Pain radiates to no areas.

#### **Provocative**

The patients pain is worsened when he is Nothing.

#### **Palliative**

#### **Progress**

**VAS:**

**VAS:**

**VAS:**

#### **Past History:**

Patient reported no past medical history that's pertinent to their current condition for the past 5 years

## **Objective**

### **Cervical Spine Range of Motion:**

The patients Flexion, Extension, Left Rotation, Left Lateral Bend, Right Rotation, and Right Lateral Bend is normal and pain free during this visit..

### **Lumbar Spine Range of Motion:**

#### **Orthopedic Exams:**

#### **Informed Consent**

Today Benefits/risks/alternatives were discussed with the patient, Patient had questions and were satisfied with the answers given, and agreed to begin care.

### **Muscle Hypertonicity/Tightness and Tenderness Palpated:**

The patient presents with palpable tenderness and trigger points, Bilateral Sternocleidomastoid and Rhomboids Major/Minor and palpable tenderness and trigger points, in the Left Iliotibial Band.

#### **Palpation**

Multiple subluxations with spasm, hypomobility and end point tenderness were found and adjusted at the following levels: C1, C2, C3, C4, C5, and left ilium.

## Assessment

The patient presented with subjective and objective findings consistent with the noted diagnoses. They are expected to benefit from chiropractic care using the following methods according to the treatment plan. This care plan will be followed by a re-evaluation to determine if further care is warranted, and if changes to the care plan is necessary.

### Therapeutic Goals:

Short term goals: within 4 week(s): decrease pain (40%); increased strength (20%); decreased tenderness (40%). Improve OAT by 20%

Long term goals: within 8 week(s): increased strength (40%); decrease pain (60%); improved ADL. Improve OAT by 40-50%

### Outcome Expectations

The patient is in excellent health and expected to make excellent progress during their treatment..

### Complicating Factors

The patient's condition is complicated by History of MVA.

## Diagnosis Codes

V89.2XXA - Person injured in unsp motor-vehicle accident, traffic, init

M99.01 - Segmental and somatic dysfunction of cervical region

M99.02 - Segmental and somatic dysfunction of thoracic region

M99.03 - Segmental and somatic dysfunction of lumbar region

M99.04 - Segmental and somatic dysfunction of sacral region

M99.06 - Segmental and somatic dysfunction of lower extremity

M99.07 - Segmental and somatic dysfunction of upper extremity

## Plan

The patient is being treated with the goal of Preventing re-injury.

### Additional Recommendations:

☒ None

### Homecare instructions:

☒ Stay Hydrated

## TREATMENT

### Therapy performed:

- ☒ (98941) Chiropractic adjustment (CMT), 3-4 regions; will be administered to the spine due to findings of segmental dysfunction. This will influence joint and neurophysiologic function and increase segmental range of motion in associated region.
- ☒ (98943) Chiropractic adjustment (CMT), extraspinal; will be administered to the extremity in order to reduce functional deficit and pain of affected extremity and increase segmental range of motion in associated region.
- ☒ 99203 - Office or other outpatient visit for the E&M of New Patient, three Key: Detailed Exam

### Manual Therapy Methods:

☒ Not Performed This Visit

### Therapeutic Exercise

☒ Not Performed

### Treatment schedule

The patient is prescribed a treatment schedule of AS NEEDED (PRN) until the condition improves.

### Dr. Zahyn David Ortiz

Signed on Wednesday April 16, 2025 at 10:46am

April 14, 2025 Added by: Dr. Zahyn David Ortiz -

**Treatment Type:**

☒ Follow-Up

**Current Status History/Mechanism/Onset:**

Upon presenting to the office today the patient noted that he was in a MVA on 4/7/25.

- Today the patient reports he has no pain.
- Today is the patient's last visit.

**Subjective Complaints**

**Quality**

**Radicular Symptoms:**

The Neck Pain, Mid Back Pain, and Low Back Pain radiates to no areas.

**Provocative**

The patients pain is worsened when he is Nothing.

**Palliative**

**Progress**

**VAS:**

**VAS:**

**VAS:**

**Objective**

**Muscle Hypertonicity/Tightness and Tenderness Palpated:**

The patient presents with palpable tenderness and trigger points, Bilateral Sternocleidomastoid and Rhomboids Major/Minor and palpable tenderness and trigger points, in the Left Iliotibial Band.

**Palpation**

Multiple subluxations with spasm, hypomobility and end point tenderness were found and adjusted at the following levels: C2, C3, C4, C5, and left ilium.

**Assessment**

The patient presented with subjective and objective findings consistent with the noted diagnoses. They are expected to benefit from chiropractic care using the following methods according to the treatment plan. This care plan will be followed by a re-evaluation to determine if further care is warranted, and if changes to the care plan is necessary.

**Therapeutic Goals:**

Short term goals: within 4 week(s): decrease pain (40%); increased strength (20%); decreased tenderness (40%). Improve OAT by 20%

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**Outcome Expectations**

The patient is in excellent health and expected to make excellent progress during their treatment..

**Complicating Factors**

The patients condition is complicated by History of MVA.

**Diagnosis Codes**

V89.2XXA - Person injured in unsp motor-vehicle accident, traffic, init

M99.01 - Segmental and somatic dysfunction of cervical region

M99.02 - Segmental and somatic dysfunction of thoracic region

M99.03 - Segmental and somatic dysfunction of lumbar region

M99.04 - Segmental and somatic dysfunction of sacral region

M99.06 - Segmental and somatic dysfunction of lower extremity

M99.07 - Segmental and somatic dysfunction of upper extremity

**Plan**

The patient is being treated with the goal of Patient is of good health, has made good progress and recovery, has reached MMI for this condition and is ready for discharge with no residuals..

**Additional Recommendations:**

☒ None

**Homecare instructions:**

☒ Stay Hydrated

## TREATMENT

**Therapy performed:**

- ☒ (98941) Chiropractic adjustment (CMT), 3-4 regions; will be administered to the spine due to findings of segmental dysfunction. This will influence joint and neurophysiologic function and increase segmental range of motion in associated region.
- ☒ (98943) Chiropractic adjustment (CMT), extraspinal; will be administered to the extremity in order to reduce functional deficit and pain of affected extremity and increase segmental range of motion in associated region.

**Manual Therapy Methods:**

☒ Not Performed This Visit

**Therapeutic Exercise**

☒ Not Performed

**Treatment schedule**

The patient is prescribed a treatment schedule of AS NEEDED (PRN) until the condition improves.

**Dr. Zahyn David Ortiz**

Signed on Friday April 18, 2025 at 2:57pm

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